
	<p align="center">ROTARY CLUB OF OCEANSIDE</p> <p align="center">SHORELINES</p>			
<p align="center">2025-2026</p>	<p align="center">Tom Brault Editor-in-Chief</p>	<p align="center">Janet Lacy Photographer</p>	<p align="center">Jim Schroder Reporter</p>	<p align="center">CO-PRESIDENTS Roger Vanderwerken Paul Wendee</p>

AUGUST 22, 2025



CO PRESIDENT ROGER VANDERWERKEN shouted to RENEE RICHARDSON, “What time does the OCEANSIDE ROTARY CLUB meeting start?” Why it is 12:30? Then let’s get this meeting underway.



PLEDGE DARREL LARSON

4 WAY TEST ERNIE MASCITTI

ROGER asked today’s SGT AT ARMS MICHAEL JENKINS to give every Rotarian that was wearing a ROTARY lapel pin a complimentary ticket for the Opportunity Drawing at the end of the meeting. For those not wearing a ROTARY pin, MICHAEL was tasked to collect a \$1 dollar fine from each of them. (Let that be a lesson for us all for future meetings!)

ROGER then proceeded to tell a joke about a mouse and God. The punch line was: “I’ve never been served Meals on Wheels.” Obviously there was more of the story in between these lines.

ROGER then told the club about the **Upcoming Events** at Oceanside Rotary:

September 12, 2025 Paul Dwork, Magician
 September 19, 2025 Board Meeting (Zoom) at noon.
 September 26, 2025 District Governor Visit – Luis Carranza
 October 17, 2025 A Brighter Future Fundraiser 6 p.m.
 November 15, 2025 Feeding California Outreach Program – Packaging Food –
 Boys and Girls Club, San Marcos
 December 12, 2025 Club Holiday Party
 December 13, 2025 Boat Rides Fundraiser with Santa, Oceanside Harbor

CO-PRESIDENT ROGER called DAVID NYDEGGER to the front of the room to tell us all **“Two Truths and One Lie.”** Our challenge was to choose which tale was the untruth.



1. He climbed all the stairs in the Statue of liberty.
2. He crossed the equator in the Navy and took part in the ceremony known as “Crossing the Line” or “Sea Baptism.” It is an ancient maritime tradition where inexperienced sailors, known as “pollywogs”, undergo a series of initiation rites to become “shellbacks” and gain acceptance into the court of King Neptune.
3. He won the pie eating contest one year at Camp Pendleton against a Commanding General of the base.

Number 2 was the false statement. In all the years in the US Navy he never crossed the equator. Hard to believe! All of us who did not pick the right answer had to throw in a dollar into the “shoe”.

CO-PRESIDENT PAUL WENDEE handled our recognition of **VISITING ROTARIANS AND GUESTS**

DAVD HALL introduced Morelia Merida, Sabina Colores, and Zitlalie Morales Leon



DANA ALBERT introduced Debbie Stanley – a visiting Rotarian from the Escondido Rotary Club and Lance Evans – with True Care



WELCOME SONG: DAVE HALL

RENEE called DANA ALBERT to the podium. DANA is leading the INTERACT CLUB at Oceanside High School. RENEE obtained a INTERACT BANNER at the recent Calgary ROTARY INTERNATIONAL CONVENTION in Calgary,

Canada in June of this year and presented it to DANA to have for display at the INTERACT CLUB meetings.

DANA is also the key coordinator of the GOAT FOR JOE golf tournament fundraiser. To give us an update and point out some beneficiaries from the event, DANA reintroduced Debbie Stanley from the Escondido Rotary Club and Lance Evans from True Care.



True Care is a web-based patient-engagement application that connects healthcare professionals with patients digitally and establishes communication continuity with patients to discuss their care plans, assessments, authorization, and more with convenient communication tools and seamless file sharing. True Care received \$10,000 from the Goat for Joe Golf tournament which raised \$50,000 overall. This highly successful tournament has been in existence for 8 years now.

DAVE HALL was then called to the podium. He introduced visitors from Crown Heights. The OCEANSIDE ROTARY CLUB has been active in this neighborhood next to Oceanside High School for at least the last 10 years. Each year OCEANSIDE ROTARY presents a Lei of \$50 one-dollar bills to each of the graduating students from this neighborhood. Two of those recipients were with us today, along with the liaison with Life Line which works with After School programs for these students in the Crown Heights Neighborhood.



Morelia Merida is the Program Coordinator at Lifeline Community Services and explained to the club a number of programs which are available through Lifeline to help these students from Crown Heights excel in their future lives.

