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NEWSLETTER: 28th February 2019

CESSNOCK ROTARY BOOK FAIR



Books, books and more books and it looks like there was plenty to look through during the busy sessions of selling all those books. The front stack of books belong to your bulletin editor, so I think that I did a little bit of my share in buying even if not in setting up and packing up. That hard work was done by just a few devoted people. Let's hope that we sold a few more than in previous years.

MHERV VAN IN CESSNOCK



ROB WOOLEY IS A GREAT NURSE

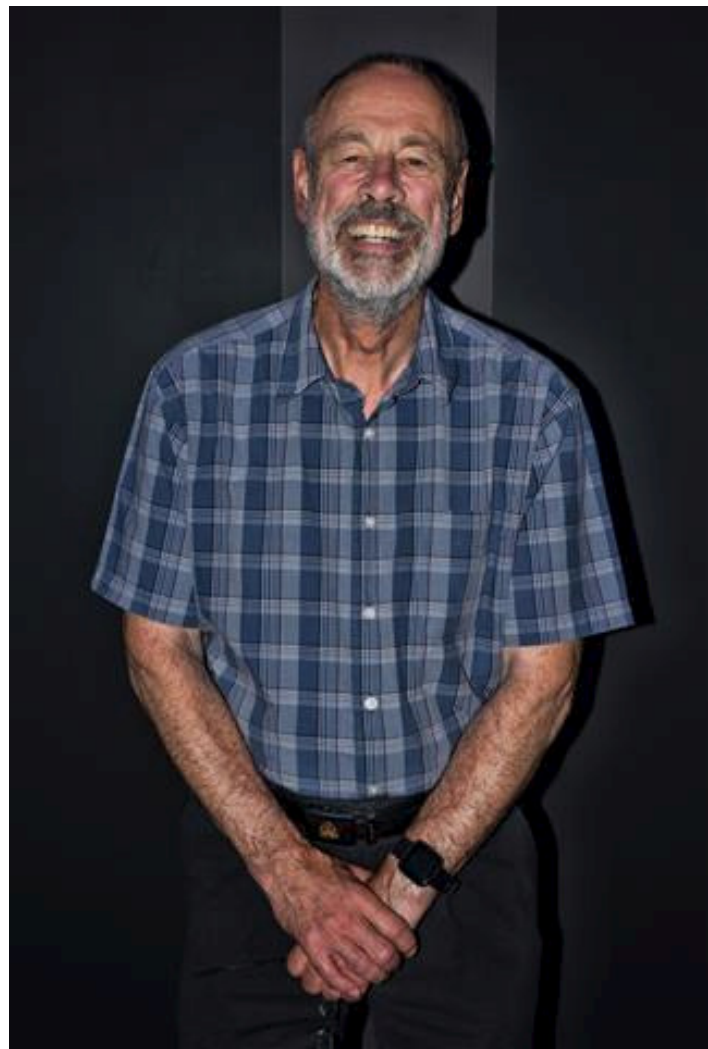


The [Men's Heath Education Rural Van](#) is a Rotary project made possible by fundraising, generous sponsorships and time freely given by hundreds of Rotary volunteers.

A custom built caravan with a dedicated Registered Nurse travels the state of New South Wales offering free health screenings to regional and rural men, who are notorious for being completely in the dark about the state of their health.

For most, there is no culture to see their doctor for a regular check-up, indeed it could be said that many men are afraid to do so in case they are told something they wouldn't like to hear... Consequently conditions like high blood pressure, high cholesterol and high blood sugar which have little or no apparent symptoms, can build up and lead to sudden unexpected death or long term incapacity. Ten minutes spent in the mherv van can only bring good news... Either the tests show no reason for concern or at the other end of the scale it may be recommended that immediate medical attention be sought for treatment that would bring the condition under control... probably saving a life!

