

# The Tattler

Volume 2022-23, No.368



**Meeting Date: February 1 & 8, 2023**

Wednesday @ Noon

La Mesa Community Center

4975 Memorial Drive,

La Mesa, CA 91942

## Speakers

**February 1:**

**Walter Jackson**

SPORTS for Exceptional

Athletes is a San Diego

based sports program serving 1,400 athletes with

developmental disabilities ages 5 through adult.



San Diego Council on  
**LITERACY**

**February 8:**

**Jose Cruz**

Uniting the community to support literacy for all,

through advocacy, partnerships, and resources.

## Lunch Time Service

### February 1, 2023

Greeter	Anna Gounev
Pledge	Clay Myers-Bowman
Thought	Mary Nelson
Song	Dale Bailey
4-Way	David Petri

### February 8, 2023

Greeter	Frank Sekula
Pledge	Kim Schafer
Thought	Sue Richardson
Song	Dale Bailey
4-Way	Mary Nelson

### February 15, 2023

Greeter	Ryan Purdy
Pledge	Mary Nelson
Thought	Anna Gounev
Song	Dale Bailey
4-Way	Becky Schwartz

**If you cannot perform your assigned duty, please arrange for a replacement**



**IMAGINE  
ROTARY**

[www.LaMesaRotary.org](http://www.LaMesaRotary.org)

## LA MESA ROTARY BOARD MEETING

The next board meeting will be Tuesday, Feb. 7th at 5:30 pm ZOOM. All members are invited.

Join Zoom Meeting: Meeting ID: 618 141 217

<https://us02web.zoom.us/j/618141217>

Phone in: 669.900.6833

## Meet New Member Anna Gounev

Anna Gounev was born and raised in Long Beach, CA and has been in San Diego 6 years. She earned a Bachelor's Degree in Fashion Merchandising, and minor in Comparative Literature from CSULB.

Anna enjoyed her internship with the Department of Homeland Security in textile and import goods and managed a Neiman Marcus in Century City, before switching her career to helping seniors.

For 12 years, she has been a Director of Sales for several senior living companies, currently with MBK's The Montera in La Mesa. She lives in Ramona with her husband of 7 years, Kliment, and two boys, Hemingway, 5 years old and Kipling, 2 years old (yes they both like to read). Anna travels every chance she gets, loves going to concerts of all musical genres, attending the theater and going on adventures with her family.

Some bucket list items include traveling to every country in the world (22 down, 173 to go), joining the Peace Corps, attending the Oscar's, eating at Club 33 in Disneyland, being in the Pageant of the Masters cast and performing on Broadway (or local community theater!) Some organizations she has enjoyed supporting are the Crohn's and Colitis Foundation, Bridge of Hope San Diego, The Wish of a Lifetime for seniors, Operation Christmas Child, Tumaini International and the American Red Cross. Her mom is a retired Navy Captain, Bonus Dad a retired Air Force Lt. Colonel and husband a former (always) Marine, so she has a heart for supporting military families as well. She is excited to get to know you and learn all things Rotary!



### Board of Directors 2022-23

**Now recruiting 2024-25 President Elect & Board Members**  
**Be a part of the La Mesa Rotary Leadership Team**  
**Step up to volunteer today!**

President:

Jen Flynn

President Elect:

Becki Schwartz

Past President:

Sue Richardson

Secretary:

Kathy Olsen

Treasurer:

Ryan Barnhill

2021-23 Directors:

Vacant

Ben Hamilton

Burnie Dunlap

2023-24 Directors:

Jay Thompson

Mark Matthews

Marsha Starr

Foundation Chair: Bill Ashman

Youth Programs: Mark Matthews

Speakers Chair: Bill Ashman

Membership: Vacant

Social Chair: Marsha Darling





New members Anna & Mary

## Music Contest January 25, 2023



## SAVE THE DATE!

Members needed to work  
La Mesa Rotary booth for  
community outreach!  
Sign up with Sue Richardson



## 2023 DISTRICT TRAINING ASSEMBLY

March 25, 2023

Don Fipps, District Governor Elect, Convener

Held only once a year, District Training Assembly offers training for Rotarians including club officers, directors, and committee chairs to help them become more effective club leaders. All club members, especially Red Badgers, are welcome and encouraged to attend.

Come learn club management tips and best practices from other Rotarians at District Training on March 25, 2023 at Liberty Station, 2600 Laning Road, San Diego, CA 92106. Online registration is free this year with an option to purchase lunch for \$14.00. This is a great opportunity to learn about Rotary and network with other Rotarians. We expect full attendance for each class, so don't miss out.

**Registration ends on March 18, 2023**

**7:40 AM-8:30 AM**

**Coffee and  
Network  
Opening  
Session**

**8:30 AM-9:10 AM**

### **SESSION 1 - 9:10 AM – 10:00 AM**

2023-24 Presidents Elect & Asst Governors

2022-23 Club Presidents

2024 – 25 Club Presidents – Nominee

Club Secretaries

Club Treasurers

Membership

### **SESSION 2 – 10:10 AM – 11:00 AM**

Rotary Foundation Fundamentals

Public Image, Branding & Social Media

Fundraising – Finding \$\$\$

Youth Service (RYLA, LEAD, Model UN, etc.)

International Service

Vocational & Community Services

Rotary 101

Rotaract - Building Rotary

### **Session 3 – 11:10 AM– 12:00 PM**

District Grants (2 req'd to submit District Grants)

Environment Sustainability

### **Session 4 – 12:10 pm – 2:00 PM**

Global Grants (2 req'd to submit Global Grants)