



Official Bulletin of

The Rotary Club of Springwood Inc.

Chartered 4th December 1984 CLUB 22213
P.O. Box 45, Springwood, N.S.W, 2777
District 9685 website http://rotarydistrict9685.org.au
Club Website www.springwoodrotary.org.au

This Week's Meeting ROMAC With Marilyn Kenney

Introduction Geoff Glassock Thanks
Norm Kitto

Report from our President Margaret Bell 2018—2019



What a terrific meeting we had last week, I hope you enjoyed it as much as I did! Bob has generously forwarded the files to Bronwyn so that we can make use of the great tools in our Membership and Public Image areas. It is always nice to see Clubs sharing and working together for the good of us all. A big thank you to Bob!

This weekend many of us are off to Orange on our annual bus trip! More on that when we return, but remember, some of what happens on the bust trip, stays on the bus trip! Remember – 7.15 arrival for 7.30am on the dot...departure from Faulconbridge Public School. An enormous shout out to thank Norm and Cheryl for their tireless efforts in putting the program together!

Nice to see progress on Norm's pet project, the *wheelchair accessible carousel* at Buttenshaw Park...the soft fall was laid during the week and it is now another great Rotary Project very close to completion!

The **sick list** continues and we send good wishes to Peter McTaggart, Peter Kilkeary and Carrie Graham. We wish Valda a happy transition in the move to her new home in Wentworth Falls and hope that the delay is minimal. I hope that Adam's recovery from the dog attack is speedy and not too painful. Too all who are feeling out of sorts, we wish you well.

This week our guest speaker is Marilyn Kenney. We will hear all about the work of ROMAC and the current projects being undertaken as well as the wonderful recent success stories.

I wish you all an inspirational week,

Margaret Bell President



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September



Margaret Boyle Jennifer Wearn Norm & Cheryl Kitto



Gregg & Penelope Josey Margaret & Richard Bell









Apologies

Please contact for Apologies, Additional Guest, Dietary Changes ETC.

Peter Sparkes peege@bigpond.com or phone 0417 244 829 by 5pm on Sunday.

Speak clearly and leave your name and contact number with the message.

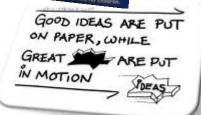
Remember you will be required to pay for any meals not cancelled after 5pm on Sunday

THE LAST MEETING

Bob Aitken was our guest speaker last Monday night, presenting ideas for our Club to promote the image of our Club and of Rotary within the community. Bob is always welcome at our Club, having known most of us for many years. The ideas he presented were both fascinating and a challenge. This challenge is one we will be considering in the future as to how we can promote and "sell" our Club and Rotary. Bob was introduced by Bronwyn Berriman and thanked by Frank Ross.

thanked by Frank Ross. LOWER BLUE MOUNTAINS ROTARY Rotan AND YOUR COMMUNITY **NEEDS YOU...** Rotary in Action Supporting Education Saving Mothers & Children LOWER BLUE MOUNTAINS ROTARY

> Introduction by Bronwyn Berriman



Thanks by Frank Ross

Want to know more about Rotary?

Who We Are - ROTARY IN AUSTRALIA

Australian Rotary Clubs are part of an international network of business, professional and community leaders who strive to make the world a better place through practical efforts. Through Rotary International, the reward of "paying it forward" unites men and women from different backgrounds, cultures, religious and political beliefs the world over, allowing ordinary people to do extraordinary things.

OUR MISSION, VALUES & FOUR-WAY ETHICAL TEST

Want to know what we're about in a nutshell? Our mission, values and four way test describe us well:

Our Mission:

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

ROTARIANS HAVE A SIMPLE MOTTO: SERVICE ABOVE SELF.