Plus it was a great pleasure to be able to put up Rob Wooley (the MHERV Nurse) The Bevans, the Konczs and Harma Hill hosted Rob and it sure was a fun experience. Rob even sang for his dinner at the Koncz residence and cooked a meal as well. Unfortunately not too many people took the time nor the advantage of the free service



Our two guests at the last meeting were Rob Wooley with the MHERV Van and Alan Beckley who noticed our add in the Branxton paper and came along to see what our club is all about.



It is also one year ago that we lost one of our very much loved members in David Clark. His memorial tree in Kitchener near the Poppet Head is surviving even in these harsh summer conditions which we recently had. Thanks to a few dedicated Rotarians who water the tree on a regular basis.

Rotary



Today marks an important date for Rotary, as we celebrate the 110th anniversary of Rotary International. February 23, 1905, Rotary founder Paul Harris formed one of the world's first service organizations, the Rotary Club of Chicago, as a place where professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships. Since then, Rotary has continued its commitment to service by providing clean water, improving maternal health, awarding scholarships, fighting diseases, and improving lives around the world.

This year, also marks the 30th anniversary of the PolioPlus program. Since the fight to end polio began, **2 billion children** have been immunized, **10 million children** have been saved from life-long paralysis and **125 countries** have been declared polio-free.

Happy Birthday Rotary!

Here is to another 110 years of helping and sharing in fellowship!



