

# April 7, 2017

Three times the Rotary Bell was clanged by President RENEE RICHARDSON as she grasped onto the ever-so-close gavel in her hand. Three times it about drove everyone from the room screaming for peace and quiet... But... we rose to the occasion.

"Welcome to Oceanside Rotary," she said, but in her mind, President RENEE was thinking, "Only two more months and one more meeting this month and the end of my presidency is in sight." Smiling at that thought, she said to the Rotarians in the room, "The Moment of Inspiration today is..." and she began to read.

*Small acts, when multiplied by millions of people, can transform the World.* Written by Howard Zinn.



Pledge of Allegiance – Led by MIKE WESELOH

Songmeister – Past President TOM BRAULT led us in 2 songs. First was a resounding rendition of Smile. The second song was Let There Be Peace On Earth after the bombing of the airfield in Syria. So many adults and children had lost their lives to Sarin gas that was dropped from planes over a village in Northern Syria two nights ago by the Syrian government on their own people.

Right after we finished singing, President RENEE RICHARDSON gasped for air as she spotted former Past President VERNON ALLEN walk in the door. We had so rarely seen him for a number of years after he finished his term as President of this club.



# **ANNOUNCEMENTS**



President Elect CHUCK WARD read the announcements very well.

Saturday April 8<sup>th</sup> will be Rotarians at Work Day. The Rotary Volunteers will meet at The Lifeline Building (formerly Camp Fire Girls Building) at Brooks and Division Streets at 9 a.m. *{A Photo* 

Report on Rotarians at Work can be found at the end of this newsletter.}

We are Dark Good Friday, next week. There will be NO MEETING. If you show up you will be very lonely.

A signup sheet was passed around for a special meeting to be held at President RENEE WENDEE's home. (By the time this event takes place, she will have been a newlywed for 6 whole days!) Mark your calendars for 5:30 pm Friday, May 5<sup>th</sup> with Margaritas and Tacos celebrating Cinco del Mayo. Actually, we were forced into this change of venue since we were bumped out by the El Camino Country Management for a larger party that Friday. Come one come all, including children, to RENEE'S for a fun evening drinking Margaritas and eating tacos. Price is just \$10 per Adult.



# **INTRODUCTIONS**



Mykra Penelope Cervantes Lincoln Middle School student Leslie Ramirez Lincoln Middle School student **Dominik Wicks** Lincoln Middle School student Deirdre Colburn Teacher Lincoln Middle School Principal Lincoln Middle School Steve Bessant Francisco Flores Lifeline Services **Rhiannon Riecke** Lifeline Services Howard La Grange Guest Speaker today Honorary member / Perennial guest Dr. Tom Curtin Former Club president Graham Fraser



WELCOME SONG led by TOM BRAULT, and President RENEE was so proud of A.J. MAZZARELLA for having learned all the words!

# SPREADING AROUND SOME CASH

JANET BLEDSOE LACY, although not at the meeting, personally donated \$100 to support the team from Crown Heights which would like to participate in the Oceanside Beach Soccer Tournament this year. As you may recall, they won a National Championship in Tampa, Florida in December. They need to keep their skills current. The Oceanside tournament is a perfect place to do that. The entrance fee is almost \$600. A Rotary jar was passed around the room and through that collection, we raised another \$88.22. ("Why the spare change?" you might ask. The added coins were thanks to GORDY WITZ literally emptying his pockets.... That is what you call "digging deep!")



The Oceanside Rotary Club was proud to present a check in the amount of \$750 to North County Lifeline working in the Crown Heights neighborhood to help provide some of the \$\$ Leis for 22 graduating seniors from Oceanside High School that reside in the Crown Heights Neighborhood. A record number of graduates.

# **BIRTHDAYS AND ANNIVERSARIES**

\$61 ANCHISA FARRANT - BIRTHDAY (or, as she put it, "Three twenties plus one", forcing our resident mathematician DAVE HALL to figure out the total.)



BOB PICKREL - BIRTHDAY AND WEDDING ANNIVERSARY. BOB celebrated his 86th birthday today April 7th and his 66<sup>th</sup> Wedding Anniversary to Darlene will be on April 28th. He held two checks in his hand. One \$86 for his 86<sup>th</sup> Birthday and one \$66 for his 66<sup>th</sup> Wedding Anniversary. Congratulations to the both of them.

