



Chartered October 26, 1925  
Wednesday 12:00 noon  
La Mesa Community Center  
4975 Memorial Drive  
La Mesa, CA 91942

### Board Members

President Bonnie Welch  
President-elect  
Gabriella Misirlioglu  
Past President  
Becki Schwartz  
Secretary Kathy Olsen  
Treasurer Ryan Barnhill

### Board Members

#### Directors

Dale Bailey  
Marsha Darling  
Mary Elington  
Greg Erickson  
Mike Fellows  
Louise Herr-Marshall

### Membership

Greg Erickson

### Youth Service

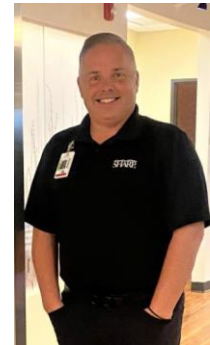
Mark Matthews

### Speaker Chair

Bill Ashman



## Strengthening East County Health: Updates from Sharp Grossmont



### Scott Evans, PharmD, MHA, Executive President of Hospital Operations and Chief Strategy Officer at Sharp Grossmont Hospital, provided an update on recent milestones at SGH.

The hospital, with 562 licensed beds, continues to serve East County at remarkable volume each year, including more than 30,000 admissions, 320,000 outpatient visits, 12,000 surgeries, close to 3,000 deliveries, and over 9,600 cardiac catheterization procedures. The stork will arrive tomorrow when a major change arrives when the SGH Women's Hospital is rebranded Sharp Mary Birch Hospital for Women and Newborns. SGH also announced its newly accredited Family Medicine Residency Program, which will welcome its first class this summer. 9 Family Medicine Residents will spend 3 years at the hospital to achieve their goal of being full-fledged Family Medicine physicians.

The SGH Neuroscience Hospital recently celebrated its first anniversary. In its inaugural year, the team performed more than 100 ultrasound procedures for Parkinson's patients, treated over 4,400 patients in the neuro ICUs, and completed a highly complex brain bypass (direct revascularization) to prevent stroke by restoring blood flow.

East County is also home to the impressive Sharp Performance Center, a 50,000-square-foot sports facility on 28 acres of the Sycuan Reservation. Home to the San Diego Football Club, it features five full-size soccer fields and onsite medical services offering professional-level sports medicine care to athletes and weekend warriors alike.

## Lunch Assignments

**Please exchange with someone if you're unable to perform your assignment.**

### **May 20, 2026**

Greeter Mary Elington  
Pledge Marsha Darling  
Thought Gabriela Misirlioglu  
4 Way Test Jim Kline

### **May 27, 2026**

Greeter Dr. Jay Thompson  
Pledge Mary Elington  
Thought Keith Dindinger  
4 Way Test Becki Schwartz

### **June 3, 2026**

Greeter Marsha Starr  
Pledge David Petri  
Thought Greg Erickson  
4 Way Test Gabriela Misirlioglu

## May Birthdays

**5/25 Ben Hamilton**

**5/27 Melvin Jacobson**

**5/31 Mark Matthews**

## Memorial Service

**Memorial Service for Ron Welch will be held at Miramar National Cemetery on Friday, May 22<sup>nd</sup>, at 3:30 pm.**

**Address: 5795 Nobel Drive, SD.**

## Upcoming Programs

### **May 20, 2026**

**Building Little Libraries**

### **May 27, 2026**

**Betty Mohlenbrock**

**Reading Legacies**

### **June 3, 2026**

**Miramar National Cemetery**

**Flags**

### **June 10, 2026**

**Amy Reardon**

**PHHS Scholarship**

## EPIC DAY OF SERVICE



Gabriela needs your help!  
We will be building two **Little Free Libraries** for placement at Dale and Avondale Elementary Schools. The kits have been purchased; we need to paint and assemble them on the 16<sup>th</sup> of May.

The East County Rotary Clubs will be gathering at 8:30 AM, Saturday, May 16<sup>th</sup> at the **La Mesa United Methodist Church**. Church is located at 4690 Palm Ave, La Mesa.

A drill, a few paint brushes, and an Exacto knife to open the box is all that is needed.

This is an opportunity to socialize with East County Rotarians and complete a worthwhile community project.

**Please see Gabriela is volunteer!**

## Operation Flags 4 Vets



Our District 5340 Rotary family and our community come together to honor those who gave so much for our nation.

**Place Flags: Saturday, May 23, arrive at 12 p.m.**

**Remove Flags: Tuesday, May 26, arrive at 3 p.m.**

Memorial Day weekend, we have an opportunity to do something simple, beautiful, and deeply meaningful. Rotary District 5340 is proud to support Operation Flags for Vets at Miramar National Cemetery, where volunteers will help place 3,000 American flags on the graves of our military heroes, veterans, and their families. Each flag is a symbol of gratitude. Each grave tells a story of sacrifice. Each moment of service is a reminder that freedom is never free.

## Governor's Dinner

Please see [Bonnie](#) before **May 15<sup>th</sup>** if you're interested in attending the Governor's Dinner. We need five more attendees to have a second La Mesa Rotary table. Connect with Bonnie.

*Governor's Dinner*

**LAUNCH NIGHT**

**DON'T MISS THE BUS TO:**

**TOP FUN**

Rotary District 5340

**FRIDAY, JUNE 26 • 6:00PM**

San Diego Air & Space Museum, Balboa Park

REGISTRATION & SPONSORSHIP OPPORTUNITIES COMING SOON

<b>Event</b>	<b>Date/Time</b>	<b>Location</b>
Epic Day of Service	May 16, 2026 8:30 AM	La Mesa United Methodist Church
Operation Flags for Vets	Place Flags May 23 <sup>rd</sup> 12 - 3 Remove Flags May 26 <sup>th</sup> 3pm	Miramar National Cemetary
Govenor's Dinner	Friday, June 26 <sup>th</sup> 6 pm Registration & Cocktails 7 pm Dinner	Space & Air Museum Balboa Park
La Mesa Flag Day Parade	June 13 <sup>th</sup>	
Bonnie Welch Demotion	June 24 <sup>th</sup>	