

8 March 2021

President: Barry Knowles – barry.c.knowles@gmail.com • Treasurer: Christine Johnson-Evans – christineje@bigpond.com
• Secretary: warnersbay@outlook.com • Editor: Katrina Henningham – hello@katrinahenningham.com

From the President's Pen – Barry

Hello members and friends of RC Warners Bay, on a wet and windy Saturday.

I expected to be down at Warners Bay markets this morning, selling raffle tickets and handing out leaflets for the Fair, but not to be. I had also hoped that the weather would be good enough tomorrow (Sunday) for us to run the Memory Walk barbeque and hand out some leaflets there, but alas, that has now also been postponed.

On the up side, Bunnings have kindly donated us a large (6 burner) barbeque which I have assembled and is currently sitting in my garage, so we can run as many barbeques as we want in future!

Also, I now have 200 Autumn Fair leaflets kindly printed for free, by Pam Dean-Jones of RC Toronto Sunrise, for distribution whenever we get the chance.

I am looking forward to Monday's meeting

when we can get down to some detail planning on all the bits of the fair that RCWB will be handling, and will be able to see then how much we can cover and how much we have to get outside assistance to help with.

Also, on Monday Jackie Dann is going to tell us a how **mherv** is faring on the road, and will be able to answer questions from anyone who wants to understand what **mherv** is and does in a bit more detail. In a related activity, Bernie Kociszewski is working on a first draft of a "Book of **mherv**", which I think will be very helpful for the future and is long overdue.

I look forward to seeing you all on Monday, and just a word of warning, if you can't make it, it doesn't mean you won't get a job on May 1st!

Keep well, keep active, but don't get too wet!

STOP PRESS

Do you have any **Rotary or Club advertising brochures** stored at your home?

• **Brochures** • **Fliers** • **Posters**

• **Banners** (perhaps take a photo and bring it along)

Can you bring ONE copy of each that you have to Club Assembly on Monday 22nd, please?

This is so we can begin to audit these items.

It would be good to know what we have and where it is stored.

A list of all current material we have will be created, so that we can assess what needs to be updated to current RI Branding and whether it can be used when planning events.



If you want your news, report, items, articles or photos to get into the next edition of "In the Loop" newsletter, please send them directly to the Editor, Katrina, at

hello@katrinahenningham.com

by NOON on **Saturday 10 April** Thanks!

Next Meetings:

6:00pm for 6:15pm

Monday 22 March

Club Assembly

Monday 12 April

Guest Speaker: Pam Dean-Jones

District Chair: Environment

Club Macquarie

The meal and meeting will be held in the one room

Rec Lounge

The Club staff commence serving dinner at 6:30pm...

Please ensure you have arrived, paid for your meal and found your seat by this time.

Thanks!

Links to
Google docs



[Dinner Meeting Roster](#)

[Survivors R Us](#)

[Bunnings BBQ Roster](#)

[Club Program](#)

Click on the underlined words to open the link in Google Docs – remember to check regularly and to put your name down to help out in one of the spots.

Because...

*Many Hands Make
Light Work...* 

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BUNNINGS BBQ: Our date has been confirmed **SATURDAY 17th APRIL.**

John and I have met with the Bunnings Activity Organiser and received our COVID instructions. **HELP NEEDED!**

I will be asking for members to add their name to our roster to assist on the day at our Monday Dinner Meeting and I will then allocate roles. Without fundraising, we can't do projects or carry out the programs we like to be involved with.

[Bunnings BBQ Roster](#)

Project: Backpacks for School Children

Your donations are welcome at any Club meeting, as this is an ongoing project.

We will be contacting our local schools to let them know of this project as well as *Survivors R Us* and *Got Your Back Sista*.

Items that may be included in the backpacks are:

- Lunchbox, drink bottle
- Stationery: coloured pencils,



- lead pencils, pens, textas, twistable crayons, gluesticks, geometry set, rulers, pencil sharpener, eraser, pencil case
- Notebook or journal
- Something practical as well as something fun

Thank you for your kind donations.



A message from President-elect Glenys

Peace Project Speak for Peace:

What an exciting week this has been!

Following Gail's presentation to the club at our last meeting, I am sure you have seen what an awesome project this is. It is a pleasure to be working with her.



On Monday 15th, Gail, Kevin and I worked with staff and students at Valentine PS placing the Peace Pole in a garden bed near the hill.



On Friday 19th, Gail and I participated in Valentine's assembly to launch the Speak for Peace project in their school. Gail spoke to the children about Peace and what impact each of them could have on their world. The perpetual trophy was also presented to the school.

