



2021-2022

## ROTARY CLUB OF OCEANSIDE

### SHORELINES

Tom Brault  
Editor-in-Chief

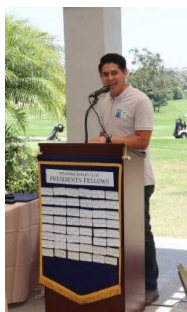
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CO-PRESIDENTS  
AJ Mazzarella & LJ Fimbres

*August 13, 2021*



Sitting outdoors to help stem any spread of the COVID-19 Delta variant, watching the golfers follow their self-propelled golf bags in search of a wayward ball, on a fine warm August day on the patio outside the El Camino Country Club's Garden Room, co-President LJ FIMBRES chimed his first meeting to order with this year's gavel at exactly 12:30! (AJ MAZZARELLA's first meeting as co-President was last time, if you'll remember, unless you didn't make it to the meeting, in which case you missed out!). LJ's announcement was, "Welcome to Oceanside Rotary Club 2.0". Not to be outdone as co-President, AJ led the club in the pledge of allegiance: nice teamwork, guys!



LOLA SHERMAN gave us a Rotary Moment, even though she said her training is to report on what other people say, so she thought she may not be very good at saying it herself (but she was wrong - she did a great job). Her favorite Rotary Moment is when we are on a ZOOM meeting and we get to see the wonderful smile of our frequent online guest from another hemisphere NADIA NAVARETTE from Argentina, which embodies the international flavor of Rotary. Another way to show how Rotary gives us a chance to act globally.

### CLUB UPDATES:

8/14 – District Membership Workshop 9:00 to 10:30 AM on Zoom: PP TOM BRAULT and PP and Club Secretary RENEE RICHARDSON were both signed up, and encouraged others to participate as well. *(Note: TOM took a couple of pages of notes, so if you want to know what was discussed, you can ask him for a copy of his transcription.)*

8/18 – Wednesday Evening Social – 5:30 PM at Pacific Coast Spirits located at 404 S. Coast Hwy. in Oceanside: We hope to see you there!

8/20 – Board Meeting via Zoom at noon

8/20 – TOM BRAULT announced again that we will at long last be attending the Moonlight Amphitheatre production of “A Chorus Line”.



Due to indoor dining restrictions, we will not be meeting for dinner ahead of the show at Chin's as we customarily have in past years, but if you are interested (and have a ticket) you can meet up with your Rotary friends at our block of seats at the Moonlight before the show, bring your own food in, and eat dinner together al fresco if you'd like. The gates open at 6:30, and TOM said he plans to show up about 7:00 PM for munching and mingling and you are cordially invited to consider doing the same. The show starts at 8:00 PM.

8/27 – Regular Meeting on the patio at El Camino County Club. Our guest speaker will be our District Governor, DAN GENSLER. Come learn about what the Rotary District has planned for us this year! We really encourage you to attend!

8/30 – Painting Party at Ivey Ranch – We will start painting the paddock fences at 9:00 AM and we hope to have enough volunteers to finish by 1:00 PM for a lunch of sandwiches and salads from Jersey Mike's. **Please RSVP to RENEE by Friday August 27<sup>th</sup>** so she can place your lunch order (and we can know how many are coming). You can check out Jersey Mike's to-go menu at: <https://www.jerseymikes.com/media/static/menu/Jersey-Mikes-Takeout-Menu.pdf>

9/10-12 - Registration is open for our District Conference to be held September 10-12 at the Hotel del Coronado. Go to the Rotary District 5340 Website for details and registration.

### VISITING ROTARIANS AND GUESTS

DAN WILSON introduced Rotarian NATE COBB, a Navy veteran and a retired pilot from Delta Airlines. NATE is a recent transplant from Carlsbad to Oceanside, and he is currently a member of the High Noon club, but DAN said he's working on getting NATE to switch to Oceanside Rotary!



SUSAN BROWN introduced GORDON BROWN, who has put in his membership application to join our club. GORDON is also a Navy veteran and a graduate of the Naval Academy (at which announcement ROGER VANDERWERKEN had to raise a cheer).



PP RENEE RICHARDSON introduced JASON DESADIER, who is an emergency room physician (and a returning guest from our last meeting).



SHOR DENNY introduced her guest THOMASINA JACKSON, who is a retired superior court employee. SHOR said that she intends to encourage THOMASINA to visit us again and consider joining.



