

*April 26, 2019*

Sure, your reporter has not been around recently, relying on the lame excuse that he is busy working. But still, things have changed in Rotary. Trini Lopez, an Avenger? When the all-knowing Shorelines editor TOM BRAULT told your reporter to be ready for “If I Had a Hammer”, and that it was Avenger Day, your reporter responded, “If I Had a Clue”. It was obvious that your reporter needed to catch up with the times.

*{Managing Editor’s Note: Am I the only one who was clueless that Trini Lopez had recorded a rocking version of that Pete Seeger classic? ... You can hear it at: [https://www.youtube.com/watch?v=hms\\_GdvOKZY](https://www.youtube.com/watch?v=hms_GdvOKZY)}*

A little online research revealed that Trini Lopez is still alive and active and will turn 82 on May 15<sup>th</sup>. However, forgive your reporter for not making the connection, but unlike so many of the Avengers, Trini Lopez is not adrift in space with no food or water! And who the hell is Tony Stark or Pepper Potts? And don’t even start with Thor, Black Widow, Captain America and Bruce Banner! (Even though Bruce Banner sounds like the name of someone who could be in Rotary and stealing the gavel from the president.)

Well, it is getting late, and your reporter needs to get Shorelines completed so he can watch “Married with Children” reruns.



PRESIDENT RENEE RICHARDSON WENDEE opened the meeting with three loud clangs of our Rotary bell. (Note to self, your reporter needs to stop sitting in the front row.)

Then true blue Rotarian Grandma RENEE, who is getting ready to welcome her first grandchild, showed off the special “onesie” that she purchased for the new addition to

the family. She is determined to make sure he becomes a Rotarian from day one!

PRESIDENT RENEE led us in the Pledge of Allegiance.

SONG: Finally trusting someone else in the club to do something in this meeting, the president called on TOM BRAULT to lead us in song. First up *If I Had a Clue*, uh *Hammer*. The background OOOOs sung by the club were really impressive. Then Avenger TOM was onto the *Battle Hymn of the Republic*. Your reporter suspects that the lyrics about vengeance and a terrible swift sword is why this particular song was chosen.



### ROTARY MOMENT: ROGER VAN DER WERKEN

Roger recalled his time in high school as a Rotary Exchange student during the 1974-75 school year. He attended a rural high school in upstate New York and did not know anything about the world, but the school had exchange students through Rotary, including one from Germany.



Roger became inspired. He applied for the Rotary Exchange program, was selected, and was sent to Holland, the home of his ancestors. He learned to speak Dutch while in Holland. During his time in Holland, Roger resided with four different families; including the family of a Mason, a socialist party member, a Baron and Baroness who traveled in the same circles as the Dutch queen, and a family in the dairy industry.

This proved to be a life transforming experience. Roger is happy to say that two of his three children have also been Rotary exchange students, including his daughter Christina who was present at our meeting and is now a biologist at Palomar College. His son also went to school in Kenya and stayed with Hindu, Christian and Muslim families. Roger also relayed a story of how traveling the world and getting to know each other is the best thing for world peace; and knowing each other means that bombs are less likely.

Perhaps hinting that this presentation may have been a little long, PRESIDENT RENEE gave this piece of advice to any future Rotary presidents in our midst – “Be careful when you give attorneys, professors, or pastors the chance to speak at the meeting.” (Should your reporter take that personally? ... What did I do?)

## CLUB UPDATES

Our speaker at the next meeting will be JOHN ALLCOCK, of Mindfulness in Education.

DMITRY ENTIN, of Uni Care, will be speaking to the club on May 10<sup>th</sup>.

Tuesday, May 14<sup>th</sup>, community service event: “Got Your Back” at 7 PM. We will be packing backpacks with weekend food. This will be at 4061 Oceanside Blvd., Suite E, Oceanside 92056.

We will be dark on Friday, May 17<sup>th</sup>.

Saturday, May 18<sup>th</sup>, our club will be manning the grills at Operation Appreciation with the shift starting at 7:30 AM and lasting until 3 PM. This year (because of construction) the event will not be at the beach amphitheater, but at St. Mary’s Star of the Sea. We will be feeding between 3000 to 4000 Marines and their families.

Tuesday, May 21<sup>st</sup>. will be the visit to Camp Pendleton with the students of Lincoln Middle School and Crown Heights for a full day on the base with the students, young Marines, and our Rotarians.

