

# The Tattler

## Rotary Club of La Mesa

Volume 2020-21, No.342

Meeting Date: 10/20/21

Wednesday's @ Noon

La Mesa Community Center,

4975 Memorial Drive, La Mesa CA 91942



[www.LaMesaRotary.org](http://www.LaMesaRotary.org)

## Mission Trails Regional Park

**Mission Trails Regional Park** encompasses more than 8,000 acres of both natural and developed recreational areas. Its rugged hills, valleys and open areas represent a San Diego prior to the landing of Cabrillo in San Diego Bay in 1542.

Centrally located and only eight miles northeast of downtown San Diego, Mission Trails Regional Park provides a quick, natural escape from the urban hustle and bustle.

Mission Trails Regional Park has been called the third Jewel in the City of San Diego Park System. Along with Balboa Park and Mission Bay Park, it provides San Diego residents and visitors a way to explore the cultural, historical, and recreational aspects of San Diego.

Started in 1974, Mission Trails Regional Park has become one of the largest urban parks in the United States. Originally used by the Kumeyaay, the park is the site of the Old Mission Dam, built to store water for the Mission San Diego de Alcalá.

With about 60 miles of trails, boating on Lake Murray, camping at Kumeyaay Lake, numerous informative hikes, and a state-of-the-art Visitor and Interpretive Center, Mission Trails Regional Park has something to offer everyone.

Chartered  
1925

### Lunch Time Service Opportunities

#### October 20, 2021

Pledge	Ron Morell
Thought	Mark Matthews
4-Way	Bonnie Welch

#### October 27, 2021

Pledge	Guy Elam
Thought	Jen Flynn
4-Way	Dan Willis

#### November 3, 2021

Pledge	Ryan Barnhill
Thought	Martin Brickson
4-Way	Jim Kline

#### November 10, 2021

Pledge	Bob McClellan
Thought	Kathy Olsen
4-Way	Ron Morell

**If you cannot perform  
your assigned duty,  
please arrange for a  
replacement.**

## Important Dates:

- October 20<sup>th</sup>. Club Meeting **IN PERSON – LA MESA COMMUNITY CENTER**  
Guest Speaker: Mission Trails Regional Park
- October 21<sup>st</sup> District 5340 Membership Social – Carlsbad 6:00pm – 8:00pm
- October 27<sup>th</sup>. Club Meeting **IN PERSON – LA MESA COMMUNITY CENTER! – 12:30pm**  
Guest Speaker: San Diego Maritime Museum - Dr. Jim Cassidy
- November 2<sup>nd</sup> La Mesa Rotary Board Meeting – 6:00pm via ZOOM
- November 3<sup>rd</sup> Club Meeting **IN PERSON – LA MESA COMMUNITY CENTER! – 12:30pm**  
Guest Speaker:
- November 10<sup>th</sup> Club Meeting **IN PERSON – LA MESA COMMUNITY CENTER! – 12:30pm**  
Guest Speaker:
- December 4<sup>th</sup> Tecate Home Building with Project Mercy



Get your calendars out and **SAVE THE DATE** for a Rotary Membership Social.

### **District 5340 Membership Social**

**October 21, 2021**

**6:00-8:00 PM**

**Cost: \$25 per person**

**Location: Agua Hedionda Lagoon Discovery Center in Carlsbad**

Come join us and invite potential Rotarians to join you. It will be a wonderful event to network and get to know one another.



# FILL A BAG FEED A CHILD

## FILL A BAG FEED A CHILD

### PLEASE DONATE

BOX OF CEREAL  
COMPLETE PANCAKE MIX  
OATMEAL  
MAC AND CHEESE  
CAN OF CHILI  
JAR OF PEANUT BUTTER  
REFRIED BEANS  
RICE  
SPAGHETTI SAUCE  
PASTA  
HEARTY SOUP  
CANNED MEAT

### PICK UP/DELIVERY

TO ARRANGE PICK  
UP/DELIVERY PLEASE  
CALL 619-319-4423

BAGS WILL FEED LA  
MESA SPRING VALLEY  
SCHOOL DISTRICT  
CHILDREN OVER  
THANKSGIVING AND  
CHRISTMAS VACATION.



You may bring donations to any La Mesa Rotary lunch.

Visit the La Mesa Rotary online! [www.LaMesaRotary.org](http://www.LaMesaRotary.org)  
Or find us on Facebook! Just search for La Mesa Rotary.

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## La Mesa Rotary 2020-21 Board of Directors

President:  
Sue Richardson

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Past President:  
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Secretary:  
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Nathan Oestrich  
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2020-22 Directors:  
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