



*March 29, 2019*

PRES RENEE RICHARDSON WENDEE opened the meeting promptly at 12:30 p.m. and then proceeded to lead us in the pledge to our flag.

PP VICKIE PROSSER said that we were going to have a nautical theme for our first song this week, and since she didn't want to tax our singing skills too much, she led us in a rousing chorus of "Row, Row, Row Your Boat", sung as a round with two groups split right down the middle of the room, which



should have been simple enough for us, since we are well-renowned as a "singing club." You'd think so, anyway... Somehow part of one group ended up in synch with the other group; but not to be outdone, part of that group ended up in synch with the first group as well! So we almost all finished up the song at the same time (which, as students of "rounds" know, isn't supposed to happen). But we sounded pretty good, nonetheless! VICKIE then allowed us to redeem ourselves by leading us in one of our favorites, "God Bless America" ending with some pretty good harmony on the last line. Nice job, VICKIE!

PP TOM BRAULT then came to the podium for a "Rotary Moment": this might be the most official Rotary Moment yet, since TOM played the actual voice of Rotary Founder PAUL HARRIS recorded on the radio in 1945. PAUL had made several trips to Tuskegee during the latter years of his life, and on one of those trips, local NBC Radio commentator Leland Childs recorded an interview with PAUL on two 78 RPM records.



TOM played us the closing question and answer from that December 20, 1945 interview:

*LELAND CHILDS: “Mr. Harris, now we’ve talked quite a bit about the past, but what about the future?”*

*PAUL HARRIS: “Well, Mr. Childs, despite the conflicts and the hunger and hardships facing many countries today, I am an incurable optimist in thinking about this old world of ours: my hope for the future is that Rotarians will continue to be ambassadors of goodwill to all races, to persons of all religious faiths, and to members of all political parties. That Rotarians will continue to be purveyors of tolerance, forbearance, helpfulness, kindness, neighborliness and friendliness. And that through our world-wide Rotary fellowship, we shall ultimately achieve our goal of international understanding, goodwill, and peace.”*



Unfortunately, it was difficult to hear the recording from TOM’s phone and the club microphone system, so TOM responded to multiple requests for him to read the statement from PAUL HARRIS by reading it “in PAUL HARRIS’ own voice” (or at least as close as TOM could come, which sounded pretty close to me)! All-in-all, it was an unforgettable Rotary Moment.

#### ANNOUNCEMENTS:

Friday April 5<sup>th</sup> - Larry Peranich – A conservation scientist’s view on solving climate change

Wednesday April 10<sup>th</sup> – 5:00 PM – in Oceanside City Council Chambers the Oceanside Mayor will present the Rotary Clubs of Oceanside with an Official Proclamation of Rotary Day, April 27, 2019

Friday April 12<sup>th</sup> – Rhiannon Reicke – Pro Kids

Friday April 19<sup>th</sup> - DARK for Good Friday

Friday April 26<sup>th</sup> - Hospice of the South Coast – Global Partners in Care

Saturday April 27<sup>th</sup> – ROTARIANS AT WORK DAY

Monday June 24<sup>th</sup> – Golf Tournament. RENEE announced that we will need donations of raffle prizes, and she encouraged everyone in the club to bring either a raffle prize or write a check. Since this is our club's only fundraiser, we need to make it a success. We have been forewarned: If members do not make donations of raffle prizes, she hinted strongly that there may be fines involved!

#### GUESTS:

PE/PP TERRI HALL began visitor introductions:



DAVE NYDEGGER introduced our speakers from the Oceanside Fire Department Lifeguards, EMILE LAGENDIJK and GREG TREBBE.



JANET BLEDSOE LACY introduced her friend and returning visitor, LESLY ADAMS, who is both a flight attendant and an attorney (we'll hear more about LESLY later in the meeting).

LARRY HATTER introduced our perennial visitor, RUDY VAN HUNNICK

PP VICKIE then led us all in a rousing Welcome Song!

#### PRESIDENT'S STUFF

PE/PP TERRI circulated a sign-up list for new RAW T-shirts. These shirts will have the new Rotary logo and say OCEANSIDE on the front as well as "Rotarians at Work" on the back. She pointed out that this is your opportunity to get one at a bargain price if you do not already have one, and it's also your chance to get a new

one sans paint if you have an old splattered one! (Especially if you had the pleasure of being “tagged” by PP CHUCK WARD at one of our past painting events.)