We will be dark on Friday, May 24<sup>th</sup>.

Dr. Leyla Ali, will be our speaker on May 31<sup>st</sup>. The topic will be “A Pharmacist’s Perspective on Why Drugs Don’t Work”.

Mark Monday, June 24<sup>th</sup> on your calendars for the ROTARY GOLF TOURNAMENT at the EL CAMINO COUNTRY CLUB. This is our fundraiser for this year. Tee Sponsorships are now being solicited at \$100 per Tee Sponsor. Brochures are now printed and available to share with all your golfing friends that would like to participate in the Golf Tournament. Plus, each member is requested/expected to help out with raffle prizes. Either get a donation from a business or restaurant which you frequent or, alternatively, you can write a check to the club for \$25 and a member of the committee will be a suitable gift card to donate on your behalf.

## VISITING ROTARIANS AND GUESTS



CHRISTINA FULLER, daughter of ROGER VAN DER WERKEN and lab technician/biologist at Palomar College.



JAN HIRE, tax preparer, from the San Luis Rey Rotary Club



MIKE ELLIS, senior care



MONTY OSTRANDER, Hospice of North Coast.



SHARON LUTZ, our speaker, also from Hospice of North Coast (Executive Director).

HAPPY DOLLARS: PRESIDENT RENEE told us that she was chagrined to see online that our club had donated precisely ZERO dollars to date this year toward Rotary's ongoing Polio Plus campaign. She therefore suggested that all of today's Happy Dollars should be directed to Polio Plus, and our club responded.



BOB PICKREL - \$41 for 41 years of membership in our club.



ROGER VAN DER WERKEN - \$5 for MIKE ELLIS for his help in getting the Breakwater church going, and \$5 noting the irony of having watched Pete Seeger, the composer of *If I Had a Hammer*, perform as an exchange student.



JAY CRAWFORD \$10 - Wife Anita wanted to let us know about an upcoming Oceanside Cultural Arts Foundation "Blue Tuesday" musical event to be on April 30 at 7 pm at the Civic Center Community Rooms.





RON MARBEN \$10 - ANCHISA is leaving for Bangkok for a month, and RON is concerned about who will take care of him.

VICKIE PROSSER \$20 - She has known JAN HIRE as a dear friend for 50 years; and she was happy to have her children arriving for a family wedding this coming Friday.



LES NEWQUIST - \$5 happy to promote the 39<sup>th</sup> annual Joint Oceanside Rotary Clubs golf tournament on June 24. LES reminded us not to forget the brochure that was available at each table for the tournament.



JAN HIRE - \$2 for an open invitation to attend the San Luis Rey Rotary meetings at the Broken Yolk (Tuesday mornings at 7:15 am); and a sad \$1 for a cousin who passed away.



ANCHISA FARRANT - \$10 for Rotarians at Work and her upcoming trip to Thailand.



DAVID NYDEGGER - \$5 to encourage make up meetings so we can see other clubs



DAN WILSON \$10 – He was proud to have passed 9 exams for DiSC consulting which is a system of personality assessment to understand others better.



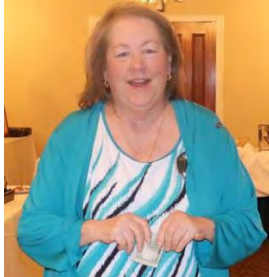
GORDY WITZ \$10 – Announcing an upcoming appearance with his wife on the impact of radio.



TERRI HALL - \$5 to gladly support Polio Plus, adding that she is happy that Rotary has almost completely eradicated polio and believes in science and vaccines.



TOM BRAULT \$5 happy, maybe, for an 11 hour rehearsal of *Man of La Mancha* on Saturday giving him an excuse to miss Rotarians at Work. (But you shouldn't miss his show, playing at the Brooks Theatre May 3 – 26.)



PAM MYERS - \$5 happy to be that her granddaughter landed the plum (or rather blueberry) role of Violet Beauregard in *Willie Wonka*.



DAVID SHORE - \$20 acknowledging the biologist at our meeting and remembering that he was a biology major, chemistry minor 50 years ago; and it was an Organic Chemistry class that made law school seem like a good option.



PROGRAM: SHARON LUTZ, Executive Director of Hospice of the North Coast

PRESIDENT RENEE provided the introduction:

This hospice organization's mission extends beyond serving our local community. Hospice of the North Coast believes that every person deserves to live their final days pain free and with dignity.