After a brief attempt by TOM to belt out the weird birthday song that President VERNON ALLEN used to sing at our meetings every month during his reign, we switched over to the more traditional tune which was sung by everyone in attendance to wish ANCHISA and BOB a Happy Birthday. RENEE then presented them with a new grouping of candy bars but yours truly, your Shorelines editor, could not keep up with the new candy bars and their meanings.

# **PRESENTATIONS**



LARRY HATTER was pleased to Introduce Steve Bessant, Principal of Lincoln Middle School who told us, "Thank you very much to all of you in the Oceanside Rotary Club for what you are doing for our youth today from Lincoln Middle School. With the Stem Program and Computer Science opportunities, we want our graduates to be able to

get a good job after their High School programs. We want students to become adept with adult relationships. Thank you for the time, expense, and love that you are providing these students with the trips to college campuses, to museums, ballparks, theater and opportunities to eat in restaurants. Rotarians are making a difference." He said that Lincoln would like to take the concept of this program of ours and replicate it so that other schools can reap the benefits of the type of support we are giving to his school community.

The students were then asked to say a few words about their experiences.

Dominik Wicks went to Camp Pendleton with a group of 36 students for a day aboard the base. He feels it is great what the Rotarians are doing and wanted to thank us for our time and the chance to learn. Living with working parents, there is not much opportunity to get out and see the opportunities that the Rotarians are providing the Lincoln Middle School students. He thanked the

Marines for taking the time to show and instruct them in new areas of their lives that they knew nothing about before this trip.

Leslie Ramirez went to the Oklahoma play at MiraCosta. She enjoyed going to the College. Prior to this she had thought very little of going to College. Now she realizes there are opportunities out there through college and she wants to participate now and go on to college. She is thankful to the Rotarians for showing her what is possible. "It is important for me to go to College," she now knows.

Penelope Cervantes is thankful for the trips. "I liked it. Thank you, Rotarians."

Principal Bessant let us all know that Deirdre Colburn is in charge of the coordination between Lincoln and the Oceanside Rotarians. She works with the students and the families. She is very grateful for the opportunity provided to the students. Our president thanked her, as well as LARRY HATTER for all his hard work these last 4 years.









President RENEE reminded us that we are sending 6 students from Oceanside High School RYLA Rotary Youth Leadership Awards this weekend to Idyllwild.

# HAPPY DOLLARS







\$5 LOLA SHERMAN Apologized that she had to leave to get to the opening home game of the San Diego Padres this afternoon in San Diego. She was sorry to have to miss our speaker Howard La Grange's presentation. She also was happy for the Rock 78 Rotary Club and their Mariachi program. A great success.

\$16 STEPHANIE YOO (also decked out in a Padres outfit and headed to the stadium early) is celebrating her 16<sup>th</sup> Wedding Anniversary this month

\$15 President Elect CHUCK WARD was happy to announce that his youngest daughter Margaret is producing a show with Comedy Central. She took photos of herself in front of the promotion. Another very successful graduate the internship program at KOCT plus a lot of hard work on her part. Congratulations, Margaret.



\$5 Past President VERNON ALLEN is glad to be back to visit. He had promised RENEE that he would visit the club during her year. We hope to see more you of this year, VERNON.



\$5 Past President TOM BRAULT just wanted to talk about an incredible coincidence this week when both he and his professional daughter Gerilyn ended up performing at the same elementary school in Chula Vista on Wednesday in their Gold Rush and Shakespeare presentations, respectively. With all the schools in the entire county, what are the odds

of them crossing paths like that?



\$5 Past President VICKIE PROSSER arrived from the Soroptimist meeting next door and would have been sad if she had not been able to hear Howard La Grange's presentation.

#### **PROGRAM**



Past President JIM SCHRODER introduced today's speaker, Howard La Grange. They have known each other since the age of 3 and grew up as neighbors. Howard is the City of Oceanside Bicycle and Pedestrian Coordinator, responsible for active transportation projects. A native of Oceanside and a Former Marine Aviator (he flew F-4 Phantom jets from the Midway

Aircraft Carrier), he ran an aviation consulting and material support business in Oceanside before retiring in 2012 to then work part time with the City. An active cyclist, he co-chaired the Oceanside Bicycle and Pedestrian Committee promoting safe biking and walking in the community. He also served as Chairman of the City Economic Development Commission, serves on the Visit Oceanside Tourism, Oceanside Mainstreet and the San Diego County Bicycle Coalition boards.

