

# The Tattler

## Rotary Club of La Mesa

Volume 2019-20, No.301 Meeting Date: 10/21/20

Wednesday's @ 12:30pm Via

ZOOM <https://us02web.zoom.us/j/618141217>

Meeting ID: 618 141 217



[www.LaMesaRotary.org](http://www.LaMesaRotary.org)

### transcenDANCE

#### Cat Corral

We are 15 years old. Cat Corral founded the organization out of a garage in City Heights. We then moved to National City, but we have never really had a permanent home – although we are “home” and a “safe space” to our students. This fall, once we wrap up our capital campaign and build out an unfinished space at Citronica One, we will have a new studio and a permanent home in Lemon Grove.

We work with middle and high school youth in underserved SD communities – teaching them leadership skills, life skills, as well as dance and performance. We also provide individual and group therapy, all at no charge to the students.

transcenDANCE is considered an exemplary Creative Youth Development organization. We have won numerous awards and have quantitative and qualitative data to prove the impact we are having on our students. I have attached our 2019 annual report and our 2020 update through the first four months of the pandemic.

And, finally here are three quotes representative of what you will hear about how we make a difference in our students' lives:

“When I grew up, I felt like I really didn't have a home. I remember thinking that nothing felt like home to me. But going to the transcenDANCE studio, it felt like a breath of fresh air, a relief. I felt comfortable laughing, crying, and being happy there. I can't wait for future generations to feel that way. I want them to have the transcenDANCE home that I did.” Lucia, age 20, attending San Francisco State University

“Most of us didn't have a place to fit in in high school. I was searching. At transcenDANCE, every time I walked in, I felt welcome. To find that in a place of dance is so rare. It's so beautiful to me. And this place of dance is a home for so much more. transcenDANCE is where I found myself and learned to love myself.” Eliuth, age 19, attending San Diego City College

#### Lunch Time Service Opportunities

##### October 21, 2020

Pledge	Marsha Starr
Thought	Keith Dindinger
4-Way	Nathan Oestreich

##### October 28, 2020

Pledge	Dale Bailey
Thought	John Fistere
4-Way	Courtney Patterson

##### November 4, 2020

Pledge	Dennis Knight
Thought	Dale Bailey
4-Way	Kathy Olsen

##### November 11, 2020

Pledge	Ryan Barnhill
Thought	Courtney Patterson
4-Way	Becki Schwartz

**If you cannot perform  
your assigned duty,  
please arrange for a  
replacement.**

## Important Dates:

- Oct 21<sup>st</sup> Club Meeting on ZOOM – 12:30pm  
Guest Speaker: transcenDANCE Youth Arts Project – Cat Corral
- Oct 24<sup>th</sup> World Polio Day - Virtual Polio Walk 10/24-31
- Oct 24<sup>th</sup> Park Appreciation Day
- Oct 28<sup>th</sup> Club Meeting on ZOOM – 12:30pm  
Guest Speaker: La Mesa Rotary 95<sup>th</sup> Anniversary Reunion
- Nov 18<sup>th</sup> Club Meeting on ZOOM – 12:30pm  
Guest Speaker: Rosie Rascon – Registrar of Voters

## Climate Reality Project

I would like to inform you that Climate Reality Project is organizing 24 Hours of Reality this coming weekend. As part of this global educational effort, Climate Reality Leaders are invited to give presentations on the importance of understanding the issues and solutions of climate change and why we need to care about the environment and our impact on it.

I would like to invite you to join the following presentation by Gina Woodard, a Rotarian of the Chula Vista Sunrise R/C, member of the DES committee and Climate Reality Leader:

### **Saving the Earth Starts With Us October 11, 7 pm (PT)**

You can learn more about this presentation and RSVP on Eventbrite.

If you can't make it to this presentation, you will be able to find many other presentations as Climate Reality Leaders are joining from around the world to educate people. The 24 Hours window has even been extended to 144 hours! Here is a link to a list of virtual presentations if you can't make to the one I invite you to join.

