

The Tattler

Rotary Club of La Mesa

Volume 2018-19, No.202

Meeting Date: 8/29/18

Wednesday's @ Noon, La Mesa Community Center,
4975 Memorial Drive, La Mesa CA 91942



www.LaMesaRotary.org

FREE CANCER TREATMENT PRESENTATION

Cancer is a terrible disease, as we age we find more people around us that will suffer from cancer and its consequences. It is important to be informed.

The good news is that there are treatment options available today that enable people to live a better life after undergoing Cancer Therapy using the latest technology. Unfortunately many people are unaware of these options.

This short presentation will provide you with a greater understanding as well as a sense of empowerment to choose the best therapy for you and/or for those around you who may suffer from cancer.

Date: **August 29**

Don't Miss this important presentation!

LEARN ABOUT:

- Treatment options available, including the most advanced that are fast, non-invasive and offer minimal or no pain.
- How to spare healthy tissues and organs, thereby potentially reducing long-term issues and side effects.
- How to lower your risk of secondary cancer due to radiation.
- How to continue to lead a normal life, full of vigor and enjoyment after treatment.



Presented by:
Sal Mariscal,
former cancer patient

Community Cancer Initiative

REMINDER:

Next Board of Directors Meeting is
Tuesday September 4th @ 5:30 pm
Crosspointe Church, La Mesa

Lunch Time Service Opportunities

August 29, 2018

| | |
|---------|----------------|
| Greeter | Parker Cox |
| Songs | Mike Fellows |
| Pledge | Jim Kline |
| Thought | Ron Morell |
| Raffle | Terrence Young |
| Fines | Mark Bagula |
| 4-Way | Sue Richardson |

September 5, 2018

| | |
|---------|------------------|
| Greeter | Jack Dargitz |
| Songs | John Fistere |
| Pledge | Dennis Knight |
| Thought | Nathan Oestreich |
| Raffle | Ray Aguilar |
| Fines | Dale Bailey |
| 4-Way | Larry Perna |

September 12, 2018

| | |
|----------|--------------------|
| Greeter. | Marsha Darling |
| Songs | Jenny Flynn |
| Pledge | Al Lantz |
| Thought | Kathy Olson |
| Raffle | Bill Ashman |
| Fines | Martin Brickson |
| 4-Way | Courtney Patterson |

**If you cannot perform
your assigned duty,
please arrange for a
replacement.**

Important Dates:

| | |
|-----------------------|--|
| Aug 29 th | Community Cancer Awareness Initiative – Sal Mariscal |
| Sept 4 th | La Mesa Rotary Board of Directors Meeting – 5:30 pm |
| Sept 5 th | YWCA |
| Sept 12 th | East County Community Action Service and Advocacy |
| Sept 15 th | Rotary Leadership Institute and PrePETS |
| Sept 22 nd | 5 th Annual Interact Symposium |
| Sept 26 th | Tashi Maldonado |
| Oct 3 rd | Free To Thrive.org – Cierra Robinson & Jamie Quient |

Help collect School Supplies

Recently, the Kearny Mesa Target's price for 70-sheet notebooks was 89 cents. It is back to a quarter so I bought a sealed box of 48. Again, I had a discussion with the clerk as to how many are in the box. The box says "70 ct", so I had to convince a mgr that there are 48. A sealed box is desirable because of ease of handling. Target and Walmart have no limit. Staples' limit is 30. Office Depot's limit is 6. All 4 stores sell them for 25 cents

Dollar Tree has a glue stick 8-pack for a buck and a 200 sheet loose-leaf pack of filler paper for a buck but the online ad says that one must buy a pack of 4 for \$4. Buy a whole box if possible.

The deals of the last two years are not there, nor are the shoppers at Staples and Office Depot.

At Target a 24-pack of "Classic Colors" crayons is 25 cents. For Crayola crayons it is fifty cents at all 4 stores.

The above items will probably be available at these prices thru Sept 8.

Martin



Chartered
1925

Treasurer's Corner

I have been asked by our Board to provide justification for asking the Board to authorize an administrative charge to your quarterly invoice: \$25 for regular members and \$15 for Rule of 85 members.

Since 2014 our operating net income has decreased by \$1,000 per year. Our club has been subsisting on the difference between meals paid in advance and meals eaten. Prior to 2014 we were fortunate to have a club member who prepared our taxes at no cost, saving the club \$650 per year. The Club Runner (Rotary soft package) is currently costing the club approximately \$570 per year. With an increase in Rotary International Dues of \$4 per member last year and the same amount increase for the next two years has put downward pressure on our net income. Based on our projected budget, we should have an approximate surplus of \$1,100.

We need to be more attentive to over expenditures on budgeted and non-budgeted items. Failure to pay for guest meals who are not potential members at \$13.75 per week cost the club approximately \$600 per year. Our current checking account balance is approximately \$11,000. As your Treasurer, I believe we should not deficit spend. Keep enough reserves to handle emergencies like we experienced in 2014.

Respectfully Submitted,

Ron Morell, Club Treasurer

Visit the La Mesa Rotary online! www.LaMesaRotary.org
Or find us on Facebook! Just search for La Mesa Rotary.

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La Mesa Rotary 2018-19 Board of Directors

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Dani Womack

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Jerry Esqueda

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Jack Darhitz

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Dolly Juntilla

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Barbara Claire Caster (Culver)

November 23, 1931-August 20, 2018

(Excerpts taken from Barbara Caster's Obituary as posted on the Dignity Memorial Website)

Join the Caster family, and the Rotary Family in celebrating a life well lived!

Barbara Claire Caster (Culver) was born on November 23, 1931 in New Jersey. As a young woman she moved to Los Angeles where she met Terrence Robert Caster. On August 1, 1953 they married and she became Barbara Caster. Terry and Barbara's union spanned more than 65 years. Together they raised 5 sons and 3 daughters while building a family business and developing a charity, Serving Hands International, along with many other philanthropic causes. She was a peaceful, graceful and calming presence in even the harshest of circumstances. She was smart, hardworking and so caring. She had a sweet, sweet spirit that was evident to anyone she met. Barbara's legacy goes far beyond a successful family business and charitable works far too numerous to list. Her children; Terry Van, Jeff, Craig, Mechele, Brian, Jill, Barbi and Dan went on to create their own loving families that include 40 grandchildren, 48 great-grandchildren and more on the way! Barbara's greatest source of joy and pride was in her family. She loved the church and she loved the Lord.

The Caster's have served and supported Rotary efforts generously for years! Barbara's life exemplified the Four Way Test as well as Service above Self. She truly was an inspiration for all who were privileged to know her.

Rosary Service will be held on Friday, August 31st 2018 @ 7:00 pm at Our Mother of Confidence Catholic Church -Address: 3131 Governor Drive San Diego, CA 92122
Funeral Service will be held on Saturday, September 1st 2018 at 11:00 am at Our Mother of Confidence Catholic Church Address: 3131 Governor Drive San Diego, CA 92122.
Luncheon at Parish Hall after Mass In lieu of flowers the Caster Family would like donations to Cristo Rey San Diego. Below is a link to the platform that will manage the donations. If writing a check; please write the check to Catholic Community Foundation of San Diego with a Memo: Cristo Rey San Diego/Barbara Caster Mailing Address: CCFSD P.O. BOX 81023 San Diego, CA 92138 Direct Credit Card

Link: <https://ccfsdindividualfund.kimbia.com/cristoreysandiego>