Davis Family YMCA

Wednesday we will have a representative from the YMCA come and speak to the La Mesa Rotary.

THE EAST COUNTY FAMILY YMCA
Welcome to the EAST COUNTY FAMILY YMCA where we exist to strengthen community. The Y isn't just the name on the building. We're a spirit, a movement and a cause. Members join us because they believe in us - and the values we stand for. Together with people like you, we nurture the potential of kids, help people understand and improve their health, and provide opportunities to give back and support our neighbors. We hope that you decide to join us in our cause!

Since no two communities are exactly alike, no two Y’s are exactly alike. Knowing this, your Y has responded. The EAST COUNTY FAMILY YMCA Membership allows you and your family the opportunity to be active at three full-service, state of the art facilities; the John A. Davis Family YMCA in La Mesa, the Cameron Family YMCA in Santee and the McGrath Family YMCA in Rancho San Diego

MISSION STATEMENT
The East County Family YMCA is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

YMCA STAFF
The YMCA Executive Team strives to provide the best programs and services possible. They work closely with both staff and volunteers to meet the needs of many families in our community.

Lunch Time Service Opportunities

February 1, 2016
Greeter Tim Miller
Songs Jenny Flynn
Pledge Dale Bailey
Thought Nathan Oestreich
Raffle Louise Herr-Marshall
Fines Maggie Eggers
4-Way Dennis Knight

February 8, 2016
Greeter Ron Morell
Songs Larry Scott
Pledge Sam Bauchmann
Thought Keith Dindinger
Raffle Rose Hurst
Fines Jim Kline
4-Way Al Lantz

February 15, 2016
Greeter Sue Richardson
Songs Marsha Starr
Pledge Robert Aguilar
Thought Rob Ridge
Raffle John Kalas
Fines Dennis Knight
4-Way Larry Mascari

If you cannot perform your assigned duty, please arrange for a replacement.
Important Dates:
Feb 1st    Davis Family YMCA
Feb 8th    La Mesa Culinary School
Feb 10th   PETS – President-Elect Training Seminar
Feb 13th   Board of Directors Meeting – 5:30pm – Steve’s office
Feb 15th   Sharon Adams – Workplace Climate
Feb 22nd   4-Way Speech Contest

Update on Dr. Glenn Kellogg

Returning home from Rotary on December 14th, Glenn tripped over his newly acquired puppy and broke his right femur. He spent Christmas at Mercy Hospital and is now recuperating at Grossmont Gardens assisted living. He is expecting to be at Grossmont Gardens about a month. Glenn is in good spirits, looks good and when I was there he was in his wheel chair getting ready to go on a bus tour provide by the Gardens. He would appreciate having visitors. Best time to visit 6 to 8 pm in the evening.

Grossmont Gardens
Apartment # 222
5470 Marengo (east wing)
La Mesa

Thanks to Keith Dindinger for the update.
**4-Way Speech Contest**

I wanted to let everyone know that we are planning on holding our annual 4-Way Test Speech Contest on February 22. This is always one of the more interesting programs during the year and it is also one in which we can directly impact teenagers in the La Mesa area by helping them understand and live by the selfless principals outlined in our 4-Way Test. However, in order to have the most entertaining program possible, I need your help in finding and recruiting high school students to participate!

Below are a few items that summarizes the event and what would be expected from participants:

- Contest is open to all high school students.
- Topic of speeches are student’s choice. However, the speech must show clearly the practical application of all four points of the Rotary Four-Way Test.
- Contestants may use 3x5 note cards during speech
- Length of speech must be between 5 and 7 minutes
- Prizes at our club level: 1st-$100, 2nd-$75, 3rd-$50, 4th-$25

If you know of any potential contestants please pass along this information. I have also included a packet that contains details for the contest. If you have any questions, please feel free to reach out.

Sam Bauchmann

Visit the La Mesa Rotary online!  [www.LaMesaRotary.org](http://www.LaMesaRotary.org)
Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTLER Editor: Scott Elam
elamshallmark@cox.net
(Arlington, VA) The Rotary Foundation, the charitable arm of Rotary – a global network of volunteers committed to improving lives and communities around the world, has been named the 2016 Outstanding Foundation by the Association of Fundraising Professionals (AFP).

From its first contribution of $26.50 almost a century ago, The Rotary Foundation's assets have grown to approximately $1 billion, and more than $3 billion have been spent on projects that promote peace, fight disease, provide clean water, support education, save mothers and children, and grow local economies.

The Rotary Foundation's top priority is the global eradication of polio. Rotary launched its PolioPlus program in 1985, and in 1988 became a leading partner in the Global Polio Eradication Initiative. Since then, Rotary has contributed more than $1.6 billion and countless volunteer hours to protect more than two billion children in 122 countries from this paralyzing disease. The Foundation’s advocacy efforts also have resulted in another $6 billion from world governments and foundations, increasing its impact. Today, polio is on the verge of becoming only the second human disease ever to be eliminated after smallpox, with a 99.9 percent decrease in cases since the initiative began.

To mark the Foundation's centennial year, Rotary members aim to raise $300 million by July 2017. "We are honored to receive this recognition from the AFP, which give us even more reason to celebrate during our Foundation's centennial year," said Rotary Foundation Trustee Chair Kalyan Banerjee. "The continued strong support of Rotary members will help us keep our promise of a polio-free world for all children, and enable the Foundation to carry out its mission of advancing world understanding, goodwill and peace. We look forward to another 100 years of Rotary members taking action to make communities better around the world."

Rotary clubs have long embraced the call for peace at the grassroots level by addressing the underlying causes of conflict and violence, such as hunger, poverty, disease and illiteracy. In 2002, the Rotary Foundation took a direct approach by providing future leaders the tools to become catalysts for peace in their communities. Each year, up to 100 Rotary Peace Fellows are chosen to participate in a master's degree or certificate program at one of Rotary’s Peace Centers in partnership with universities around the world. Today, more than 1,000 peace fellow alumni serve as leaders in national governments, nongovernmental organizations, the military, law enforcement, and international institutions such as the United Nations and World Bank.

While almost everyone is familiar with Rotary, not everyone may realize just how much an impact Rotary and the Rotary Foundation have had on countless people and communities across the globe," said AFP President and CEO Jason Lee. "On behalf of the entire charitable sector and people around the world, all of us at AFP are honored to be able to recognize The Rotary Foundation as our 2016 Outstanding Foundation."

The Rotary Foundation will receive its award at AFP's 2017 International Fundraising Conference in San Francisco, April 30 – May 2, 2017.
Youth Exchange Applications Now Being Accepted

District 5340 Youth Exchange Committee is now accepting applications for the 2017-2018 year for its Long Term, Short Term, and Summer Camp student exchange programs. The exchange programs offer high school students between the ages of 15 and 18 1/2 years to participate in the experience of a lifetime by living and studying abroad. Youth exchange offers students the opportunity to live abroad, experience new cultures, languages and tremendous personal growth and development.

Rotary club YEOs and Youth Service chairs are encouraged to share this information with local high school counselors and Interact program chairs. For further information, contact Joe Ramirez, District 5340 Youth Exchange Chairman. His email is: carlsbadrotaryexchange@gmail.com.