



Chartered October 29, 1975
Wednesday 12:00 noon
La Mesa Community Center
4975 Memorial Drive
La Mesa, CA 91942

Board Members

President Becki Schwartz
President-elect TBD
Past President Jen Flynn
Secretary Kathy Olsen

Directors

Dale Bailey
Mary Elington
Mark Matthews
Kimberly Schafer
Marsha Starr
Bonnie Welch

Membership

Sue Richardson
Burnie Dunlap

Youth Service

Mark Matthews

Speaker Chair

Bill Ashma



Becki Schwartz Inducted 2023-24 LMR President



Becki Schwartz was inducted as the 99th President of the **La Mesa Rotary Club** on June 28, 2023.

Becky outlined her vision for the 2023-24 La Mesa Rotary year.

La Mesa Rotary Club goals for 2023-24 are:

- Grow membership - retain current members and add 5 new members.
- Each Board Member to have a back-up learning their club service - training the next generation.
- Increase social media visibility
- Start Rotaract Club and strengthen Interact
- Evaluate the development of satellite club at Mt. Miguel Covenant Village, Montero, & Westmont.
- Increase club presence at District level.
- Red badgers have their own group working together to obtain blue badges - start Grotarian meetings.
- Joint project with La Mesa Sunrise, El Cajon, and Santee to support kids aging out of the Foster System.
- Community Service projects:
 - Backpacks for kids
 - Camp Julian Oaks

August 9, 2023 Program

Deputy District Attorney, Coleen Huschke, in the Economic Crimes Division presented an excellent program on consumer fraud.

DA Huschke's presentation included pointers on how to avoid being a fraud victim. She reminded us that the IRS, banks, car warranty folks, etc. will not call us. The scammers use an urgent response as well as an emotional pitch. Have a plan on how you will respond in these situations. Remember to stop take a breath and tell them you'll get back with them and do your own independent investigation on the matter. When working with contractors she made us aware that persons over 65 years of age have **5** days to cancel a contract which is greater than the 3 days for others. Other pointers were to:

- Take the time to **READ** all contracts - especially those presented on I Pads.
- **Be wary of using electronic signatures.**
- Down payments should only be 10% or \$1000.

Local, state and federal agencies that provide assistance when you are a victim of a scam or fraud has occurred:

Contractor State Licensing Board:

<https://www.cslb.ca.gov/onlineservices/checklicense/checklicense.aspx>

Department of Real Estate:

<https://www.dre.ca.gov/consumers/>

Department of Agriculture, Weights and Measures:

<https://www.sandiegocounty.gov/content/sdc/awm.html>

Department of Insurance:

<https://www.insurance.ca.gov/license-status/>

Department of Consumer Affairs: <https://www.dca.ca.gov/>

California State Attorney General:

<https://oag.ca.gov/contact/consumer-complaint-against-business-or-company>

Better Business Bureau: <https://www.bbb.org/>

SD County Assessor/Recorder/County Clerk Owner Alert:

<https://www.sdarcc.gov/content/arcc/home/divisions/recorder-clerk/recording/owner-alert.html>

FTC resources and tips - and complaints:

<https://www.consumer.ftc.gov>

Identity Resources Center: <https://www.idtheftcenter.org>

Internet Crime Complaint Center:

<https://complaint.ic3.gov>

Lunch Time Service

Please trade with someone if you are unable to perform your assignment.

August 16, 2023

Greeter Kim Garcia
Pledge Jack Dargitz
Thought Bill Ashman
4 Way Test Mark Matthews

August 23, 2023

Greeter Sue Richardson
Pledge Dale Bailey
Thought Keith Dindinger
4 Way Test Mike Fellows

August 30, 2023

NO NOON MEETING

Social on Thursday, August 31st

September 6, 2023

Greeter Don Jenkinson
Pledge Louise Herr
Thought Jim Kline
4 Way Test Ron Morrell

September 13, 2023

Greeter Keith Dindinger
Pledge Scott Elam
Thought Jen Flynn
4 Way Test Kim Garcia

Board Meeting

Zoom Meeting at 6 PM

Monday, August 14th

Join Zoom Meeting

<https://us02web.zoom.us/j/8585367765>

Meeting ID: 858 536 7765

Upcoming Programs



August 16, 2023
Rosyln Knox, CEO
Brain Injury Foundation

Speaker will discuss resources for brain injury survivors in SD County. Brain Injury Foundation is concerned with help that goes beyond the immediate onset of the injury into life care issues.



August 23, 2023
Don Fipps
Rotary District 5340
District Governor 2023-24

Please plan on attending this meeting. Our goal is to have 100% attendance.

August 30, 2023

NO MEETING AT NOON

Change of plans - we will NOT be meeting at Casa Gabriela's Restaurant as previously announced.

Red Badgers are planning a social for Thursday, August 31st.

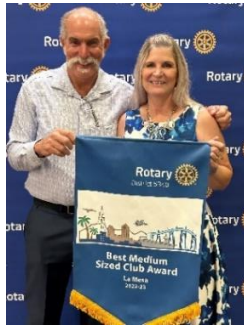
Time and location to be announced soon.

Community Service

Backpacks provided to 30 Camp Julian Oaks Children. An additional 60+ backpacks were distributed to children in need at La Mesa Dale Elementary and Avondale Elementary in the La Mesa Spring Valley School District.



La Mesa Rotary Best Medium Sized Club



President Becki Schwartz and Youth Service Director Mark Matthews are shown holding the **"Best Medium Sized Club Award"**. The La Mesa Rotary Club received this award from Rotary District 5340 for Rotary year 2022-23.

Congratulations to everyone for your efforts in helping us reach our goals to receive this achievement.

Upcoming Rotary Events

- August 12th at noon
Wine Tasting at Castelli & Pizarro Family Winery, 17870 Oak Grove Rd, Ramona, CA
 - August 30th NO NOON MEETING
 - August 31st Club Social TBD
 - September 11 - 17th TBD
Community Clean Up Project with the Bonita Optimist Club
 - October 26th Bajamar Rotary Club Golf Tournament at Bajamar Oceanfront Golf Resort
 - November 10th 6 - 10 pm
Town & Country Resort
Rotary Foundation Gala

La Mesa Rotary Rotarians of the Year 22-23



Past-president Jen Flynn recognized Sue Richardson and Bill Ashman as the La Mesa Rotarians of the year for Rotary year 2022-23.

Jen appreciated all the support they gave her during her presidential year.