

September 29, 2023

There were some nostalgic Rotarians at this day's luncheon meeting. The country club culinary crew had provided us a real "throwback" meal which had several members thinking back to their mom's (or in some cases, their grandma's) cooking. Here is what the buffet held for us: green salad, sauteed green beans with almonds, bacon wrapped meatloaf, roasted turkey, garlic mashed potatoes, and two types of gravy. A memorable and tasty spread!

When 12:30 pm arrived, our prodigal President SHOR DENNY announced her eager return to our podium with a super loud clang of the bell. She excitedly pounced on the microphone to greet us -"Good afternoon, you guys! Does anybody know what time it is??" ... Various answers were heard around the room: "12:30?" ... "Tool Time!!" ... and "Howdy Doody Time?" SHOR gave us her version of the correct answer: "It's time for Oceanside Rotary, and I'm really glad to be back with my 'family'!"





To formally kick off the meeting, she then called up the other SHOR(e) in the club to lead us in reciting the Four Way Test. DAVE SHORE recalled how, when he first heard it announced that SHOR was to be our leader it gave him a little start because, "I thought that I had been elected President because I didn't show up!" (You may

laugh, but hey -- It could happen!) The Pledge was led by MIKE CURTIN.

Called up to cover our CLUB UPDATES was RENEE RICHARDSON who, noting the somewhat rowdy crowd, muttered, "I may have to use my 'Mom voice'" and then read efficiently through a rather long list of things coming up:

Pumpkin season is coming up! If you would like to reserve / commission / purchase a decorated gourd from our resident Green



Thumb ANCHISA FARRANT, call her at 760-525-3774. Prices, based on size, range from \$20 to \$30 to \$40 and all of the funds goes right to our club.

- Friday, October 13<sup>th</sup> Regular Meeting El Camino Country Club Speaker KRIKA CARTER, Community Health
- Friday and Saturday October 13<sup>th</sup> and 14<sup>th</sup> Service Project Ivey Ranch Volunteering to help at their "Hoedown" fundraising event
- Friday and Saturday November 3<sup>rd</sup> and 4<sup>th</sup> another volunteer opportunity, helping Spectrum Sports Management with their "Bike the Coast" event. RENEE told us how LESLY ADAMS has already signed up for a 5:30 to 8:30 am shift. "WHY??" …"Because someone has to do it!" Apparently if we get enough folks to volunteer, we could earn \$10 per person for the club. (Learn more at: <u>https://www.bikethecoastsd.com/volunteers</u>)

Friday, October 20<sup>th</sup> Board Meeting at Noon via Zoom

- **Tuesday, October 24<sup>th</sup>** Rotary International's Polio Plus Day Make an additional Contribution this month to help us reach our goal for giving
- Friday, October 27<sup>th</sup> Regular Meeting El Camino Country Club Speaker CARLY STARR BRULLO NIELS from KOCT
- Also in November, we will be doing our regular "turkey thing" for Brother Benno's. so Yeah ... There's a lot going on

# VISITORS AND GUESTS

Our Membership Chair THOMASINA JACKSON bounced up to the front to handle the introductions (after having had to bounce up and down throughout the meeting in her role as Acting Photographer, too). We met DANA ALBERT again – a member of San Marcos Rotary who has already visited us a few times before. "I live down the street, so I'm checking you out." ANNE SPERAW had to introduce herself because her partner ED PARISH had stepped out of the room for a bit. To the surprise of no one, we also had RUDY VAN HUNNICK as a visitor. And from Lifeline Community Services (our presentation later), at the front table sat DON STUMP and NICOLE MARQUEL. SHOR waited until TOM BRAULT took a big bite of his lunch and then asked if he would lead us in the welcome song.



THOMASINA JACKSON came forward to talk about "Membership, membership, membership" A survey had been passed out at a previous meeting and only a few have been turned in. Please return the surveys at the next meeting and please be on the lookout for a digital one which DAN WILSON is working on.

## Some **President's Stuff** from President SHOR:

LYN CORDER has qualified for the "What is his name?" pin...The members giggled when they realized our President was referring to the Paul Harris pin.

JAY CRAWFORD received his third Paul Harris pin (a.k.a. "Paul Harris, plus 2"). Asked to make a few remarks, JAY said, "It's good to be a Rotarian since 1982...It's a way of life for me." Remember if you're a new member, after you donate your first \$500 to the R.I. Foundation, the club will match that amount and you'll get your first Paul Harris





recognition!

We have a lot of people doing a lot of stuff in the community and we want to recognize that. As a shining example, DAN WILSON was recognized by SHOR for all his help chairing our Youth Committee.

