

The Waratah

July 2019



***New Leadership Month
Starts a new year of Rotary
Officers' year of service***



Monday 1 July 2019 – Fellowship Night



Yes, this is a photo of a LOT of lollies welcome to our Fellowship night.

President Howard got the members in the mood for the November Trivia Night for ShelterBox by conducting a short trivia quiz. One correct answer earned a lolly! I think it was his way of determining who was going to be on the "Waratah Team". We filled the eight places with ease. Perhaps we need to consider a second team!

We discussed the Waratah West School project at length, especially the final tasks need to be completed. Howard indicated this may well be the last "physical" project our club undertakes as it is becoming difficult to get the helpers we need.

Congratulations to the team who have carried this through.

President Howard encourage members to invite friends and relatives to the Trivia night in November. We also discussed the next Fathers' Day raffle briefly, with more details next week.

Another enjoyable night at Rotary.

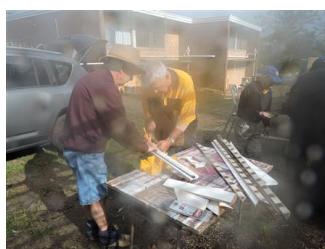
Please note Alan Palmer and Judy are heading off for six weeks, so we trust they will travel safely.

Friday 5 July 2019 – Waratah West Public School Project

A Picture tells a thousand words. Well done team!



Final Painting



Working in the rain



*When the rain was too heavy
the team stopped for a cuppa!*



The Final Touches and Completed!

**Check out all the photos on the
Website (Galleries)**

President Howard expressed his gratitude on behalf of the Board for the small team who worked tirelessly on site over many weeks, and for the members who made generous donations towards the cost of the project.

Monday 8 July 2019 – Board Meeting and Club Assembly

For a small club we seemed to have a lot to discuss at the Board Meeting and Club Assembly.



Business arising included Waratah West Public School's new Greenhouses with **President Howard** expressing his gratitude on behalf of the Board for the small team who worked tirelessly on site over many weeks, and for the members who made generous donations towards the cost of the project. We also discussed the Peace Pole project, Neville's tree pruning, and the two applicants for NYSF. We had an update of the Therapy Dog project and the Rotaract Club of the Hunter's upcoming trip to Cambodia.

New business included a discussion on membership dues for 2019-2020, College of Legislation changes, the Inspirational Women's Awards, a possible NIADOC barbecue at Waratah Campus and confirmation of the Fathers' Day raffle venues.

President Howard discussed his goals for 2019-2020 as we prepare for the District Governor's official visit in August.

International Service Director **Michael Grant** gave an inspiring presentation on the work of Rotary throughout Australia and overseas, particularly in the area of domestic violence. He reminded us that our contributions to the Rotary

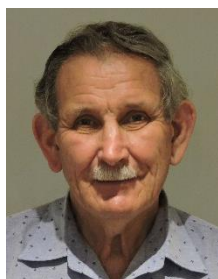
Foundation enables this much-needed work to continue.

Bob Cherry gave us an update from the latest Trivia Night for ShelterBox committee meeting. Plans are coming along well.

It is now time for us all to go to the next step with approaching sponsors etc. and finding raffle and auction prizes.

It was great to have an almost full house with only three members away.

Thanks everyone for the open discussion.



Monday 15 July 2019 – Guest Speaker Rebekah Wilson from Hunter Medical Research Institute (HMRI)

Rebekah Wilson has been working with HMRI for the past four years, and obviously loves her job. She is passionate about the Institute, the researchers, the programs and the community partners that make HMRI the internationally renowned Institute it is.

HMRI is celebrating its 20th year of noted research in Newcastle. Rebekah outlined the history of the impressive building in the grounds of the John Hunter Hospital, how it grew from support through the University of Newcastle and the needs of the community through the medical professionals they rely on. It is an \$80 million facility we should be proud of.



The main aim of research is discovery in the laboratory, clinical trials and into clinical practice. There are 1,600 researchers working at HMRI translating medical research into medical practice.