Yours in Rotary,

Warm wishes

Amelie

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Amélie Catheline, Ph.D.

Chair of the District Environmental Sustainability Committee - D5340

Past President 2019-20 - Solana Beach Eco-Rotary Club

(442) 287-9991     [sbeco.org](http://sbeco.org)

# MARY'S HOUSE in VIETNAM

*The 8th Annual Fundraiser for*  
**Mary's House**  
*in Vietnam*

**Live Streaming Event**  
Sunday, October 25 at 3 pm  
with Jen & Lauren,  
music by Steph Johnson Band,  
video messages from Vietnam,  
and more!

**Virtual Silent Auction**  
Friday 10/23 - Sunday 10/25  
Matching for the first  
\$15,000 in donations!!!

f You Tube

GIBTK

www.maryshousevietnam.com

Support Mary's House Girls Orphanage in Vietnam!  
Virtual Silent Auction will be 10/23-10/25

Watch for an email with a direct link to the auction website,

Visit the La Mesa Rotary online! [www.LaMesaRotary.org](http://www.LaMesaRotary.org)  
Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTler Editor: Scott Elam  
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## La Mesa Rotary 2020-21 Board of Directors

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Bill Ashman

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Jen Flynn  
Marsha Starr

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Dolly Juntilla

# LA MESA PARK APPRECIATION DAY

Saturday October 24

8:00am – 12:00pm

**SIGN UP FOR YOUR HOUSEHOLD'S  
SOCIALLY DISTANCED VOLUNTEER PROJECT AT**

<http://bit.ly/ParkAppreciation2020>

Presented by the La Mesa Park & Recreation Foundation

[www.lamesaparks.org](http://www.lamesaparks.org)

***Join us in Parks throughout  
The City of La Mesa as we  
give back to the Earth!***

*The first 200 registrants will receive swag bags  
the day of event!*

*For questions or more information call 619.667.1300*

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See the attached flyer for  
Liveable La Mesa: A Conversation on Youth in the age of  
COVID

Wednesday, Oct 28 6:00 pm

# VIRTUAL POLIO WALK



**October 24-31**

**WEAR YOUR END POLIO  
NOW SHIRT AND  
SHOES FOR POINTS  
TOWARDS PRIZES!**



**A 1 WEEK CHALLENGE  
TO SHOW YOUR  
ROTARY SPIRIT BY:**

- WALKING**
- DONATING**
- RAISING AWARENESS  
TO END POLIO!**

**Hosted by Pacific Beach Rotaract and Rotary Institute 26 & 27**



**JOIN TODAY!**  
[www.pacificbeachrotaract.org](http://www.pacificbeachrotaract.org)



City Hope is accepting Food Donations to be distributed throughout Spring Valley & La Mesa. You can drop off donations at the Spring Valley Academy at 2:30pm on Friday's or Bonnie would be glad to pick up any donations you have. Right now they are looking for Pasta, Pasta Sauce, Peanut Butter, Tuna, Cereal, Chili & Soup. They are taking volunteers for the food distribution station at the Spring Valley academy each Friday.

Dani would also appreciate if anyone could call the La Mesa Police Depart Dispatch and just offer words of encouragement. (619) 667-1400

## **Food Drive**

**For the LMSV School District Students and Families during Summer**

**CEREAL, COMPLETE PANCAKE MIX,  
OATMEAL, SOUP, CANNED VEGGIES,  
CANNED FRUIT, CANNED MEAT/PROTEIN,  
RICE, BEANS, PASTA, PASTA SAUCE,  
PEANUT BUTTER, MAC AND CHEESE, CHILI,  
SNACKS, OTHER NON PERISHABLE ITEMS.**

**Food will be handed out every Friday from 3-5 at Spring Valley Academy.**

**TO ARRANGE PICK UP/DELIVERY OR FOR QUESTIONS,  
CALL 619-319-4423**

1925