Our newest member KEDRICK SADLER,

Oceanside's Chief of Police, was given his red badge and membership folder and a warm, standing ovation welcome to the Oceanside Rotary. KEDRICK thanked the club and told us he is all about the community and one of his priorities is to build good relationships with the community. When asked by our President "How happy are you to become an Oceanside



Rotarian?" his answer was "\$100 dollars happy." An appreciatively impressed "WHOA!" was heard from the crowd, but as Chief SADLER was returning to his seat, TOM BRAULT hinted that "\$100 is a normal contribution."

## **Birthdays and Anniversaries:**

None of the birthday members were present, but it was President SHOR DENNY's two-year club anniversary and she was \$50 happy!

# **Happy Dollars**

TINA ORTIZ was \$20 happy to be starting a new job. A couple of meetings ago, the club presented the MiraCosta College Foundation with a \$2,500 check for their student resiliency fund...That same



morning, TINA accepted a position as a Development Specialist for the MiraCosta Foundation!

ED PARISH was \$5 happy and delighted to have the Chief as a new member.

TOM BRAULT was gone almost the entire month of September as he, his wife, and his daughter flew to New Zealand for a special tour from Queenstown in the south to Auckland in the north, tracing the paths of the "Lord of the Rings". They ate and drank at the inn the hobbits were in and were served a pint by the woman who played the barmaid in the first movie. They found the very spot the dwarves got into the mountain. TOM wanted to commemorate this trip with a regular contribution to the Rotary International Foundation of \$25.





DAN WILSON was \$10 happy for five kids going to LEAD in a couple weeks and also reported that we had a RYLA student from last year approach her teacher expressing interest in a forming a Rotaract Club.

Our speaker DON STUMP was \$16 happy to be retiring from North County Lifeline after 16 years.

ANNE SPERAW took the opportunity to be \$5 happy and to remind her partner ED PARISH that she had to introduce herself earlier in the meeting.

Visiting Rotarian DANA ALBERT was \$10 happy because two of the five kids going to LEAD this year are his daughters...14 year old twins!

DAVID SHORE was \$10 happy for our new member Chief KEDRICK and to confirm that "I still won't get a ticket if I'm in the middle of an intersection and the light turns red now, right?...."





TOM remembered one more exciting thing that happened on the hobbit trail...They were on the field were the climactic battle happened in the Lord of the Rings movie "Return of the King" where his daughter GERILYN used an actual spear used by an orc, gleefully goring TOM. (*SEE "Out and About" for visual proof.*)

ANCHISA FARRANT was \$5 happy to welcome our new member Chief KEDRICK SADLER.

RUDY VAN HUNNICK was \$100 dollars happy to let our new member Chief KEDRICK know that RUDY famously drives a blue Hummer around town, just in case it ends up parked where it shouldn't be. (Some might think that this comment itself was yet another possible infraction - for attempted bribery.)

THOMASINA JACKSON had \$5 unhappy dollars because she didn't realize how hard it was to be the club photographer, constantly popping up and down all meeting long!

# **TODAY'S PROGRAM**

President SHOR introduced our speaker DON STUMP, CEO of North County Lifeline...

DON has more than 30 years of experience working with nonprofit organizations which serve youth and families in San Diego County. He holds a Bachelors in psychology and anthropology from Texas Tech University and a Masters in counseling psychology from Boston

College as well as a postgraduate degree in chemical dependency treatment from Boston University.

Since joining Lifeline Community Services as Executive Director in 2007, DON's accomplishments have included strategy development, community engagement, collaborative leadership, rebranding, and diversifying sources of support to the organization. Under his tenure he has doubled Lifeline's annual budget and expanded services to include transitional housing for former foster youth and critical outreach and comprehensive intervention for victims of human trafficking. He has served as the president of North County's regional collaborative, the Alliance for Regional Solutions, and now chairs the affiliated North County CEO Alliance. Since its inception, DON has been co-chair of the north region's Live Well San Diego Leadership Team. In addition, DON staffs and supports regional





leadership for gang intervention and collective impact projects across North County.

Prior to his appointment with Lifeline, DON worked with the Preuss School UCSD and with San Diego Youth Services as Associate Executive Director. He worked previously as the Project Director for SAY San Diego's Mid City Family Resource Center, and as Prevention Manager for Alcohol and Drug Services with the County of San Diego.

DON is a graduate of Stanford University's Executive Program in Nonprofit Leadership, LEAD San Diego, CSU San Marcos - Leadership North County, and the Fieldstone Foundation's Executive Leadership Program. Additionally, DON serves as the Chair of the Board of Directors for North County Health Services, a growing community clinic in the region. He continues to serve as an advisor at the University of San Diego in the Nonprofit Management and Leadership Program and Governance Institute.

