



28 September 2020

President: Barry Knowles – barry.c.knowles@gmail.com • Treasurer: Christine Johnson-Evans – christineje@bigpond.com • Secretary: warnersbay@outlook.com • Editor: Katrina Henningham – hello@katrinahenningham.com

Rotary Club Warners Bay – Club Meeting: Club Macquarie PLUS Zoom Link In • 14 September 2020 – 7:00-8:25pm Minutes distributed via "In the Loop – Extra" 21 September 2020.

From the President's Pen – Barry

Welcome to another In The Loop. I am always surprised how quickly they come around. I guess I shouldn't be by now. I have a theory about time and ageing. When we are small, say under 10, each year that passes is a major proportion of our life. Years seem to last forever. Then as we get older and each year is a lesser proportion of the whole, they go by faster and faster until, by the time we hit our 70's each year speeds by in what used to feel like about a month. Perhaps I could make time slow down by being less busy. A bit of a risk though - time may still fly by but in a very boring way.

I attended a meeting last Wednesday to progress the Lake Mac Autumn Fair. Things are picking up speed nicely and we should be engaging the (14) local Rotary clubs to get their buy in over the next couple of weeks. Gary Appleby from RC Cardiff has taken the overall coordination role and Glenys and I are on the committee. There is still a committee place open however, so if anyone in RCWB would like to get a bit more involved in a project, please put your hand up. Very shortly we will be asking members to take on the construction and running of some stalls so please keep thinking about what you could do and forming a small team with the skills to do something.

The Christmas trailer raffle is going well. We are at Speers Point Market today (Saturday), and sales were going well early on. Make sure you volunteer to help as we get to the pointy end, and start selling daily at shopping centres.

We have had some customers at the last couple of Mini Bike Rides and it is starting to be a nice social time for the Rotarians who come along too. As the days get longer and the weather a bit warmer, I hope interest will start to build up. Once we go to daylight saving, I plan to move the start time to 5.30 which may be better for working people.

Please don't forget the Leckie Poetry (Zoom) night on October 19th. We want to put on a good show, so get working on those poems (preferably on the "hat" theme) while there is still time!

Also, please put Kerry's "Virtual Dinner Party" for Polio scheduled for Friday 23rd October in your diary. Details in Kerry's report.

Keep well, keep active!

Meeting Agenda: 28 September 7:00 Welcome ...President Barry 7:05 Business arising from reports ...President Barry 7:15 Projects update... ...Project Owners 7:30 Introduction of Erica Henley ...Glenda 7.:35 Guest Speaker Erica Henley, Operation Hope Australia Ltd 8:00 Thank you ...Glenys

8:05 Close

Next Meetings: Mondays 28 September & 12 October

Club Macquarie 458 Lake Road Argenton

Dinner 6:00pm for 6:15pm

Meeting 7:00pm

Plus Zoom link (from 6:45pm):

If using a computer or Mac, click on the following link at the scheduled time to open the Zoom software and join the meeting: <u>https://zoom.us/j/964844402</u>

For this method, you will need a microphone and speakers.

If using an iPhone, iPad or Android phone or tablet: click on the following link to open the Zoom software:

https://zoom.us/j/964844402

For this method, you will need to install the free Zoom app from your app store. This only needs to be done once, but click the link or connect to it ahead of time to install the app and click the link or connect again when you're ready to join the meeting.

Alternatively, you can open the Zoom app and enter the meeting ID; 964 844 402

When asked for the passcode, enter: 2282



If you want your news, report, items, articles or photos to get into the next edition of *"In the Loop"* newsletter, please send them directly to the Editor, Katrina, at

> hello@katrinahenningham.com by NOON on *Sunday 11 October* • *Thanks!*





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Community Service – Kerry

Survivors R Us BBQ breakfasts continue, thank you to members who are assisting with this valued community project. Updated roster included below.

Roster for assisting at "Survivors R Us" breakfast – 2020

Plan: our club to assist with BBQ breakfast every second Thursday morning.