OUR STRUCTURE

Each of Australia's 30,000 Rotarians belong to a local Rotary Club. There's over 1100 Clubs in Australia, each Club led by a Club President and supported internally by a number of Club office holders. The position of President is rotated every July, providing ample opportunities for Rotarians to step up and gain leadership experience. Clubs operate independently, but often come together to work on joint projects and celebrate big events. Each Club belongs to one of 21 Rotary Districts in Australia. Districts are geographically defined and sometimes cross state and even international borders. The head of the Rotary District is the District Governor. Each District is part of 6 worldwide Zones, with Australia's being part of Zone 8, which includes oceanic nations like Australia, New Zealand, East Timor and Papua New Guinea, and, of course, every Club is part of the wider Rotary International - a network of 1.2 million Rotarians in nearly 33,000 Clubs around the world, all dedicated to making the world a better place through promotion of peace, cultural understanding and service to the community alongside other like-minded community and business leaders.

We've Been Around A While... Over 100 years in fact.

Since 1905, Rotary has been making a positive impact in the world. Beginning in Chicago before spreading throughout the world, Rotary first touched our shores in Australia in1921, with the charter of the Rotary Club of Melbourne, closely followed by the charter of a Sydney Club and other Clubs around the nation. In fact, it is our centenary in Australia in 2021.



Melbourne Cup 2018

Join us at our tables for Melbourne Cup Lunch

Please email
Pat Ainslie

patalanainslie@yahoo.com.au

for group bookings
Early notice need to secure tables of 10

Limited numbers





- Pride of Workmanship Awards Nominations are due to Dee Covington and close next Monday, 10th Sept. The POW awards are being presented on 8.10.18.
- Dee has been informed by Damien at the Gazette that our visit is going ahead on Mon 17th at 5.30 6.30pm then to the Ori for a social dinner but no formal meeting. We can discuss details next meeting.



- Adam Law also had issues this week with a dog who attacked him, ripping part of his ear lobe off. Many poor hearing jokes abounded, however, our most sincere condolences go to Adam with the 22 stitches he needed to repair the damage.
- RYLA (Rotary Youth Leadership Awards) applications are open. RYLA is a mind opening 7-day program aimed at producing Australia's next generation of leaders. Participants will meet life-changing people, hear inspiring stories and develop skills through challenges and activities. RYLA is a great opportunity for young leaders to participate in an incredibly engaging and dynamic program run both by and for their peers. If you have anyone you wish to nominate, please see John Fuller as soon as possible.
- Reminder from Norm re bus trip we are leaving at 7.30 am from Faulconbridge PS on Saturday, 8th. Parking is in the school grounds and will be locked in. See the itinerary on Page 9.
- Opinions are being sought from members about what form the Satellite Club should take. If you have any ideas, please let Bronwyn know. If you are willing to help to establish a Satellite Club, you can let Bronwyn know that as well.
- On 10.10.18, the Rotary Club of the Central Blue Mountains will be holding a special night for the "Lift the Lid" program for mental health run by Australian Rotary Health (ARH). The night is also commemorating the approaching five year anniversary of the fires in the Blue Mountains (17.10.13).
- Blue Mountains Lantern Club & the Rotary Club Springwood OPEN GARDENS 22-23.9.2018

 The fund raiser "Open gardens" weekend planning is well under way now. We are looking for volunteers
 - ♦ to sell entrance tickets and raffle tickets at gardens. Mainly needed on Sunday afternoon 1-4pm
 - ♦ to help on plant stall sales both Saturday and Sunday at 58 Lee Rd Winmalee
 - ♦ to donate potted plants for plant stall
 - ♦ for directional sign removal along Hawkesbury Rd on the Sunday afternoon 23rd September.
 - ♦ Friday 21st Sept. for mainly setting up plant stall at 58 Lee Rd.

If you can assist, please let Ross and Robin Ingram know by email rossandrobin@outlook.com.

