



# ROTARY CLUB of La Jolla

## ***BITS of News***

02.09.24

**Coming Tuesday, February 13th,  
Rev. Dr. Mark Hargreaves on  
The Architecture of Irving Gill and his  
design of 14 local San Diego Churches.**



**Rev. Dr. Mark Hargreaves** is a third-generation priest of the Church of England. He serves as Rector of **St. James by-the-Sea Episcopal Church** in La Jolla. He came to Southern California in January 2016 after serving at churches in London for 25 years, most recently at London's St. Peter's Notting Hill. Mark studied Theology at Oriel College, Oxford, and has a Ph.D. from Robinson College, Cambridge. He also gained a Master of Arts in Christianity & the Arts from the National Gallery and King's College, London.

**Rev. Hargreaves** has a keen interest in the role the arts have played in religious expression, and recently has studied church architecture. Mark is the author of "**The Sacred Architecture of Irving Gill**," which examines 14 Southern California churches Gill designed.

**Please RSVP to Natasha Vossen's email re:  
our next luncheon at the La Valencia on  
February 13th:  
[nataschavossen@san.rr.com](mailto:nataschavossen@san.rr.com)**

## **Highlights From Last Week's Meeting**



With a change in venue, President Brown opened our meeting at the very red Living Room restaurant and gave the following inspiration.

*"Not everybody can be famous. But everybody can be great because greatness is determined by service. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You don't have to know about Plato or Aristotle to serve. You don't have to know Einstein's theory of relativity to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace and a soul generated by love." - Martin Luther King, Jr.*

Because of the absence of the American flag at the restaurant, the Pledge of Allegiance was waived for this meeting.

**Happy Bucks \$\$\$ Contractor Pat Schroeder** donated **\$20.00** to celebrate receiving the Final Inspection sign off on his ADU construction. The construction took 4 months, but the city bureaucracy permit review made the total a staggering 26 months.



## Announcement

**Mark your calendars: Good times are coming!**

**Barbara Brown** announced **Our Annual Rotary Fundraiser** will be on June 12<sup>th</sup>, when Grammy Award winning **Alison Brown** and her band will play at **The Conrad Prebys Performing Arts Center**. More on this exciting event to follow.



## Last Week's Guest Speaker, Dr. Mark Barry on his Global Surgical Grant Project in Sub Saharan Africa



**Anya Singleton**, our International Director, introduced **Dr. Mark Barry**, telling us of his background, training and experience in **Orthopedic Pediatrics** and his passion to expand Orthopedic Care to the children of third world sub-Saharan Africa by “Training the Trainers”.

Dr. Mark Barry and his patients



**Dr. Barry**, a proud Rotarian and member of **The Rotary club of Del Mar**, spoke about the efforts of the non-profit he founded in 2014, **Children's Orthopedics Education for Developing Nations (COEDN)** which is currently the subject of an international grant sponsored by the Rotary Club of Del Mar. (ed.note: last fall we contributed \$5,000 to that grant.)



In the past, typical approaches to addressing the orthopedic surgery needs of low-income countries would involve: (i) Large teams of surgeons that provide service in the country for 1-2 sessions/year; (ii) Sending the country's best clinicians to train in other countries, where they often remain; and (iii) MDs from high-income countries practice in the low-income country for several years.

The mission of **COEDN** was different. It sought to implement “**train the trainers**” programs in developing nations in Africa so that they themselves can train and maintain sufficient numbers of orthopedic surgeons.

The program was developed with and is accredited through the **College of Surgeons of East, Central and Southern Africa (COSECSA)**. Fellows undergo a structured 18-month curriculum and full-time surgical training after which they must pass written and oral exams. With success they are accredited as a “**Fellow of the College of Surgeons of East, Central and Southern Africa: FCS ECSA**.”

The first area of focus for **COEDN** was Tanzania, a country with over 55 million people that had no active orthopedic surgeons who specialized in pediatric patients even though half the population was under 17 years old. The program engaged Vocational Training Teams (VTT), which committed to at least 4 weeks onsite. These VTTs were comprised of recently retired volunteer pediatric orthopedic surgeons from North America and Europe who had experience not only in surgery, but also in training clinicians in surgical and leadership skills. Training took place at the Muhimbili Orthopedic Institute (MOI) in Dar El Salaam that serves as a national referral/training hospital. The goal was to train at least 2-3 fellows annually who come from countries in East, Central and Southern Africa. The program offered advantages in that the fellows train (and stay) in-country and can be the lead surgeons on all cases, rather than simply observers. That goal was

achieved in 2019, with 3 fully trained and accredited surgeons. Today those 3 Pediatric Orthopedists are now training 4 more for accreditation. In 2019, the COEDN program moved on to Entebbe, Uganda. It had to be suspended during Covid, but now is a current training site. In January of this year, COEDN also commenced training in Kigali, Rwanda.

Dr. Barry showed several examples of the difference COEDN-trained fellows can make. Children with untreated clubfeet who after surgical care were able to walk on their soles, rather than the sides of their feet or their toes. They have also treated children whose joints were destroyed by infection, and scoliosis cases that had up to  $86^{\circ}$  (nearly a right angle) curvature in the spine that compromised not only walking but also breathing, as well as children with extremely bowed legs.



The Rotary Club of Del Mar Global Grant pays for the expenses of visiting surgeons' such as their airfare and lodgings while in Africa and assists in support to the local doctors being trained. (*ed. note:* Dr. Barry pays all his own expenses associated with COEDN, receiving no monies from the grant)

In the future, Dr. Barry wishes to continue to move from country to country to help expand the training of surgeons in sub-Saharan Africa. Over the last few years, he has investigated opportunities in Malawi, Mombasa, Mozambique and others.

He stated, “My training model is exportable to other specialties due to the large numbers of recently retired surgeons (or mid-career surgeons on sabbatical) who can give a meaningful 3-6 weeks of their time to come to train the locally chosen best trainees. I wish to explore future opportunities with the support of my foundation and Rotary in the future”.



**Get ready! In two weeks, (FEB 20) a change of place and pace: Our monthly evening Club social will take place at the YMCA Village Firehouse.**



