Leap to Success
Dana Bristol-Smith
Empowering Women Who Are Rebuilding Their Lives

THE ISSUE:
1 in 4 women is a victim of domestic violence
3 in 4 homeless women are victims of DV
DV victims lose a total of 8 million days of paid work each year
15 million children witness DV each year
Many women have lost everything and start over with nothing, except…
shame fear worthlessness hopelessness

But, there is hope.
We believe all women should be able to live abuse-free, in healthy relationships, empowered to reach their greatest potential.

OUR STORY
Founder and visionary Dana Bristol-Smith, who discovered that her corporate Public Speaking and Leadership training had life-changing impact for professional women, woke one night with an idea and wrote the curriculum that became the backbone of our programs.
After learning of the huge unmet need for domestic violence victims to build their self-confidence to avoid returning to abusive partners, Bristol-Smith gathered experts—therapists, coaches, and trainers—to create a leadership program which she initially launched as a volunteer project with 6 participants.
These women have subsequently taken their message out to the community and have spoken to over 7,000 others in homeless shelters, schools, and other organizations.

Lunch Time Service Opportunities

August 14, 2019
Greeter Burnie Dunlap
Songs Scott Elam
Pledge Steve Looser
Thought Courtney Patterson
Raffle Ray Aguilar
Fines Martin Brickson
4-Way Bill Ashman

August 21, 2019
Greeter Maggie Eggers
Songs Bill Ashman
Pledge Mark Matthews
Thought Larry Perna
Raffle Robert Aguilar
Fines John Carlson
4-Way Mark Bagula

August 28, 2019
Greeter Guy Elam
Songs Ben Hamilton
Pledge Alek Mikolajczak
Thought Sue Richardson
Raffle Bill Ashman
Fines Gary Clasen
4-Way Dale Bailey

If you cannot perform your assigned duty, please arrange for a replacement.
Important Dates:
Aug 10th  District Membership Seminar – 8:00 am- Noon – USD
Aug 14th  Dana Bristol-Smith – Leap to Success
Aug 28th  La Mesa Rotary Blood Drive – Community Center 9:00am – 2:00pm
Aug 28th  Club Assembly
Sept 10th  Rotary Night at the Padres Game! 7:00 pm vs Cubs
Sept 15th  La Mesa Rotary Family Picnic – South Mission Bay Side – All Day

La Mesa Rotary
Charitable Giving

Past-President Bonnie presents Mark Matthews with a check for $1,000 for the Disaster Relief Fund. Mark has worked with the Disaster Relief the past couple of years.

Past-President Bonnie presents Nathan Oestreich a check for $500 for Loving You Through It – an organization that helps ladies battling breast cancer.
La Mesa Rotary
Charitable Giving
The Charitable Giving committee has started to take giving requests for our Fall Charitable Giving campaign! If you would like to submit a request please turn it in to Kathy Olsen or email it to her.

Be sure to include the organization name, their 501©3 number and what they intend to use the funds for.

La Mesa Rotary
Blood Drive
We are hosting a Blood Drive on Wednesday August 28th

Sign up with Bill Ashman. Times are available 9:00 am – 2:00 pm

The Blood Drive will be held in the Conference Room at the La Mesa Community Center. All are invited to give Blood!

Visit the La Mesa Rotary online! www.LaMesaRotary.org
Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTLER Editor: Scott Elam elamshallmark@cox.net

La Mesa Rotary
2019-20 Board of Directors
President: Jerry Esqueda
President Elect: Scott Elam
Past President: Dani Womack
Secretary: Dolly Juntilla
Treasurer: Larry Perna
2018-20 Directors: Mark Matthews Kathy Olsen Marsha Starr
2019-21 Directors: Courtney Patterson Robert Aguilar Sue Richardson
Foundation President: Tim Miller
New Generations: Rose Hurst
Speakers Chair: Bill Ashman
Membership: Courtney Patterson
Grants Chair: Burnie Dunlap
Social Chair: Marsha Darling Dolly Juntilla
La Mesa Rotary
Family Picnic at the Beach

Save the Date!

September 15th - All Day
South Mission Beach – Bay Side
Bring the family, kids, grandkids!

We will have a great spot with Grass, Sand & Water!

Plenty of games including Volleyball, Bocce Ball, Cornhole & More!

More to come!
La Mesa Rotarian Jenny Flynn is hosting this fundraiser for Mary’s House in Vietnam! Please come out and support this great cause.

We are still collecting School Supplies for local needy kids. Back to School is coming fast! The School Supplies sales at Staples, Office Depot, Target & Wal mart should go into September!

We are collecting Notebooks, Back Packs, Folders, Pencil & Pens, Markers and Highlighters, Erasers & Scissors, and any other supplies you can donate.