Active Transportation refers to any form of human powered transportation: transportation by your own means. Active Transportation Program is a statewide grant program that encourages bicycling and walking.

The purpose of the City's Active Transportation Program is to encourage an increase of active modes of transportation by achieving the follow goals:

- Increase the proportion of trips accomplished by biking and walking
- Increase safety and mobility for non-motorized users
- Advance the active transportation efforts of regional agencies to achieve greenhouse gas reduction goals
- Enhance public health
- Ensure that disadvantaged communities fully share in the benefits of the program, and
- Provide a broad spectrum of projects to benefit many types of active transportation users

Complete Streets are streets for everyone. They are designed and operated to enable safe access for all users, including pedestrians, bicyclists, motorists and transit riders of all ages and abilities. Complete Streets make it easier to cross the street, walk to shops and bike to work, the goal is to double and increase:

- Smart growth
- Active transportation facilities
- Encourage progress
- Education programs
- Enforcement

#### - Evaluation/planning

Smart Growth – A perfect example locally is the New Pierside Apartments in downtown Oceanside at Mission and Cleveland streets which are right next to public transportation, so a car is not necessary most of the time.



San Luis Rey Class 1 Path – length 10.7 miles. A Class 1 Path means "a completely separated right of way for the exclusive use of bicycles and pedestrians with cross-flow traffic minimized." To construct something similar to this on the streets would cost \$4 to 5 million a mile.

Wisconsin to Oceanside Boulevard is the Coastal Rail Trail. It starts at the Transit Center but stops at the Loma Alta Creek and then restarts again after Morris Street.

Downtown improvements include 40 Bike Racks with 40 more to come.

Provide Bicycle Parking for special events and each Thursday evening at the Sunset Market from May until October.

Sharrows – A special road marking used to indicate a shared lane environment for bicycles and automobiles. In these areas, where the road is not wide enough to allow enough space for a bike lane, bicyclists are allowed to travel in the center of the main traffic lane, and are encouraged to pull over to the side to allow motorists to pass, if cars back up behind him or her.



Enhanced Bike Lanes - Green Bike Lanes are meant to guide bicyclists, increase visibility, and alert motorists to bicycle facilities.



Bike Repair Stations – Oceanside has two: one at the Pier on Pacific Street and another at Mance Buchanan Park. Basically, it is a self-service bicycle service station. The Fixit includes tools necessary to perform basic bike repairs and maintenance, from changing a flat to adjusting brakes and derailleurs. The tools and air pumps are securely attached to the stand with stainless steel cables and tamper proof fasteners. Hanging the bike from hanger's arms allows the pedals and wheels to spin freely while making adjustments.

Public Announcements via KOCT PSA'S have been helpful. They only wish that the KOCT had a larger market so the message could be seen by many more. They have produced a number of 3 minute videos on bicycle safety and what to do and not to do.

Bike the Coast – Taste the Coast first began in 2008 and has been sold out each year with 2,500 riders. Participants ride 25, 50 or 100 mile trips beginning and ending at the Pier in Oceanside.

Race Across America in 2006 began racing from Oceanside to Annapolis, Maryland in teams and in singles.

The City of Oceanside publishes the Oceanside Bike Map showing all the areas available for biking in the area.

Bike to Work Day 2017 will be May 18<sup>th</sup> with Pit Stations from to 6 to 9 a.m.

## **BIKE SAFETY EDUCATION**

Adult Education classes are available monthly with 3 hour in classes and 6 hours on the road experience.

Youth Education through School Assemblies during the school day are then followed on a Saturday morning session (10 to 12 noon) with a Bike Rodeo at the school with a track to ride and learn. Every rider receives a helmet fitted to their head, if they do not have one of their own.

Targeted Education – North Country Transit Bus Drivers interaction with Bicyclists developed a program detailing what cyclists should and should not do when in the area of Buses.

Bus wraps with PSA messages advertise "Share the Road" on several sides of the buses as they move through communities.

Bicycle and Pedestrian Counts – For years, this was a manual counting project which meant getting up early and sitting by the side of a road with a counter. Now there are 6 automated counters in the town to count the number of riders on bikes. 600 per day are using the SLR Bike Trail. 800 per day ride along Pacific Street.

A must for the area is to complete the Bridge at Loma Alta Creek North and South to complete the Coastal Rail Trail. It will cost 6 million dollars to complete this section for safety. Hopefully within 6 months the answer will be forthcoming for this bridge work.

