

## A message from President Glenys

Happy Saturday

Wow its been a busy Rotary week for many of us and the weekend is bringing several Rotary activities as well. Working with Youth is a main focus of our club, but over the last 18 months many youth programs have had to be cancelled. **National Youth Science Forum** is program held in Canberra during January for Year 11 students. We have had a request to sponsor a young man for NYSF 2022. On Wednesday afternoon, I had the pleasure of meeting Aiden and his mum, Kylie. Aiden is a student at St Philips, Waratah and is looking forward to NYSF to further his interests in Science while also assisting him to gain an understanding of what univervdity tudies are available.

**Survivors R Us** put out a call for volunteers to "move stuff" on Thursday morning in preparation for a Vaccination hub on Monday morning. Kerry reports that the staff at Survivors were delighted with our volunteers so if that was you – well done, well done!

Surprise! another **Bunnings BBQ**! Adrian called on Wednesday with an offer from Bunnings – just too good to pass up. Could we do a BBQ today – 3 days notice! Of course we could! Thanks to Christine and John for the amazing work they have done coordinating and purchasing food, Barry for the drinks and Ross for the BBQ box of utensils etc. Fantastic response from members who assisted with the BBQ.

**End Polio Now Picnic – tomorrow [Sunday 24<sup>th</sup> October]** A day to relax with friends. Wear your End Polio Shirt or something red to help celebrate International World Polio Day. [Details on page 2.]

**Hat Night** – Monday night's meeting is our annual HAT NIGHT [ Details on page 3] Ross has another great night planned and our guest speaker is Adele Cushion who is a Mental First Aid Trainer. Join us at club Macquarie or on Zoom. And so another week begins...



### NEXT MEETING

**Monday October 23<sup>rd</sup> Club Macquarie as well as Zoom**

**Members who are double vaccinated may join us at Club Macquarie.**

Unfortunately, we are restricted to only 20 attendees.

**6.15pm - dinner at Club Macquarie**

**7.00pm – Meeting**

**If you are unable to be at the club**

**7.00pm - Zoom meeting**

[Thanks to Glenda, Adrian and Michael for planning cameras, sound to enhance the Zoom meeting

Join Zoom

Meeting <https://us02web.zoom.us/j/84620330758?pwd=L1pFL0J1RzNqVGNJQUdvVnZQbDdFZz09>

Meeting ID: 846 2033 0758

Passcode: 583131



MANY HANDS  
MAKE  
LIGHT WORK

### Whats on in October...

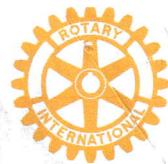
Sun 24 <sup>th</sup>	<b>RCWB END POLIO Picnic Day</b>
Mon 25 <sup>th</sup>	<b>Club Meeting – HAT NIGHT</b>
Thurs 28 <sup>th</sup>	<b>Survivors R Us BBQ Breakfast</b>
Sat 30 <sup>th</sup>	<b>RCWB Lake Mac Lunch Cruise</b>

### Whats on in November...

**Eceryday in November we will be selling tickets for Christmas trailer Raffle at Lake Macquarie Fair, Mt Hutton.**

Mon 1 <sup>st</sup>	<b>Board meeting – 7pm at Glenys</b>
Mon 8 <sup>th</sup>	<b>Club Meeting</b>
Thurs 11 <sup>th</sup>	<b>Survivors R Us BBQ Breakfast</b>
Sat 14 <sup>th</sup>	<b>BBQ – fundraiser at Lets Fish ! Lake Mac festival at Rathmines</b>
Sat 20 <sup>th</sup>	<b>Warners Bay Markets – selling Trailer raffle tickets</b>
Mon 22 <sup>nd</sup>	<b>Club Meeting – AGM</b>
Thurs 25 <sup>th</sup>	<b>Survivors R Us BBQ Breakfast</b>





Rotary Club of Warners Bay will celebrate **WORLD POLIO DAY**  
**Sunday 24<sup>th</sup> October**

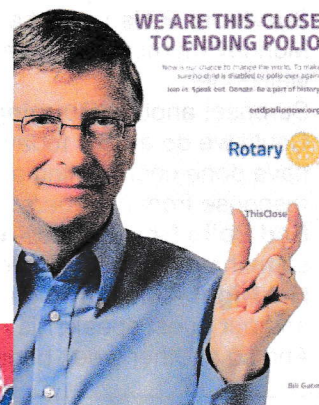
## PICNIC in the PARK

Come and celebrate End Polio at our picnic at Speers Point Park

10.30am – bring your own picnic and chair  
 Wear a red shirt, an End Polio shirt or your Club shirt

Raffle tickets - \$1.00 or 3 for \$2.00  
 100 club - \$1.00

Come along and join the fun  
 [Proceeds to End Polio Now]



**WHY IS OCTOBER 24 CELEBRATED AS WORLD POLIO DAY ?**

World Polio Day was initiated by Rotary International over a decade ago to commemorate the birth of Jonas Salk, who developed a vaccine against poliomyelitis. The day is celebrated every year on 24 October.

