

The Tattler

Volume 2022-23, No.370



Meeting Date: March 22, 2023

Wednesday @ Noon

La Mesa Community Center

4975 Memorial Drive,

La Mesa, CA 91942

Upcoming Programs



March 22 -

La Mesa Juneteenth and Friends Foundation

The La Mesa Juneteenth and Friends celebration is a grassroots community effort to bring the rich heritage, culture, and fun of a Juneteenth Jubilee to La Mesa, East County and the wider San Diego region.

Juneteenth commemorates the official end of slavery in the U.S., when enslaved people in Galveston, Texas, learned of their freedoms on June 19, 1865, over two years after U.S. President Abraham Lincoln issued the Emancipation Proclamation. The inaugural commemoration of it was in 1866, and it was officially recognized as a federal holiday in 2021.

March 29 - No meeting

April 5 - President Elect PETS Report

April 12 - Smart Recovery - Tom Horvath

Lunch Time Service

March 22, 2023

| | |
|---------|-------------------|
| Greeter | Clay Myers-Bowman |
| Pledge | David Petri |
| Thought | Kim Schafer |
| Song | Dale Bailey |
| 4-Way | Anna Gounev |

March 29, 2023

NO MEETING

If you cannot perform your assigned duty, please arrange for a replacement



www.LaMesaRotary.org

March 19 - Join us at the La Mesa Rotary
booth for community outreach!

10:00 am - 6:00 pm

On Rolando Dr. between
Solita and El Cajon Blvd.



LA MESA ROTARY BOARD MEETING

The next board meeting will be Tue., April 4th
at 5:30 pm on Zoom. All members are invited.

Join Zoom Meeting: Meeting ID: 618 141 217

<https://us02web.zoom.us/j/618141217>

Phone in: 669.900.6833 Participant ID: 366111 Password: 008757



Pickleball Tournament Fundraiser Committee Meeting Monday March 20, 2023 6pm

Jen's zoom <https://us02web.zoom.us/j/8608304454>

Board of Directors 2022-23

Now recruiting 2024-25 President Elect & Board Members
Be a part of the La Mesa Rotary Leadership Team
Step up to volunteer today!

President:
Jen Flynn

President Elect:
Becki Schwartz

Past President:
Sue Richardson

Secretary:
Kathy Olsen

Treasurer:
Ryan Barnhill

2021-23 Directors:
Vacant
Ben Hamilton
Burnie Dunlap

2023-24 Directors:
Jay Thompson
Mark Matthews
Marsha Starr

Foundation Chair: Bill Ashman
Youth Programs: Mark Matthews
Speakers Chair: Bill Ashman
Membership: Vacant
Social Chair: Marsha Darling



2023 DISTRICT TRAINING ASSEMBLY

March 25, 2023

Don Fipps, District Governor Elect, Convener

Held only once a year, District Training Assembly offers training for Rotarians including club officers, directors, and committee chairs to help them become more effective club leaders. All club members, especially Red Badgers, are welcome and encouraged to attend.

Come learn club management tips and best practices from other Rotarians at District Training on March 25, 2023 at Liberty Station, 2600 Laning Road, San Diego, CA 92106. Online registration is free this year with an option to purchase lunch for \$14.00. This is a great opportunity to learn about Rotary and network with other Rotarians. We expect full attendance for each class, so don't miss out.

Registration ends on March 18, 2023

7:40 AM-8:30 AM

**Coffee and
Network
Opening
Session**

8:30 AM-9:10 AM

SESSION 1 - 9:10 AM – 10:00 AM

2023-24 Presidents Elect & Asst Governors

2022-23 Club Presidents

2024 – 25 Club Presidents – Nominee

Club Secretaries

Club Treasurers

Membership

SESSION 2 – 10:10 AM – 11:00 AM

Rotary Foundation Fundamentals

Public Image, Branding & Social Media

Fundraising – Finding \$\$\$

Youth Service (RYLA, LEAD, Model UN, etc.)

International Service

Vocational & Community Services

Rotary 101

Rotaract - Building Rotary

Session 3 – 11:10 AM– 12:00 PM

District Grants (2 req'd to submit District Grants)

Environment Sustainability

Session 4 – 12:10 pm – 2:00 PM

Global Grants (2 req'd to submit Global Grants)



District 5340 will have a walking team at NAMI walk on Saturday, April 29, 2023. NAMI is the National Alliance on Mental Illness and as you know this topic is the main theme for our District and for me.

The event starts at 7:00am, the walk is from 8:00 to 9:00am and then the Wellness Expo is open until 11:00am. There will be two walk locations, one at Liberty Station, San Diego and the other at the Imperial Valley Mall. All proceeds will be used in San Diego and Imperial Counties.

So how can you help?

Register to join our District 5340 Team here <https://www.namiwalks.org/index.cfm?fuseaction=donordrive.team&teamID=54482>

Extend an invitation to your club members, your family and friends to join our team.

Ask your club to consider making this a Rotarian At Work project. We need volunteers to setup the day before and on the day, we need people to help with registration, and then to help with teardown.

We need volunteers to help in the weeks leading up to the event to coordinate with organizations who participate in the Wellness Expo.

Make a donation and support our team here <https://www.namiwalks.org/index.cfm?fuseaction=donordrive.team&teamID=54482> - use the "Support Us" button.

If you can help please register on the team and email alanturner.rotary@gmail.com

Thank you so much for your consideration of this life changing event...

Chuck Pretto

Executive VP, The Kobey Corporation

District Governor, Rotary International 2022-23

619-708-1849 cell