

The Tattler

Rotary Club of La Mesa

Volume 2019-20, No.248

Meeting Date: 8/14/19

Wednesday's @ Noon, La Mesa Community Center,
4975 Memorial Drive, La Mesa CA 91942



www.LaMesaRotary.org

Leap to Success **Dana Bristol-Smith**

Empowering Women Who Are Rebuilding Their Lives

THE ISSUE:

1 in 4 women is a victim of domestic violence
3 in 4 homeless women are victims of DV
DV victims lose a total of 8 million days of paid work each year
15 million children witness DV each year
Many women have lost everything and start over with nothing, except...
shame fear worthlessness hopelessness

But, there is hope.

We believe all women should be able to live abuse-free, in healthy relationships, empowered to reach their greatest potential.

OUR STORY

Founder and visionary Dana Bristol-Smith, who discovered that her corporate Public Speaking and Leadership training had life-changing impact for professional women, woke one night with an idea and wrote the curriculum that became the backbone of our programs.

After learning of the huge unmet need for domestic violence victims to build their self-confidence to avoid returning to abusive partners, Bristol-Smith gathered experts—therapists, coaches, and trainers—to create a leadership program which she initially launched as a volunteer project with 6 participants.

These women have subsequently taken their message out to the community and have spoken to over 7,000 others in homeless shelters, schools, and other organizations.



Lunch Time Service Opportunities

August 14, 2019

Greeter	Burnie Dunlap
Songs	Scott Elam
Pledge	Steve Looser
Thought	Courtney Patterson
Raffle	Ray Aguilar
Fines	Martin Brickson
4-Way	Bill Ashman

August 21, 2019

Greeter	Maggie Eggers
Songs	Bill Ashman
Pledge	Mark Matthews
Thought	Larry Perna
Raffle	Robert Aguilar
Fines	John Carlson
4-Way	Mark Bagula

August 28, 2019

Greeter	Guy Elam
Songs	Ben Hamilton
Pledge	Alek Mikolajczak
Thought	Sue Richardson
Raffle	Bill Ashman
Fines	Gary Clasen
4-Way	Dale Bailey

**If you cannot perform
your assigned duty,
please arrange for a
replacement.**

Important Dates:

- Aug 10th District Membership Seminar – 8:00 am- Noon – USD
- Aug 14th Dana Bristol-Smith – Leap to Success
- Aug 28th La Mesa Rotary Blood Drive – Community Center 9:00am – 2:00pm
- Aug 28th Club Assembly
- Sept 10th Rotary Night at the Padres Game! 7:00 pm vs Cubs
- Sept 15th La Mesa Rotary Family Picnic – South Mission Bay Side – All Day

La Mesa Rotary Charitable Giving



Past-President Bonnie presents Mark Matthews with a check for \$1,000 for the Disaster Relief Fund. Mark has worked with the Disaster Relief the past couple of years.



Past-President Bonnie presents Nathan Oestreich a check for \$500 for Loving You Through It – an organization that helps ladies battling breast cancer.

La Mesa Rotary Charitable Giving

The Charitable Giving committee has started to take giving requests for our Fall Charitable Giving campaign! If you would like to submit a request please turn it in to Kathy Olsen or email it to her.

Be sure to include the organization name, their 501©3 number and what they intend to use the

La Mesa Rotary Blood Drive

We are hosting a Blood Drive on Wednesday
August 28th

Sign up with Bill Ashman. Times are available
9:00 am – 2:00 pm

The Blood Drive will be held in the Conference
Room at the La Mesa Community Center. All
are invited to give Blood!



Visit the La Mesa Rotary online! www.LaMesaRotary.org
Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTler Editor: Scott Elam
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La Mesa Rotary 2019-20 Board of Directors

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Jerry Esqueda

President Elect:
Scott Elam

Past President:
Dani Womack

Secretary:
Dolly Juntilla

Treasurer:
Larry Perna

2018-20 Directors:
Mark Matthews
Kathy Olsen
Marsha Starr

2019-21 Directors:
Courtney Patterson
Robert Aguilar
Sue Richardson

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Rose Hurst

Speakers Chair:
Bill Ashman

Membership:
Courtney Patterson

Grants Chair:
Burnie Dunlap

Social Chair:
Marsha Darling
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La Mesa Rotary Family Picnic at the Beach

Save the Date!

September 15th - All Day

South Mission Beach – Bay Side

Bring the family, kids, grandkids!

We will have a great spot with Grass, Sand & Water!

Plenty of games including Volleyball, Bocce Ball, Cornhole & More!

More to come!



1925



7TH ANNUAL
FUNDRAISER FOR MARY'S HOUSE

THURSDAY, SEPTEMBER 26, 2019
6:30-11:30 PM

TICKETS \$100
*Food and selections of house wine, beer,
and specialty cocktails included*

MUSIC WITH STEPH JOHNSON BAND
Silent auction and Vietnamese marketplace

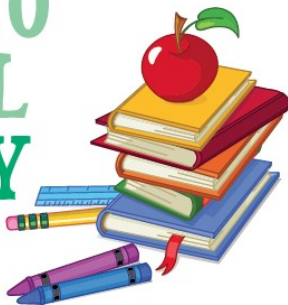
Tickets and info:
www.MarysHouseVietnam.com

Proceeds benefit Giving It Back To Kids,
a 501(c)3 non-profit. Tax ID 43-1955650

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La Mesa Rotarian Jenny Flynn is hosting this fundraiser for Mary's House in Vietnam! Please come out and support this great cause.

BACK TO SCHOOL SUPPLY DRIVE



We are still collecting School Supplies for local needy kids. Back to School is coming fast! The School Supplies sales at Staples, Office Depot, Target & Wal mart should go into September!

We are collecting Notebooks, Back Packs, Folders, Pencil & Pens, Markers and Highlighters, Erasers & Scissors, and any other supplies you can donate.