Up Coming Events

September				
6 th - Thursday	Board Meeting			
8 th to the 9 th	Rotary Bus Trip			
15 th & 16 th Saturday & Sunday	Norman Lindsay Gallery Festival of Children's Literature Weekend – Car Parking and BBQ			
22 nd & 23 rd Saturday & Sunday	Spring Open Gardens Weekend			
22 nd & 23 rd Saturday & Sunday	Rural Fire Service's <i>Get Ready</i>			
October				
6 th Saturday	Rotary Garden Working Bee - Buttenshaw Park Gardens 8.30/9am till 10am			
8 th Monday	Pride of Workmanship Awards			
10 th Wednesday	RC of Central Blue Mountains "Lift the Lid " Hat Day for Australian Rotary Health			
14 th Sunday	Norman Lindsay Pudding Day - Car Parking and BBQ			
20 th Saturday	Bunnings BBQ- plus any extra BBQ's they ask us to do			
21 st Sunday	Graffiti Removal Day			
5th November				
6th November	Melbourne Cup (Trifecta ticket sales Oct/Nov)			



The BBQ team at Faulconbridge Public School Fathers Day breakfast. A fun morning "helping" the P&C raise funds for the school. A great team and many jokes.



Marilyn Kenney was interviewed by Ian Stuart on Radio Triple HHH 100.1 FM - a community radio station in the Hornsby-Kuringai District. She was speaking about ROMAC.







Springwood Open Gardens





2018



GARDENER'S HELP KIDS

The weekend of the 22nd and 23rd September are dates to pencil in to your social calendar to view some fabulous gardens in the Lower Blue Mountains and support The Rotary Club of Springwood Inc. and the Blue Mountains Lantern Club in their efforts to raise funds for the Royal Institute for Deaf and Blind Children. The six large properties, each have a different style, and are sure to provide interest and ideas for most people who enjoy their out of doors.



22nd and 23rd September 2018

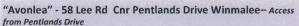
10am-4pm

\$5. per garden per person or \$25. to visit all 6 gardens

Plant sale "Avonlea" 58 Lee Rd Winmalee



"Heatherbrae" 336 Hawkesbury Rd, Winmalee is one of the earliest homes built at "North Springwood", and the surrounding gardens are now being tastefully recreated to compliment the old sandstone and timber residence and out buildings. A entrance driveway of sentry like conifers, a promenade of Manchurian pear trees, tall hedges, old iron gateways and fencing, standard roses, sandstone paved patios and walk ways, raised vegetable garden plots, large old date palms and wandering guinea fowl, compliment the fabulous old property and sympathetically lend themselves to a time gone by.



This well established garden features banks of Azaleas interspersed with young rhododendrons and camellias growing in dappled light of large trees planted along boundary fencing. In the central front garden, the focus is on roses and spring flowering bulbs. An interesting compact Stachyurus tree with its signature draping tendrils of buds, is something for knowledgeable gardeners to admire. The covered side entrance walkway provides a wonderful micro climate for ferns and orchids to thrive.



"Winmara" 228 Singles Ridge Rd, Yellow Rock



With imposing street presence, this established garden is a real pleasure to the eye. From the sweep of green lawns, curved driveway to the home, the paved walk way to the front verandah with its border of standard roses and box hedges. A graceful formal fountain, extensive array of azaleas and camellias under planted with low growing perennial plants and mix of deciduous exotic tress ensures year round colour. Situated on a level half hectare, this property is an entertainer's delight.

226A Singles Ridge Road Yellow Rock

Situated on a one hectare lot, this is a new home with a young garden that is fast changing from a work in progress to a surrounding treasure of landscaping. The front of the home is predominately formal exotic plants and landscaping, however this gives way to mainly native plants at the rear of the dwelling. Inspired by the adjoining bush valley the gardens have impressive Doryanthes "Gymea Lilly's" Callistemon, Banksia, Grevilleas, and Syzygium "Lilly Pilly" that are encouraging the birds to feed in the garden. Of note are the impressive driveway entrance pillars, the formal "prancing horses" fountain, cylindrical wisteria clad archway and large fish pond.