In 2014, they joined Global Partners in Care to bring resources and support to a hospital in Africa. Their partnership goal is to improve the quality of life for children and adults facing advanced and incurable diseases by relieving pain and reducing suffering.

In 2017 Hospice of the North Coast took a team to Africa to assess the needs at the hospital.

PRESIDENT RENEE noted that she has had the opportunity work locally with Hospice of North Coast and just recently discovered that they had extended out globally.

PRESIDENT RENEE concluded that she truly believed they reflect the Rotary model of Service Above Self!

SHARON LUTZ:

An impoverished community in a landlocked country in Africa. An upscale coastal city in Southern California. The story of Hospice of the North Coast's (HNC's) Global Partnership (GP) with Nkhoma Hospital in Malawi spans more than 10,000 miles and two vastly different cultures connected by a strong, shared commitment to providing a peaceful end-of-life transition for terminally ill patients and their loved ones.

Malawi is one of Africa's poorest countries and in 1995 was ranked as the ninth poorest country in the world. More than 60% of the population is living below the poverty line and Malawi's health indicators are amongst the worst in the world, with a life expectancy of only 39 years. According to the Status of Palliative Care produced by the Malawi Ministry of Health in June 2015, one percent of the population needs palliative care at any given time, primarily due to AIDS and cancer. (In Malawi, palliative care is synonymous with hospice care.) Two leading causes of death today are cervical cancer and Kaposi sarcoma.



Among the many challenges Nkhoma Hospital faces are a lack of funding, an insufficient number of qualified medical personnel, and overcrowding. (In the children's ward, two to three children are forced to share a single bed.) Since the beginning of HNC's partnership in 2014, the number of palliative patients served by Nkhoma Hospital has increased from 150 to 450. While the need for palliative care is rapidly growing, so is the need for qualified medical staff to care for these patients. Currently Nkhoma Hospital has only four team members tending to all 450 patients. Compounding this staffing challenge is the fact that a condition of funding for palliative care is that one of the staff members must hold a bachelor's degree in palliative care. This education is costly and requires time away from both the hospital and patients.

The GP, under the auspices of the Global Partners in Care program, was established in 2016 when the HNC team "met" the Nkhoma Hospital team via Skype and fundraising was initiated to support HNC's provision of supplies, medications, technical assistance and other necessities.

The AIDS pandemic affected a whole generation with 15-30 year-olds experiencing the fallout of the AIDS pandemic. Members have been working with various local chiefs to help have a better understanding of how to deal with the pandemic.

After this opening, a nine-minute video put together at California State University Chico by a student from Carlsbad was presented.

Nkhoma Mission Hospital had 3360 admissions of children under the age of 12 in 2018. The average stay was 5.7 days. Most of the children are in the ward for 2-3 days. A very small percentage stay for 10-20 days. Unfortunately, funding from the government is only available for children under the age of five.

57 children under the age of five died because of malaria in 2018. The number one obstacle is the lateness of seeking medical help due to financial thresholds. The peak season for malaria is between the months of December when the rains are starting until April when the rains stop. Children from birth to five years are at the highest risk of severe forms of malaria, and sometimes up to the age of 12. Oftentimes children die in the village within 24 hours of their admission to the hospital because of delays in receiving needed treatment. Many families do not have money to pay for transport as well as hospital bills.

A case scenario that was described was that of Doreen, a six-year-old girl from one of the nearby villages who reported to Nkhoma Mission Hospital on January 15, 2019. She was brought in by an oxcart because the mother could not afford an ambulance due to financial challenges. By the time she arrived at the hospital she had been sick five days. Doreen was diagnosed with severe malaria and anemia and was placed on medical management. Sadly, she died six hours later. The thought is that maybe Doreen could have survived if the financial resources were available to transport her to the hospital more expeditiously.

The next project will be around July 2019 for two weeks. The participants will be trying to fix up a clinic to be functional that is 10-15 miles outside of town. They will be hiring a social worker on a three-year contract because of the many family dynamics of HIV. Among the continuing problems is the availability of only one radiation machine for cervical cancer.

The nonprofit Hospice of the North Coast was established in 1980 to fill the need for comprehensive, compassionate hospice care in North County San Diego. Since its inception, it has grown in services that now include global partner Nkhoma Palliative Care in Malawi, a resale store in Encinitas, Pathways Palliative Care, Hope Bereavement Center and Pacifica House, the only in-patient acute symptom management facility in North County.

