# ROTARY CLUB of La Jolla BITS of News



06.06.24

# Coming next Tuesday, June 11<sup>th</sup> "Here for Good, 100 years of Caring"

As **Scripps Health** approaches its 100<sup>th</sup> year of caring in the community, **Julie Mathew and Nora Allen** will share the projects and plans that are in place for the entire system, the current challenges healthcare is faced along with a specific focus on Scripps La Jolla's masterplan.

Julie Mathew has been working at Scripps since 2016 and serves as the



Senior Director of Development. Julie oversees all fundraising strategies for Scripps Clinics, Scripps Green Hospital, and Scripps La Jolla. She is a graduate of New York University where she earned a master's in public administration with a focus on healthcare finance.

Nora Allen is the newest member of the Scripps Health Foundation

team bringing 17 years of experience to the La Jolla Campus. After obtaining her business degree at the University of Redlands, where Rotary inspired her career path in nonprofit, she began her career in San Diego in 2007. Nora has led philanthropic efforts at multiple nonprofits in San Diego County and has specialized in healthcare philanthropy for the past 13 years.



# Important, Please RSVP to Natasha Vossen's email for the Kiwanis Joint Luncheon by June 11th, <a href="mailto:nataschavossen@san.rr.com">nataschavossen@san.rr.com</a>

#### **Last Week's Meeting Highlights**



President Barbara Brown opened the Meeting.



## Lance Bridges chose as the day's Inspiration, a letter from one of our Continuing College Scholarship Recipients

Following the reading, Lance led the club in the Pledge of Allegiance.

The student wrote,

"Thank you for investing in my educational and personal goals for the past three years. I do not take you

generosity lightly... Since I last wrote ... I have embarked on a couple of incredibly inspiring educational adventures. The first was a month-long wilderness EMT program outside of Lander, Wyoming. And the second was a semester-long research program on the remote island of Mo'orea, French Polynesia.

The Wilderness EMT program was run through the National Outdoor Leadership School, or NOLS There, I learned the necessary skills to be the medical lead on Backcountry expeditions, whether that be backcountry skiing, mountain biking, backpacking or any other type of remote adventure. I also had the chance to work shifts in the Lander Emergency Department, where I engaged with the physicians and performed basic medical treatment on some of the patients. At the end of the summer, I earned my Emergency Medical Technician License and plan on working as an EMT in San Diego this upcoming summer.

After my EMT certification was complete, I was off to Mo'rea French Polynesia where I pursued a semester-long independent research project. I executed a project on how climate change is affection the marine sponge Haliciona, an organism that produces chemicals highly utilized in mainstream cancer therapies. My research was quite fulfilling, and I am extremely thankful to my patient professors who helped me through the process of writing a true scientific paper.

After my return in December, I have been back up in Berkeley taking courses in biochemistry, ethics of medicine and a few others. I have also been raising money for the Kesem Club at Berkeley, which is a club on campus that supports the children of people who have been diagnosed with cancer. We run a free camp in the summer for these kids to give them a space to play and enjoy their childhood. I am looking forward to being a counselor there at the camp this upcoming summer.

Additionally, I have been volunteering as an EMT at different campus events and doing weekly EMT Training with the Berkeley Medical Reserve Corp. This semester I also resumed working in the Niyogi Lab under a postdoc on diatom research....

With all that said, none of it could be possible without the Rotary Club of La Jolla's support. Thank you for your tremendous backing of my academic career and for allowing me to take advantage of numerous opportunities.

Sincerely, T E, Riford Scholar, UC Berkeley- Junior<sup>1</sup>.

https://docs.google.com/document/d/1oN4kiwyBRgEot 4za6EQty-d-XNr8XnjH73qyjwATZ8/edit?usp=sharing.

It should be noted all 32 applicants contained therein received scholarships from, \$1,000 to \$15,000. They all had a minimum of 3.5 GPA.

<sup>&</sup>lt;sup>1</sup> The full letter and those of other College Scholars who applied for Reapplication Scholarships may be found at

#### **Rotary Guests:**

**Margery Coburn** introduced her guest and neighbor: Said Dawlabani



Lance Bridges and Natascha Vossen passed the mike to allow for the introduction of the eleven High School Rotary and Riford Scholarship winners as well as their family members who were in attendance. For a total of 21 attendees. The Scholars were:

**La Jolla High School** students - Arin Berger, Eden Choi-Fitzpatrick, Elena Tyvoll, Hannah Davidson, and Skye Velez

The Bishop's School student - Mia Bravo

La Jolla Country Day School students - Devan Mehrish and Christina Doupsas

Preuss School students - Lia Le and Vy Thai



#### **Announcements**



Vince Glorioso announced that on June 27<sup>th</sup> we will have the opportunity to be involved in Food Distribution through the YMCA for Military Families in Kearney Mesa. He will distribute emails to the membership as the date gets closer on the sign up and nuts and bolts of the program.

Cindy Goodson announced 320 seats to the Alison Brown Concert have been sold. She stated they will hold an auction of a quality Banjo signed by Alison at the concert which will include a year's banjo lessons from Alison herself. Finally, the Concert will offer free Valet Service and those who have purchased tickets may receive a tax deduction after the first \$90.00 paid.





**Chuck Marsh** asked that all members go on our new **Rotary** of La Jolla website and try to register. He promises to be at our next luncheon and will be able to help you log in if necessary, so bring your phones.

