East County Community Action
Service and Advocacy

Dana Stevens

Healthy Communities
Healthy communities have streets and parks where residents feel safe walking, and have healthy recreational opportunities, provide safe access to healthy food options, encourage public transportation so residents can readily access education and employment, and connect to health care. CASA collaborates with regional coalitions and the County's Live Well San Diego initiative to create healthy communities.

How does marijuana really impact California?

A first-of-its-kind report, the California High Intensity Drug Trafficking Area (HIDTA) describes the impacts marijuana is ALREADY having on California!

Key findings include:

- Increased youth use
- Increased drugged driving
- Increase in marijuana-related emergency department & hospital admissions
- Long-term environmental impacts
Important Dates:
Sept 12th  East County Community Action Service and Advocacy
Sept 15th  Rotary Leadership Institute and PrePETS
Sept 19th  Mark Barlow - GUHSD
Sept 22nd  5th Annual Interact Symposium
Sept 26th  Tashi Maldonado
Oct 2nd    Board of Directors Meeting – 5:30 pm
Oct 3rd    Free To Thrive.org – Cierra Robinson & Jamie Quient

La Mesa Rotary
Charitable Giving Campaign

President Dani presents a check for $1,000 to Pamela George from the KROC Center for the Family Resource Program. Sponsored by Jerry Esqueda

President Dani presents a check for $500 to Walter Jackson – CEO of Sports 4 Exceptional Athletes. Sponsored by Jim Kline.
Good Morning La Mesa Rotary,

The Charitable Giving Committee is now accepting requests from Club members until October 13, 2018.

The requirements for a proper submission:

- Request must be accompanied with a letter from the club sponsor specifying why we should consider this request.
- A letter from the charity specifying on how they plan on utilizing the funds requested.
- The Charity must be a 501(c)(3)
- Amount of request cannot be greater than $1,000 per fiscal year.
- Their Federal Tax Number and their California Tax Exempt number.
- The charity must be able to make an appearance at a club meeting to be presented with the donation.

The more information provided by the charitable organization on how the funds will be utilized, the more likely the better chance they have.

Please forward all the required documentation to Kathy Olsen at kolsen@rcpblock.com

Warm regards,

Kathy Olsen

Chair

La Mesa Rotary Foundation Community Giving Committee
I'm not sure I knew what to expect. I was honored to be asked to lead such an amazing Rotary Club for the 2018-2019 Rotary year. Being a newer Rotarian, I knew my learning curve would be steep, but feeling surrounded and supported by legendary Rotarians, I know together we could do some amazing things! I feel like I blinked and we are now at the end of my second month. 1/6th of the way through the year already! And I am excited for what is to come!

The Club assembly last week provided some wonderful information. Ron shared the great strides our club has taken since 2014 to ensure our finances are well reviewed and properly maintained and recorded. I cannot imagine my presidency without Ron as our treasurer. Jen also shared about some of our membership goals and fundraising. We are thankful Marsha will be willing to donate her time and do a show for us as a fundraiser. We are also selling raffle tickets for two amazing trips! I can't wait to see who sells the most tickets and gets a prize!!! John shared about our grants. I'm excited for us to expand our participation in global grants, and personally, I am looking forward to learning more about the global grant process. We have some exciting district grants that will get us involved on the school campuses to a new intensity!

I have absolutely loved getting to collaborate with the 2018-2019 La Mesa Rotary Club Board. The people around that table serve this club well! It is an honor to watch as they apply the four way test to the decisions they are asked to make. To hear the different perspectives and the honor each gives the other is incredible. Also, it is a privilege to collaborate with the leadership of other East County Clubs. We are collaborating on some fun projects and events to benefit us all.

What I love best about Rotary is the people! Hearing what Rotarians are doing in the community is wonderful! Being the 2018-2019 President is giving me an even better view of the amazing things Rotary and Rotarians are doing. I am extremely thankful for this incredible opportunity, and amazing club!!

President Dani
6th Annual Fundraiser for Mary's House

Please join us for an evening of great food, craft beer and wine, live music, and generosity!

Friday, September 28
6:30pm - 10:30pm
3428 Juniper Street
San Diego, CA 92104

Our goal this year is to raise $45,000 to support the women at Mary's House with school, clothing, nutrition, medical care, activities, and tutoring. We are also expanding our support to the Giving It Back to Kids college scholarship program.

Back by popular demand...
Live music by the Steph Johnson Band
Steph Johnson and Rob Thorsen have had an amazing year! They have been working with the Voices of Our City Choir empowering the homeless community to be involved in music. They were featured in a recent documentary that was nominated for an Emmy! We are thrilled to have them perform AGAIN for our event!

MARY'S HOUSE FUNDRAISER • FRIDAY, SEPTEMBER 28, 2018

- Food by Epic Catering
- Open Bar with great wine and local beers
- Silent Auction with fantastic items
- Sponsorship opportunities for our young women and college students
- Opportunities to be involved in upcoming projects and trips to Vietnam!

Tickets $60 at the door
Tickets $50 purchased online:

Giving It Back To Kids - Mary's House Fundraiser Tickets
Please place the name of attendees in the comment field.