

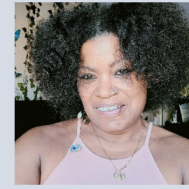


ROTARY CLUB OF
OCEANSIDE
SHORELINES

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PRESIDENT
Shor Denny

October 13, 2023

President SHOR DENNY called the meeting to order and immediately asked DAVE HALL to lead us in reciting the Rotary Four Way Test and ED PARISH to lead in saying the Pledge of Allegiance.



CLUB UPDATES; Past President and Secretary-for-life RENEE RICHARDSON told of upcoming events;



--That day after the meeting and the next, volunteering for community service at the Ivey Ranch Hoedown. She said SHOR, THOMASINA JACKSON and PAUL WENDEE were helping, for sure, and a few more Rotarians joined in this service project as well – ROGER VANDERWERKEN, DALE MAAS, NANCY RUSSIAN, and LA-RENE MALCOLM.

--Oct 20 is a board meeting at noon via Zoom

--Oct. 24 is Polio Plus Day. We've raised \$400 toward a goal of \$1,500. We can meet that goal if everyone gives \$25.

--Oct. 27 - a regular meeting at El Camino Country Club.

--Nov. 10 – Veterans Day program. Our own BOB PICKREL will be the speaker. And Saturday, Nov. 11, we have been invited to a patriotic program at Army and Navy Academy in Carlsbad.

--Nov. 17 – a board meeting on Zoom.

--Dec. 8 – holiday party at the Halls. Cost is \$35, and it WILL include dessert.

--Dec. 9 - a fund-raising opportunity to help in the Boat Ride with Santa from 11 a.m. to 3 p.m. Some Rotarians will sing Christmas carols “to make it more festive.”

At this point, President SHOR commented that she's been in Rotary four or five years and is so impressed with how Rotary has persistently and consistently taken on the fight against polio so that now there are only two countries left with it.

She also asked everyone to bear with her not feeling well because of a death in her family. She later said that a cousin had passed away after an asthma attack.

GUESTS: ED PARISH said he was “going to do it right this time” (he forgot last meeting) introducing ANNE SPERAW, a former Rotary president. Former President MIKE CURTIN introduced our speaker, ERIKA CARTER.



THOMASINA, membership chair, urged red badgers to meet the requirements for blue badges, and she asked all members to return their surveys. She said she has extras available, but not digitally. “We're going to review them sometime next month,” she said.

WELCOME SONG; SHOR asked TERRI HALL to lead.

“PRESIDENT'S THINGS”: For a couple of weeks now, SHOR said, she's wanted to make this presentation, but the recipient hasn't been at the meeting. She presented a Paul Harris +8 pin to LYN CORDER. “What a huge accomplishment,” Shor said.

“Rotary has been very important to me,” LYN said in response.

“It's been a bad year health-wise”, she said, “and I have not been here as often as I would like.” LYN said she gives \$55 a month to the Rotary Foundation and has made three of her four grandsons Paul Harris Fellows and is hoping to do so for the other one. She noted that the twins, who have visited us, have just turned 16 and are involved in school and community activities – not bad for babies who were 10 weeks early and spent nine weeks in the Neonatal Intensive Care Unit. She said her son had spent a week helping her get stuff done that she no longer can do on her own and she gave \$20.



PRESENTATION: SHOR asked Treasurer LES NEWQUIST to come up front to present a check from the Club via the Oceanside Rotary Club Foundation. LES

handed the task off to BOB PICKREL (Vice President of the club foundation) who handed the check for \$3,500 to our PABLO VALDEZ ACOSTA, executive director of Tricity Pantry in support of its efforts to provide Thanksgiving dinners to low-income families. This year, PABLO said, they hope to feed 600 families between Nov. 17 and Nov. 22. He said he could use lots of help. "It's going to be pretty hectic". He asked members to buy a T-shirt like the one he was wearing for just \$10. All the money from the sales, he said, goes right back into the pantry.



OCTOBER BIRTHDAYS: Four Rotarian faces were crammed into our "Best Birthday" cardboard frame; THOMASINA, SHOR, ED and PAUL. THOMASINA ("I'm 47 this year – reverse that"), PAUL and SHOR (60 this year and going to Cancun next week) marked their milestones with \$20 each. ED gave \$84, plus \$20 Happy Dollars.



CLUB ANNIVERSARIES – RENEE said she joined the club 34 years ago and had already donated \$34 online to Polio Plus.