This assembly occurred via technology and Zoom, with some classes in the library and others in their classrooms.



On Monday 22nd, Gail and I will be joining Warners Bay PS for their assembly and presenting the Peace project, Peace pole and trophies. Their pole has been positioned in a garden near the office.



Monday this week - 22nd March – Club Assembly:

This meeting will focus on the Lake Macquarie Autumn Fair and allocation of roles.

This will be a great opportunity to support our Club in a new and very exciting fundraising venture.

President Barry will give an overview of where the Fair committee is up to, then we will be all working together to fine tune the activities that our Club is responsible for.

This could be our major fundraiser and we need all members to participate.

If you have any suggestions, ideas or questions, please see Barry or Glenys.

Fun and games: There will be a little time for some fun as well.

We are going to try out some Fair games.

Please bring along some spare change to help raise some funds for our Backpack project.



Lake Mac Autumn Fair – 1st May:

Make sure this date is on your calendar, as well as your family and friends.

Many Hands Make Light Work...



Position Vacant

The position of **Editor of**

in the
Loop 

will be available from **Changeover (28th June 2021)**

Relevant image and graphic files will be handed over to the wonderful volunteer who takes up this position – *the newsletter is ready for a new Editor and a new Design – how about rekindling your creative talents?*

Please contact: President Barry, Secretary Katrina or President-Elect/Club Service Director Glenys

with your expression of interest

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Welfare– Vina

Vaccines are now rolling out for COVID19. GP surgeries are ringing long term patients for an appointment / or you can ring a GP centre and make an appointment to have the vaccine, if you are eligible.

Our thoughts are with our New Guinea neighbours who are experiencing a very contagious strain of the virus at the moment.

Sadly Ross lost his mother last week and has been away in Griffith for her funeral this week. She was 97 - what a great age. Our thoughts are with Ross and his family at this sad time.

Michael had an operation last week in John Hunter Hospital. He is receiving physio to assist his recovery and was pleased he was able to walk a few steps with the aid of a frame this week. As soon as he is strong

enough, he will be transferred to a respite facility to regain his strength. During the past year Michael has had a lot of medical challenges and our thoughts are with him hoping for a speedy recovery and back to better health.

Ian tells me he is making slow progress with pain in his legs and slow at walking. He and Judy are staying at accommodation next to Westmead Hospital so his progress can be monitored. He could be there another couple of months and is very keen to get back to Newie. Our thoughts are with him and for his speedy recovery also.

Steve's wrist is doing ok and he is back helping his son.

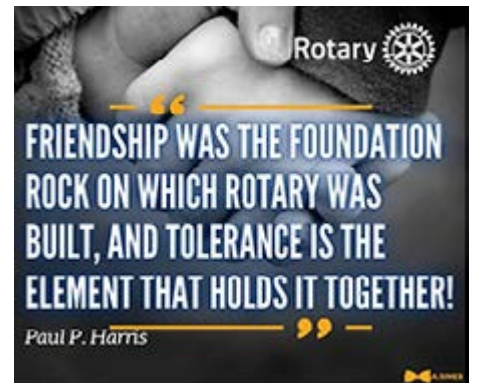
Stay well everyone and be careful when you are out and about in this wet miserable weather.

Rotary Foundation – Vina

Peace Project: Congratulations to Gail on driving this project and our first **Peace Pole** was installed last week at Valentine Public School during Harmony Week. Kevin and Glenys accompanied Gail to this event.

Protecting The Environment: the 7th Area of Focus of The Rotary Foundation. When donating to The Rotary Foundation we can now empower members to take action to fund positive, sustainable projects that protect the environment. On the 12th April, Pam Dean-Jones, who is our District Environment Chair, will be guest speaker at our Dinner meeting. We may gain some ideas on how we can develop an Environmental Project.

My favourite quote from **Paul Harris** the founder of ROTARY...



Community Service – Kerry

Survivors R Us – BBQ breakfasts: continue every second Thursday. Volunteers are needed for April, May and June. If you can help, add your name to the Google doc spreadsheet.

Oz Harvest: a big thank you to our members continue to attend PCYC Windale on Mondays, Tuesdays and Wednesdays to assist Oz Harvest pack hampers for needy families.

End POLIO Report:

Total reported cases of wild polio so far in 2021 = **TWO** (1 Afghanistan, 1 Pakistan) It is encouraging to note, this time last year there were 26 reported cases.

