

# The Tattler

## Rotary Club of La Mesa

Volume 2018-19, No.214

Meeting Date: 11/28/18

Wednesday's @ Noon, La Mesa Community Center,  
4975 Memorial Drive, La Mesa CA 91942



[www.LaMesaRotary.org](http://www.LaMesaRotary.org)

### District Governor Mel Gallegos District 5340

Mel was born and raised in Central California. He received his BS in Nursing at California State University, Dominguez Hills. Growing up in Delano, his first job was at the Perelli-Minetti Winery. Mel served our country as a Hospital Corpsman in the United States Navy stationed at San Diego Naval Hospital, Balboa. Mel joined the staff of Sharp Memorial Hospital in 1981 working on the Cardiac Care Unit. In the last few years he transitioned to the Information Technology department to work on the electronic medical recordkeeping system.

Mel was recognized as a Partner of Health and Pillar of Philanthropy by the Sharp Health Care Foundation. A multiple Major Donor to The Rotary Foundation and Bequest Society member, Mel is dedicated to making the world a better place. He also actively supports Project Mexico and Mana De San Diego and is a member of the American Legion.

Mel is Past President of the El Cajon Breakfast and San Diego Downtown Breakfast Rotary Clubs. In addition to serving at the club level, he has served the District in many capacities including Assistant Governor, Foundation Mentor, Rotaract Chair, Community Service Chair, Foundation Gala Chair and District Conference Chair.

Mel's wife, Hey Jude, is a member of San Diego Downtown Breakfast Rotary Club.

Mel's first trip to Africa was to participate in an NID in Eritrea. That was the beginning of several trips to East Africa for Mel and Hey-Jude. They have attended District Conferences in Mexico and East Africa.

### Lunch Time Service Opportunities

#### November 28, 2018

Greeter	Rose Hurst
Songs	Dennis Knight
Pledge	Courtney Patterson
Thought	Terrence Young
Raffle	Maggie Eggers
Fines	Mike Fellows
4-Way	Jerry Esqueda

#### December 5, 2018

Greeter	Terrence Young
Songs	Jerry Esqueda
Pledge	Larry Perna
Thought	Ray Aguilar
Raffle	Guy Elam
Fines	John Fistere
4-Way	Dennis Knight

#### December 12, 2018

Greeter	Mel Jacobson
Songs	Steve Looser
Pledge	Sue Richardson
Thought	Bill Ashman
Raffle	Scott Elam
Fines	Jenny Flynn
4-Way	Jim Kline

**If you cannot perform  
your assigned duty,  
please arrange for a  
replacement.**

## Important Dates:

Nov 28 <sup>th</sup>	District 5340 District Governor Mel Gallegos
Dec 1 <sup>st</sup>	Bikes for Kids – Bike Build! 8:00am at Christian Bros. Building Services
Dec 3 <sup>rd</sup>	<i>Breaking the Chains of Human Trafficking</i> – 6:00 pm City of Hope
Dec 5 <sup>th</sup>	Rotary Peace Committee – Kathy Olson
Dec 8 <sup>th</sup>	Community Project – Paint the Wall!
Dec 12 <sup>th</sup>	Monte Vista High School Choir
Dec 18 <sup>th</sup>	Bikes For Kids – Bike Giveaway – 9:00am Carver Elementary
Dec 18 <sup>th</sup>	La Mesa Rotary <b>Christmas Party!</b>
Jan 16 <sup>th</sup>	<b>Past Rotary International President Frank Devlyn!</b>

## What is a District Governor?

The [District Governor](#) provides leadership, inspiration, and guidance to Rotary clubs under the general supervision of the Rotary International Board of Directors. In each jurisdiction or district, the Governor serves as the regional officer of Rotary, fostering success in their district at the club level.

Across the globe, Rotary Districts fluctuate in size and geography. District 5340 spans all of San Diego and Imperial Counties, as well as a portion of Riverside County.