**JOHN EDWARD SALK, Developed One of the first successful POLIO vaccines**



### OCTOBER is MENTAL HEALTH MONTH



**JOIN US THIS OCTOBER**

# Hat Night

**Monday 25th October 2021**

Another great Hat night organised by Ross on **Monday October 25<sup>th</sup>**.

Special guest speaker Adele Cushion – who is a Mental First Aid trainer.

So find your best hat, most colourful hat, interesting hat, a hat with a story...

There'll be several prizes covering a variety of categories for the Best hat. Perhaps you might

### Guest Speaker:

**Adele Cushion, trainer with Mental Health First Aid**

**Venue: Club Macquarie/Zoom**

**Time: TBA**

**DON'T FORGET TO WEAR A HAT!**



[WWW.LIFTTHELIDONMENTALILLNESS.CO.AU/HAT-DAY](http://WWW.LIFTTHELIDONMENTALILLNESS.CO.AU/HAT-DAY)  
#LIFTTHELIDONMENTALILLNESS #HATDAY21

Rotary Districts of Australia







## Care Packages for Year 12 students

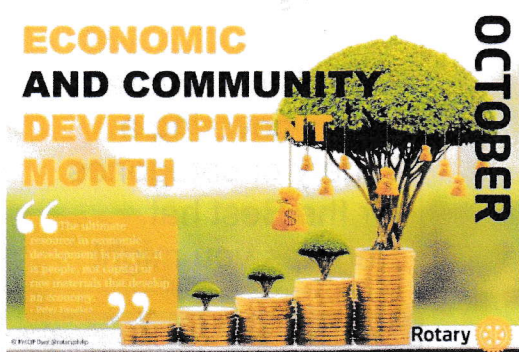
Warners Bay High School has invited our club to participate in their Care Packages for Year 12 students that will be delivered to them prior to the commencement of the HSC.

Our task is to write a letter to each individual student to wish them well and to let them know the Warners Bay community is wishing them success.

*From Raelee [Year 12 advisor WBHS]*

*Hi Glenys, This is great news. Myself and two yr 9 girls are currently making up the boxes to look pretty with personalised mugs, a lucky \$1 coin from the mint and some handmade cookies. With the lovely letter from your member's this care package will amaze yr12. Having helpers to deliver the packages really puts my mind at ease. Thanks for letting me know. I announced your kind offer of support along with the individual letters at the latest staff meeting and members of the school community are quite excited about this package coming together. Talk soon, Rae X*

At our meeting on Monday night, we will spend some time writing these letters. I have outlines ready and will have some packs with me at the Polio Picnic tomorrow if you would like to get started.



October

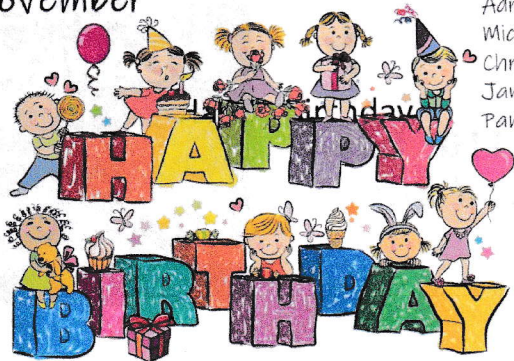
Happy Birthday



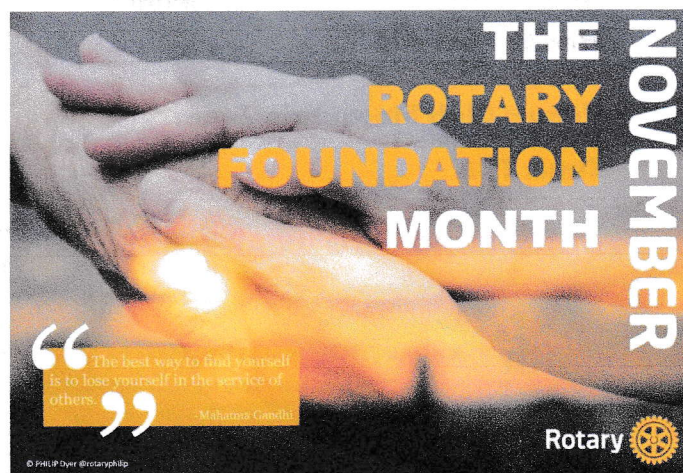
Ross  
Graeme



November



Adrian  
Michael  
Christine  
Janette  
Pam





### LAKE LUNCH CRUISE Saturday, October 30<sup>th</sup> Coordinator: Adrian

The following 19 people have booked for the cruise on Saturday the 30<sup>th</sup> ... next Saturday.

Please pay for your tickets with your dinner fees at the club meeting on Monday night. If that's not possible please arrange with Treasurer Christine to pay the club, as she will be sending the fares for 17 people (as one payment) on Tuesday morning.