What's new? 28 million doses of new Novel Oral Polio Vaccine Type 2 (NOPV2) are being distributed to countries fighting Vaccine Derived Polio outbreaks. In 2020 there were 943 cases of 'vaccine derived polio'. This exciting new vaccine should eliminate these cases.

Where's Polly? Polly is currently doing good work in the Parramatta area, working to raise funds and awareness for **END POLIO** in that District. She will return 'home' to make a guest appearance at the **Autumn Fair on May 1st**. After that, she heads to Raymond Terrace to be part of their Heritage Festival.

SIR CLEM RENOUF / BILL BOYD CLUB:

Sir Clem Renouf (1921-2020), was an Australian accountant, member of Nambour Rotary Club, and Rotary International President 1978-79. Sir Clem made significant contribution to the worldwide eradication of Polio.

Bill Boyd, from the Rotary Club of Pakuranga NZ, was RI President 2006-7, and has also made great contributions to ending Polio.

All Rotarians around the world are being invited to join this club. For a **personal donation of \$10** you can become a

member. You can make your donation at any dinner meeting.

The purpose of the 'club' is threefold:

- to celebrate the contributions of these two amazing Rotarians;
- to celebrate Rotary's birthday February 23rd; and...
- to raise funds for **END POLIO**.

Club members are invited to make a **personal donation of \$10 to END POLIO** between now and June, which will make them members of this 'club'.



Peter Raynor Award

This new club award, in honour of our PDG Peter Raynor, is to be presented at our club changeover event in June.

Information and a nomination form will be sent out soon, nominations to be in by end of April.



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Peace Poles for Local Schools: Valentine PS installation – Co-ordinator Gail



Rotary Club of Warners Bay – Dinner Meeting – 22 February 2021

Dinner served between 6:25pm and 7:15pm • Meeting commenced: 7:00pm

President Barry welcomed everyone – with special welcomes made to the Guest Speaker, Damon McDonald, author and winner of the Club's Christmas Trailer raffle. He also reminded attendees about the need for support at the Memory Walk and that Vina was recovering from recent dental treatment.

Attendance and Apologies as per spreadsheet provided by Glenda K.

Club Matters:

a. Backpacks: Glenys reminded members of the Backpack Project and that donations could be brought to any meeting.

b. Clean Up Australia: thanked members for supporting the Clean Up Australia project.

c. Autumn Fair: Slides covering the Autumn Fair were projected in the background throughout the early part of the meeting.

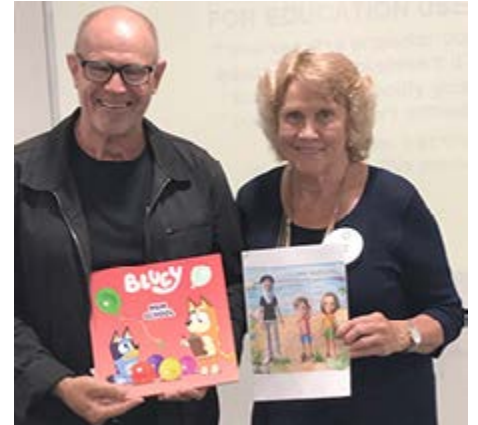
d. Peace Project: Gail explained how the project had developed and local schools such as Warners Bay, Biddabah, Eleebana and Valentine were involved

with Stage 3 students (Years 5 and 6). Gail also explained the need for sponsorships covering the cost and use of Peace Poles and award pins with the aim of establishing the Poles at more schools as well as the need for Rotary members to talk to students and teachers on Rotary and Peace initiatives.

e. Time to Shine: Kate Buckingham was the first member to provide what will be a regular club meeting contribution aimed at members gaining more understanding of other members. Kate's presentation provided all present with a detailed understanding of her life from her early years and especially her academic achievements in Psychology and English, teaching experiences, enjoyment from travel, ancestry research, interests in fishing and scuba diving as well as her success in "Sale of the Century".

Guest Speaker:

Christine introduced the guest speaker, **Damon McDonald**, who had been the winner of the Club trailer raffle in 2020 and very generously donated most of the prize back to the Club in exchange for an opportunity to address the Club with a proposal for Rotary to support the sale of what will be a series of three culture story books he is writing under the banner of "*I Am Awesome*".



The first book has the title of "*I am Awesome, Who are you?*" followed by book 2 "*Awesome As*" and book 3 "*Still Awesome*".

Damon explained how he had arrived at the decision to write the books and how Rotary could best support the sale of the E-book versions, resulting in Rotary receiving a fee for each book sold without Rotary making any financial contribution.

Club Member Helen formally thanked Damon for his presentation, and presented him with a book to sign which will be donated to one of the local primary schools supported by our Club.