Coast Highway is not a good alternative to ride bicycles. This is why the Coastal Rail trail is so vital and the missing piece at Loma Alta Bridge so critical. The Coastal Highway study to slow traffic down is important in the Walkable Communities. Bird Rock in San Diego is a perfect example of what can be done. They have roundabouts and slow traffic. Since this project has been completed, there has been a 35% increase in sales of business in the area, noise level has been



reduced and they have seen a 77% increase in land values.

President RENEE presented our speaker Howard La Grange with a book of Thank You quotes and thanked him very much for coming today with his presentation.

# **OPPORTUNITY DRAWING**



The lucky ticket holder today was one of our newest members PETER VELTHUIS who drew the 10 of Diamonds. Not an Ace unfortunately, so he received a \$10 consolation prize. He donated the money back to the club.

Remember we are Dark, NO Rotary Meeting due to Good Friday next week. Our next meeting will be

April 21st with Teresa Collis, Principal of Oceanside High School as our speaker.

From this week's Shoreline Reporter, "Happy Easter to everyone!"



For our annual Rotarians at Work project this year, members from both the Oceanside and San Luis Rey Rotary Clubs teamed up as volunteers in partnership with North County Lifeline at the "Science Hour at La Casita" – an event where kids and families gathered for a morning of engaging educational activities.



First we got instructions on what the day ahead would be like.





Then, before the kids and families arrived, we jumped right into active service by helping to organize the center's library shelves. Just look at the improvement from the jumble of books on the shelves before to the tidy and enticing final result!



Also note that the center has a Rotary sponsored "Little Free Library" onsite.



At 10 am, the children and families showed up and, before they split off into different activity areas, all joined in an icebreaker activity.

Then the families were free to roam around and engage in some fun and creative learning experiences at the projects and games at the various STEM stations.



Boats and Buoyancy – Figure out the best way to design and build a "boat" out of a 5 by 6 inch piece of aluminum foil, then see how many pennies it can carry as "cargo."



Bridges and Structures – Using clothespins, binder clips, and craft sticks (like popsicle sticks), work through a number of engineering challenges: build tall structures, weight-bearing structures, bridges, and a creation that includes triangles in the design.

Constellations and the Night Sky – Sketch out creative constellations using chalk and stickers on black construction paper and name your constellation.



Foldable 3-D Shapes – First color and decorate the shapes on the provided printouts. Then cut and fold and glue them together to form a three-dimensional object.



Let's Make Some Slime! – Mix glue, water, borax and food coloring to form a colorful and slimy polymer.



And at the end of this educational time together, because all of these brain exercises made everyone so famished, we all shared in a lunch of pizza. So those

of us who could not attend this event not only missed a fulfilling chance to work with the kids of our community hands-on and one-on-one by stimulating their minds, we also missed some good grub.

Congratulations and thanks to all of the members who did participate in the planning and volunteering at this worthwhile event!

# **ROTARIANS OUT AND ABOUT**



While other members were volunteering at Rotarians at Work, TOM BRAULT and his daughter Gerilyn were "Out to Play," taking part in a 2 and a half hour, in-depth tour of the Walt Disney Studios in Burbank. With a Disney animator as the guide of their small group of 20 other dedicated Disney fans, they roamed around the entire studio campus, seeing and learning so much about where the magic has been made since 1940. It included the chance to walk into one of the

soundstages as well as a visit to the Disney Archives where they got to see up close some priceless

treasures from the incredible collection. They even got to hold one of Walt Disney's Academy Award statuettes. The highlight of the tour was the chance to walk around and take in all of the details inside of Walt Disney's actual offices at the Studio, recently restored and made available for these tours, with everything in the exact place where it had been left the last time that Walt had been there in December of 1966. A remarkable and memorable day for our resident Disney fan!





# **COMING UP AT OCEANSIDE ROTARY**

April 14 – DARK for Good Friday

April 21 – TERESA COLLIS, Principal of Oceanside High School Reporter: LOLA SHERMAN

April 28 – DARK

May 5 – Regular meeting will be DARK. Evening "Taco Friday" Happy Hour at 5:30 pm instead! (\$10 per person)

May 12 – GORDON CRESS, Escape Systems from WWII to F-22 Reporter: DAVID SHORE May 19 – DARK for District Conference

May 20 – District Conference at Liberty Station, San Diego

May 26 – DARK for Memorial Day