

22 February 2021

President: Barry Knowles – barry.c.knowles@gmail.com • Treasurer: Christine Johnson-Evans – christineje@bigpond.com
• Secretary: warnersbay@outlook.com • Editor: Katrina Henningham – hello@katrinahenningham.com

From the President's Pen – Barry

Hi Members and Friends,

How quickly these newsletters come around. We had a good meeting a couple of weeks ago with interesting talks from Syann Williams covering her journey to become a Rotary Peace Fellow and Rob Woolley who told some stories from his travels with Mherv and also entertained us with a song on his ukelele.

With the help of a few other members, notably Glenys, Phil, Adrian and Toni McLean we have been making progress on the Fair and it does finally seem to be coming together, although there is still a lot of work to do.

We had a good relay of people down at Warners Bay markets today, helping Sue Hooper raise money for her ISDA project. I wasn't able to be there, but it seems to have gone really well. Christine and John, as ever always on the lookout for opportunities, found two new leads in a balloon man for the fair and the sea plane

man who is now running scenic flights over the lake. I will be calling them both.

Glenys is stepping up nicely as President Elect, and helping me with my lack of organisation and I think will be putting a few ideas on meeting topics to the meeting on Monday. Glenda has some ideas that will find their way to the Board shortly on ways to get new members, and Gail is well advanced on the schools peace project. Then there is Survivors-R-us breakfasts, and Julie coordinating the meetings and attendance. It really is tremendously rewarding to see so many members getting involved in club initiatives.

This week we have an author, Neil Patterson, to speak to us; followed by another children's book author, Damon McDonald, on March 8th. We will use the meeting on Monday 22nd March as a club assembly to help get the Fair manning organised.

I look forward to seeing you all on Monday. Keep well, keep active!



Club Service – Glenys

*Many Hands Make
Light Work...*



Dinner Meeting Roster:

The new roster is attached to this In the Loop.

As it is a document that will continue to develop, it has been saved on Google Docs so that you will be able to easily check it.

The Link is: [Dinner Meeting Roster](#)

If you will not be at the club meeting you are rostered for, please organise a swap with another club member and/or contact Glenys.

Dinner Meeting – 22nd February

- Greeters – Jenny and Jacqui
- Assistant Treasurer – Toni G
- Introduce the speaker – Craig.
- Thank Speaker – Adrian
- Thank you card and book for the speaker - Glenys



If you want your news, report, items, articles or photos to get into the next edition of "In the Loop" newsletter, please send them directly to the Editor, Katrina, at hello@katrinahenningham.com by NOON on **Saturday 6 March** Thanks!

Next Meetings:
6:00pm for 6:15pm
Monday 22 February
Guest Speaker: Neil Patterson

Monday 8 March
Guest Speaker: Damon McDonald

Club Macquarie
The meal and meeting will be held in the one room
Rec Lounge

•

The Club staff commence serving dinner at 6:30pm...

Please ensure you have arrived, paid for your meal and found your seat by this time.

Thanks!

Links to Google docs

[DINNER MEETING ROSTER](#)

[SURVIVORS R US](#)

2021-2022 Rotary Theme



"Rotary kindled the spark within me to look beyond myself and embrace humanity"

Rotary International President-Elect
Shekhar Mehta,

A message from Glenys, President Elect

A Date for your Diary

Saturday 1st May:

Lake Macquarie Autumn Fair

Venue: Speers Point Park

Barry and the committee are working very hard to make this a great success.
What is planned so far

Lots of fun and games

Carnival style games

- Egg and spoon race
- Dunk the duck
- Coconut shy
- *and the list goes on*

Performances including

- Professional artists
- Lake Macquarie Winds Concert Band
- School bands and individual performers
- Morris dancers

Kids amusement rides, including

- Trackless train
- Jumping castle
- Zorba balls

Food vendors

Car clubs



22nd March – Club Assembly will focus on the Fair and allocation of roles.

If you have any suggestions, ideas or questions see Barry or Glenys

More information to be announced so keep the date free for an interesting fun day.



Upcoming Opportunities to Volunteer in Our Community – Co-ordinator Ross



Clean Up Australia Day

Sunday 7th March from 9 am till 11 am

Meet at the car park on Metcalf Street opposite McDonalds.