Meeting closed: President Barry closed the meeting at 8:15pm.

Love where we live!

graffiti
REMOVAL DAY

Graffiti Removal Day is scheduled for **Sunday 28th March 2021**. The aim of the day is to highlight the problem of graffiti and encourage people to volunteer their time and get involved in the removal and prevention of graffiti.

Each Rotarian can be involved prior to the day by nominating a clean-up site in their local community through the Graffiti Removal Day Website: www.graffitiremovalday.org.au

It is easy to do!!! Nominated sites will be assessed by LGA co-ordinators to determine if they are suitable and safe. So have a look around your neighbourhood and nominate some sites.

Rotarians, along with any community members, can also volunteer to get involved in Graffiti Removal Day by completing the volunteer registration form, which is available on the website You can also choose to help by promoting the Day or nominating a site. All volunteers will need to complete on-site training prior to starting work. This will be done by the LGA co-ordinator or site supervisor.



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Advance Care Planning – what do you really, really want!

Join our **FREE Webinar**
THURSDAY, 25 MARCH AT 10.00AM

**NATIONAL ADVANCE CARE
PLANNING WEEK**
22 - 26 MARCH 2021



Join our Nurse Practitioners Janean Cole and Helen Adams as they discuss the what, how, why and when of Advance Care Planning and the positives of making your future health care preferences known.

This session will prompt you to think about what living well means to you and to consider who you would want to speak for you, if you were unable to speak for yourself.

This is a live, interactive session where you will have the opportunity to have any questions you may have answered.

Presented by



Janean Cole, Nurse Practitioner,
General Manager of Residential
Care Services at Anglican Care
and a former Aged & Community
Services Australia 'Employee of
the Year'



Helen Adams, Nurse Practitioner
Helen has been working with
Anglican Care for the past 18
months and in addition to her
Nurse Practitioner qualifications
has a Masters in Palliative Care.

Anglican
care

for further details and registration go to
<https://anglicancare.com.au/onlineevent/>

DINNER MEETING ROSTER

DATE	Guest Speaker	Greeter		Assistant Treasurer	Introduce speaker	Thank Speaker	Rotary Education	Time to Shine
	<i>Coordinator: Katrina</i>	<i>Coordinator:</i>		<i>Coordinator: Christine</i>	<i>Coordinator: Glenys</i>		<i>Coordinator: Vina</i>	<i>Coordinator:</i>
8th Feb	Syann Williams Rotary Peace Fellow	Kerry	Vina	John	Katrina	Toni G		
22nd Feb	Neil Patterson Author	Jenny	Katrina	Toni G	Craig	Adrian	What is a Club	Glenys
8th Mar	Damon McDonald Author/Winner of Trailer Raffle	Ross	Toni Mc	Kerry	Christine	Helen	Areas of Service	Kate
22nd Mar	Club Assembly - Autumn Fair	Brian		Ross				
12th Apr	Pam Dean-Jones District Environment, Chair	Steve		Paul	Phil	Julie		Ross
26th Apr	Autum Fair – last minute preparations	Jenny	Vina	Helen				Vina
10th May	TBA	John	Craig	Kerry	Toni G	Katrina		Jenny
24th May	Sue Bell + End Polio update	Glenda	Brian	Julie	Kerry	Ross		Philip
14th Jun	TBA	Katrina	Helen	Steve	Glenda	Toni Mc		Les
28th Jun	Changeover Dinner	Gail	Philip	Julie	Barry	Vina		N/A

<p>GREETER</p> <ul style="list-style-type: none"> • Welcome members as they arrive • Welcome new members - introduce to President - introduce to Treasurer 	<p>ASSISTANT TREASURER</p> <ul style="list-style-type: none"> • Sit with treasurer to assist with collecting fees, selling raffle tickets or assisting new members 	<p>INTRODUCE GUEST SPEAKER</p> <ul style="list-style-type: none"> • Find out a little about the guest speaker - perhaps sit near them and have a conversation with them. • Introduce guest speaker to the Club 	<p>THANK THE GUEST SPEAKER</p> <ul style="list-style-type: none"> • Present Thank you card to speaker. • Explain our Book donations to schools on their behalf, show the book • Organise for the guest to sign the book 	<p>10 MINUTES OF FAME</p> <p>This is your opportunity to tell your story. It may be some interesting facts or anecdotes about:</p> <ul style="list-style-type: none"> • your life and family • your vocation or work life • your aspirations • a Rotary experience • a funny story <p>It's up to you - it's a chance to get</p>
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