35 Purvines Road Yellow Rock —"The Old Farm" Once part of the old 1950's Purvine Farm, this acreage garden features many of the gardening styles, made popular during earlier years perennial and cottage garden beds, dry stone garden walls, extensive sandstone paving, a winter tea house, a wisteria walk, and dam. The solar passive house has been designed with four courtyard gardens, each with its own theme, and further from the home, an Asian inspired garden.

60 Bunnal Avenue Winmalee

This is a most deceptive ten year old residential garden with winding paths and terraced corners filled with a wonderful variety of textures, and plant contrasts. An orange flowering gum, a Cercis (Crimson forestry pansy) and Malus Ioensis (Blooming Crab apple) providing a cool microclimate for understorey flowering scadoxus, veltheimias, sprekelia and much more. Backing to a bushland valley, the tall tree ferns create natural shade for the variety of orchids, bromeliads and cycads, interesting nooks and crannies filled with garden decoration and planted Springtime colour.



Enquiries: Ross Ingram 0414 279 805

Get Ready



Get Ready Awareness 22nd and 23rd September 2018

The Rotary Club of Springwood Inc. will be providing a services to the Yellow Rock Rural Fire Service on this fund raiser weekend at their brigade shed at Yellow Rock.

The Rotary Club of Springwood Inc. BBQ Trailer will once again be used for the sausage sizzle with a few table and chairs scattered around for the comfort of the customers. Besides the BBQ there will be for sale biscuits, slices, tea & coffee, soft drinks and fruit juices. Members are asked to help with street signage, chairs and tables along with other duties on the day. A roster will shortly be available. Please let Ross or Robyn know if you are available for roster duties/baking etc.

rossandrobin@outlook.com

NB: The Yellow Rock Brigade shed is approximately 200m down the road from a OPEN GARDEN and we trust that with good clear street signage the public will visit both the Open Garden and the R.F.S. Brigade Shed.



Dates for Your Diary

September is Education and Literacy Month				
Meeting		Intro's	Thanks	
10 Sept	Marilyn Kenney - ROMAC	G. Glassock	N. Kitto	
17 Sept	Social Night	N/A		
24 th Sept	Club Assembly	N/A		
1st Oct	PUBLIC HOLIDAY - No Meeting			
8th Oct	Pride of Workmanship Awards	N/A		
15th Oct	Jen Whitehouse - Style Coach	J. Fuller	Dee Covington	
22nd Oct	Carolyn Fitzpatrick - Vol- unteering Nepean Hospital Emergency Dept	W. Bowler	F. Thompson	
29th Oct	Louisa Hope - Hope Mat- ters - Louisa is a victim of the Lindt Cafe Seige	J. Thomas	C. Kitto	

Editors Note

Just a reminder that I will be away until Monday 8th October (Monday 1st October is a long weekend therefore no meeting) Marilyn Kenney will be filling in for me.

Cheers Sherril

Members of the Board 2018—2019

PRESIDENT:	Margaret Bell	
President Elect/ Secretary:	David Rayner	
Treasurer:	Paul Erickson	
Club Administration:	Jenny Thomas	
Immediate Past President :	Norm Kitto	
DIRECTORS		
Community Service:	Bill Bowler	
International Service:	Geoffrey Glassock	
Vocational Services:	Dee Covington	
Membership & Public Image:	Bronwyn Berriman	
Youth Director:	John Fuller	
Project Director:	Adam Law	
Foundation Chair:	Norm Kitto	
APPOINTMENTS		
Sergeant at Arms:	Cheryl Kitto	
Speaker Coordinator:	Yvonne Meehan	
Springword Editor:	Sherril Daly	
Web Page and Facebook:	Cheryl Kitto	
Club Training Officer:	Marilyn Kenney	
Welfare:	Valda Bray/	
	Lynda Sparkes	



The Challenge

to raise \$1 million towards Ending Polio by visiting ALL 187 Railway Stations in Sydney in ONE day - Friday 28th September.