Join in with the rest of Australia on this special day. Come and help clean up our local area at the local Landcare group's site on Metcalf Street.

Bring your gloves and hat, slap on some sunscreen and mossie repellent. Rubbish collection bags will be supplied and morning tea provided by Landcare.



Memory Walk and Jog

Sunday 21st March 7 am till 11 am

At Speers Point Park

The Memory Walk and Jog is a charity event to raise money for dementia research. We have been invited to cook food for the volunteers running the event and to sell food to the walkers and joggers participating.

We will need club members and friends to come and help with a BBQ that our club will be running at this charity event.

You could help with setting up, cooking, serving food and drinks, or cleaning up. Some items will need to be transported to and from the site, too. An email will come out in the week ahead calling for helpers.

Warning: There will be an early bump-in for those helping with the set up!



Rotary Partners THE ROTARY FOUNDATION

Partners with Rotary: **SHELTER BOX**

Shelter Box recognises Rotary with a **Global Humanitarian Award**

Founded in 2000 by a Rotary member in the United Kingdom, Shelter Box provides emergency shelter and essential supplies to help communities through their toughest times. Shelter Box and Rotary officially became project partners in disaster relief in 2012. Rotary has been instrumental in the growth of Shelter Box.

Shelter Box CEO, Sanj Srikanthan, presented the award to Rotary International General Secretary and CEO, John Hewko, at its 20th Anniversary virtual event.

The two organisations have helped over 1.6 million people in 100 countries. More recently, the partnership has delivered lifesaving shelter and aid to families, protecting them from the threat of coronavirus.



Welfare– Vina

Ian had his transplant two weeks ago, and he has been on a rocky journey, with some great days and then in ICU. At the moment things have settled down and Ian is back in ward. He is only allowed one visitor at the moment. Our thoughts are with Ian, Judy and their family.

Michael has recovered from a shoulder problem, but is experiencing much pain from his hip. He is awaiting for a cortisone injection to get some relief. He is almost house bound, so a phone call would cheer him up.

Sadly, Helen one of our active members, lost her sister last week, after a short battle with Cancer. Our thoughts are with Helen at this sad time.

Our thoughts are also with Bernie as he navigates his health issues.

Vaccines for COVID-19 are on the horizon, and hopefully we will all have access to them soon.

Stay well and enjoy every day.

Do you have some Donations?

Project: Backpacks for School Children

This very worthwhile project provides disadvantaged children with a new backpack filled with essential items to encourage their self-confidence and enhancing learning.

This project will be an ongoing project for our Club.

Items that may be included in the backpacks are –

- Lunchbox, drink bottle
- Stationery – coloured pencils, lead pencils, pens, textas, twistable crayons, glusticks, geometry set, rulers, pencil sharpener, eraser, pencil case
- Notebook or journal



- Something practical as well as something fun

How can you help?

We would love donations from you for this project. When you are doing your weekly shopping, perhaps pick up a few items and bring them to the next meeting.

If you would like to be co-ordinator or part of the team organizing this project, please see Glenys.



Many Hands Make Light Work...



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Community Service – Kerry

Survivors R Us – BBQ breakfasts: continue every second Thursday. This is a great way to help our local community and meet some wonderful new people.

Please see the roster for helping with the BBQ breakfasts at Survivors R Us.

Please let me know if you can assist with any of the days. Many thanks for your support.

Oz Harvest: a big thank you to our members who continue to attend PCYC Windale on Mondays, Tuesdays and Wednesdays to assist Oz Harvest pack hampers for needy families.

2021 Roster: Survivors R Us

Helping with breaky BBQs every second **Thursday 8am -10am.**

57 Pendlebury Road Cardiff
• Ph 49537108

4th March	Vina; Ross; Helen; Glenys; Steve
18th March	Jenny; Helen; Vina; Kate; Kerry



A message from Glenys, President-Elect:

Co-ordinator Roles:

We have a few positions for coordinators of Club tasks – some are small roles and some are larger. Please consider how you could assist.

In relation to our **Dinner Meeting roster** [these are small jobs and could possibly be linked together.] The role includes co-ordination of:

Greeter: Check the roster and send a reminder a few days prior to the meeting.

Coordinate if there is a need for a swap.

10-Minutes of Fame: Check the roster and send a reminder a few days prior to the meeting.

