

The Tattler

Rotary Club of La Mesa

Volume 2019-20, No.294 Meeting Date: 9/2/20

Wednesday's @ 12:30pm Via

ZOOM<https://us02web.zoom.us/j/618141217>

Meeting ID: 618 141 217



www.LaMesaRotary.org

D I S T R I C T 5 3 4 0
Tim Ray

Meals on Wheels

From humble beginnings in 1960 with a few women deciding to deliver meals to their elderly neighbors, to serving nearly a half a million meals throughout the entire county today, Meals on Wheels is devoted to the health, safety and well-being of San Diego seniors.

Meals on Wheels is the only agency providing meals for 7 days a week, including holidays. Additionally, we cover the entire county, including delivery into the over 3,049 square miles of rural and unincorporated areas. Meals on Wheels San Diego County subsidizes 60% of the costs for meals, delivery, and other services provided, regardless of a senior's ability to pay.

Distributing home-delivered meals and safety checks could not be accomplished without the help of our very large and caring volunteer workforce who deliver meals with a hug and a smile and ensure our homebound seniors are OK. Frequently the volunteer may be the only person the senior sees all day, providing human contact and a safety net, particularly for those seniors living alone. Lives are saved nearly every week as a result of acquiring the proper emergency personnel for someone who has fallen, had a stroke, or is simply in need of additional resources.

Lunch Time Service Opportunities

September 2, 2020

Pledge	Bonnie Welch
Thought	Marsha Darling
4-Way	Ron Morell

September 9, 2020

Pledge	Bonnie Welch
Thought	Ryan Barnhill
4-Way	Martin Brickson

September 16, 2020

Pledge	Bonnie Welch
Thought	Ron Morell
4-Way	Marsha Darling

September 23, 2020

Pledge	Bonnie Welch
Thought	Jack Dargitz
4-Way	Jen Flynn

**If you cannot perform
your assigned duty,
please arrange for a
replacement.**

Important Dates:

- Sept 1st La Mesa Rotary Board of Directors meeting – 6:00 pm – ZOOM
- Sept 2nd Club Meeting on ZOOM – 12:30pm
Guest Speaker: Tim Ray – Meals on Wheels
- Sept 9th Club Meeting on ZOOM – 12:30pm
Guest Speaker: Dayn Conrad – California Green Energy
- Sept 16th Club Meeting on ZOOM – 12:30pm
Guest Speaker:
- Sept 23rd Club Meeting on ZOOM – 12:30pm
Guest Speaker:

School Supply Drive



Some kids might not be back in school but they are back in “class”! La Mesa Rotary has been asked to continue with our annual School Supply Drive to help kids get the things they need. Because we are not meeting in person you can drop off any School Supply donations at Elam’s Hallmark in Grossmont Center!

There are plenty of items on sale at Target, Staples, Office Depot and WalMart for back to school! Here are a few examples:

Backpacks

Pencils

Folders

Glue Sticks

Rulers

Spiral Notebooks

Colored Pencils

Binders

Scissors

Calculators

Refill paper

Markers

Hand Sanitizer

Pens

Erasers

La Mesa Rotary

Board of Directors Meeting

Tuesday September 1st

6:00 pm via ZOOM

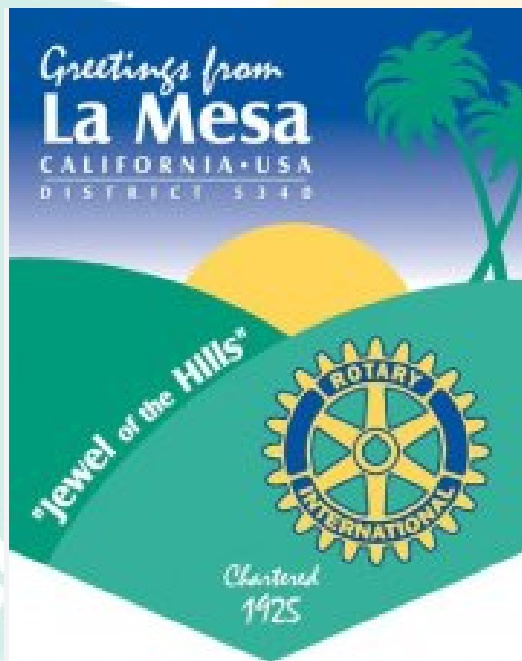
Join Zoom Meeting

<https://us02web.zoom.us/j/88253900446?pwd=d29wOFBtWmt1Mm56Z0tqL3c4cGR0Zz09> Meeting ID: 882 5390