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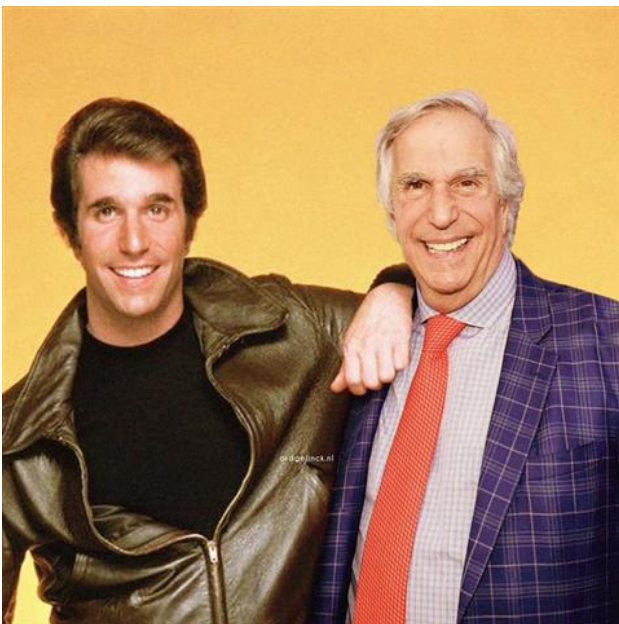
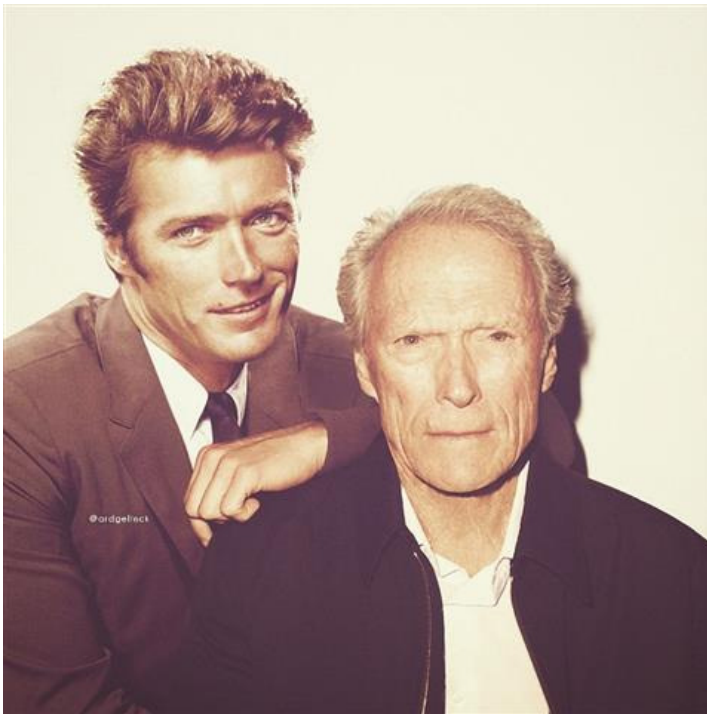
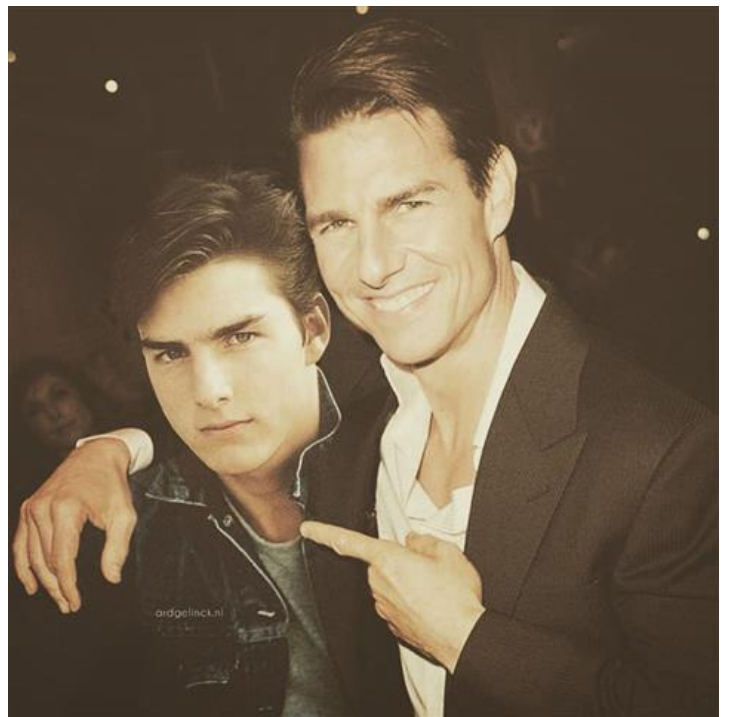
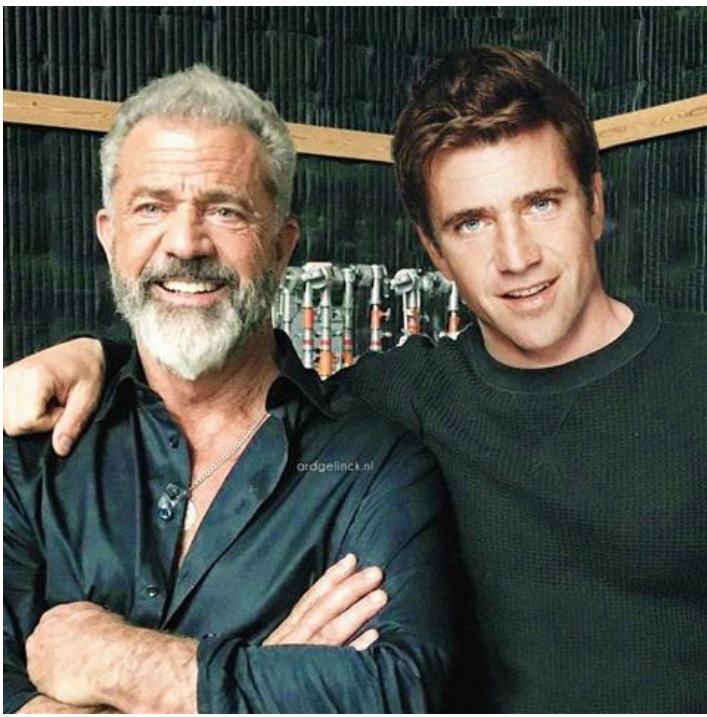


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AN AGING THING



Two photos of Tasmania - what a wonderful part of Australia