The John Hunter is the busiest hospital in the country. No other district in Australia has a facility that covers urban, rural and remote. This makes research a huge challenge as some trials must be conducted within two hours from discovery. Rebekah emphasised that a postcode should not determine good health.

Funding relies on 80% from the community with only 5% spent managing the laboratories.

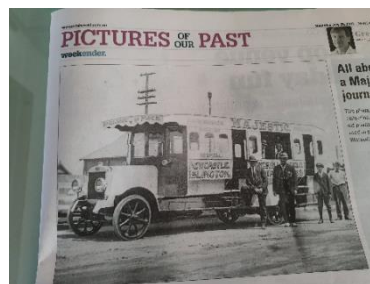
The facility includes many Bio banks and has an ERA (Excellence in Research Australia) rating well above world standards. A rating of 4 is “world class”. HMRI has a rating of 5 in 10 (out of the 11) categories. They have the respect of the international world of researchers with many doctors coming to Newcastle to work with the teams at HMRI.



Rebekah outlined the many research programs underway at the present time that have a direct affect and interest to our members, including the Mark Hughes Foundation research into brain cancer, breast cancer, asthma, heart health and stroke. A vaccine for certain cancers is being trialled now. We also learned about the genetics that determine our good, or not so good, health (family genetics, our environment and life choices). Rebekah concluded her presentation with an invitation to be involved as volunteers on their open day to the public on Friday 16 October. Forms were distributed to all members present for their consideration for involvement in the many trials on offer and helping as a volunteer. Rebekah’s departure from the venue was delayed due to the many questions.



Newcastle has come a long way since these historic photos.



Tuesday 23 July 2019 – Newcastle Science and Engineering Challenge Presentation Night

Almost eighty Rotarians, University staff and sponsors attending the Challenge Dinner at Wests Mayfield to hear two outstanding speakers. Professor Kevin Hall and Dr Geoff Garrett OA spoke about the future in STEMM.



Our club had fifteen members attend, and I believe their attempt at the table experiment

“Let the Wookie Win” was very impressive.

District Governor Graeme Hooper presented President Howard with a Certificate of Appreciation for the club’s sponsorship of the Challenge this year.

It was also an opportunity to hear from the students from All Saints College St Peter’s Campus Maitland on their Challenge experience. They were successful in being awarded both the District and Waratah Club trophies for 2018.



Friday 26 July 2019 – Newcastle Science and Engineering Challenge Day 1



Many thanks to our members Brian, Clarice, Bob M, Anne Pettigrew and David for putting their hand up to volunteer for the day at the Challenge. It was a most successful start with Lakes Grammar Central Coast winning the day. There was a full contingent of schools, and from all reports the morning tea and lunch were more than acceptable.

Monday 29 July 2019 – Guest Speaker Clarice Hamling



We commenced our meeting with a very special surprise for Chris McGrath when the members acknowledged his outstanding contribution to Rotary over 43 years with a Paul Harris Fellow plus One Sapphire.

President Howard listed the comprehensive involvement from Chris and Helen with many aspects of Rotary life.

Among the roles Chris is recognised for is being the

Club's Treasurer and President, Chair of the District Youth Exchange Program Committee, participating in two F.A.I.M. projects to Fiji and Papua New Guinea, Club and District Webmaster, an Assistant Governor, and a long and passionate commitment to everything ShelterBox. Chris is also a District Committee Member of Australian Rotary Heath. A true service above self. Congratulations Chris.

Clarice concluded the fellowship night with some very amusing stories about life as a marriage celebrant. Some of the weddings she described sounded like "hard going", some gave us a laugh, and some events, including the weather, sounded like a trial more than a celebration. Thanks for sharing a little of what you do Clarice.



As a footnote: Inspirational Clarice:

On Sunday 28 July Clarice walked 35kms with some of her friends in "The Bloody Long Walk".



The walk was to raise funds for the MITO Foundation.

The Mito Foundation supports people affected by mitochondrial disease (MITO), funds essential research into the prevention,

diagnosis, treatment and cures of mitochondrial disorders, and increases awareness and education about this devastating disease.

Clarice said, "What better way to do this than with my awesome girlfriends ...THANK YOU!!!".