We have booked for 20 people, 19 are committed and there are still a few spaces left (8) on the vessel even though it is currently limited to 35 due to COVID rules. That means there's plenty of space for the cruise and you can choose upper or lower deck or feel free to move around.

So if one or two members wanted to make a last minute decision and enjoy the cruise with us, just let me know asap.

**We meet at Boorugal jetty at 11.45.** There's plenty of parking there and it's a very short walk to the boat, the "Lady Mac".

Kind regards, Adrian

Ross + Sue, Alana \$180  
 Toni + Adrian \$120  
 Barry \$240 [Bronwen, Linda, Joahim]  
 John + Christine - paid  
 Steve + Janette \$120  
 Toni M. \$60  
 Michael \$60  
 Glenys + Steve \$120  
 Jenny + Malcolm \$120



**WARNERS BAY  
 FORESHORE**  
 WEDNESDAY 1ST DECEMBER

4pm - 9pm  
 Market Stalls - Food  
 Live Music







## SURVIVORS R US ROSTER

57 Pendlebury Road, Cardiff [ph 4953 7108]

Helping with breaky BBQs every second

Thursday 8am - 10am

Oct 14<sup>th</sup> Kerry Vinna Glenys Steve

Oct 28<sup>th</sup> Kerry Vina

Nov 11<sup>th</sup> Kerry Vina

Nov 25<sup>th</sup> Kerry Vina

Check out the roster on Google Docs or email Kerry if you are available to help.

## More help needed for Survivors R Us

If you are available please message Kerry or add your name to Google Docs Roster Click here to open...

[Survivors r Us Roster](#)

Survivors R Us BBQ  
Thursday October 14  
Kerry, Vina, Steve and Glenys



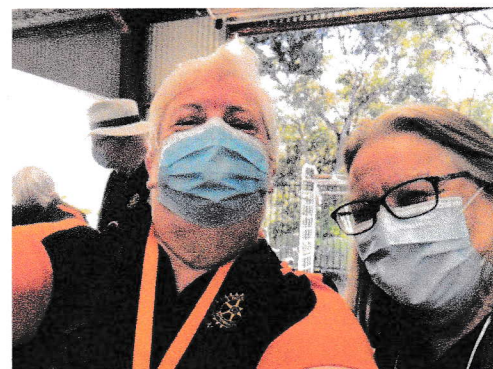
MANY HANDS  
MAKE  
LIGHT WORK

## A Date for your diary ...

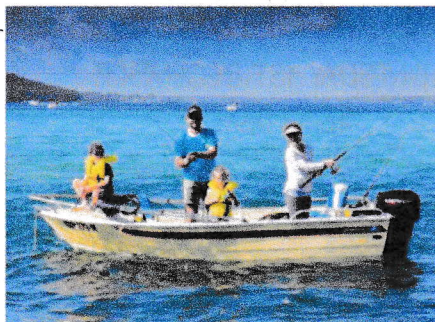
Sunday 14 November

### Let's Fish Lake Mac festival

A fun day out for the whole family, featuring expert fishing tips, live music and bar, food trucks, fishing-themed stalls, science and magic shows, roving performers, children's programs, art exhibition and more.



**We will be holding a fundraising BBQ at this event.**



## ON THE LIGHTER SIDE:

Why do pharmacies make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy lollies at the front ?  
Why do people order double cheeseburgers, large fries, and a diet coke ?  
Why do banks leave vault doors open and then chain the pens to the counter ?  
Why do we leave cars worth thousands of dollars in our driveways and put our useless junk in the garage ?  
Why the sun lightens our hair, but darkens our skin ?  
Why can't women put on mascara with their mouth closed ?  
Why don't you ever see the headline " Psychic Wins Lottery " ?  
Why is lemon juice made with artificial flavouring and dish-washing liquid made with real lemons ?  
Why is the man who invests all your money called a broker ?  
Why is the time of day with the slowest traffic called rush hour ?  
Why isn't there mouse flavoured cat food ?  
Why do they sterilize the needle for lethal injections ?







Issue 7

23 October 2021

Pres Glenys with Aiden, who will attend NYSF in 2022 and his mum, Kylie



### Bunnings BBQ – Saturday October 23

Christine, John, Kerry, Barry, Ross, Brian, Graeme,  
Steve J, Steve T, Glenys, Glenda, Bernie.





At the Annual General Meeting of RC Warners Bay  
on November 22, 2021  
all positions will be declared vacant.

Positions on the Board for 2022 – 2023 include:

Position	Name of nominee
President	
Secretary	
Treasurer	
Club Service Director	
Rotary Foundation	
Community service director	
Vocational service director	
Youth Director	
International Director	
Welfare	
Child Protection Officer	
Public Officer	
Social Events director	

**If you are interested in nominating yourself or another Club member for one of these roles please fill in the above and return to Glenys.**

**Your name:** \_\_\_\_\_