PP JIM SCHRODER introduced our perennial visitor, RUDY VAN HUNNICK.

PP TOM BRAULT led us all in a rousing welcome song, after noting that the tune may be more familiar to some of our guests than others (Navy vets in particular). Then, when asked by co-President L.J. if he had any other tunes to offer, TOM started off on the Army song “As the Caissons Go Rolling Along”, but stopped abruptly when nobody joined him, not even DAN WILSON (retired Army vet). TOM then followed up with having us all sing “SMILE”, an Oceanside Rotary favorite (although TOM noted that there were a number of members who seemed to have trouble remembering the words –



Come on, folks! It hasn't been that long!).

### **PRESIDENTS' STUFF**

RENEE came forward to award a member with a new Paul Harris pin, and said that our goal is for everybody in the club to become a Paul Harris Fellow and pointed out the club supports that goal by matching the first \$500 in donations. The new Paul Harris Fellow is DAN WILSON – Congratulations, DAN!



### **BIRTHDAYS AND ANNIVERSARIES**

Birthdays this month are PP VICKIE PROSSER (8/2), GORDY WITZ (8/11), TOMMY THOMPSON (8/17), and PP TERRI HALL (8/21). Of those, only VICKIE and TERRI were present VICKIE said “I forgot”, but when asked how happy she was to have a birthday, she said, “I'll be \$150 happy to have both my birthday and my anniversary in August.” LJ then proceeded to say happy birthday



to both, but TERRI interrupted him by saying, “Excuse me a minute – special events are an opportunity for the club to raise money, and you didn’t ask me how happy I was, but I’m \$100 happy toward the Rotary International Foundation. And I want a birthday song!” TOM then proceeded to lead us all in a rousing rendition of “Happy Birthday Dear Rotarians”!



Wedding Anniversaries – JANET BLEDSOE LACY and her hubby STEVEN (8/3), TOMMY and EMBER THOMPSON (8/25), and VICKIE and LLOYD PROSSER (8/26). VICKIE had already covered her happy dollars, and JANET was \$47 happy for each of her happily married years.

Club Anniversaries – TOM BRAULT (31 years), LYN CORDER (4 years in our Club), GORDY WITZ (23 years), BRIAN LONG (1 year), and PP BILL DERN (23 years). Being the only one present on that list, TOM allowed as he’d be \$31 happy, a dollar for each year, and a “nice round number.”

## HAPPY DOLLARS



RUDY VAN HUNNICK was happy that in three days he would be 91. He also said that a year ago his driver’s license expired, but they extended it because the DMV offices were closed due to COVID. This year, he got a renewal online even though he’s over 70! For that he was \$50 happy.

PP DALE MAAS said he’s working on a Paul Harris fellow, and he was \$20 happy about his new office facility, smack dab in the center of Oceanside.



TOM BRAULT was \$10 happy in gratitude to the club leadership for responding to concerns about meeting indoors.

ROGER VANDERWERKEN was happy at our last meeting to announce the new Tri-City Pantry opening, but since it has been postponed, he was just giving a “happy dollar update”.





SUSAN BROWN was \$20 happy that even though it was Friday the 13<sup>th</sup> it was good to be back together.

RENEE was \$5 both happy and sad – sad that her 16-year-old Saturn is kaput, but happy that she bought a new car. “I’m now \$19K in debt – why congratulate me?” She also said that due to the COVID-19 Delta variant her residents are locked down again. So far everybody is OK, but she emphasized that Covid is serious with so many Delta cases being so much more transmissible.



DAN WILSON was \$10 happy for new friends.

SHOR DENNY was \$40 happy in increments of \$10 – (1) We’re here, and Riverside where she’s been working is 110 degrees; (2) she’s now a part of the Oceanside Rotary Club; (3) she’s excited that her friend THOMASINA is here and she’s twisting her arm to get her to keep coming; and (4) she’s thankful for the opportunity we have now as business people to support our community.



LJ then read a quote from social media about Rotary that he felt expresses why he’s happy to be a Rotarian:

*My fellow Rotarians, you have this power. This power to use language to share your ideas, to touch hearts, and to bring about change in the world. As Rotarians, we have the power to speak and share to explain and to educate, to inspire and to influence. It is our responsibility to share our talents and ideas and to find meaning in other people’s messages. May we use our skills to provide service to others less fortunate and help them to be self-sustaining. May we continue to grow as Rotarians so that we stand in our community as a symbol of those willing to freely put service above self and make this, our community, and the world a better place to live.*

## PROGRAM

JANET introduced our new member SHOR DENNY, who she pointed out is already trying to bring in a new member – Way to go, SHOR! JANET said that she had passed out some materials on SHOR’s organization - Community Now: Coaching for Cultural Success; JANET then admitted, “Well, that’s not actually SHOR’s program today – I’ll let her tell you about herself!”