PRES RENEE then called PP DAVE HALL up to the front of the room. Hey, that’s me! What’d I do? It turns out that unbeknownst to me I had accumulated enough donations to the Rotary International Foundation for another PAUL HARRIS Fellowship recognition! PRES RENEE asked me to explain how PP TERRI and I are donating to the Foundation: we each contribute monthly to the RI Foundation by having it charged to our credit cards. It’s easy to set up, it’s relatively painless, and at least on my part it’s easy to forget you’re doing it! Now if PRES RENEE remembers to bring the right pin to our next meeting, I’ll have a PAUL HARRIS pin with two garnets (or whatever stone they use to represent additional PH Fellows beyond the first one).

PRES RENEE then called LESLY ADAMS to the podium, accompanied by JANET BLEDSOE LACY, and announced that LESLY was being inducted into our club as a new member, sponsored by JANET. PRES RENEE described the duties and responsibilities of membership, presented LESLY with her red badge and Rotary pin, and announced that she was now the very newest member of Rotary in the world! RENEE then went on to say that since we’re a very FINE club, how FINE did LESLY feel now that she’s a member? Obviously warned in advance, LESLY immediately produced a \$20 bill she had brought along and said she’s \$20 FINE with being the newest member of the club!

PRES RENEE then asked JANET to stay up at the front and tell us about the Martin Luther King, Jr. Scholarship. RENEE presented JANET with a check for \$500 from the club for the scholarship fund. JANET told us that as a young girl she was taught to be aware of the civil rights movement and what was going on in the south, but living in Southern California she didn’t feel like she could do enough to support it. Later in life she attended a 1989 meeting in Oceanside where the community rooms at the library were dedicated to Dr. King, and at the same time





the City announced a scholarship fund. JANET talked with the City who said they didn't have anyone to fundraise for the scholarship. So JANET decided that was something she could do, and she started hosting a reception each year at her home as a fundraiser. This year will be her 28<sup>th</sup> year hosting these receptions; over the years the receptions have raised over \$800K. Each year the scholarships go to about 15 students, who are required as part of the application process to write an essay about Dr. King, and they need to have a GPA that will ensure success, but not necessarily a stellar GPA. The scholarship is not racially based: it's open to all kids. JANET is passionate about this program, as we could all tell by her struggling to keep her composure while she talked about it. She closed by saying we should "Keep the Dream Alive" by attending the reception Friday May 24<sup>th</sup> from 5-8 PM at JANET's house.

Speaking of new members: DAN WILSON, a frequent recent visitor and Leadership Consultant, was proposed as a new member by PRES RENEE and has been approved for membership; he will be installed at a meeting in the near future.

### HAPPY DOLLARS

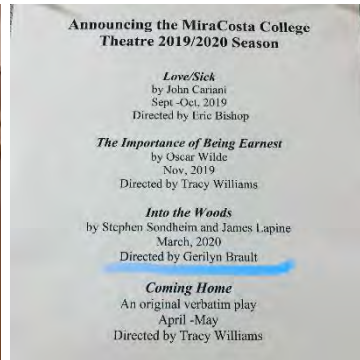
SUSAN BROWN was \$25 happy that today is Vietnam Vets' Day, in honor of those who served with her in Vietnam.



PP TERRI HALL was \$10 happy to attend granddaughter Ava's jazz combo event Wednesday evening at Panama 66 Bistro in Balboa Park – the group is named "Ava and the Fried Doughnuts" after their star bassist! (*Gee, I did not know that Doughnuts could play musical instruments!*)



ALEXA KINGAARD was \$5 happy for her successful book signing at PRES RENEE and PAUL WENDEE's Bistro on Main Street; and the bistro did well too!



PP TOM BRAULT was \$25 happy to donate to the club foundation for many reasons musical: he will be singing with the MiraCosta College Chorale this weekend, and on Easter weekend he will be performing Handel's Messiah (not all by himself, but in a choir of 100 singers at the Church of Jesus Christ of Latter Day Saints in Carlsbad). He will also be playing the Innkeeper in the Oceanside Theater Company's production of "Man of La Mancha"; and TOM's daughter Gerilyn will be directing the next Mira Costa College musical in March of 2020, "Into the Woods"! *{Late Addition to this Edition: What TOM forgot to mention in his long list of performance news is that his daughter Gerilyn did indeed land the part in "The Producers" at the Moonlight which she was called back for, so our group going on June 21 will get to be her groupies there.}* Quite a musical family!



ANCHISA FARRANT was \$5 happy to go to the district assembly tomorrow – and that we have a new member!



JANET was \$20 happy also that LESLY ADAMS is a new member.