Monday 29 to Wednesday 31 July 2019 – Newcastle Science and Engineering Challenge Days 2 to 4

We had a full team over these Challenge days, namely Brian, Neville, Bob C, Clarice, Deborah and Michael, Bob M, Howard, Fred, Grant and David.

There were six high schools competing on Monday, and a full house of eight schools Tuesday and Wednesday. St Pius X Catholic School Adamstown was successful on Monday. I believe the highlight on Monday was the donuts for lunch!

Wyong Christian Community School won the Challenge on Tuesday with All Saint's College St Peter's Campus Maitland taking the lead on Wednesday.

Regional Chair Brian asked me to sincerely thank all the members who have assisted with the Challenge again this year. The Rotary team do a fabulous job.



What this space!

Deborah is looking into a collection point for recycling plastic bottle tops.

More details next month.

Fathers' Day Raffle Roster

There are still a few places left on the Fathers' Day raffle roster.

Please contact Deborah if you have any available time on the following days.

Thursday 22 August Marketown Newcastle West Shopping Centre

Saturday 24 August Marketown Newcastle West Shopping Centre

Sunday 25 August Marketown Newcastle West Shopping Centre

Thursday 29 August Waratah Village Shopping Centre

Friday 30 August Waratah Village Shopping Centre

Saturday 31 August Waratah Village Shopping Centre

Please note we only need two members and/or friends on each two-hour shift.

Please contact Howard if you have a donated gift for the prize.

Upcoming Waratah Meetings in August 2019 (Keep checking the website)

Monday 5 August Board Meeting and Club Assembly

Monday 12 August Vocational Visit to HiVis to be confirmed

Monday 19 August District Governor Graeme Hooper and Sue's Official Club Visit. Board members – there will be a Board meeting with the DG prior to the meeting.

Tuesday 27 to Thursday 29 August Science and Engineering NSW State Final

Monday 26 August Guest Speaker to be confirmed

Monday 16 to Thursday 19 September Roster needed for Discovery Days Challenge at St Clemente HS Mayfield. Names to Bob Main please.

What the District and other Clubs have on offer: (check the District website)

August / September 2019

Friday 9 August Presidents, AGs and Chairs meeting at Club Maitland Rutherford at 7:00pm. Information night with ALL Rotarians invited

Wednesday 14 August Rotary Foundation fundraiser through Rotary Club of Newcastle Enterprise. Beauty and The Beast at Civic Theatre. Tickets \$62 with \$15 to the Foundation.

Sunday 18 and Sunday 25 August. Please consider the opportunity to attend Rotary Leadership Institute (RLI) Training on leadership skills and Rotary around the world. 8:45am-4:00pm at Rutherford

24 August Newcastle Pride Fair Day Newcastle Beach Foreshore 11:00am-6:00pm

Monday 23 September. Dinner with RI President Mark Daniel Maloney. Rotarians and friends from D9670, 9675, 9685 joining for a special dinner in Woolwich Sydney.

Thursday 24 October End Polio Now Campaign. All clubs encouraged to hold a major fundraiser in October to support the campaign. Be involved in a train journey from Newcastle Interchange to Berowra and meet Sydney Rotarians in the End Polio Now Campaign.

2019-2020 Executive

President: Howard Mole

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President-Elect: TBC

Secretary: Madeleine Atkins

Treasurer: Grant Pettigrew

Public Officer and WWC: David Winkelmann

Sergeant-at-Arms: Bob Main

Club Service Director: Grant Pettigrew

Youth Services Director: Howard Mole

Community Service Director: Deborah Holt Smith

Vocational Service Director: Bob Main

International Service Director: Michael Grant

KEEP IN CONTACT - VISITORS WELCOME

Website: <https://portal.clubrunner.ca/10174> Facebook: www.facebook.com/rotaryclubofwaratah

Rotary International Website: www.rotary.org

Rotary Club of Waratah meets on Mondays 6:15pm Memories Function Centre

3 Charles Street Wallsend NSW 2287 Australia

For more information email Webmaster Chris McGrath: cjm@internode.on.net

All correspondence to PO Box 57 Waratah 2298