8:00am to 10:00am

1/3 Ranton Street Cardiff.

Wear your Club shirt.

Bring a hat and sunscreen.

Thank you so much everyone for your support. Please let me know if you are unable to do your rostered day/s.

Kerry • 0417485293

kezzac1@bigpond.com

1 October	Helen Jacqui	Craig Katrina	Lynne
15 October	Helen Kerry	Ross Glenys	Steve
29 October	Helen	Ross	Glenys
	Kerry	Jenny	Steve
12 November	Helen	Lynne	Jenny
	Jacqui (tbc)	Craig (tbc)	Katrina
26 November	Helen	Gail (tbc)	Jenny
	Jacqui (tbc)	Kerry	Lynne
10 December	Helen	Lynne	Katrina
	Jacqui (tbc)	Craig (tbc)	Jenny
24 December	Helen	Gail (tbc)	Jenny
	Jacqui (tbc)	Kerry	Lynne

The Rotary Foundation – Vina

Congratulations to Dr. Tunii Funsho. a former Nigerian Cardiologist, who has been the first Rotarian to be named as one of the Times Most Influential People of the World. After he retired in 2013, he devoted his Rotary life to assist in eradicating polio in Nigeria. He is the Chair of the Rotary International Polio Eradication program in Nigeria - Rotary lead National Immunisation Days, getting millions of doses of polio vaccine to children in cities and villages around the nation. They also sponsored health education initiatives in community centres. Now the whole African continent has eradicated polio, after Nigeria became polio free on 25 August 2020.

Mental Health Hat Night is planned for October 26th.



What's happening on the POLIO front?

Saturday October 24th is World Polio Day.

To raise awareness and funds for END POLIO, our club plans to hold a 'Virtual Dinner Party' event on Friday 23rd October. Cost of the evening is \$25. Deposit and zoom details will be provided closer to the date.

Dress up in your best 'dinner party wear', cook a yummy meal, pour yourself a glass of something, and join with the rest of the club for a fun (virtual) get together. There will be 'open bars', and no problems with having to drive home!

Groups of members may like to get together (with appropriate Covid considerations) to celebrate and have a fun evening. As you would have read in the September RDU magazine, the Australian PolioPlus champion Sir Clem Renouf sadly passed away earlier this year. Sir Clem was RI President in 1978-79, and an inspirational Rotary leader. To commemorate his life and Rotary contribution, all Rotarians across the country have been asked to raise funds for **END POLIO** in his name.

Remember that every \$1 we raise as a club towards **END POLIO**, becomes \$3 with the Gates Foundation contribution. Every dollar donated goes towards earning Paul Harris points for our club.

As Rotarians, we need to continue to raise awareness and funds for **END POLIO**, until we can say this terrible disease has been eradicated from the world!

What can YOU do to help with END POLIO?

• support our virtual dinner party and other events which raise much needed funds.

• talk to your friends, who may not be Rotarians. Talk about the Polio story, and the importance of immunising all children against terrible but totally preventable diseases, including polio.

Kerry, District RF Polio Chair



Welfare - Vina

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What a chilly weekend, with snow falling!

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The Christmas Trailer volunteers were rugged up this morning (Saturday 26 Sept) at Speers Point park, but it was another successful market result in spite of the cold windy weather.

Other members have been busy with other District and Rotary activities such as the BBQ at Survivor's R Us and our Mini Bike Twilight rides.

School holidays have begun and some of our grandparents, such as Glenys and Steve, will be entertaining grandchildren. Ross is off to the Hawksbury on a houseboat with his family, and Gail and Kevin are still enjoying Queensland. John and Chris are off next weekend for a well deserved break down the coast in their van.

It was great to see Peter and Margaret at our last dinner meeting, which was a huge effort as he is still challenged daily by his health issues.

Great to see Ian joining our last two Mini Bike rides on his E-Bike.

Kevin and Gwen Sweeny asked to say "hello" to everyone, as Kevin was very interested in the progress of the Glendale High School Agricultural Project.