Coordinate if there is a need for a swap.

The **Service Project – Backpacks for School Children** role includes co-ordination of:

Collection and storage of donations.

Coordinate a team for packing backpacks and purchasing additional items required [Club funds].

I look forward to chatting with you.

*Many Hands Make
Light Work...* 

End POLIO Report:

Total reported cases of wild polio so far in 2021 = **ONE** (Afghanistan):

What's new? 28 million doses of the new Novel Oral Polio Vaccine Type 2 (NOPV2) are ready to ship pending preparations for distribution in the countries fighting the Vaccine Derived Polio outbreaks.

The first countries to receive the new vaccine, in February and March, are expected to be Nigeria, Liberia, Congo, Benin, and possibly Sierra Leone.

In 2020 there were 943 cases of 'vaccine derived polio'. This exciting new vaccine should eliminate these cases.

Where's Polly?

Polly was hailed a huge asset to the **Rotary END POLIO 'Ute Relay'** in South Australia, which managed to raise an amazing \$22,000 for END POLIO (despite border closures etc).

Polly is now a guest of the Rotary Club of Parramatta, working to raise funds and awareness in that District. She will return 'home' to make a guest appearance at the **Autumn Fair on 1st May.**



A Date for your Diary

– **Glenys, President-Elect**

Saturday 22nd May:

**District 9670
"Do Goodery"
Conference**

Venue: Club Macquarie

This year's District Conference is shaping up to be an amazing event you won't want to miss.

As the conference will be presented as a visual event, the Warners Bay Rotary Club have decided to plan a day for our club to share this event with other local clubs.

More information to be announced so keep the date free for an interesting fun day.

Position Vacant

The position of **Editor of**



will be available from **Changeover (28th June 2021)**

Relevant image and graphic files will be handed over to the wonderful volunteer who takes up this position – *the newsletter is ready for a new Editor and a new Design*

**Please contact: President Barry,
Secretary Katrina or
President-Elect/Club Service Director
Glenys**
with your expression of interest

Rotary Club of Warners Bay – Dinner Meeting – 8 February 2021

Dinner served between 6:25pm and 7:00pm • Meeting commenced: 7:10pm

President Barry apologised for lack of microphone/speaker – as that particular room did not support that technology.

Barry welcomed everyone – with special welcomes made to the Guest Speaker, Syann Williams, Rotary Peace Fellow, and RN Rob Woolley, mherv.

Attendance and Apologies as per spreadsheet provided by Julie B, with the addition of a late apology from Kate B.

Club Matters:

a. Autumn Fair: President Barry reported on the progress of the event, commenting that there are now 8 local Rotary Clubs committed to participating, plus many community groups. Barry will now be actively looking for Club members to assist with a variety of tasks on the day and has asked that everyone make themselves available on Saturday 1 May to help. Toni Mc gave a short report on the progress of the entertainment side of the event – stating that on-the-day timings must be adhered to in order to have a smooth run and no “double-ups” across the park.

b. Warners Bay Markets: Glenda K forwarded information regarding the next two market days at Warners Bay foreshore (20 Feb & 20 March) – asking for assistance with set-up, pull-down and, of course, volunteering throughout the day. A roster sheet was sent around the members. On 20 February, Sue Hooper will be attending the early part of the day, promoting support for the ISDA fundraiser and selling tickets for raffle that will be drawn 1:15pm on that day.

c. Munibung Hill Conservation: Margaret Raynor contacted President Barry regarding some correspondence she received (on Peter’s behalf) from LakeMac Council. They have commenced the initial stages of a Munibung Hill Conservation program and are looking for community groups to engage in the consultation process. They are looking for two or three volunteers from RCWB to participate in this process. Barry encouraged those members who have a passion for the environment and conservation of significant areas of our region to put their hand up for this.

d. Club Service update: Glenys re-introduced a roster for a variety of small tasks that assist with the efficient running of the Club meetings. These include: greeters; Treasurer’s assistants; the person to introduce the guest speaker; the person to thank the guest speaker; a return of Vina’s “Rotary Education” spot; a return of “This is Me” – a 5min chat from a member. Glenys said she would be putting the roster on a “Google Doc Spreadsheet”, the link for which will go in each fortnight’s “In the Loop”, and encouraged everyone to put their name against one or more of the meeting tasks – or to arrange a swap if they are not available where Glenys has pre-filled some of the slots.

