Lemon Grove Rotary and Mission Valley Rotary History

La Mesa Rotary has grown in the past few years by accepting members of the Mission Valley Rotary and the Lemon Grove Rotary clubs. Each club folded due to a lack of growth potential and support. La Mesa has been glad to accept these new members into our family and they all have been a great addition to La Mesa Rotary.

On Wednesday Ron Morell will give a brief history on the Mission Valley Rotary and Kathy Olson will give a history on the Lemon Grove Rotary club.

La Mesa Rotary By Laws Update

With your email you will receive a copy of the proposed By Laws update for La Mesa Rotary. The Board of Directors have been working on “cleaning up” the By Laws of our club to better reflect the current activities of our club. Once these proposed By Law changes have been published President Jack Dargitz will call for a vote. Please review the proposed By Law changes.
**Important Dates:**

- **Oct 22**
  - World Polio Day
- **Oct 25**
  - Lemon Grove Sheriff Department
- **Nov 1**
  - Lemon Grove Rotary and Mission Valley Rotary History – Kathy & Ron
- **Nov 8**
  - El Cajon Transition Living – Harold Brown
- **Nov 9**
  - Honoring Veterans – LMAAC Middle School
- **Nov 15**
  - John Cosby & John Keras
- **Nov 22**
  - DARK for Thanksgiving
- **Dec 6**
  - La Mesa Rotary Official Club Picture

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**La Mesa Rotary Charitable Giving**

**Supports La Mesa Arts Academy**

Dear Mr. Ashman and Rotary members,

The Community Action Team at La Mesa Arts Academy has accomplished so much in the past few weeks. We have band and math tutoring for the 7th graders. We help teachers anytime a teacher wants help such as copying papers and organizing classroom materials. Some of our C.A.T members work in our secret garden, where they will soon begin growing food for the science teacher’s animals. Recycling is also a big part of our community outreach. We help our other community outreach team (ASB) at lunches running games and doing raffles on spirit days. Every other Thursday we go to our neighbor school La Mesa Dale. When we go there we help out the teachers and play with the kids at lunch. We are planning the second annual First Responders lunch with the help of Rotary on October 26. Thank you for all of your support.

Maddy C.A.T. Secretary

La Mesa Arts Academy held a special lunch to support First Responders. La Mesa Rotary gave them $200 to support this project.
Fill A Bag, Feed A Child

President-Elect Dani Womack and Crosspointe Life Church are once again leading the charge on the Fill a Bag, Feed a Child campaign for this fall. This is a great opportunity to help others that are less fortunate.

You can help out by bringing some of these non-perishable foods to lunch on Wednesday and Dani will take them back. These bags will be given to students in the La Mesa school district who get their main meals at school. They are asking for the following non-perishable type foods:

- Cereal
- Oatmeal
- Pancake Mix
- Peanut Butter
- Crackers
- Rice
- Beans & Franks
- Pasta
- Spaghetti Sauce
- Chili
- Hearty Soups
- Granola Bars
- Snack Mixes
- Box Dinners
- Mac & Cheese
- Beans

Visit the La Mesa Rotary online! www.LaMesaRotary.org
Or find us on Facebook! Just search for La Mesa Rotary.
Dear La Mesa Rotary,

Thank you for sending me to the lead conference. It was so amazing! I had so much fun meeting new people and having new experiences. The public speakers all made an impact on me. Now I take control of my leadership. I definitely think you should put it on again.

Thank you again.

Sincerely,
Maddy Miedeske
from LMAAC Community Action Team.

Dear Rotarians of La Mesa,

Thank you for sending me to Camp LEAD. I had a great time meeting new people and hearing the stories the speakers shared about their triumphs over adversity. I learned many things from the activities we participated in. I learned many things from the activities we participated in. I appreciate the time and effort put into creating a special weekend, which I imagine isn’t easy with 8th graders. I hope though, that it was worth your time and effort to see us grow as individuals. I truly appreciated the experience. Thank you. 

Grant Schroeder