The District Governor is nominated by the Clubs within the region serves as the official representative of Rotary International. The District Governor is chosen by a Selection Committee, which is usually chaired by the Immediate Past District Governor. That committee is responsible for publicizing the nomination process, reviewing nominations submitted, interviewing applicants for the position, and then communicating the results of the selection process to other Rotary members. Learn more about the steps that go into [becoming a District Governor](#).

Each District Governor serves a one year term, but that individual often fills many roles in the lead-up to year as serving as District Governor.

In advance of their year, each District Governor will appoint Assistant Governors to assist in managing activities in the District, and to help facilitate projects that involve multiple clubs.

District 5340 has a District Governor (current year), a District Governor-Elect (DGE) the next year, and then a District Governor-Nominee (DGN). Depending on the time of year, a District may also have identified a District Governor Designate.

Once your year as Governor has concluded, you are never forgotten. In fact, [Past District Governors](#) (PDGs) serve a vital role as de facto members of the Advisory Council. The Advisory Council is an advisory body that provides mentoring, guidance, and assistance to current leaders. Advisory Council members are invited to exclusive meetings and social functions throughout the year.

# Greetings from Fill-A-Bag Feed A Child

**HELP FEED LA MESA/SPRING VALLEY  
SCHOOL CHILDREN DURING  
THANKSGIVING AND CHRISTMAS BREAK!**



**Please donate any of the items below.**

Cereal	Oatmeal	Complete Pancake Mix	Peanut Butter
Crackers	Rice	Beans	Chili
Pasta	Spaghetti Sauce	Mac & Cheese	Hearty Soups
Granola Bars	Beans and Franks	Snack Mixes	Box Dinners

**Please drop off food to Crosspointe Life Church at  
8809 La Mesa Blvd. Or call 619-464-3077 to  
arrange a pick up. Food Needed by 11/5/18 and  
then again by 12/5/18**

**\*\*Please note: We are unable to accept perishable, homemade,  
home-canned and outdated food, bulk packages weighing more than  
five pounds, or food in glass containers.**

**SAVE THE DATE: Dec 18<sup>th</sup>  
La Mesa Rotary  
CHRISTMAS PARTY!**

Visit the La Mesa Rotary online! [www.LaMesaRotary.org](http://www.LaMesaRotary.org)  
Or find us on Facebook! Just search for La Mesa Rotary.

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## La Mesa Rotary 2018-19 Board of Directors

President:  
Dani Womack

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Jerry Esqueda

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Jack Darhitz

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Dolly Juntilla

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Rose Hurst

Speakers Chair:  
Bill Ashman

Membership:  
Jen Flynn

Grants Chair:  
John Fistere

Social Chair:  
Marsha Darling  
Dolly Juntilla



# Greetings from La CALI DIST

## Ivan Nolan Scholarships Grossmont College



Congratulations to Frank Selwa – student at Grossmont College for receiving the Ivan Nolan Scholarship! David Nolan & Keith Dindinger present the award to Frank and Dana Rivers, Administrator from Grossmont College

Chartered  
1925

## Rotary Banner Exchange



President Dani does a Banner Exchange a visiting Past District Governor from District 6060 in Missouri – David Robinett

## Paint a Wall – Community Service

Saturday Dec 8<sup>th</sup>

8:00 am - Noon

Come and help us clean up the community by painting over a graffiti-filled wall in La Mesa! Bonnie is working with the La Mesa Police and they have requested our help in painting this wall. The La Mesa Police department will be providing the paint and all of the materials – we just need to do the painting!

Bonnie will have a sign-up sheet at lunch! Even if you can come out for an hour or two – come out and help clean up the city!



# Greeting from **BIKES FOR KIDS**



## La Mesa Rotary Club Bike Build and Give Away

Bike Build: December 1, 2018- 8:00 am

@

Christian Brothers Emergency Building Services

10176 Riverford Rd.

Lakeside, CA 92040

Bike Give Away: December 18, 2018-9:00 am

@

Carver Elementary School

3251 Juanita St.

San Diego, CA 92105

Call Mark Matthews with any questions:

619-454-0545