Activities for Clubs

- two Rotary Districts 134 Rotary Clubs
- · opportunity to create your own event at your local Railway Station and tap in to event publicity: o End Polio Now leaflets available
 - o wear your EPN shirts and pins (in stock at RDU)
 - o Paint Pinkie Purple for Polio events
 - o publicity in your community & local media o gain visibility for your generous EPN donation!
- · counts towards your Clubs' Rotary Citation.

Activities for Indviduals

- over 3,500 Rotarians in the two Districts
- · join us for some or all of the Ride: o supporter page on ideas.rotary.org o get sponsored per station! o bring family & friends.

Sponsorship

- Personal say \$1 per station (up to \$187)
- Club say \$10 per station (\$1,870)

• Corporate - say \$100 per station (\$18,700) Personal and Corporate donations tax deductible through



Mark & Dave Anderson (Rotary Club of Beecroft) will lead the challenge!

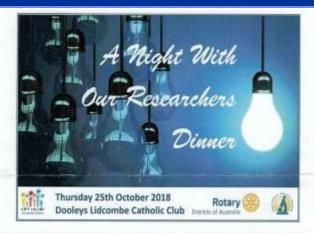
Register:

- · your intention to deliver your Club's Polio donation to the train
- · your Club's intention to hold a Paint Pinkie Purple for Polio or other event
- your intention to ride part or all of the journey with Mark and Dave.

Contact Mark Anderson 0408 622 698, or mark.anderson@rotary.org

The Australian Rotary Foundation Trust, ABN 55 218 421 934

Meet the train, fourth carriage from the front, rear door.



SAVE THE DATE IN YOUR CLUB CALENDAR - 25th October - 6.30pm for 7pm start. Dooleys, Lidcombe Catholic Club, 17 Church Street, Lidcombe

Take this opportunity to have your club come along and have contact with some of our top Mental Health Researchers in Australia who are members of the ARH Research Committee.

Bookings are now open for 'A Night With Our Researchers' Dinner. All bookings are taken on line through Humanitix

https://events.humanitix.com.au/a-night-with-our-researchers-dinner

Enjoy a 3 course meal and table refreshments for \$60 per person. Bring along new members or potential new members and hear from our best.

Researchers that will be with us on the night will include:

- Professor Jane Pirkis Jane has undertaken a number of policy-relevant studies of suicide and suicide prevention in Australia. She has a particular research interest in suicide and the media.
- Professor Vera Morgan Vera is a psychiatric epidemiologist with a special interest in studying schizophrenia and other psychotic disorders using recordlinkage and survey methods.
- Professor Allison Waters -Allison focuses her research on the cognitiveneuroscience of emotional disorders in children and aims to translate findings from laboratory and basic science research into clinical practice.

Book now to avoid disappointment

https://events.humanitix.com.au/a-night-with-our-researchers-dinner

Train Schedule Rotary We will travel through some stations several times Stations and times highlighted in yellow are gested for Rotary Clubs that are close by but ay find other times and stations on the sched 0408 622 698 See the Club Noticeboard at our next meeting for timetables

Lucy Hobgood-Brown and Di Barnes posted in D9685 Public Relations Group.

BZZZZ! Bees worldwide are in peril. Find out how E-Club of Greater Sydney's RAWCS project in the Democratic Republic of Congo is making a difference by viewing this heart warming video Pygmies Tame African Bees https://www.handupcongo.org/bee-ahoney/.

A team will visit this sustainable beekeeping initiative in October. For info contact Lucy Hobgood-Brown on handupcongo@gmail.com.



THE ROTARY CLUB OF SPRINGWOOD Inc.







2018 COACH TRIP - 8TH & 9TH SEPTEMBER

BATHURST - ORANGE - MILLTHORPE WINERIES - ORCHARD - ANTIQUES - HONEY -BEER - PRODUCE

\$240.00 PER PERSON (DOUBLE/TWIN) WHICH INCLUDES:-

COACH TRAVEL
ACCOMMODATION
MORNING TEA (SATURDAY)
LUNCH – BOTH DAYS
FOUR WINERY VISITS & TASTINGS
MUSEUM TOUR
ORCHARD VISIT







Purchase from Springwood Garden Centre 216 Hawkesbury Road Winmalee 2777

The Rotary Club of Springwood Inc.

