

December 2015



PRESIDENT: BRYAN GUST

PRESIDENT-ELECT: KEN HEINZ

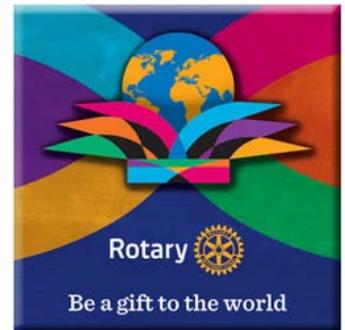
SECRETARY: KEN HEINZ

TREASURER: AL BASKIN

2015-16 Rotary International Theme:

Be a Gift to the World

"All of you have been given so many gifts. And you have now been given this great gift: one year to take all your talents, all your gifts, everything that you are and can become -- and Be a Gift to the World,"



PRESIDENT'S MESSAGE ... As Americans, we are given many gifts this time of year. Among the most important are the gifts of freedom and security. We sometimes forget that the peace we experience every day is not automatic. We are protected through the sacrifice of our military and first responders. This holiday, let's all remember and thank those who make incredible sacrifices every day. Bryan

ASSIGNMENTS

	<u>PLEDGE</u>	<u>INSPIRATION</u>
December 3	Mike Van Horne	Brent Clous
December 10	Jack Archie	Eric Pahlke
December 17	Al Baskin	Ken Heinz
December 31	Brent Clous	Danny Kazmarek
January 7	Jean Heinz	Jack Archie

HAPPY, HAPPY ANNIVERSARY ... Brent Clous and Mike Scogin joined Rotary in 2009.

CLOUSCARE ... Karyn Clous was recently in the hospital with a severe attack of kidney stones and a blood infection. Since Brent is too cheap to carry good health insurance, he had to home care her for several days. As you can tell from the photos, she was less than impressed with his level of care. Apparently she complained so much that Dr. Clous got out the duct tape. Does anyone else think he looks a lot like Peter Sellers in one of those Pink Panther movies?



RECENT PROGRAMS ... Assemblyman Brian Maienschein visited the club on November 5th and provided an update on the activities in Sacramento. Brian continues to find ways to work with the majority Democrats to get his bills through the legislative process. He had eleven bills signed into law this past session. Here's a link to the press release describing these bills: <https://ad77.asnrc.org/press-release/13307>. In the photo it looks like President Bryan has surprised Assemblyman Brian with a special word ... or touch?

Maureen Polimadei with San Diego Second Chance spoke to the club on the morning of November 12th. Second Chance creates opportunities for people to transform their own lives by fostering behavioral changes that promote personal responsibility, healthy relationships and positive contributions to society.

The other big "program" for the month club took the week off to celebrate Heinz took the time off getting her Pahlke took some time off with direct ocean view. It's a hard life, but someone has to do it!



was on Thursday, November 26th when the Thanksgiving with family and friends. Jean second hip replacement feeling better. Eric Barbara to visit Kauai in a condo with a

Thanks to Danny Kazmarek for the photos of Brian Maienschein and Maureen Polimadei. The boy has talents!

LINKS ... to other Rotary web pages ...

[San Diego North](#) Click here to see the schedule of programs and other late-breaking club news.

[District 5340](#) Click here for the DG's newsletter, training schedules, and district and other club events.

[Rotary International](#) Click here for professional resources on a wide range of club management issues.

THIS DAY IN HISTORY QUIZ

ROTARIANS ARE CHALLENGED TO CORRECTLY ANSWER THE FOLLOWING QUESTIONS.

THE ANSWERS WILL BE REVEALED AT THE MEETINGS DURING "THIS DAY IN HISTORY."

December 3	The first film by this comedy team, Putting Pants on Philip, was released on this day in 1927. (Hint: "Well, here's another fine mess you've gotten me into.")
December 10	This rock group performed its first concert on this day in 1965, under its new name. (Hint: the group was originally called the Warlocks)
December 17	On this day in 1969, the U.S. Air Force closed its study of this phenomenon with the release of the Project Blue Book. (Hint: the book reported on 12,618 sightings)
December 31	The chimes of this clock were first broadcast on the BBC on this day in 1923. (Hint: it was a BIG deal at the time)
January 7	This precursor to the distress signal SOS is established on this day in 1904. (Hint: contrary to some "experts," it does not stand for "Come Quick, Danger")

FUN ROTARY FACTS ...

The History of Rotary's Mottos

Rotary's official mottoes, **Service Above Self** and **One Profits Most Who Serves Best**, trace back to the early days of the organization.

In 1911, He Profits Most Who Serves Best was approved as the Rotary motto at the second convention of the National Association of Rotary Clubs of America, in Portland, Oregon. It was adapted from a speech made by Rotarian Arthur Frederick Sheldon to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best." The Portland convention also inspired the motto Service Above Self. During a convention outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not Self. Pinkham invited Paul P. Harris, who also was on the boat trip, to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.

At the 1950 RI Convention in Detroit, slightly modified versions of the two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above Self. The 1989 Council on Legislation established Service Above Self as the principal motto of Rotary, because it best conveys the philosophy of unselfish volunteer service. He Profits Most Who Serves Best was modified by the 2004 Council to They Profit Most Who Serve Best and by the 2010 Council to its current wording, One Profits Most Who Serves Best.

START YOUR DAY OFF RIGHT ...



As 2015 draws to a close it's time again to torture yourself with the concept of making ... and keeping ... New Year's Resolutions. The first task is to evaluate how successful you were with the ones you made for this year. Hopefully, you've been more successful than this anonymous reviewer: I planned on losing 10 pounds this year - I only have 15 pounds to go.

But, you ask, what are reasonable goals? What are other people committing to? Maybe that's a good place to start ...

Here's a list of the top ten resolutions from 2015 according to a Nielson poll. The highest percentage of respondents listed staying fit and healthy as one of their goals:

- 37% ... Stay fit and healthy
- 32% ... Lose weight
- 28% ... Enjoy life to the fullest
- 25% ... Spend less, save more
- 19% ... Spend more time with family and friends
- 18% ... Get organized
- 16% ... Will not make any resolutions
- 14% ... Learn something new or start a new hobby
- 14% ... Travel more
- 12% ... Read more



Winners
are not people who
never fail,
but people who
never quit

GIRLFRONTPARIS | TUMBLR

**"DON'T LET THE NOISE
OF OTHER PEOPLES
OPINIONS
DROWN OUT YOUR
INNER VOICE"**
-STEVE JOBS

More Quotes @ www.InspiringQuotes.in

A
PESSIMIST
SEES THE
DIFFICULTY
IN EVERY
OPPORTUNITY

AN
OPTIMIST
SEES THE
OPPORTUNITY
IN EVERY
DIFFICULTY

SIR WINSTON CHURCHILL
(1874 - 1965)

IMPORTANT INFORMATION

Meeting Location	Broken Yolk Cafe 11630 Carmel Mountain Road San Diego, CA 92128 (858) 675-9655 Thursdays, 7:00 a.m. – 8:15 a.m.
Club Mailing Address	San Diego North Rotary P.O. Box 721986 San Diego, CA 92172
Club Website	www.SanDiegoNorthRotary.org
Club Email	SanDiegoNorthRotary@gmail.com
District Website	www.rotary5340.org
Club Number	29196
Member Number	Refer to the mailing label for The Rotarian
Federal Tax Number	EIN: 33-0566439