Mayor of La Mesa
Dr. Mark Arapostathis

Mark Arapostathis has lived in La Mesa his entire life. He attended Lemon Avenue Elementary School, La Mesa Middle School, and graduated from Helix High School. Since 1992 he has taught in the La Mesa-Spring Valley School District at Murdock Elementary, Lemon Avenue Elementary and Rolando Elementary. He is currently the Director of Theatre Arts at La Mesa Arts Academy. “Dr. A” as he is known, was honored as one of San Diego County’s Teachers of the Year.

Dr. Arapostathis served for 8 years as a City Councilman. Before joining the City Council, Dr. A served on the La Mesa Community Services Commission. He was the president of the La Mesa Arts Alliance as well as a founding member of the “Sundays at Six” concert series, held each summer at Harry Griffen Park amphitheater.

Dr. A has championed many programs in La Mesa including Safe Routes to School, a program that encourages students to walk and ride bicycles to school and provides funding for improvements to city streets. In addition, Dr. A strongly supports the Neighborhood Watch/Emergency Preparedness programs. Designed to promote safer streets and communities, as well as to help residents be prepared during an emergency.

Dr. A earned both his B.A. and M.A. in education from San Diego State University. He also earned a doctorate in education from the University of San Diego and San Diego State University.
Important Dates:

- Apr 8: La Mesa Rotary Family Fun Run – Lake Murray Park
- Apr 8-9: RYLA Youth Conference
- Apr 12th: La Mesa Mayor - Dr. Arapostathis
- Apr 19th: District Governor Marilyn Sanderson - Membership
- Apr 26th: Mike Nowland – Helping your staff develop!
- Apr 29th: Rotarians at Work Day
- May 3rd: RYLA
- May 10th: Lambert Awards
- May 20th: District 5340 Conference – Liberty Station

5k Family Day

Come spend time with family and friends to support our local community and veterans

April 8, 2017
Lake Murray Park
8:00am-1:00pm

Registration 7:30-8:00am
Race 8:00-10:00am
Food truck, games 11:00-1:00pm

Register online at www.LaMesaRotary.org
The honor of your presence is requested at a very special dinner to recognize:

**Rotary International President’s Representative**

**Past General Secretary Rotary International**

**The Rotary Foundation**

**Ed Futa**

**Friday, May 19, 2017 6-9pm**

$90 per person  **Black Tie Optional**

**The Admiral Kidd Club**

Naval Base Point Loma

San Diego, California

Sign Up at  
FutaDinner.com

Visit the La Mesa Rotary online!  [www.LaMesaRotary.org](http://www.LaMesaRotary.org)  
Or find us on Facebook!  Just search for La Mesa Rotary.

La Mesa Rotary TATTLER Editor: Scott Elam  
elamshallmark@cox.net
Participant Registration Form

Names: __________________________________________________

Address: _______________________________________________
    _______________________________________________

Phone Number: ________________________________

Email: _________________________________________

Runner/Walker: (includes shirt and lunch) $40
Race from home: (includes shirt) $25

Shirt size:   Child S M L   Adult S M L XL XXL

Amount enclosed _____________

Register/donations on-line at:  www.LaMesaRotary.org

Made payable to La Mesa Rotary

*** All donations are tax deductible