LESLY was \$3 happy (turns out 3 is her lucky number) that she's now a member of the club. She said she didn't know she was being inducted until she walked into the meeting and RENEE let her know. She was also happy that she's going to Frankfurt, Germany tomorrow, since it's been a long time since she's had a chance to go over there.



RUDY VAN HUNNICK was \$20 happy that if he ever divorces, he hopes that JANET is on his side as an attorney since she is a great speaker. He had another

\$20 happy for the lifeguard visitors, and told them about installing AED all over Oceanside, proudly noting that the lifeguards have saved several lives using those AEDs.



DAVE NYDEGGER was \$5 happy but wouldn't say why, although I think the next item provides a clue.

### PROGRAM



PRES RENEE said that our regularly scheduled program had to cancel earlier this week, and she called DAVE N to see if he could find a replacement. We did have a last-minute replacement program thanks to DAVE, who introduced our speakers, LT. EMILE LAGENDIJK and SGT GREG TREBBE, Oceanside Lifeguards. SGT TREBBE has been a guard in Oceanside since 2009, and he was promoted in 2012 to become a full-time Sergeant. He is the father of two cats (!) and resides in Oceanside. LT. LAGENDIJK started guarding in 1996, and was promoted in 2002 to

a full-time Sergeant, and then in 2008 was promoted to Lieutenant. He is married with 7 and 9 year-old boys, and he also resides in Oceanside.

LT. LAGENDIJK and SGT TREBBE team-tagged a very interesting and informative presentation. Last year Oceanside lifeguards found 274 lost people, conducted 486 emergency responses, 20 boat rescues, and made 2,500 ocean rescues (80% of which were tourists from out of town). The Lifeguards have 80 seasonal employees, and seven full-time.

They are on duty from 8:00 AM till -8:00 PM every day of the year. About 5 million people visit Oceanside's beaches every year, and with sand erosion it's getting more crowded and chaotic with all those people in smaller and smaller areas of the beach keeping the lifeguards very busy. Rather than wait until a



problem develops, they prefer to take preventative action so you're likely to see them step in before a problem occurs.

They do provide some unusual services, like helping people find their phones or lost keys. They've even free dived off the dock or the pier to find peoples' keys when they've dropped them in the water!

They enforce a "no pier jumping" rule, but the lifeguards have to do it themselves in their training so they know how to go about it, plus they will need to jump off of the pier as part of rescues near the pier. At that point DAVE N piped up and said when he was (much) younger, his surfing group used to jump off the end of the pier with their boards to go surfing, but now it's illegal (it was legal then, at least according to DAVE). LT LAGENDIJK then asked how many people in the audience had ever jumped off of the pier, and a surprising number said they had! At least it was surprising to me...

All unit operators are rated as at least Emergency Medical Technicians - EMT's – with a minimum of 500 hours of training so they can provide medical emergency care. They respond to any 911 medical call west of Pacific Ave. They described saving a surfer who hit his head on the bottom after being dumped from a wave and becoming paralyzed: they not only saved him but they did it in such a way that he was able to make a full recovery and is back to surfing.

They participate in marine animal rescues by partnering with Sea World and other wildlife organizations, saving sea lions, birds, turtles, etc. Two or three years ago they rescued over 100 sea lion pups and kept them in kennels at their HQ until Sea World picked them up. When asked about whether people should approach sea lions on the beach or the marina, they said that those are wild animals and people should stay away from them – call the lifeguards instead and they can deal with them. Besides, as several people said, sea lions can be mean and very dirty!

They operate a Junior Lifeguard program accommodating 850 students a year; they teach them swimming, about riptides, lifeguard skills, etc. and they get lots of exercise. Parents love it because the students come home wiped out at the end of the day and just go straight to bed. They also learn a lot about aquatic safety, which goes right along with the lifeguards' slogan "Waterproof Oceanside!" A lot of the kids end up getting hired by the lifeguards once they're old enough.

Lifeguards also periodically conduct Sidewalk CPR events and provide hands-only CPR training to the public. Their specialty teams provide swift water and flood rescue, and they have a scuba dive rescue team.



As a thank-you, PRES RENEE then provided children's books for the speakers to sign and give to local school libraries.

### A SAD ANNOUNCEMENT

Member CHARLES ADAMS passed away recently. His service will be held Tuesday April 9th at 12 noon at St John Missionary Baptist Church, 1524 Lemon St, Oceanside, CA 92058.