SHOR started out at the beginning and told us about her life growing up and some of the challenges she faced. She said when she was born her mother told her she looked just like her father, and said when she first saw her, she thought “You **surely** are your father’s child”, so she named her ‘SHOR LE’. But when she was small, people used to call her ‘Shirley’ so she stopped using her middle name.

SHOR has been in a lot of places. She was born In Pittsburgh, PA, moved to San Diego, CA when she was 6 years old, then went back to PA in 5<sup>th</sup> grade until 7<sup>th</sup> grade. She had an accounting career from 1983 – 2008 (25yrs!), traveled for temp jobs for 8 years and lived in Virginia Beach VA, Millington TN, Washington D.C., Oahu HI, and Las Vegas NV. She’s vacationed in even more exotic places: Malaga Spain, Tangier Africa, Mazatlán and Puerto Vallarta Mexico, and Ocho Rios Jamaica!



Her parents were both entertainers. Her mom sang with the Capitols and was leader of the “Sky’s the Limit” band and eventually was inducted into the San Diego Jazz Hall of Fame! Her Dad arranged music, played the trombone, and made an album with the Debonaires in the 1950’s!



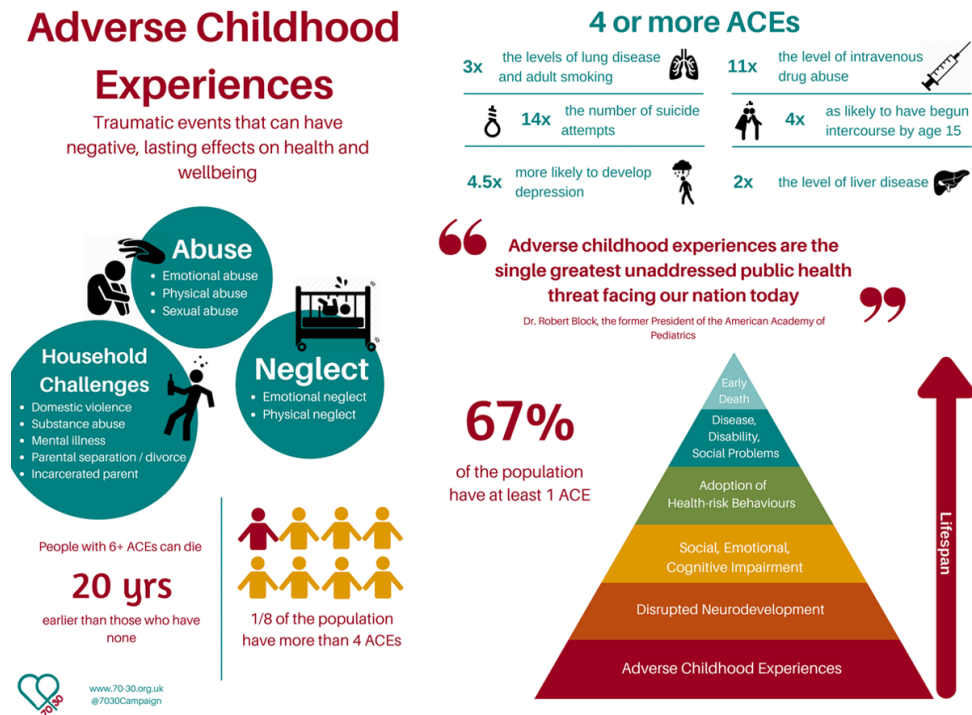
SHOR was a jazz dancer, and while living in Hawaii competed in Aerobic Dance. She was part of the 1987 AAU Team Aerobic Dance National Champions! She is also a singer, continuing her parents’ example, and she’s been a gospel singer for many years.



SHOR was diagnosed with Anxiety/Panic Disorder in 2009, and went back to school to better understand what happened to her. She earned a Master’s Degree in Mental Wellness with an Emphasis in Prevention. In 2010 she created a community program to teach youth how to be safe commuting to and from school. In 2011-2015, Moreno Valley Safe Routes to School Program was established with over 200 volunteers, and in 2013 “Community Now” was incorporated. She pointed out that adverse childhood experiences (ACE) can result in lifelong mental



health issues, and she has concentrated on developing programs that encompass her personal experiences, the communities' needs, and mental wellness.