Sabrina Colores is a recipient of a lei. Through this after school program she has overcome shyness and is going on to college. Zitlalie Morel Leon also is a recipient of a Lei and told us she is also planning to continue her education. One of them is headed to MiraCosta College and the other to Cal State San Marcos. This is largely thanks to Lifeline and its afterhours programs which receive funding from OCEANSIDE ROTARY.

RENEE asked all the Rotarians present to stand who are PAUL HARRIS FELLOWS. Then she asked how many of those standing are Benefactors, naming Rotary International in their “Trusts or Wills.”

She then called ERNIE MASCITTI to the front to let him know that he is now eligible for another PAUL HARRIS FELLOW designation. Congratulations and thanks for your generous giving, ERNIE!



HAPPY \$\$\$\$

\$20 DAVE NYDEGGER To know the truth.



\$5 DARREL LARSON Happy that ERNIE had paid the \$1 fine for him earlier in this meeting



\$50 ERNIE MASCITTI To give the money to the Oceanside Rotary Club Foundation

\$35 ERNIE MASCITTI Happy to celebrate 40 years of Married life



\$4 TINA ORTIZ Just generally HAPPY

\$50 MIKE WESELOH He is a grandfather now for the eighth time with the birth of a baby girl to his daughter in law Katelan and the father his son Kevin. Baby Indy Rose Weseloh was born 7 pounds 1 ounce and 19 ½ inches long. Congratulations MIKE!



PROGRAM

THERESA BERRY - Meals on Wheels

Meals on Wheels is a national network of independent, community-based senior nutrition programs that deliver nutritious, home-prepared meals and offer social contact to older adults, individuals with disabilities, and other homebound individuals who are unable to provide for themselves. The program uses volunteers to deliver meals and provides a vital lifeline for recipients by supporting their health, independence, and safety through brief wellness checks and social

interaction, along with connections to other community services. While meals may be free, funded by federal, state, and local sources, they can also be offered for a suggested donation or on a sliding scale based on an individual's ability to pay.



Meals on Wheels began in the UK after the Blitz in World War II. It eventually migrated to the US and to San Diego now 60 years strong. Meals on Wheels San Diego County delivers over 600,000 meals annually.

If you are over 60 years of age you are eligible to receive Meals on Wheels brought to you by volunteers. The meals are high quality, nutritious meals with controlled sodium, fat, carbohydrates, and calories. Meals are provided 7 days a week, delivered Monday through Saturday with meals prepared and delivered on Saturday for both Saturday and Sunday.

Meals are delivered between 10:45 a.m. and 1:30 p.m.

There is a one-time non-refundable fee of \$50 to begin meal delivery service. Lunch *and* dinner and beverage costs \$10 daily. Lunch *or* Dinner plus a beverage is \$6. Extra beverages are 50 cents each.

Meals are delivered by volunteers who are fingerprinted prior to becoming a volunteer. There are 250 active volunteers in the North County.

There is a new Service Center in San Diego with a commercial kitchen where the meals are prepared daily. The meals are then distributed to the many areas in the county in heated containers brought to the local distribution centers. In Oceanside the meals are dropped off at the Presbyterian Church on El Camino Real daily for pick up by the volunteers.

When the volunteer makes a delivery, they are trained to do a safety check for the homebound seniors that are served. If a client does not respond during delivery, they will notify the client's emergency contacts, and, if warranted contact local authorities to check on the welfare of the clients. In some cases if it seems necessary, they can call emergency 911.

Meals on Wheels not only delivers food daily but at times they are the only human connections for many of their clients daily. The volunteers will look for signs of

social isolation. Many times, a smile and a greeting mean so much to the recipients of the Meals on Wheels.

Every client receives a gift at Christmas, plus a recognition for Birthdays.

North County has over 20 programs that are Federally Funded for this project.

There are Vegetarian but not Vegan meals.

The volunteers give of their own time and pay for their own gasoline in the delivery of the food. Most of the time there is an average of 5 meals for delivery daily for each of the volunteers. There is an App that a volunteer can check to see if there are any local deliveries that they can pick up for someone in case a volunteer could not make it at the last minute.

There is also a program in cooperation with the Helen Woodward Animal Center with “Animeals” for Dog and Cats available for once a week delivery. Meals on Wheels San Diego is also partnering with the Helen Woodward Animal Center to bring no cost mobile veterinary services to seniors who are receiving meals.

