
	<b>ROTARY CLUB OF OCEANSIDE</b>			
	<b>SHORELINES</b>			
<b>2024-2025</b>	<b>Tom Brault</b> Editor-in-Chief	<b>Jim Schroder</b> Photographer	<b>Roger Vanderwerken</b> Reporter	<b>CO-PRESIDENTS</b> Janet Bledsoe Lacy Paul Wendee

*September 13, 2024*

On this Friday the thirteenth, Madame Co-President JANET BLEDSOE LACY opened our gathering in a timely manner with a resounding gong. In the spirit of our four-way test, however, JANET mentioned that the gavel with which she opened our meeting was not hers; it was one that was borrowed from Co-President PAUL WENDEE. It remains to be seen if JANET still has a gavel in her possession or ... has the gavel thief struck again? (*Cue the ominous music: "Dun dun DUNNNN!"*)



BILL DERN led us in the pledge of allegiance, and TERRI HALL in the recitation of the four-way test. After the preliminaries, BILL DERN had to remind our president that her flock could be seated. JANET agreed and allowed us to sit, but then she had the sad task of informing us about the recent demise of one who is internationally known. Apparently, the Pillsbury Doughboy has passed on. His obituary follows:



*The Pillsbury Doughboy died yesterday of a yeast infection and complications from repeated pokes in the belly. He was 71. Doughboy was buried in a lightly greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Butterworth, Hungry Jack, the California Raisins, Betty Crocker, the Hostess Twinkies and Captain Crunch. The grave site was piled high with flours. Aunt Jemima delivered the eulogy and lovingly described Doughboy as a man who never knew how much he was kneaded. Doughboy rose quickly in show business, but his later life was filled with turnovers. He was not considered a very smart cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times, he still, as a crusty old man, was considered a roll model for millions. Doughboy*



*is survived by his wife, Play Dough; two children John Dough and Jane Dough; plus, they had one in the oven. He is also survived by his elderly father Pop Tart. The funeral was held at 3:50 for about 20 minutes.*

**Club Updates:** Club Secretary RENEE RICHARDSON informed us of the following:

**September 17:** a free Rotary-sponsored QPR (Question, Persuade, Refer) training event for Suicide Prevention at the Pine Avenue Community Center, Room 108, 3209 Harding Avenue in Carlsbad. 6:00-7:30 p.m.

**September 20:** Oceanside Rotary Club Board meeting. Noon.  
Via Zoom

**September 27:** Regular Club meeting at the El Camino Country Club

**September 28:** PAUL and RENEE will be participating in a project in Mexico at the Kumiai School. They will be joined by ANCHISA FARRANT, WENDY VASQUEZANZUA and her husband Mike, as well as ROY MEENES (President of Carlsbad evening club).

**October 10:** Rotary Club of Carlsbad & Mediators Beyond Borders present “Local Solutions for Lasting Peace” at the Holiday Inn in Carlsbad, 2725 Palomar Airport Road. 6:30-8:00 p.m. RSVP ... RMEENS@RMVAIL.com. NLT October 7.

**October 11:** Volunteers needed for Ivey Ranch Park Western Hoedown fundraiser event set-up. Show up following our regularly scheduled club meeting on that day.

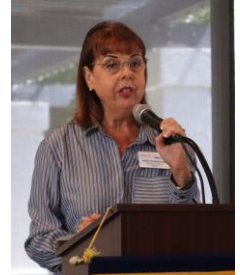
**October 12:** “Grow a Brighter Future Event” at JANET BLEDSOE LACY’s house. 2165 Grandview, Oceanside. 6-8 p.m. This is our most important fundraiser of the year. Purchase your tickets now!

**October 20:** 100 year anniversary celebration for the Escondido Rotary Club. RI President Stephanie Urchick will be the featured guest speaker.

**Visitors/Guest Rotarians:**

RENEE introduced Michael Jenkins, community liaison for the San Luis Rey Retirement Facility. Michael is interested in becoming a club member. BILL DERN led us in the welcome song.

DARREL LARSON offered some important information regarding the “Grow a Brighter Future Fundraiser.” The event is being hosted to raise money for scholarships, RYLA, LEAD, International Youth Exchange, and the MCC Foundation. The price of a ticket includes food, wine, and drinks. There will be a





50/50 drawing, a “fund the need presentation,” and a live auctioneer onsite who will auction off such things as Coomber Craft Wine tastings, golf outings, and vacation packages to places such as Napa Valley, Lake Tahoe, and Tuscany, Italy. DARREL is asking each of us to purchase tickets to attend the event and to invite others. The evening promises to be a lot of fun and will provide great benefits to Oceanside students.