HAPPY DOLLARS – (A separate collection was being taken for Polio Plus)

SHOR was \$10 sad for the cousin who passed away.

ROGER VANDERWERKEN was \$5 happy to be helping at the Ivey Ranch Hoedown and jokingly hoped he would not have to clean out horse stalls. ROGER also was \$5 happy that a Santa and mistletoe are "locked down" for the Boat Ride with Santa event from 11 a.m. to 3 p.m. (Dec. 9) and said his church choir will sing carols from 11 to 1 and he would love for Rotarians to do so from 1 to 3.



PABLO was \$5 happy that there has been good even in the midst of darkness in the world right now - "even with the hurt and pain."

ED was \$5 happy to have a representative of Vista Community Clinic be our speaker because it does such a great job in the community.





TERRI gave \$25 to Polio Plus and \$10 “happy, scared or ashamed” dollars because she needed to delete a previous reference to “older” Rotarians, because she's one, too. It turns out the “older” person she saw running a red light in front of her was our own JAY CRAWFORD. Going over to JAY, TERRI said she was giving \$10 so “don't do that again.”



THOMASINA was \$10 happy because “my friend” (JANET BLEDSOE LACY) was taking pictures again. THOMASINA had subbed for JANET at the last meeting, and said it really was difficult jumping up and down every time a photo was required.



ANNE SPERAW was \$10 happy that ED had remembered to introduce her this time.

ERNIE MASCITTI gave \$20 to Polio Plus in memory of his late niece's birthday and \$10 if someone would give him a ride home – ANCHISA FARRANT volunteered.



TOM BRAULT was \$5 happy to announce the Carlsbad Playreaders are presenting “All the Way with LBJ” Nov. 6 in the theater at the Dove Library. Showtime is 7:30 pm and the suggested donation is just \$5 to see a fine show read by top notch actors.



ANCHISA was \$4 happy that people are buying her pumpkin/succulent decorations. She said the money goes to the club. TERRI HALL and VICKIE PROSSER picked up theirs. ANCHISA said she was going to Victoria, Canada, Oct. 22-28 to see the (Butchart) gardens there.



PROGRAM: JANET introduced our speaker, first saying that when she was 18 and getting ready for college during a volatile era of Vietnam War protests, her father said he would forgive an arrest,



drugs, alcohol or pregnancy, but he better not catch her with a cigarette.

Our speaker, ERIKA CARTER, is a public-health professional specializing in tobacco control.

She gave a brief outline of Vista Community Clinic and all its services, including pediatrics, dentistry, acupuncture and chiropractic. It serves people without medical insurance, and it operates in Orange and Riverside counties – there's a new large clinic at Lake Elsinore - as well as in San Diego County.



ERIKA accompanied her talk with a Power Point slide show,

She works in the Community Health Department, which does not see patients and is 100-percent grant funded from federal and state sources and some foundations.

Her work in tobacco control is shifting to prevention, stopping addiction to nicotine.

She works with community partners to promote smoke and tobacco-free living. She especially credited the youth leadership at Vista High School.

What's happening now, ERIKA said, is a transition from traditional cigarettes to vaping.

She told about different instruments for vaping, like using what looks like a highlighter pen with a nice tip or a purple capsule with a refillable cartridge.

She spoke about reducing exposure to second-hand smoke, in apartments, for instance, and of offering support to stop smoking.

ERIKA said “smoking continues to be the No. 1 cause of preventable death” with 480,000 fatalities and \$209 billion in losses.

A national survey, she said, showed that more than 2.5 million students in middle and high schools are using e-cigarettes. - almost 85 percent of them favoring flavored varieties. There's a law banning flavors, she said, “However, the product still is on the shelves.”

ERIKA said figures for Oceanside Unified School District mimic a state survey that 8 percent of 11th graders used such a product in the previous 30 days.

Overall, ERIKA said, 10 percent of Californians use tobacco – less than in the Midwest.

Nicotine is highly addictive, she said, and the health effects of vaping include lung injury, lung and cardiovascular conditions, and chronic obstructive pulmonary disease (COPD) . It can exacerbate asthma.

She talked about marketing efforts – displaying e-cigarettes next to the candy, for instance, and she showed a map detailing more places to buy tobacco products than there are ubiquitous McDonalds and Starbucks and many are near schools and parks.