#### Who Am I?

David Shaw is a modest man, who has led a remarkable life. On Tuesday he told us only the briefest sketch of his many accomplishments, thus the **Bits** editor will once again, bluster in and add some muchneeded information on this talented man's life.

Dr. Shaw was born in Maryland. His interest in medicine was initially sparked by taking a High School Biology Course. He majored in



Biology attending college first at **Brown University** in Provincetown, Rhode Island. And then, so enamored with a young art student attending the **Maryland Institute College of Art** by the name of Reesey, he transferred in

his third year to **Johns Hopkins University** graduating with a B.A. in Human Biology. He continued on at **Johns Hopkins University Medical School** and did his Internship and Residency in Internal Medicine there as well. From Jphns Hopkins, he studied Cardiovascular Physiology at the **National Institute of Health**.

Two years later he and his wife, Reesey moved to San Diego, for the same reasons all of us moved here, and where he took another two years to do a Cardiology Fellowship at **UCSD school of Medicine.** 

In the 31 years that followed, he practiced both Cardiology and Internal Medicine and served as medical director and **Chief of Staff of Scripps Mercy Hospital** in San Diego.

Between 2000 and 2002 he attended **SD State University** and received yet another degree, a master's in business administration.

In 2004 he accepted the position as **Director of Medical Education at Scripps Mercy.** There he directed the training of 18 Transitional Year Residents, 36 Categorical Internal Medicine Residents, 24 Family Medicine Residents and 7 Podiatry Residents. He retired from that position several years ago.

His volunteer work with Rotary of La Jolla too is legendary and has gone on for decades. He has served in numerous capacities on the Board of Directors including President. In 1998 he co-founded the **Tijuana Scholars Program** with **Tina de La Roche**, to benefit the students of Tijuana. It is a joint Program with the **Rotary Club of Tijuana**, **Mexico**, to support students in poor districts of Tijuana who have demonstrated superior academic and leadership performance and who wish to continue their schooling through 12th grade. While continuing their regular public schooling, the students meet weekly in a **Scholars Lab in Tijuana**, where they are taught and mentored by David and other volunteers of the Scholars program. Emphasis is given to

instruction on computer usage, English language proficiency, mentoring by fellow Rotarians, and the importance of networking. The Program's success helps the students to graduate from high school and continuing to college.

As to that woman who compelled him as a young man to change colleges in and move to Baltimore, they have been married for 52 years. He and **Reesey Shaw<sup>2</sup>** have 2 sons and three grandchildren, one of whom is now studying at Brown University.



David Shaw and the Tijuana Scholars Lab

<sup>&</sup>lt;sup>2</sup> Reesey Shaw too has become legendary, with a long-distinguished career in the Arts. During David's time studying science, Reesey studied Art at the Maryland Institute College of Art where she received her bachelor's and master's degrees in fine art. She began her career as an artist and art historian, lecturing at Claremont Graduate University, the University of California, San Diego, and Morgan State University in Baltimore. Over the years, her work has evolved to both Museum and Curatorial Artwork Projects.

## **Our Program Last Week**

## The La Jolla Rotary Scholarship and Riford Scholarship Awards Ceremony



Lance Bridges and Natascha Vossen, co-chairs of the programs, announced a total of 11 Scholarships to high school students studying in La Jolla, as well as 32 continuing scholarships<sup>3</sup>, awarded to past recipients who are currently attending as undergraduate college students full time and are maintaining a 3.5 Scholastic Average or higher. A total of \$246,000 will have been awarded this year.

Our club provides two types of scholarships to students from the Bishops School, La Jolla Country Day, La Jolla High School, and the Preuss School at UCSD. The scholarships consider academic achievement, scholarship, and community service. A total of 40 students applied this year.

The Florence Riford scholarship is restricted to students attending a California college or university and majoring in a STEM (science, technology,

<sup>&</sup>lt;sup>3</sup> The applications of the 32 may be found at <a href="https://docs.google.com/document/d/10N4kiwyBRgEot\_4za6EQty-d-XNr8XnjH73qyjwATZ8/edit?usp=sharing.">https://docs.google.com/document/d/10N4kiwyBRgEot\_4za6EQty-d-XNr8XnjH73qyjwATZ8/edit?usp=sharing.</a>

engineering, and math) field. The beauty of this scholarship is that the scholarship committee does not need to take financial need into consideration. This year 5 received Riford Scholarships of \$6,000 each.

The Rotary scholarship is awarded to students regardless of where they attend college or what their major is. Six La Jolla Rotary Scholarship were awarded \$8,000 each. Eligible students for both types of scholarships may reapply for each of the next three years of undergraduate school.



Our Happy Scholarship Recipients and our Program Chairs, **Natascha Vossen** and **Lance Bridges.** 

### **Coming in Two Weeks June 18th:**



## Eliminating Avoidable Blindness in Africa

With Speakers, local Ophthalmologists, Drs Susan Lewellan and Paul Courtright

#### **Important Notice**

**Help Wanted**: The Bits Weekly Newsletter Staff will be moving on to other Rotary projects at the beginning of this July. This is your chance to put on your journalistic hats and pitch in to prepare and distribute our local News to the membership. It is recommended that two or more members volunteer to work on this project.

Please send your applications and questions to Charles Marsh <a href="mailto:cmarshjr@gmail.com">cmarshjr@gmail.com</a>

Reporter and Chief Editor- Denise McGuire Photography – Edna Pines Copy Editor- Charles Marsh