### OPPORTUNITY DRAWING



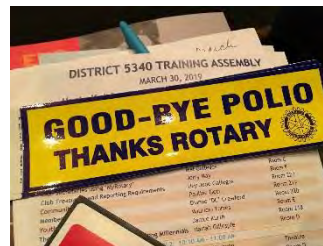
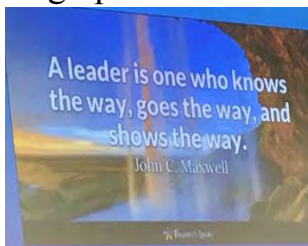
ANCHISA drew the winning ticket, much to the consternation of the other club members. (Everyone still remembers that Lucky ANCHISA won the very first mega jackpot drawing back in CHUCK WARD's year for \$1000!). But unfortunately for ANCHISA (but maybe fortunately for some lucky club member a meeting or two from now), she drew the 10 of clubs rather than the Joker, taking home just the \$10 consolation prize. Next week, only five cards will be left to draw from!!!

PRES RENEE then adjourned the meeting a few minutes late at 1:37, but she's excused because of the very interesting program which generated many questions!

## ROTARIANS OUT AND ABOUT



The Rotary District Assembly was held on Saturday, March 30 at 8:30 a.m. at USD. The District Grant Seminar was in the morning at 11:00 AM, and we needed two members to attend that session if we wish to propose a District Matching Grant for next year (which we do). Well, our club had an outstanding turnout this year! We had far more than two attendees – we had a total of nine Oceanside Rotarians in attendance: two “red-badgers”, TYLER EVANS and ROGER VANDERWERKEN, and seven other members including PE/PP TERRI HALL, MELISSA RODRIGUEZ, A.J. MAZZARELLA, PP BILL DERN, ANCHISA FARRANT, PP MIKE CURTIN, and PP DAVE HALL! Kudos to TERRI for talking up the event!



There were so many choices of breakout sessions, as you can get a glimpse of on the program lineup for the morning. And the attendees were motivated by inspirational slides and bumper stickers. In case they were making preparations to attend the 2020 Rotary International convention in Honolulu, festive and colorful Hawaiian shirts were available for purchase. And, if you were Lucky like ANCHISA, our District Governor himself MEL GALLEGOS was available for smiling selfies to document the day at District Assembly!

In case we did not believe TERRI HALL's story from Happy Dollars, here is a photo of Oceanside Rotarians DAVE and TERRI last Wednesday evening at Panama 66 Bistro in Balboa Park for "Ava and the Fried Doughnuts"!





When BILL DERN's brother John comes to town for a visit, fun things happen! Like a visit to Petco Park for the Padres opening day game as well as a friendly sibling competition on the links. Sadly, we only have a partial report on that golf outing: The match was last Friday; the location was the Admiral Baker U.S. Navy course off of Mission Gorge Road in San Diego; brother John had the low score for the day; but the score was "too bad to report."



And, for the last word in this newsletter, we feature a report from ANCHISA FARRANT of her trip to see and photograph the spring splendor that has been popping up on the hillsides of California this season. (Knowing how much she likes to take pictures of nature, you had to know that she would make this trip, right?)



*“I went to see California poppies in Lake Elsinore on Tuesday, traffic was okay. Easy to find parking!!”*

But then there was a sad part of the story that no one expected:

*“I didn’t have a chance to walk up to the top because my friend fell over and broke her ankle, I had to take her back to ER at Scripps In La Jolla right away!!!”*

## **COMING SOON TO OCEANSIDE ROTARY**

Apr 5: LARRY PERANICH, A Conservation Scientist's View on Solving Climate Change

Reporter: LOLA SHERMAN

Wednesday April 10 at 5:00 PM: Official Proclamation of Rotary Day  
Oceanside City Council Chambers

Apr 12: RHIANNON RIECKE, Pro Kids, Oceanside

Reporter: JIM SCHRODER

Apr 19: **DARK for Good Friday**

Apr 26: HOSPICE OF THE NORTH COAST, Global Partners in Care

Reporter: DAVE SHORE

Saturday Apr 27: ROTARIANS AT WORK DAY

May 3: JOHN ALLCOCK, Mindfulness in Education

Reporter: JAY CRAWFORD

May 10: DMITRY ENTIN, Uni Care

Reporter: TOM BRAULT

Tuesday May 14: *COMMUNITY SERVICE EVENT 7 PM*

Volunteers needed to fill backpacks with weekend food for students

4061 Oceanside Blvd, Suite E

May 17: **DARK No regular Friday meeting**

Saturday May 18: *COMMUNITY SERVICE EVENT*

Operation Appreciation

May 24: **DARK for Memorial Day**

May 31: DR. LEYLA ALI, A Pharmacist's Perspective on Why Drugs Don't Work

Reporter: L.J. FIMBRES