Community Now programs include:

- ▶ **Greatness Within:** A mental health prevention & early intervention program to inspire and educate students that they have a choice, challenge their negative thoughts, and guide our youth to attain goals and take responsibility for their choices. The Greatness Within Academy will provide participants with general knowledge of multi-cultural history/experiences and Social Emotional Learning Skills. The participants can apply this information to their daily lives by building positive coping skills.
- ▶ **Me, Myself & Mine:** The objective of MMM is to teach natural curly hair care and education to increase pride in kinky curly hair and thereby reduce self-hate. This program increases self-esteem, and academic success by providing participants with the skills they need to feel confident about their appearance. SHOR said that school kids wondered what her hair would look like each day in school. She started MMM to help out with foster care sites who don't know what to do with African American girls' hair – they teach foster families how to fix kids hair from different cultures. The program is currently up and running in Riverside, but it's moving to North County as well.
- ▶ **Trauma-Informed Care Workshops (Schools, businesses, organizations):** This workshop will increase the general knowledge of trauma-informed

concepts, research and resources, build an understanding of Adverse Childhood Experiences and their effect on us and those we serve, and begin to apply trauma-informed approaches to our everyday and professional lives.

- Cultural Sensitivity Workshops: Educate African American Youth and other cultures about the lie of Colorism, self-hate and cultural tensions within the African American culture.

Community Now is a community-based organization, bringing people together to help youth and adults. SHOR said that she has some diagnoses that she is dealing with, just like someone with diabetes would have to do. She wants to help others with similar symptoms as well as those with any other mental wellness issues.

JANET asked what brought her from Riverside (according to JANET, the armpit of the world, and she felt qualified to make that assertion since Riverside is where JANET was born). SHOR said that she's working with multiple districts in the Inland Empire and wanted to branch out, but didn't want to go to L.A. Oceanside is the midpoint between Riverside and San Diego (*and a heck of nice place to live!*) so expanding her programs here just made sense as a next logical step.

DAN asked how she works with the school district in Riverside. SHOR said that meetings are all virtual, and that they support Greatness Within elementary, middle and high school Saturday academy. They also work with the parents to help them advocate for their families, and the cultural sensitivity workshops work with educators.

SHOR closed by saying that we all have been in quarantine, but when we are out in the community, we have to remember that we're not used to being out, so calm down and breathe. Sometimes we can be oversensitive.

Take a deep breath – breathe in calmness, then breathe out to get rid of tension and stress. Mindfulness is key to working effectively in the community.

LJ presented SHOR with a Speaker Gift – beautiful succulents put together by our very own ANCHISA!



## OPPORTUNITY DRAWING

The opportunity drawing was won by yours truly, PP DAVE HALL. Unfortunately (for me) I drew the deuce of clubs (about as far away from the Joker as you can get), and donated the \$10 consolation prize back to the club.





## **ADJOURNMENT**

LJ then closed the meeting with a feeble “ting” on the bell at 1:30 PM. Oh, no! The gavel grabber had struck sometime during the meeting and his gavel was gone! Not only HIS gavel, but AJ’s gavel as well, since they are (...were) sharing the gavel as co-Presidents! Tough luck to both of the “J”’s! Will they ever see it again? Stay tuned! *(And see below for the latest gavel status and travel report.)*



## **BE ONE, BRING ONE!**

We will be holding a contest for recruiting new members. We are encouraging each member to invite prospective members to our meetings, socials and events. RENEE will be tracking the guests and there will be a reward for the member who brings guests who become members of our club!

Please remember that every one of us is a part of the club’s membership committee. Please do your part to help our club grow.

## **GLOBAL VIRTUAL CONCERT FOR PEACE**

At a recent Rotary Working Group zoom meeting on peace, a Rotary-sponsored free concert featuring Maestro Karim Wasfi and Friends was highlighted. It is a virtual fundraising event and will air twice on the United Nations World Peace Day, September 18 at 2 pm London time (6 am PST) and 10 pm London time (2 pm PST) Register at the website on the flyer:

[www.ShapingPeaceThruMusic.org](http://www.ShapingPeaceThruMusic.org)

The concert will last approximately 1-1/2 hours.