The Growing Library

Support Your Community All books \$2 All DVD's \$2





Departing from Faulconbridge PS

at 7.30am, we head west to The Beekeepers Inn in Vittoria for our into the stabilishment at a, coffee or hot choc before having free time to check out the brewery & emporium! Explore the establishment & wander the grounds. Live bee display, free honey tasting, farm shop, plant nursery, antiques & lots more!

Then we're off to Highland Heritage Estate for our first wine tasting. Next we head to Stockman's Ridge Wines for some tasting before settling down for lunch. After lunch a short drive to Canobolas -Smith wines for to-days final tasting before heading into the Templers Mill Motel. Dinner is your own choice & cost. The Motel is part of the Orange Ex-Services* Club where you have a choice of several eateries or you can indulge at one of Oranges many restaurants.

Full buffet breakfast will be from 7.30am. Luggage loading will commence at 8.45am for a 9.00am departure to visit the Hillside Harvest Orchards for a stroll thru the blossoms and your chance to purchase some fresh produce.

Then we are off to Millthorpe to visit the Golden Memories Museum which has many early buildings & museums to wander thru before we regroup for lunch. Next we will visit Angullong Wines which will be followed with some free time to look around this beautiful historic village before we head back home.

We should return to Springwood between 5.00 & 6.00 pm.

BOOKING AND NON REFUNDABLE DEPOSIT OF \$50.00 PER PERSON DUE BY 15TH JULY 2018. BALANCE PAYABLE BY 20TH AUGUST 2018

IF PAYING BY DIRECT DEPOSIT USE GENERAL ACCOUNT BSB: 112-879, A/C: 098876448

The support of Fantastic Aussie Tours is greatly appreciated



Sydney Districts 9675 & 9685

An Invitation to the

Rotary Foundation Dinner

Waterviev

Bicentennial Drive, Bicentennial Park, Sydney Olympic Park

26 November, 2018 at 6:30PM





Program

6.30 - 7.00pm Fellowship and pre-dinner drinks

7.00pm Introductions

8.00pm Keynote Speaker - Ian Riseley IPRIP

9.00pm Close

Cost: \$75 per person or \$700 for a table of 10

For bookings: Click Here [instructions for Table bookings display after you goter your name on page 1 - submit attendess using streadsheet provided).

For Bookings:

<u>foundationdinner.rotarydistrict9685.org.au</u> Download the Foundation Dinner Brochure Another activity our Rotary Club is supporting by supervising parking and having our barbecue to prepare the most important food groups - sausages, eggs, bacon,





About

The much loved and revitalised Festival of Children's Literature returns to the Norman Lindsay Gallery in Faulconbridge this September 15 and 16. A highlight of the Blue Mountains calendar, the Festival promises to be better than ever and will be a great family-friendly weekend out.

Join us to enjoy talks from some of the country's favourite authors and illustrators. Featured speakers will include Australian Children's Laureate Morris Gleitzman, Libby Gleeson, Jacqueline Harvey, Matt Cosgrove, Mardi McConnochie, Deborah Abela and Emily Rodda and many more!

There will be free entertainment and a variety of market stalls. Food will be available and all are welcome to bring along a picnic rug and enjoy the tranquil surrounds of the Gallery. The 2018 Festival of Children's Literature will also mark the 100th anniversary of *The Magic Pudding* by Norman Lindsay. Free entry to the Gallery is included with the ticket price and there will be a special display of illustrations from the book as well as a staged reading to delight people of all ages.



Event details

WHERE

Norman Lindsay Gallery, 14 Norman Lindsay Crescent, Faulconbridge NSW

WHEN

15th and 16th September 2018, 10am – 3.30pm

CONTACT

WestWords: 8677 4815 Norman Lindsay Gallery: 4751 1067

TICKETS ARE LIMITED