e. Community Service ongoing project: Glenys gave further explanation relating to the item in the “In the Loop” regarding the school backpacks and lunch & stationery items. Many local Clubs run a “getting started” school backpack program very successfully. Following conversations with people from “Got Your Back Sista”, the Smith Family, etc – it was clear that occasions arise throughout the year when children are needing a replacement due to changed family circumstances (eg needing to leave the family home in an emergency due to DV). Glenys encouraged everyone to keep their eyes open for specials, and ‘end of promo’ super specials, on “back to school” items – purchase a few pieces and bring them in to the next Club meeting. Glenys is currently co-ordinating this, but would really appreciate another member taking on that role. So, if you have been looking for something to do that provides a significant benefit to our community, this might just be it. Thank you.

Guest Speaker:



Katrina introduced the guest speaker, **Syann Williams, Rotary Peace Fellow.** Syann had, in her words, escaped the world of being a lawyer to start working in the humanitarian services sector. She spent 3 years in Mongolia, 2 years working with a Street Children’s NGO, 1 year with UN Disaster Management teams. Since 2010, Syann has worked with UN-HCR in the Philippines (1 year),

South Sudan (2 years) and Myanmar (2 years). Following that, she worked for the Australian Government in Fiji as Tsunami Response Policy Advisor and Humanitarian Co-ordinator. Whilst there, Syann received a call from her cousin and RCWB member, Toni G. Toni asked her if she’d ever heard of the Rotary Peace Fellow Scholarship – thought it would be perfect for her – and encouraged her to go to the website and apply. From here, Syann took over the story...

Syann commenced by saying that participating in the Rotary Peace Fellow (RPF) studies has totally changed her life. When Toni contacted her, she jumped straight onto the website and applied for a scholarship. Syann heartily thanked RCWB for endorsing her application.

Syann described the RPF as an annual 130 fully-funded scholarships towards a Masters Degree or Professional Development Certificate. There are 5 universities around the world, each offering 10 Masters scholarships of 2 years study, plus several other universities offering 3-4month Professional Development Certificate courses for up to 80 recipients. There are now 1400 RPF Alumni, which RI has recognised as being a global voice for peace. The Alumni held their first Global Peace Cyber Conference in 2020.

Each scholarship recipient must study at one of the international universities, not in their home country. Syann chose Japan and attended the International Christian University in Tokyo – build specifically for peace studies on the former Japanese fighter plane manufacturing site – a targeted stance against conflict and in support of peace. Syann & her fellow students were totally immersed in the Japanese culture for the first 3 weeks – learning to write and speak Japanese, as well as visiting a variety of culturally significant sites. At the end of 3 weeks, they were invited to the local Rotary Clubs to speak for 5 minutes, in Japanese, about their expectations for the Peace Studies.

Syann commented how very well supported all the students felt by Rotary International and by the local Rotary Clubs. All studies, accommodation and meals were covered in the Scholarship – and Clubs provided a mentor/counsellor to each student for the duration of their studies. Syann’s powerpoint presentation listed the Units of Study she completed.

She was required to do a period of Applied Field Experience, and she chose Northern Ireland as she felt it was an excellent example of “Negative Peace” in action, whilst lacking in “Positive Peace”. Negative Peace is the cessation of hostilities. Positive Peace is that state in which everyone has the freedom and ability to seek and achieve their full potential without discrimination or conflict. This is such a broad scale that Syann considers that, even in countries without obvious conflict, most of the world lies somewhere in the middle sections of the scale.

Syann’s research was on “Arts and Peace”, the effect of the Arts (music, theatre, dance, etc) in the development of positive peace. She discovered that, regardless of the underlying views of politics and/or religion, when musicians got together for band practice, music and their love of the art took over and brought a unity to the group that seemed otherwise inaccessible. It was on this research Syann wrote her Thesis for her Masters Degree.

Syann was in the Class of 2017, graduating via Zoom in 2020.

On her return to Australia, following a month of quarantine, Syann dived straight in to putting her research and studies into action. She participated in the inaugural Rotary Global Peace Cyber Conference in 2020.

Just a couple of weeks’ ago, Syann accepted a position as Senior Researcher for the House of Representatives Committees Office.