Stay safe and well and hopefully there will be no more outbreaks of this insidious disease as the community moves around during the school holidays.

Hope to see you in person or on Zoom on Monday evening.





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Invitation to our 2020 Hat Night

On **26 October**, our Club is hosting a **Hat Night** to raise money for the **Australian Rotary Mental Health Research Fund**

and you're invited to join us!

Hat Night is part of the "Lift the Lid on Mental Illness" campaign by Rotary.



When: Monday 26 October 2020 • 6pm for 6:15pm Where: Club Macquarie, Argenton What to Wear: A hat, of course!

Prizes for the best hats and a raffle prize to win

Our guest speaker will be Karissa Lewis. Karissa has worked in our area, for Camp Quality and for Lifeline. She is a survivor, has a passion for helping people, and has a very special story to tell about mental illness.

DON'T FORGET YOUR HAT!



ww.hatday.com.au

President Barry – out & about...

#LiftTheLid

President Barry finally caught up with the last of the "pin recipients" at the Club Board Meetingm Monday 7 September, at Barry's home. Congratulations to: Treasurer Christine, Community Service Director Kerry and newly-appointed President Elect Glenys.





Opportunities

Rotary Club of Warners Bay • www.warnersbayrotary.org.au • PO Box 81 Warners Bay NSW 2282 • Email: warnersbay@outlook.com





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October is a month to focus on the area of Economic and Community development ... Rotary International suggests learning more about, or getting involved with:

- Develop Micro Credit system
- · Organise Awareness Seminar on Self-
- Employment at Colleges/Universities
- · Organise Trade Exhibitions
- · Organise Buyers-Sellers meet
- Take up Entrepreneurship Development Program

· Organise Consumer Forum, a Public Meeting

This month also includes...

- International Day for the Eradication of Poverty – 17th October
- World Polio Day 24th October see Kerry's report about what our Club

members can do to support the End Polio project.





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Twilight Bike Rides

Every Thursday at 5.00pm we gather at Speers Point Park to join Barry's Twilight Rides.

The rides are a community event and each week have included a few local riders joining Club members on investigating different rides around our beautiful lake.

They also provide a social get together for Club members and community members whether riders or spectators. You don't need to be a rider, or on the roster, to come and enjoy the afternoon.

We have streamlined the organisation. We provide soft drink or water as well as a sweet treat as a reward for sharing the evening. We won't be providing tea and remind that a *gold coin donation* is appreciated and will go towards RCWB's community service.

We look forward to sharing this event with you.

Roster

- Please be at Speers Point Park covered area by 4.45pm.
- 🙂 Wear your Club shirt
- Ride begins at 5.00p.m. [approximately 45 min ride]

Barry

- Soft drink cans & water
 - 🙂 Club banner

	Twilight Bike Ride Kit	Sweet Treats	
September			
Thur 10th	Jacqui	Erin	
Thur 17th	Glenys	Julie	
Thur 23rd	Glenys Jacqui	Ross Craig	
October			
Thur 1st	Glenys	Kerry	
Thur 8th	Ross	Erin	
Thur 15th	Julie	Craig	
Thur 22nd	Michael	Glenys	
Thur 29th	Brian	Erin	

Please contact Glenys **0416 059 655** if you have questions about the Roster

Twilight Ride Kit

- This kit includes:
- · Sign on sheets
- · Indemnity/Photo forms
- Donations box
- · Hand sanitiser
- · Antiseptic wipes
- Serviettes
- Garbage bags

Check that bag has necessary items and please pass it on to the person on the roster for next week

Sweet treats

Bring a slice or chocolate biscuits.

We have only rostered one person as there will often be leftovers from the week before.

Check with the person with the Twilight Ride Kit as to what may be required.



French Knitting Kits

Have you got some spare wool?

Roll it into little balls and we can add it to our French Knitting kits.

Do you know anyone who may be able to assist us in making French Knitting tools to add to the kits?

Email me for information and measurement sheets... I look forward to hearing from you

Glenys

glenystomkins@gmail.com







...having crazy friends.