There's a need to buy a state license, and, ERIKA said, Oceanside has a tobacco retail license ordinance, as do nine other cities and county government, to make the rules stronger. Now, she said, a first offense of selling to a minor brings a 30-day suspension. A second offense causes a 90-day suspension and a third offense could take the license, which costs \$319.63.

ERIKA asked for support for stricter rules – including that establishments should not be close to each other and should be a minimum distance from a park or school. She suggested talking to friends, family and neighbors about the need, and, as for current establishments, she said “if you see something, say something.” She also asked parents and grandparents to talk to their teens about vaping.

SHOR told ERIKA that, as a “thank you” for her enlightening presentation, the club will donate a book in her name to the city library.

OPPORTUNITY DRAWING: SHOR had the winning ticket but did not extract the joker from the dwindling deck. She showed it is still there, though, and then adjourned the meeting.



ROTARIANS OUT AND ABOUT

BILL DERN went on quite a road trip in October. The key part of the plan was to meet up with his brother JOHN in Albuquerque, NM for some prime viewing of the so-called “Ring of Fire” annular solar eclipse. As you can see from the photos he sent in, this quest was successfully accomplished on a beautiful, clear, sunny day there!



While on his way to and from New Mexico, BILL scheduled some time to hang with family in Phoenix. He visited his twin sons and their families on either side of the Albuquerque adventure. Pictured here from his multiple stops in Arizona are son JASON, wife MINDEE, and granddaughter MADDIE for one visit, and son MARK, wife ROBYN, and granddaughter BROOKE for the other Phoenix stop.



Co-President Elect PAUL WENDEE and Club Secretary RENEE RICHARDSON attended the San Diego Coastal Rotary Club's Fundraiser. Pictured with PAUL and RENEE is the current President of the San Diego Coastal Rotary Club, MARIA FERNANDA.



The Harbor Cruise at Shelter Island included live music and lots of dancing! The funds the club raised will be used to help their LEAD and Interact activities.

“There and Back Again” ... The Brault’s Epic Adventure in New Zealand CHAPTER TWO

During the rare free time during the Brault’s September “Lord of the Rings” themed tour of New Zealand, we made our own adventures, visiting a Kiwi Park, taking a wheeled luge run down the Queenstown slopes (13 – *Tom is in front with the orange helmet*) and enjoying the view of the picturesque city from above (14), exploring the Maori culture at various museums, enjoying the spectacular scenery all around us (15), and bring thrilled on a jet boat ride on the Shotover river (16 – *Gerilyn and Tom in the back left*) – which actually tied in to the Lord of the Rings as well, because it was on that very section of the river that the Fellowship paddled their canoes on their journey in the first film. Oh, and TOM stopped by the war memorial arch in Queenstown which had been erected by the local Rotary club. (17)

But the true highlight of this trip was saved for the last night on the road when we visited the hobbits’ homes in the Shire on a very special night. It was the International Day of the Hobbits (Bilbo Baggins’ birthday), and, in addition to the

regular tour of the grounds to marvel at each and every hobbit hole (Here we are in front of Bag End, Bilbo's home - 18), Hobbiton held a grand celebration with tables groaning with so much food and kegs freely flowing with ales and ciders and contests and entertainment galore. The special guest for the event was the actress who had played Rosie the barmaid (and Sam's eventual wife) in the movies (19), who actually was put to work serving us pints later in the evening. What an incredible ending to such an unforgettable trip!



COMING SOON TO OCEANSIDE ROTARY

Friday, October 20th - Board Meeting at Noon via Zoom

Tuesday, October 24th - Rotary International's Polio Plus Day – Make an additional Contribution this month to help us reach our goal for giving

Friday, October 27th - Regular Meeting – El Camino Country Club – Speaker CARLY STARR BRULLO NIELS from KOCT

Friday and Saturday November 3rd and 4th – another volunteer opportunity, helping Spectrum Sports Management with their “Bike the Coast” event. (Learn more at:

<https://www.bikethecoastsd.com/volunteers>)

Friday, November 10th – Regular meeting - El Camino Country Club – Speaker BOB PICKREL, Veterans' program`

BRING IN FROZEN TURKEYS (or gift certificates) FOR BROTHER BENNO'S

Friday, December 8th – Annual Holiday Party at the home of TERRI and DAVE HALL

Saturday, December 9th – Boat Rides with Santa – Volunteer for this club fundraising opportunity

DON'T FORGET: contact ANCHISA FARRANT at 760-525-3774 to order your decorated holiday pumpkins. Prices, based on size, range from \$20 to \$30 to \$40.