Significant acknowledgements include the Aleshire Leadership Award which recognizes an outstanding regional leader in North San Diego County; the Spirit of Carol Sigelman Award recognizing civic engagement and philanthropy in the North County; and the 2018 "Uniter Of the Year Award" for UNITE North County Coastal. Additionally, for the last three years, DON has been recognized by the San Diego Business Journal as one of the San Diego's 500 most influential business leaders.

Lifeline's mission is to build self-reliance among youth, adults, and families through high-quality, community-based services and that whole concept of self-reliance.

As an organization they have three core values...

- 1. Prevention and early intervention
- 2. Collaboration
- 3. Clinical quality

DON is always looking at how far upstream on this problem they can possibly get. They know with kids, it's easier to turn them more quickly than adults who might be more entrenched.

Quick nuggets...They have a staff of about 160 people and about 150 volunteers, served about 28,000 people last year with their reach, changed name from North County Lifeline to their DBA, Lifeline Community Services because they have

begun expanding their reach throughout all of San Diego County. They have about 25 government grants that make up about 75% of their funding out of \$16 million.

There are five program areas...

- 1. Youth Development
  - a. Lifeline's Youth Development programs meet the needs of youth and their families on a continuum of services that keep at-risk youth on the right track and help delinquent youth break the cycle of poverty and violence. Lifeline provides prevention and intervention services that include mental and behavioral health programs and youth support groups that focus on healthy and safe lifestyles.
- 2. Child Abuse and Domestic Violence & Intervention
  - a. Families can find a better way to manage anger and violent behavior, learn more effective parenting and improve relationship skills through intensive services. When it is best for all, the goal is for families to reunify. Last year, Lifeline Community Services served 700 children through therapeutic home visits, parenting class sessions, and group interventions.
- 3. Behavioral Health
  - a. Lifeline's Behavioral Health programs work with youth and adults who are struggling with mental health issues, emotional trauma, substance abuse, and thoughts of suicide. Individuals who come to Lifeline for help are often diagnosed with anxiety, depression, attention-deficit/hyperactivity disorder, oppositional disorder, eating disorders, and autism. Lifeline's Behavioral Health programs include: HERE Now - Teen Suicide Prevention program, TrueLife Recovery: North Coastal Teen Recovery Center, VIVA Counseling, Neighborhood Networks, and Connections Community Counseling.
- 4. Housing & Self Sufficiency
  - a. Lifeline builds solutions for youth and families in poverty by partnering with schools, foundations, coalitions, and businesses. Programs provide the support that youth and families need to overcome poverty, homelessness, and trauma. With support, clients develop the skills necessary to achieve self-reliance. The Communities in Action program is designed to help individuals and families toward stability by providing them with essential tools to promote financial wellness and self-sufficiency. The LifeSpring

program helps transition aged foster youth bridge the gap between foster care and independence so that they can become successful, independent adults.

- 5. Human Trafficking Prevention & Intervention
  - a. San Diego is one of the 13 highest sex trafficking areas in the United States, according to the FBI, and the number of trafficking victims in San Diego continues to increase every year. Human trafficking is a modern form of slavery. It involves controlling a person through force, fraud, or coercion to exploit the victim for forced labor, commercial sex, or both. Trafficking victims can be male and female, youth and adults, citizens and non-citizens. More than 85% of Lifeline's sex and labor trafficking victims are domestic clients. The core mission of Lifeline's human trafficking prevention and intervention program, Project LIFE (Living In Freedom from Exploitation) is to support human trafficking victims on their path to recovery and self-reliance.

DON's presentation was followed by a spirited "Q&A" and "Way to Go" comments of appreciation from the members. PRES SHOR presented the NC Lifeline reps with many bags of hygiene items for the homeless, part of the project PRES SHOR started several meetings ago.



#### **OPPORTUNITY DRAWING**



To close our meeting, DAVE HALL walked up with the lucky ticket for the opportunity drawing, but in the spirit of the 4 Way Test, he confessed that the chance at the jackpot should actually go to SHOR, since she had accidentally picked up DAVE's tickets. How noble of him to admit this! SHOR drew a card from the stack of just 15 left in the deck, but apparently was



not happy that she didn't win, as she hit the bell with the force of Thor to end the meeting.

#### **ROTARIANS OUT AND ABOUT**

First up: "There and Back Again" ... The Brault's Epic Adventure in New Zealand (So Epic that it will be split into two parts)

#### CHAPTER ONE:

"From September 7 - 25, the TOM BRAULT family took a deep dive in the realm of fantasy, tracing the paths of the hobbits, elves, and dwarfs in "The Lord of the *Rings" all over New Zealand on a specialized guided excursion by Red Carpet* Tours. This company has relationships with farmers all around the astoundingly scenic country and is permitted access to filming locations which the general public is generally not allowed to visit. Once at these key sites, we (and 33 other devoted Tolkien nerds on this tour of a lifetime) would reenact scenes from the movies – like the hobbits getting off the road to hide from the Ringwraith (01), hiking the trails of the dwarfs in Trollshaw Forest (02), sword battles in the rain (03), slaying orcs (04), Wizard TOM meeting up with the Fellowship (05), climbing up to the top of the mount (06) where the Rohan kingdom at Edoras was filmed and staking our claim to the peak there (07), and taking up arms on the Pellenor Fields, the site of the trilogy's climactic battle, with GERILYN (as Eowyn) slaying TOM (as the Witch King of Angmar) (08) and then later GERILYN goring her dad with an actual spear used by an orc in "The Return of the King." (09) Methinks she was enjoying this a bit too much!

