Meals On Wheels

Supporting the independence and well-being of San Diego seniors

In 1960, a group of United Methodist women invested their time and resources into researching the needs of San Diego’s elderly and meeting those needs. Funding was secured by the Georgia Lynch Trust Fund to begin the project, “Work With Senior Citizens.” These dynamic women implemented the program in three Methodist churches, providing a drop-in senior center and home visitation services, sponsored by volunteers and senior clubs. In 1967, the project was relocated to a storefront property to extend the services into the general community. A year later, “Work With Senior Citizens” became “Senior Adult Services,” and a Board of Trustees was formed.

In 1970, “Senior Adult Services” was incorporated as a non-profit corporation. Two years later, the “Meals-on-Wheels of Senior Adult Services” was initiated, offering special diet meals and contact by a concerned person five days a week. In 1996, “Senior Adult Services” officially became Meals-on-Wheels Greater San Diego, Inc. Meals-on-Wheels matured from an annual budget of $20,468 to over $3 million. Days of service increased to providing meals for seven days a week, 365 days a year, including holidays.

Meals on Wheels continued to grow. Areas of service grew larger and larger and reach extended to include over 3,049 square miles of San Diego county’s rural back country. Some smaller agencies were absorbed as well as partnerships initiated to prepare meals for other organizations to deliver. As part of the Affordable Care Act, alliances with healthcare providers were also created to deliver meals to newly discharged patients in an effort to prevent hospital bounce-backs. In July of 2016, Meals-on-Wheels Greater San Diego, Inc. became Meals on Wheels San Diego County to better reflect the depth and breadth of the expansive area of service.

Lunch Time Service Opportunities

April 3, 2019
Greeter  Ron Morell
Songs     Larry Scott
Pledge    John Carlson
Thought   Mike Fellows
Raffle    Dennis Knight
Fines     Larry Mascari
4-Way     Scott Elam

April 10, 2019
Greeter  Nathan Oestreich
Songs    Marsha Starr
Pledge   Gary Clasen
Thought  John Fistere
Raffle   Bridgette Tabor
Fines    Mike Mascari
4-Way    Maggie Eggers

April 17, 2019
Greeter  Kathy Olson
Songs    Jay Thompson
Pledge   Bridgette Tabor
Thought  Jenny Flynn
Raffle   Steve Looser
Fines    Mark Matthews
4-Way    Scott Elam

If you cannot perform your assigned duty, please arrange for a replacement.
Important Dates:

- April 2nd: La Mesa Rotary Board of Directors Meeting – 5:30 pm
- April 3rd: Meals on Wheels
- April 10th: San Diego and Arizona Railway Centennial
- April 13th: Al Lantz Memorial Service – Del Mar
- April 13th: Hilarity for Charity Comedy Hypnosis Show!
- April 17th: Mike Fellows - TRF
- April 24th: Deadline for Spring Charitable Giving Campaign

In Memory, Al Lantz

The Memorial Service for Al Lantz will be held Saturday April 13th at 2:00 pm in Del Mar. Al will be buried March 29th at the Jefferson Barracks in St. Louis.

His family has reached out and extended the invitation to everyone in the La Mesa Rotary club to attend the memorial on April 13th.

Al Lantz Memorial Service

Saturday April 13th, 2:00 pm

2172 La Amatista Road

Del Mar, CA 92014
La Mesa Rotary
Board of Directors Meeting

Tuesday April 2nd
5:30pm
Crosspointe Church

Hilarity for Charity
Saturday April 13th
7:00 pm
La Mesa Community Center
Tickets $25

We need every member of La Mesa Rotary to help acquire great donations for our raffle! If you have anything please forward those items to Bridgette Tabor.

We also need your help in selling tickets to fill the building!

Visit the La Mesa Rotary online! www.LaMesaRotary.org
Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTLER Editor: Scott Elam
elamshallmark@cox.net
La Mesa Rotary
Spring Charitable Giving Campaign

The Charitable Giving Committee is now accepting requests from Club members until April 24, 2019. Request must be accompanied with a letter from the club sponsor specifying why we should consider this request. Requests must also include:

- A letter from the Charity specifying on how they plan on utilizing the funds requested.

- The Charity must be a 501(C)3.

- Amount of request cannot be greater than $1,000 per fiscal year.

- The Charity’s Federal Tax ID Number and their California Tax Exempt Number.

- The Charity must be able to make an appearance at a Club meeting to be presented with the Grant donation.

The more information provided by the Charitable Organization on how the funds will be utilized, the better chance they have to be approved.

Please forward all the required documentation to kolsen@repbloc.com

Thanks you,

Kathy Olsen
Committee Chair
La Mesa Rotary
Presents Snooky Rico
Paul Harris Award

Keith Dindinger presents Snooky Rico and her assistant Eleanor with a Paul Harris Award for her community service through her Loving You Through It program for helping those with breast cancer! Learn more about it at www.lovingyouthroughitio.org
Hilarity for Charity
La Mesa Rotary Club invites you to their
Comedy Hypnosis Show
where the audience members are the stars

Tickets $25

Presented by Master Hypnotist
Marsha Starr

See the show or be the show!

Purchase tickets online at www.LaughLaMesa.org

Saturday April 13th 7pm
La Mesa Community Center
4975 Memorial Dr.
La Mesa, CA
**THE LA MESA ROTARY CALIFORNIA FOUNDATION**

**CHARTERED MARCH 27, 2013**

Post Office Box 97  
La Mesa, CA 91944  
www.lamesarotary.org

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**SOUVENIR PROGRAM ADVERTISING RATES AND SPECIFICATIONS**

| Rate Type          | Description  | Price  
|--------------------|--------------|--------|
| FULL PAGE:        | Size 8.5” x 5.5” Inside page | $200.  
|                    | Size 8.5” x 5.5” (1) Inside front page | $500.  
|                    | Size 8.5” x 5.5” (1) Inside Back page | $500.  
|                    | Size 8.5” x 5.5” (2) Center page (each) | $500.  
|                    | Size 8.5” x 5.5” (1) Back Cover | $1,000.  
| HALF PAGE:        | Size 4.25” x 5.5” Inside page | $100.  
| BUSINESS CARD SIZE: | Quarter Page | $50.  

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________________________   ___________________________
Print Full Name                   Signature

PLEASE EMAIL YOUR DIGITAL ARTWORK TO:  
dollyjuntilla@gmail.com

*Thank you for your support!!!*

Make your check payable to:  
THE LA MESA ROTARY CALIFORNIA FOUNDATION  
*All DONATIONS are tax deductible under 501- C3 ; ID 45-4201793*