**September Birthdays**

SHERRI SINGLETON – 3 September. The number “39” was thrown around, but SHERRI was only able to come up with \$1, leaving club members wondering just how happy she was about her big day.



Other September birthdays included DALE MAAS, ROBERT REINSETH and BRIAN LONG, but none of these brothers were in the house to celebrate their happiness.

With great gusto, BILL DERN and club members serenaded SHERRI with a lively rendition of “Happy Birthday.”

**September Wedding Anniversaries**

LES NEWQUIST was married on September 18, 2005, when he took the vow, “I LESLIE take thee LESLIE to be my wedded wife.” To avoid further confusion, LESLIE’s wife now goes by “Cricket.” LES was \$19 happy to remember this event, but TERRI HALL piped up that LES was being a bit cheap. TERRI brought up the fact that the two LESLIE’s had known each other 40 years earlier, and that our LESLIE had taken his LESLIE (aka Cricket) to the Junior Prom. We’ll let the two Rotarians figure that one out!



**September Club Anniversaries.**

- ERNIE MASCITTI – 24 years
- WILLIAM BIRNIE – 6 years
- PAUL WENDEE – 6 years
- THOMASINA JACKSON – 2 years
- BRAD FISHER – 2 years



Of the above, only PAUL was in attendance, and RENEE had to remind our co-president as to how many years he had actually been a member.

## Happy Dollars



JAY CRAWFORD -- \$15 happy for a wonderful Alaska cruise



BILL DERN -- \$25 happy for being invited by TOM BRAULT to see “8 Track: Songs of the 70’s” presentation at New Village Arts. (TOM’s daughter Gerilyn was the director of the show.) BILL wanted his \$25 happy dollars to go towards the next Paul Harris Foundation award level for TOM.

VICKIE PROSSER -- \$10 for her daughter’s trip to Morocco. Co-President JANET mentioned that she had been to Morocco in 1963 and was even wearing a bracelet from that trip at today’s meeting.



ROGER VANDERWERKEN -- \$300 happy for a wonderful visit to the family farm in upstate New York and his 50<sup>th</sup> High School Reunion at Schoharie Central School. ROGER wanted his money to go for tickets to the “Grow a Brighter Future” fundraiser.



DAN WILSON -- \$5 happy for the Oceanside Rotary Foundation’s gift of \$3000 to MiraCosta College. This was matched by another grant of \$3000 and was part of a \$20,000 resilience fundraiser to help needy students with financial emergencies. DAN was also \$10 happy to announce the kick-off of the Interact Club at Oceanside High School. 15 High Schoolers are involved.

TERRI HALL -- \$5 happy to have inherited her granddaughter’s pet birds.

BILL DERN -- \$5 happy to thank DAN WILSON for all of his hard work in re-establishing the Interact Club at Oceanside High School

PAUL WENDEE -- \$5 happy for the work of Rosie the Riveter.





## Today's Program:



SHERRI SINGLETON, the owner of “Senior Care Connections,” presented a very informative program on the improvements made in recent years to Senior Living options. SHERRI had been in the hotel business for 30 years, but then the Covid pandemic sent her into this new direction. Things have significantly changed in the past 20 years. SHERRI asked if we were familiar with the term “Silver Tsunami.” Today’s editor pleaded ignorance until he realized that he was part of it. 10,000 people turn 65 in the United States every day. In the 20-year period from 2010-2030 it is expected that the 65+ crowd in the U.S. will double to 71 million people. The 85+ crowd is expected to rise from 6.5 million now to 12 million by 2040.

Most people hope to stay in their homes during their golden years, but that doesn’t always work out. Home modifications, medical alert systems, smart home technology, and health care support prices are often more expensive than some of the available Senior Care options. Loneliness can also be a problem connected with the effort to stay in one’s home. (SHERRI suggested that being alone all of the time is the equivalent of smoking 15 cigarettes per day.) 20 years ago, we spoke of “Nursing Homes,” a concept that conjured up very negative images in the minds of many. Today, however, the options are manifold. The equivalent of the “nursing home” of 20 years ago would be today’s “skilled nursing facility,” a place where 24/7 medical care is required. But for those not needing such care there are many other options: i.e. wellness and social models that have resort-style amenities and restaurant-style dining with full-time professional chefs. Some of the choices out there include:

- 1) 55 plus communities such as Ocean Hills or Oceana where no care is needed
- 2) Independent living communities. These places are like resorts, with the rent required monthly. Emergency support is available if needed.
- 3) Assisted Living facilities – one can live independently in such facilities until such time assistance is needed.
- 4) Memory Care – a place for those with declining cognitive issues such as dementia or Alzheimer’s. Studies show that the rate of decline decreases significantly for those enrolled in Memory Care.
- 5) Residential Care Home – these are single-family homes that take up to six residents.