Syann is passionate about promoting Peace through active in-the-field involvement at community level and research for change. She would love the opportunity to speak at other Rotary Clubs and is already working with the District 9670 Leadership to develop workshops on Reflective Structured Dialog. She also wants to continue along the path of “Arts and Peace”, using it to help her research, understand and help promote peace-building with the Australian Indigenous communities.

Syann again thanked RCWB for their endorsement, support and encouragement to participate in the RPF and help change her life for the better. She is looking forward to working with Rotarians and others to Promote Peace and Conflict Prevention & Reconciliation.

Syann fielded some questions from members before a vote of thanks and book were presented by Toni G.

mherv:

The mherv van is currently in the area – has been at Belmont on 7 & 8 Feb, then at Morisset on 10 & 11 February. This meant RCWB had the opportunity to host RN Rob Woolley for dinner.

Rob gave a summary of his tours of service, now on his 6th tour. He has given 7400 consultations, with the total being over 8000 when including the previous 2 tours. The number of consultations increases every year.

Rob gave some anecdotes of his times at huge events, such as the Gunnedah

AgQuip, and at much smaller events, such as at Hay which was run by only 3 local volunteers on Melbourne Cup Day, outside the local pub –which turned out to be very successful, bringing in a large number of men for their 5min consultation. Rob says that whenever he is asked to speak at a Rotary Club, he gives a short summary of mherv, sings a song, and tells a joke – and RCWB was going to be no exception.

After giving his report, Rob picked up his trusty ukulele and commenced singing “I Am Australian” – everyone joined in for the chorus (in a COVID-safe manner, of course). There followed a joke, which involved actions so cannot be properly minuted – you had to be there!

Meeting closed: President Barry closed the meeting at 8:30pm.



DINNER MEETING ROSTER

DATE	Guest Speaker	Greeter		Assistant Treasurer	Introduce speaker	Thank Speaker	Rotary Education	10 minutes of fame
	<i>Coordinator: Katrina</i>	<i>Coordinator:</i>		<i>Coordinator: Christine</i>	<i>Coordinator: Glenys</i>		<i>Coordinator: Vina</i>	<i>Coordinator:</i>
8th Feb	Syann Williams Rotary Peace Fellow	Kerry	Vina	John	Katrina	Toni G		
22nd Feb	Neil Patterson Author	Jenny	Jacqui	Toni G	Craig	Adrian	What is a Club	Paul B
8th Mar	Damon McDonald Author/Winner of Trailer Raffle	Ross	Glenda	Philip	Christine	Helen	Rotary Acronyms	Julie
22nd Mar	Club Assembly - Autumn Fair	Brian	Toni Mc	Ross				
12th Apr	Pam Dean-Jones District Environment, Chair	Steve	Michael	Paul	Phil	Julie		Vina
26th Apr	TBA	Jenny	Vina	Gail	Kevin	Jacqui		Ross
10th May	TBA	John	Craig	Kerry	Toni G	Katrina		Jenny
24th May	TBA	Glenda	Brian	Bernie	Toni Mc	Ross		Phil
14th Jun	TBA	Adrian	Helen	Steve	Glenda	Toni Mc		Les
28th Jun	Changeover Dinner	Gail	Philip	Julie	Kerry	Vina		N/A

<p>GREETER</p> <ul style="list-style-type: none"> • Welcome members as they arrive • Welcome new members - introduce to President - introduce to Treasurer 	<p>ASSISTANT TREASURER</p> <ul style="list-style-type: none"> • Sit with treasurer to assist with collecting fees, selling raffle tickets or assisting new members 	<p>INTRODUCE GUEST SPEAKER</p> <ul style="list-style-type: none"> • Find out a little about the guest speaker - perhaps sit near them and have a conversation with them. • Introduce guest speaker to the Club 	<p>THANK THE GUEST SPEAKER</p> <ul style="list-style-type: none"> • Present Thank you card to speaker. • Explain our Book donations to schools on their behalf, show the book • Organise for the guest to sign the book 	<p>10 MINUTES OF FAME</p> <p>This is your opportunity to tell your story. It may be some interesting facts or anecdotes about:</p> <ul style="list-style-type: none"> • your life and family • your vocation or work life • your aspirations • a Rotary experience • a funny story <p>It's up to you - it's a chance to get</p>
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