This is a new partnership with Helen Woodward. These are services which would typically be extremely difficult to afford for these seniors who are on a fixed income.

THERESA was presented with a parting gift created by our own ANCHISA.



OPPORTUNITY DRAWING

DANA ALBERT had the lucky winning ticket drawn. Unfortunately, out of the nine remaining cards in the dwindling deck, he did not find the Joker for the \$1,000 jackpot, but the 10 of Diamonds earned him the \$10 consolation prize.



CO-PRESIDENT ROGER VANDERWERKEN adjourned the meeting at 1:30 with a firm and loud clanging of our Rotary bell.

ROTARY NIGHT AT THE MOONLIGHT – 2025

Our annual Moonlight Amphitheatre adventure was a little different this year. Our Fearless Moonlight Leader, TOM BRAULT, was relaxing at his family's cottage by the Lake in the Northwoods of Wisconsin, swimming, boating, tossing horseshoes, playing water volleyball, cooking, eating, chatting with his Mom and taking it easy, thus missing our annual jaunt to the local theater. Rumor has it he possibly was doing a LOT of work and numerous projects for the upkeep of the family estate but there were concerts and county fairs galore, festivals and animal judging for, I don't know, Best Pig in Show, stuff like that. We missed you, TOM, but you're a good son!

Meanwhile, back at the beach, we had a wonderful crew of Rotarians and friends who joined us on a beautiful night in Vista. Our Secretary/PP,PP,PP,AG, RENEE RICHARDSON and her Co-P,PP PAUL WENDEE hosted us at their lovely home for delicious salad and pizza before the event as our usual jaunt, Chin's Szechwan, had closed. We chipped in tips for RENEE's long term helper, (name forgotten) who makes a great salad! A few old, familiar faces like STEVE JEPSEN and his wife, LYNN joined us along with PAUL's daughter and her husband and toddler, the neighbor next door and his days-old infant and middle-schooler daughter, and another neighbor's akita plus our potential Rotarian Whose Name I Can't Remember joined us as well as numerous spouses (JACQUE VANDERWERKEN, TAMARA FISHER, RON MARBEN, NIKKI MAAS, SHERI LARSON, CRICKET NEWQUIST, TINA'S DAUGHTER, BRIANNA ORTIZ). “Fiddler on the Roof” was excellent and lucky us for having such quality theater in our own backyard. As usual during the intermission, goodies galore were produced from out-of-nowhere and we enjoyed, cupcakes, candy, cookies, and fudgy brownies (deliberately NOT VICKIE PROSSER'S terrific, chocolate, cake-like gems which we missed ALMOST as much as we missed VICKIE). She was definitely in our thoughts! TAMARA had beautiful cupcakes with a backstory: her homemade masterpiece either erupted, exploded, oozed out, or managed to FLOP, thus requiring a last-minute trip to the bakery. Anytime you want to try a repeat, TAMARA, we're your willing taster-testers!



LATEST REPORT ON VICKIE PROSSER'S REHAB

Several members have been able to visit and/or text with or call VICKIE to touch base. Here is the latest news:

VICKIE is still in rehab at Pacific Villas Post Acute (3200 Thunder Drive, Oceanside), and still is wearing her neck brace. She does not know how much longer she'll be there.

In VICKIE's own words, mostly, she is "feeling very well. I still ache in some places right now. It's mostly the sternum and the lower back ... Love the place I'm in and the nurses and CNA's. I think I'm on vacation actually... Poor Lloyd!"

If you get a chance, call VICKIE at 760-717-7744, or text or email her, or even pay a visit to her in rehab. I'm sure any way you might reach out would help to raise her spirits and let her know that her fellow Rotarians are wishing her our very best!

COMING SOON TO OCEANSIDE ROTARY

Friday, August 29th – DARK for Labor Day

Friday, September 12th – Regular Club Meeting at El Camino Country Club.
Guest Speaker is PAUL DWORK – “Magic of Merlin”

Friday, September 19th – Board Meeting via Zoom at 12:00pm.

Friday, September 26th – Regular Club Meeting at El Camino Country Club.
Distinguished visitor and speaker will be our District Governor Luis Carranza.

FUTURE PLANNING

October 17 - A Brighter Future Fundraiser 6 p.m.

November 15 - Feeding California Outreach Program – Packaging Food – Boys and Girls Club, San Marcos

December 12 - Club Holiday Party

December 13 - Boat Rides with Santa Fundraiser volunteer opportunity, Oceanside Harbor. Help make some Christmas magic happen!