- 6) Life Plan Communities are for the wealthy and tend to have very long waiting lists. \$500,000 to get in, plus monthly rents. (La Costa Glen, Carlsbad by the Sea, etc.)

Costs for most Care facilities range anywhere from \$3500-\$12,000 per month.

Thanks, SHERRI, for a very wonderful and informative program!



Opportunity Drawing was won by ROGER VANDERWERKEN – that darned gambling preacher. Before he attempted to pull the Joker, BILL DERN commented that there should not be any Divine Intervention involved. Alas, Providence was not favorable, and ROGER pulled the 5 of diamonds and went home with a mere \$10.



At precisely 1:30 p.m., Co-President JANET adjourned the meeting with another resounding gong on the ship's bell.

### RENEE'S REPORT ON VISIT TO MEXICO PROJECT

*On Saturday, September 14th your Co-President PAUL and Secretary RENEE attended an English Teaching Lab in Tijuana, Mexico. We crossed the Border at 7:30 AM and attended an in-person advanced English Class. This Lab has existed for 25 years and is primarily staffed by the La Jolla Rotary Club. They are looking for more Rotarians to join in the teaching schedule rotation.*

*It was amazing that the students had been given a homework assignment on Vincent van Gogh. The students described in English their thoughts about his life and paintings.*

*PAUL and RENEE then went on a whirlwind tour of TJ in a Mercedes including a lunch stop and a shopping trip to a traditional Mexican market in the middle of the city celebrating their Independence Day. All very normal events for our hosts.*

*The evening concluded with an Independence Day Evening filled with food, non-stop entertainment, and Rotary Fellowship. The Rotaract Club*

*sponsored by the Tijuana Rotary Club put on the entire event! These young people know how to host a party!*

*Your club secretary graciously left the party at 10:30 PM. Your Co-President PAUL closed the party out at 2:00 AM. Our host remarked that PAUL talked and talked to every young person until the wee hours of the morning!*

*A very awarding experience!*



## COMING SOON TO OCEANSIDE ROTARY

Friday, September 20<sup>th</sup> – Board Meeting via Zoom

Friday, September 27<sup>th</sup> - Regular Meeting – Speaker TERRI HALL

Saturday, September 28<sup>th</sup> - Bus trip to Mexico for Service Project at Kumiai School followed by Wine tasting and lunch. Contact RENEE for info.

Thursday, October 10<sup>th</sup> – “Local Solutions for Lasting Peace” at the Holiday Inn in Carlsbad, 2725 Palomar Airport Road. 6:30-8:00 p.m. (Presented by Rotary Club of Carlsbad & Mediators Beyond Borders)

Friday, October 11<sup>th</sup> – Regular Meeting – Speaker FERNANDA TORRES (District 5340 Group Study Exchange Director)

Friday, October 11<sup>th</sup> – After our meeting - Volunteer to help set up the Western Hoedown event at Ivey Ranch Park

Saturday, October 12<sup>th</sup> – “Grow a Brighter Future” Fundraiser at JANET BLEDSOE LACY’s house. 2165 Grandview, Oceanside. 6-8 p.m. – **Buy your tickets now!!!**

Sunday, October 20<sup>th</sup> - 100-year anniversary celebration for the Escondido Rotary Club. RI President Stephanie Urchick will be the guest speaker.

**GROW**  
**A Brighter Future Event**

Come be a part of a vision filled evening that will directly impact the lives of students in Oceanside

**Tickets \$60**

Scan for Tickets

Vacation Packages

Food, Wine and Drinks

Live Auction

**Rotary**  
Oceanside CA  
RotaryRenee@cox.net  
<https://www.oceansidecarotary.com>

For Tickets: <https://www.eventbrite.com/e/grow-a-brighter-future-tickets-945168784277?aff=oddtcreator>

**OCTOBER 12TH**  
**6PM TO 8PM**  
2165 Grandview  
Oceanside, CA 92054

**OCEANSIDE PIRATES**

**EC**