0446 Passcode: 463120

One tap mobile

+16699006833,,88253900446#,,,,,0#,,463120# US (San Jose)



Visit the La Mesa Rotary online! www.LaMesaRotary.org

Or find us on Facebook! Just search for La Mesa Rotary.

La Mesa Rotary TATTLER Editor: Scott Elam
elamshallmark@cox.net

La Mesa Rotary 2020-21 Board of Directors

President:

Scott Elam

President Elect:

Sue Richardson

Past President:

Jack Dargitz

Secretary:

Kathy Olsen

Treasurer:

Ron Morell

2019-21 Directors:

Courtney Patterson

Larry Perna

Jen Flynn

2020-22 Directors:

Dale Bailey

Mark Matthews

Becki Schwartz

Foundation Chair

Bill Ashman

New Generations:

Rose Hurst

Speakers Chair:

Bill Ashman

Membership:

Jen Flynn

Marsha Starr

Social Chair:

Marsha Darling

Dolly Juntilla

ROTARY DIRECT

How do you donate to the Rotary International Foundation? Rotary Direct is the easiest way possible! La Mesa Rotary has a goal called EREY: Every Rotarian Every Year donates a minimum of \$100 to the Rotary International Foundation. Rotary Direct makes it super easy! It will automatically charge your credit card each month what ever amount you specify! A simple \$12.50 per month will be a \$150 annual donation!

Just go to www.Rotary.org/give to signup online!

DO YOU SHOP ON AMAZON?

Help support our La Mesa Rotary Foundation just by shopping on Amazon!

Be sure you shop Amazon Smile – which is the same as Amazon or Amazon Prime – but you get to select a charity to receive a portion of your purchase. That charity will receive 0.5% of all transactions you do on Amazon Smile! Please choose “Rotary Club of Lamesa California Foundation Incorporated”.

If you need any help setting this up let me know!



www.LaMesaRotary.org

Have you visited our website www.LaMesaRotary.org? This is where you can now go to and pay your bill or fines!

Please remember that when you are paying your dues to the club to pay through the clubs Square payment site.

If you are paying Fines or making a contribution to the La Mesa Rotary Foundation to pay through the Foundation Square payment portal!

Both of these links are easy to find on our website. At the top of the page is a big box that says DONATIONS. You can click on that to take you to these links as well.



City Hope is accepting Food Donations to be distributed throughout Spring Valley & La Mesa. You can drop off donations at the Spring Valley Academy at 2:30pm on Friday's or Bonnie would be glad to pick up any donations you have. Right now they are looking for Pasta, Pasta Sauce, Peanut Butter, Tuna, Cereal, Chili & Soup. They are taking volunteers for the food distribution station at the Spring Valley academy each Friday.

Dani would also appreciate if anyone could call the La Mesa Police Depart Dispatch and just offer words of encouragement. (619) 667-1400

Food Drive

For the LMSV School District Students and Families during Summer

**CEREAL, COMPLETE PANCAKE MIX,
OATMEAL, SOUP, CANNED VEGGIES,
CANNED FRUIT, CANNED MEAT/PROTEIN,
RICE, BEANS, PASTA, PASTA SAUCE,
PEANUT BUTTER, MAC AND CHEESE, CHILI,
SNACKS, OTHER NON PERISHABLE ITEMS.**

Food will be handed out every Friday from 3-5 at Spring Valley Academy.

**TO ARRANGE PICK UP/DELIVERY OR FOR QUESTIONS,
CALL 619-319-4423**

1925