

# The Tattler

## Rotary Club of La Mesa

Volume 2020-21, No.348

Meeting Date: 12/8/21

Wednesday's @ Noon

La Mesa Community Center,

4975 Memorial Drive, La Mesa CA 91942



[www.LaMesaRotary.org](http://www.LaMesaRotary.org)

## MEALS ON WHEELS

### ABOUT MEALS ON WHEELS SAN DIEGO COUNTY

From humble beginnings in 1960 with a few women deciding to deliver meals to their elderly neighbors, to serving nearly a half a million meals throughout the entire county today, Meals on Wheels is devoted to the health, safety and well-being of San Diego seniors.

Meals on Wheels is the only agency providing meals for 7 days a week, including holidays. Additionally, we cover the entire county, including delivery into the over 3,049 square miles of rural and unincorporated areas. Meals on Wheels San Diego County subsidizes 60% of the costs for meals, delivery, and other services provided, regardless of a senior's ability to pay.

Distributing home-delivered meals and safety checks could not be accomplished without the help of our very large and caring volunteer workforce who deliver meals with a hug and a smile and ensure our homebound seniors are OK. Frequently the volunteer may be the only person the senior sees all day, providing human contact and a safety net, particularly for those seniors living alone. Lives are saved nearly every week as a result of acquiring the proper emergency personnel for someone who has fallen, had a stroke, or is simply in need of additional resources.

### PROVIDING MUCH MORE THAN A MEAL

Besides delivering a nutritious meal, Meals on Wheels ensures that Martha is eating her meals, that Betty has not fallen, and that Bill tells his stories to someone who really listens and cares. Watch our short video to see the difference we make in the lives of our seniors.

### Lunch Time Service Opportunities

#### December 8, 2021

Pledge Louise Herr-Marshall  
Thought Jack Dargitz  
4-Way Burnie Dunlap

#### December 15, 2021

DARK for Lunch  
Holiday Party

#### December 22, 2021

DARK for Christmas

#### December 29, 2021

DARK for New Years

#### January 5, 2021

Pledge  
Thought  
4-Way

**If you cannot perform  
your assigned duty,  
please arrange for a  
replacement.**

## Important Dates:

December 7<sup>th</sup> La Mesa Rotary Board Meeting – 6:00pm via ZOOM

December 8<sup>th</sup> Club Meeting **IN PERSON – LA MESA COMMUNITY CENTER! – 12:30pm**

Guest Speaker: Meals On Wheels

December 15<sup>th</sup> La Mesa Rotary HOLIDAY PARTY – RCP Block & Brick 6:00pm

December 22<sup>nd</sup> DARK for Christmas

December 25<sup>th</sup> Merry Christmas!

December 29<sup>th</sup> DARK for New Years

January 1<sup>st</sup> Happy New Year!

## La Mesa Rotary



Save the date for our annual Holiday Party!

Wednesday December 15<sup>th</sup>

6:00pm

RCP Block & Brick

8240 Broadway, Lemon Grove CA 91945



# **FILL A BAG FEED A CHILD**

## **FILL A BAG FEED A CHILD**

### **PLEASE DONATE**

BOX OF CEREAL

COMPLETE PANCAKE MIX

OATMEAL

MAC AND CHEESE

CAN OF CHILI

JAR OF PEANUT BUTTER

REFRIED BEANS

RICE

SPAGHETTI SAUCE

PASTA

HEARTY SOUP

CANNED MEAT

### **PICK UP/DELIVERY**

TO ARRANGE PICK  
UP/DELIVERY PLEASE  
CALL 619-319-4423

**BAGS WILL FEED LA  
MESA SPRING VALLEY  
SCHOOL DISTRICT  
CHILDREN OVER  
THANKSGIVING AND  
CHRISTMAS VACATION.**



You may bring donations to any La Mesa Rotary lunch or drop off at Elam's Hallmark in Grossmont, Tierrasanta or Rancho San Diego!

Visit the La Mesa Rotary online! [www.LaMesaRotary.org](http://www.LaMesaRotary.org)  
Or find us on Facebook! Just search for La Mesa Rotary.

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### **La Mesa Rotary 2020-21 Board of Directors**

President:  
Sue Richardson

President Elect:  
Jen Flynn  
Becki Schwartz

Past President:  
Scott Elam

Secretary:  
Kathy Olsen

Treasurer:  
Ron Morell

2021-23 Directors:  
Nathan Oestrich  
Ryan Barnhill  
Ben Hamilton

2020-22 Directors:  
Dale Bailey  
Mark Matthews  
Becki Schwartz

Foundation Chair  
Bill Ashman

New Generations:  
Mark Matthews

Speakers Chair:  
Bill Ashman

Membership:  
Jen Flynn

Social Chair:  
Marsha Darling

## La Mesa Rotary Board Meeting

The next Board Meeting for President Sue Richardson will be Tuesday November 2<sup>nd</sup> at 6:00pm. The Board Meeting will be on ZOOM. If you are on the new Board please try to join us for this meeting.

Tuesday December 7<sup>th</sup>

6:00pm

Via ZOOM

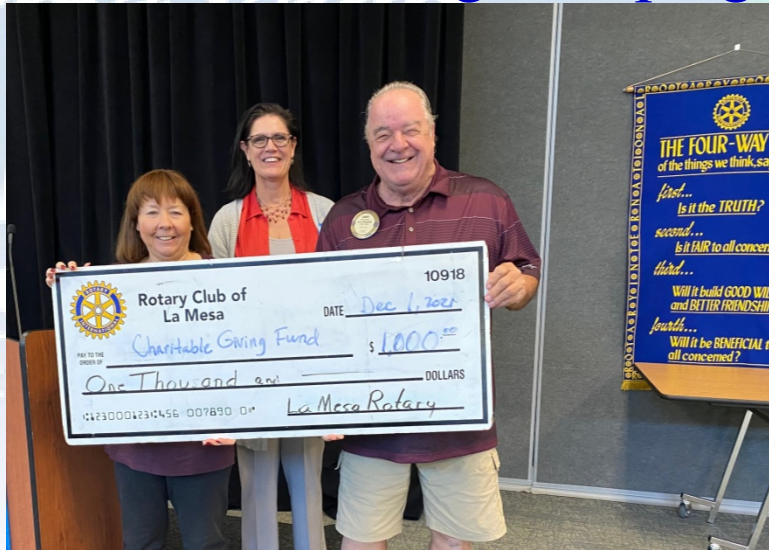
**LA MESA ROTARY IS #1 IN GIVING TO THE ROTARY FOUNDATION  
IN OUR DISTRICT FOR THE PAST YEAR!**



**Mike Fellows, Foundations Chair, accepts the award from the District  
for La Mesa Rotary being #1 in per-capita giving to the Rotary  
Foundation for Rotary Year 2020-21!**



## Charitable Giving Campaign



**Gary Clasen accepts the check for Athena Racing from President Sue and Kathy, chair of the Charitable Giving Committee**



**President Sure and Kathy present a check for \$1,000 to the Lemon Grove Library!**