Special behind the scenes experiences had us encountering a troll at the Weta Cave (10) and some dwarfs at Weta Workshop (11), where we learned so much about the technical wizardry behind the creation of props and costumes and prosthetics and weapons and miniatures – many of which we got to hold and inspect up close. We met Daniel Reeves, the official calligrapher for all of the LOTR projects. He signed some of his original art which we purchased as treasured keepsakes, and we held one of his original maps of the Lonely Mountain (12)" TO BE CONTINUED IN THE NEXT SHORELINES...



EVEN MORE FROM THAT PART OF THE WORLD...

TOM's Happy Dollars report on New Zealand reminded TINA ORTIZ that she hadn't yet submitted photos from her Women's soccer-focused trip to New Zealand and Australia with her daughter BRIANNA

"Here are a few pictures from our trip.

1. Reason for our trip...Women's World Cup - 1 of 3 games we attended! Australia vs England Semi-final...we were Australians for the day!

- 2. Maori Cultural Performance at the Auckland Museum
- 3. Dancing on the black sands of Piha Beach outside of Auckland with Lion Rock behind me!
- 4. Climbing the Sydney Harbour Bridge!
- 5. *Met the legend Billie Jean King at the Sydney airport!*
- 6. Always the Rotarian...had to stop and drop in a donation at the Sydney airport Rotary box!"



From NANCY RUSSIAN, from another part of the other side of the world:

"We were blessed with "luck" as we actually witnessed Mt Fuji! They say it requires great timing, great weather, and lots of luck, and we got it. In fact, we were noticed by the tour guide the night before that they expected rain and bad weather the next morning and gave us the opportunity to cancel our private tour ~ no way! We awoke to a perfect day and when we arrived to the 4th station observation platform it was cold and cloudy, but as we started up to the 5th platform the clouds opened up and the driver pulled off the road for us to behold a picture perfect Mt Fuji! Within 5 minutes the clouds were covering it up again!

And the absolute perfect finale to our trip, dinner reservations made by our friend from England at none other than 3 Michelin Star JOEL ROBUCHON's Michelin 3 star Tokyo restaurant at Yebisu Garden Place.

Our friend Susan Battersby is a published author and world traveler. She wrote the book "Around the World in 50 Sites." She and her husband Richard called us two

years ago and invited us on this Bering Strait cruise to Japan. For two years we've been planning and anticipating this. So sadly, Richard became I'll and passed away 4 months ago. We insisted she should still come and we would make sure we all stayed together and we did!

They made us this surprise decadence and presented it to me at the end of dinner. This was followed by the cheese trolly, the desert trolly, then the sweets trolly. Insane number of courses!"



And here is a report from VICKIE PROSSER about a visitor who came right here to town:

"A few months ago, Kathy Corcoran from the Rotary Club of Zelienople PA visited our club. Her daughter is now living in Oceanside and was expecting her first baby. Well, little Patrick (aka Pax) was born the end of August and Kathy was back in town to see the baby. She wanted to visit our club, but she and her husband arrived on a Friday and then left on a Friday - precluding her



attendance! So I toured Kathy around Oceanside and we had a delightful lunch at 333! She looks forward to visiting our club again when she is back in town."

### COMING SOON TO OCEANSIDE ROTARY

Friday, October 13<sup>th</sup> - Regular Meeting – El Camino Country Club – Speaker KRIKA CARTER, Community Health

Friday and Saturday October 13<sup>th</sup> and 14<sup>th</sup> – Service Project – Ivey Ranch – Volunteer to help at their "Hoedown" fundraising event

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- Friday, November 10<sup>th</sup> Regular meeting El Camino Country Club Speaker BOB PICKREL, Veterans' program`

BRING IN FROZEN TURKEYS (or gift certificates) FOR BROTHER BENNO'S Friday, December 8<sup>th</sup> – Annual Holiday Party at the home of TERRI and DAVE HALL

Saturday, December 9<sup>th</sup> – Boat Rides with Santa – Volunteer for this club fundraising opportunity

DON'T FORGET to contact ANCHISA FARRANT at 760-525-3774 to order your decorated holiday pumpkins. Prices, based on size, range from \$20 to \$30 to \$40.