East County Transitional Living Center
Harold Brown

The history of ECLTC and the men and women who dedicated their lives to serving to establish and grow the organization will be subject of an upcoming book that will be available in the coming future. But for now, this short video is a brief compilation of testimonies and remarks from a few of those 1000’s who have been helped by this amazing ministry of Compassion & Hope.

Discipleship Programs
The ECTLC Men’s/Women’s Discipleship Program is a one-year Christ-centered program that will guide homeless men/women to find new hope and a new life in Christ, free from homelessness and addiction.

Family Restoration Program
ECTLC offers a Christ-centered, minimum one-year program to restore families to wholeness, to help moms, dads, & children heal. School-aged children are immediately registered for school. Parents attend Bible studies, scripture-based parenting classes, anger management and Bible-based drug & alcohol recovery meetings.

Transitional Housing
For a nominal program fee, a family can reside in a 200-sq-ft room with beds, bathroom, refrigerator, & TV, all utilities paid, with opportunities to eat breakfast, lunch, & dinner at scheduled meal times. In this way, they are able to bank enough money for deposits, first & last months’ rent, and all the other things that come with moving into a new place.
Important Dates:

Nov 8th   El Cajon Transition Living – Harold Brown
Nov 9th   Honoring Veterans – LMAAC Middle School
Nov 15th  John Cosby & John Keras
Nov 22nd  DARK for Thanksgiving
Dec 6th   La Mesa Rotary Official Club Picture

La Mesa Rotary Charitable Giving

Supports La Mesa Arts Academy

Dear Mr. Ashman and Rotary members,

The Community Action Team at La Mesa Arts Academy has accomplished so much in the past few weeks. We have band and math tutoring for the 7th graders. We help teachers anytime a teacher wants help such as copying papers and organizing classroom materials. Some of our C.A.T members work in our secret garden, where they will soon begin growing food for the science teacher’s animals. Recycling is also a big part of our community outreach. We help our other community outreach team (ASB) at lunches running games and doing raffles on spirit days. Every other Thursday we go to our neighbor school La Mesa Dale. When we go there we help out the teachers and play with the kids at lunch. We are planning the second annual First Responders lunch with the help of Rotary on October 26. Thank you for all of your support.

Maddy C.A.T. Secretary

La Mesa Arts Academy held a special lunch to support First Responders. La Mesa Rotary gave them $200 to support this project.
Fill A Bag, Feed A Child

President-Elect Dani Womack and Crosspointe Life Church are once again leading the charge on the *Fill a Bag, Feed a Child* campaign for this fall. This is a great opportunity to help others that are less fortunate.

You can help out by bringing some of these non-persishable foods to lunch on Wednesday and Dani will take them back. These bags will be given to students in the La Mesa school district who get their main meals at school. They are asking for the following non-perishable type foods:

- Cereal
- Oatmeal
- Pancake Mix
- Peanut Butter
- Crackers
- Rice
- Beans & Franks
- Pasta
- Spaghetti Sauce
- Chili
- Hearty Soups
- Granola Bars
- Snack Mixes
- Box Dinners
- Mac & Cheese
- Beans

Visit the La Mesa Rotary online! [www.LaMesaRotary.org](http://www.LaMesaRotary.org)
Or find us on Facebook! Just search for La Mesa Rotary.

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**La Mesa Rotary**

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