If anyone would like to become involved or provide financial assistance, the following websites are available:

[https://hospicenorthcoast.org/?utm\\_source=hospice&utm\\_medium=organic&utm\\_campaign=gmb](https://hospicenorthcoast.org/?utm_source=hospice&utm_medium=organic&utm_campaign=gmb)

[https://hospicenorthcoast.org/?utm\\_source=hospice&utm\\_medium=organic&utm\\_campaign=gmb](https://hospicenorthcoast.org/?utm_source=hospice&utm_medium=organic&utm_campaign=gmb)

<https://globalpartnersincare.org/>



### OPPORTUNITY DRAWING

The Jackpot stood at \$427 and RON MARBEN had the lucky ticket. But he ain't no ANCHISA when it comes to luck and he drew a Queen instead of the Joker, and so the Jackpot will continue to grow next week.



### ROTARIANS AT WORK REPORT



A hardy group of bibliophiles joined our leader LOLA SHERMAN for a classroom library organization project, including a unique and special “Little Free Library” case, designed and crafted especially for San Luis Rey Elementary by JAY CRAWFORD. Thwarted by the school district for our originally planned garden project (which LOLA feels we may be able to complete at a later date), we jumped in with this smaller project on RAW day. Thanks to the volunteer efforts of LOLA (who also brought pastries,) JANET BLEDSOE LACY (fresh strawberries,) TERRI and DAVE HALL (picked up Starbucks) and ERNIE MASCITTI, JAY CRAWFORD, BOB PICKREL,

TYLER EVANS and his girlfriend Kaitlin, DAVID NYDEGGER, PAM MYERS, GORDY WITZ, ANCHISA FARRANT, RON MARBEN, MELISSA RODRIGUEZ, DALE MAAS, AJ MAZZARELLA and for the after-party, SUSAN BROWN and JIM SCHRODER.















Special thanks to LOLA for all the pre-work meetings and for SUSAN for hosting the group at the beach after our exhausting, tiring and challenging work day!

## ROTARIANS IN CONCERT

On Wednesday and Thursday, April 24 and 25, if you happened to pop by the Carlsbad Senior Center, you could have seen 4 of your fellow Oceanside Rotarians warbling with the best of them in a concert of the Seaside Singers. You remember them ... They come to sing for us every year in the Christmas season. This group of seasoned singers is led by Rotarian JEFF SELL and accompanied by virtuoso pianist and Rotarian VIOLETTA PETROVKA, but from our standpoint, the stars of the show were M.C. TERRI HALL, soloist DAVE HALL (here pictured with a partner in the sassy duet "*Anything You Can Do, I Can Do Better*" from the musical *Annie Get Your Gun*), and supporting singers BILL DERN, and GORDY and B.J. WITZ. As our Shorelines music reviewer VICKIE PROSSER proclaimed, "They were awesome!"





## ROTARIANS OUT AND ABOUT

BILL DERN missed our meeting because he had hit the road to visit his two twin sons and their wives (Mark and Robyn / Jason and Mindee) out in the Phoenix area. While there, they all gathered for an Arizona brunch at the Culinary Dropout restaurant in Tempe. (From the looks of the table and the background, it appears that it might have been a liquid brunch. We trust that some food was actually delivered to the table at some point.) And, of course, BILL found a chance to hit the links there, too. (Speaking of “liquid”, that looks like a pretty big water hazard for the Arizona desert, wouldn’t you say???)





**COMING SOON TO OCEANSIDE ROTARY**

May 3: JOHN ALLCOCK, Mindfulness in Education

Reporter: JAY CRAWFORD

May 10: DMITRY ENTIN, Uni Care

Reporter: TOM BRAULT

Tuesday May 14: *COMMUNITY SERVICE EVENT 7 PM*

“Got Your Back” - Volunteers needed to fill backpacks with weekend food for students

4061 Oceanside Blvd, Suite E

May 17: **DARK No regular Friday meeting**

Saturday May 18: *COMMUNITY SERVICE EVENT*

Operation Appreciation

May 24: **DARK for Memorial Day**

May 31: DR. LEYLA ALI, A Pharmacist’s Perspective on Why Drugs Don’t Work

Reporter: L.J. FIMBRES