The Tattler

Volume 2022-23, No.368



Meeting Date: February 1 & 8, 2023

Wednesday @ Noon La Mesa Community Center 4975 Memorial Drive, La Mesa, CA 91942

Speakers

February 1:

Walter Jackson



SPORTS for Exceptional

Athletes is a San Diego



based sports program serving 1,400 athletes with developmental disabilities ages 5 through adult.



February 8: **Jose Cruz**

Uniting the community to support literacy for all, through advocacy, partnerships, and resources.

LA MESA ROTARY BOARD MEETING The next board meeting will be Tuesday, Feb. 7th at 5:30 pm ZOOM. All members are invited. Join Zoom Meeting: Meeting ID: 618 141 217 https://us02web.zoom.us/i/618141217

Phone in: 669 900 6833

Lunch Time Service

February 1, 2023

Anna Gounev Greeter Pledge Clay Myers-Bowman Mary Nelson Thought Song Dale Bailey 4-Way David Petri

February 8, 2023

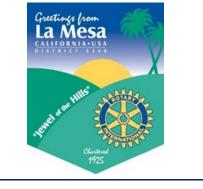
Greeter Pledge Thought Song 4-Way

Frank Sekula Kim Schafer Sue Richardson Dale Bailey Mary Nelson

February 15, 2023

Greeter Ryan Purdy Pledge Mary Nelson Thought Anna Gounev Song Dale Bailev 4-Way **Becky Schwartz**

If you cannot perform your assigned duty, please arrange for a replacement





Meet New Member Anna Gounev

Anna Gounev was born and raised in Long Beach, CA and has been in San Diego 6 years. She earned a Bachelor's Degree in Fashion Merchandising, and minor in Comparative Literature from CSULB.

Anna enjoyed her internship with the Department of Homeland Security in textile and import goods and managed a Neiman Marcus in Century City, before switching her career to helping seniors.

For 12 years, she has been a Director of Sales for several senior living companies, currently with MBK's The Montera in La Mesa. She lives in Ramona with her husband of 7 years, Kliment, and two boys, Hemingway, 5 years old and Kipling, 2 years old (yes they both like to read). Anna travels every chance she gets, loves going to concerts of all musical genres, attending the theater and going on adventures with her family.

Some bucket list items include traveling to every country in the world (22 down, 173 to go), joining the



Corps. attending the Oscar's. Peace eating Club 33 at in Disneyland, being in the Pageant of the Masters cast and performing on Broadway local community theater!) Some organizations she has enjoved (or supporting are the Crohn's and Colitis Foundation, Bridge of Hope San Diego, The Wish of a Lifetime for seniors, Operation Christmas Child, Tumaini International and the American Red Cross. Her mom is a retired Navy Captain, Bonus Dad a retired Air Force Lt. Colonel and husband a former (always) Marine, so she has a heart for supporting military families as well. She is excited to get to know you and learn all things Rotary!

Board of Directors 2022-23 Now recruiting 2024-25 President Elect & Board Members Be a part of the La Mesa Rotary Leadership Team Step up to volunteer today!

President: Jen Flynn

President Elect: Becki Schwartz

Past President: Sue Richardson

Secretary: Kathy Olsen

Treasurer: Ryan Barnhill 2021-23 Directors: Vacant Ben Hamilton Burnie Dunlap

2023-24 Directors: Jay Thompson Mark Matthews Marsha Starr Foundation Chair: Bill Ashman Youth Programs: Mark Matthews Speakers Chair: Bill Ashman Membership: Vacant Social Chair: Marsha Darling



Music Contest January 25, 2023







SAVE THE DATE! Members needed to work La Mesa Rotary booth for community outreach! Sign up with Sue Richardson



2023 DISTRICT TRAINING ASSEMBLY

March 25, 2023 Don Fipps, District Governor Elect, Convener

Held only once a year, District Training Assembly offers training for Rotarians including club officers, directors, and committee chairs to help them become more effective club leaders. All club members, especially Red Badgers, are welcome and encouraged to attend.

Come learn club management tips and best practices from other Rotarians at District Training on March 25, 2023 at Liberty Station, 2600 Laning Road, San Diego, CA 92106. Online registration is free this year with an option to purchase lunch for \$14.00. This is a great opportunity to learn about Rotary and network with other Rotarians. We expect full attendance for each class, so don't miss out.

Registration ends on March 18, 2023

7:40 AM-8:30 AM Coffee and Network 8:30 AM-9:10 AM Opening Session SESSION 1 - 9:10 AM - 10:00 AM 2023-24 Presidents Elect & Asst Governors 2022-23 Club Presidents 2024 – 25 Club Presidents – Nominee **Club Secretaries** Club Treasurers Membership SESSION 2 - 10:10 AM - 11:00 AM **Rotary Foundation Fundamentals** Public Image, Branding & Social Media Fundraising – Finding \$\$\$ Youth Service (RYLA, LEAD, Model UN, etc.) International Service Vocational & Community Services Rotary 101 Rotaract - Building Rotary Session 3 – 11:10 AM– 12:00 PM District Grants (2 reg'd to submit District Grants) **Environment Sustainability** Session 4 – 12:10 pm – 2:00 PM Global Grants (2 reg'd to submit Global Grants)