*(See the attached PDF for more details and to learn how to sign up to view this online concert fundraiser)*

## ROTARIANS OUT AND ABOUT

LYN CORDER sent in a picture snapped of her in Three Oaks, MI on Monday August 2. *"I was visiting a friend and we were window shopping before seeing Summer of Soul, and this Rotary sign was in one of the store windows on Main Street."* (In case this photo is copied too small for you to easily read the text, it says: *"Choose to be Civil, Respectful, Kind ... Rotary."* A great message to share, wherever you might be!)



The last May fundraiser auction items were finally "delivered". Due to scheduling and weather, "A Taste of Vegan" auction dinner was finally held this last Saturday evening, Aug 14<sup>th</sup> at DAVE and TERRI HALL's home. Chef DAVE and Hostess TERRI provided a four-course vegan meal to the delight of their veggie guests: KIMBERLY, JAMES, ELIZABETH (KIMBERLY's daughter), and CINDY (who just happens to be the daughter of the HALL's neighbors – serendipity!). A wonderful evening was had by all, and KIMBERLY plans to attend our next meeting on Aug 27<sup>th</sup>! RENEE brought over the wine, cheese and veggie goody basket that KIMBERLY also had bought at the auction. KIMBERLY said that the basket was amazing and "They'll never be hungry again"!

## OUR PRESIDENTS' GAVEL – OUT AND ABOUT!!!

It was meeting number One for LJ FIMBRES and he was guilty of presidential sin number One – Leaving his gavel unattended at the front of the meeting space. Yup. You guessed it. Somehow, in broad daylight, and right in front of everyone, some brazen Gavel Grabber successfully nabbed the precious plank. Whoever it was decided that this time, we are going to have some fun with it, and he or she sent the following photos in to Shorelines, documenting what Mr. Gavel has been up to since leaving LJ's side last Friday.

Exhibit A shows how LJ could rightfully claim that "the dog ate my homework!" This pooch has the gavel well in hand ... or rather, well in its toothy grip. Knowing that



canines can be crafty negotiators, we were wondering if a ransom note demanding Milk Bone biscuits and/or Sausages might be delivered to LJ soon. Or, worse yet, maybe this not-so “good boy” was just planning on burying the banger in some anonymous backyard, never to be seen again. What then, my friends?

Ah, but somehow Mr. Gavel has already gotten out of the paws of that pretty pooch and appears to have entered into some sort of Witness Protection Program. And the Gavel himself told us in the following note: *“I have assumed a new identity and disguise as shown above. It is amazing how a little bit of scotch tape and a few stickers and rubber bands can transform a previously dull and boring gavel into an exciting, vibrant and daring new being! I am now to be known as ‘INDIANA GAVEL’!”* (Note the rakish hat on his head and the whip wrapped around his left arm – the spitting image of the hero of “Indiana Jones and the Raiders of the Lost Gavel.” Let’s hope this isn’t followed with the sequels: “Indiana Gavel and the Meeting of Doom” and “Indiana Gavel and the Last Crusade.”)



Mr. Gavel’s note continued with the following gameplan: *“I am going to meet new people and go on exciting adventures before I return to my dull life with the ‘J Boys’ - I will keep you posted on my progress.”* And, true to his word, within a day yet another photo arrived by courier at the Shorelines office, this time showing Indiana Gavel having a bite (or a peck) for lunch with some newfound lady friends. These developments have the members of Oceanside Rotary absolutely clucking with anticipation of what is to come next!



### COMING SOON TO OCEANSIDE ROTARY

Wednesday, August 18 – Evening Social @ 5:30 pm at Pacific Coast Spirits located at 404 S. Coast Hwy. in Oceanside

Friday, August 20 – Board meeting on Zoom at Noon – All are invited. Get your Zoom link invitation from RENEE RICHARDSON



Friday, August 20 – Rotary Night at Moonlight Amphitheatre to see *A Chorus Line*  
Showtime 8 pm, Al fresco Bring Your Own Dinner before the show, Potluck  
desserts at intermission

Friday, August 27 - Regular meeting at Noon / Program: DAN GENSLER, District  
Governor 5340 for 2021-22. Be there!

Monday, August 30 - Painting Work Party at Ivey Ranch Park (110 Rancho del  
Oro Drive, Oceanside) starting at 9 am. RSVP and give your lunch sandwich  
preference to RENEE by August 27.