



SPRINGWORD

NEWSLETTER



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14th October 2019

*From President David Rayner
2019-2020*



On Monday the 30th September we were treated to a joint presentation from Marilyn and Colin Kenny regarding their travels through Timor Leste with the (Rotary) RAWCS group. It is always interesting to hear firsthand of both the differences and similarities of communities in neighbouring countries. Thanks to Marilyn and Colin for their presentation.

We also had a welcome visit from the Winmalee Lions Club representatives of Doug Frewer and John Donahoe who put a proposal to our club regarding funding of a School on the outskirts of the capital of Cambodia. The request is for \$11,000 to fund the school for a year. This request is beyond our means this year however we will discuss this at the next Board meeting and identify what if any help that may be available.

Thank you to our hard working teams for their effort on Pudding Day at Norman Lindsay Gallery with the parking (organised by Bill and his team) and for our efforts at the Bunnings BBQ's on the Sunday of the long weekend and "Lift the Lid" on Thursday of this week. The feedback from both customers and employees of Bunnings for Rotary is always encouraging.

We had a successful but quiet day on the Saturday as it was the long weekend.

Thank you to all who helped on the day and in the lead up to the event. Again we had new faces who helped and it is very much appreciated.

Thank you to Margaret for setting the day up before going away. Bunnings were very thankful for our efforts and although our takings were down on

previous days however we will come out with nearly \$400.

The Sweet Treats provided by our Ladies and organised by Valda and her team for the Lift the Lid fundraiser were a big hit. This is something that we may look at for special functions?

This week we are going to have an "Open Mic" meeting where Club members can ask questions or put forward their ideas or views. We will report back to the Club from the last Board Meeting regarding the two recommendations sent to the Board from our last Club Assembly.

Don't forget our Combined Rotary Club Meeting on the 21 st of October at the Sports Club starting 6.30 for 7.00 PM.

President David

The Rotary Club of Springwood ^{INC} **Some of our events and community projects**

- ◆ Buttershaw Park gardens up keep
- ◆ Ronald Mc Donald House - Meals from the heart
- ◆ Faulconbridge Primary School Athletics Carnival
- ◆ Ellison School Walkathon
- ◆ Bunnings Father's Day BBQ
- ◆ Literacy Festival at Norman Lindsay Gardens
- ◆ Spring Open Gardens Weekend
- ◆ Graffiti Removal
- ◆ Twilight Markets & ETSY Markets
- ◆ Springwood Late Night Shopping
- ◆ Seniors Christmas Lunch
- ◆ Australia Day BBQ
- ◆ Norman Lindsay Jazz Festival
- ◆ ANZAC Day and Two-Up
- ◆ Foundation Day
- ◆ Variety Golf Day
- ◆ Music Amongst the Autumn Leaves
- ◆ Care Flight BBQ

The Next Fortnight

14th October	Rotary Meeting— 7pm Ori Hotel
21st October	Combined Mountain Rotary Meeting (Note Springwood Sports Club, 6:30 for 7pm)



Meeting news

At our meeting on September 30 our guest speakers were John Donohoe and Doug Frewer (above) of Winmalee Lions. Doug spoke of Lions' support for impoverished students in third world countries over many years. Doug is seeking additional support for a school in Phnom Pen which is currently unfunded and in need of \$US11,000 per year. President David agreed to get more information and talk to other Rotary Clubs across the Mountains.

Marilyn and Colin Kenney also spoke about their recent trip to Timor Leste and the work being done to support young people through RYLA. Full story and photos page 5.

Below: Colin and Marilyn gave an entertaining account of their recent trip. *There was no meeting on 7 October due to the Public Holiday.*



Parking champions

Thanks to Bill Bowler for organizing and overseeing the parking for the recent Pudding Day at the Norman Lindsay Gallery. These events are a great way our Club can be seen out and about, helping the community, and also result in a nice earner for the Club. It was a fairly steady day with around 60 cars parked. The next event at the Gallery will be the Etsy Markets where several hundred cars are expected to be parked by our Club's efficient and helpful volunteers. Speak to Geoff Glassock or Bill Bowler if you can assist on 23 November.



The Rotary Leadership Institute

Attention new Rotarians

What is Rotary Leadership Institute?

Please look at the dates and find one that suits and join the program to become better aware of all that Rotary can offer.

Register Now



Lifting the lid on mental health

Rotary Club members from Springwood were on a mission to 'Lift the Lid on Mental Illness' by raising money for mental health research this October for Mental Health Month.

Almost one in five Australians will experience a mental illness every year, and nearly half of the population (45%) will experience a mental illness at some stage in their lives.

Lift the Lid on Mental Illness is a National mental health fundraising and awareness initiative of Australian Rotary Health, that aims to raise funds for mental health research and ultimately improve the lives of all Australians.

Rotarians across Australia took part to help, with The Rotary Club of Springwood hosting a "Springtime in the Garden" BBQ and cake stall on **Thursday October 10** at Bunnings Valley Heights.

Bunnings hosted the BBQ and 100% of funds raised will support mental health research.

Australian Rotary Health CEO Joy Gillett OAM said she hopes the campaign will encourage not only Rotarians, but the wider public to support mental health research.

"Everyone knows someone who has been affected by mental illness in some point during their lives, so if anything, please consider that you will be helping them and many others if you decide to make a donation," Ms Gillett said.

"Our research has already focussed on areas such as anxiety and depression, substance abuse and self-harm and suicide. But there is so much more we can do with your help."

To make a donation, visit www.australianrotaryhealth.org.au or www.hatday.com.au



I WANT TO END POLIO. JOIN ME.

ROTARY'S
WORLD POLIO DAY
ONLINE GLOBAL UPDATE
24 OCTOBER 2019

[Download the World Polio Toolkit](#)



The Official Bulletin of **The Rotary Club of Springwood Inc.** Chartered 4th December 1984 Club 22213
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Public Image

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Youth Director

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Appointments

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Meet and Greet

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A dream comes true with opening of Men's Shed



Professor John McDonald, Patron AMSA; Marilyn Kenney, Susan Templeman MP; Ken Shaw, President of the Lower Mountains Men's Shed; Bill Crossan, Past President of the Lower Mountains Men's Shed; Trish Doyle MP

Opening of the Lower Mountains Men's Shed, 1st October, 2019

By Marilyn Kenney, Past President of The Rotary Club of Springwood Inc.

In 2016, I was the incoming President of the Rotary Club of Springwood. I formed a couple of goals, but the most important one to me was to build a Men's Shed in the Springwood/Winmalee area to serve the lower mountains. There was no Men's Shed in the lower mountains at that time, and with the population in the mountains, I felt there was a need.

The journey was at times frustrating, as one after another of the sites being considered was then declared not available for the purpose. During one of the many meetings held with Blue Mountains Councillors, it was mentioned that a group calling themselves the Men's

Shed had attended a Council meeting seeking support. So in early in 2016 we joined forces. Four years ago.

It took us that long to reach this point. The goal shrank a little, but there is now a functioning Men's Shed for the Lower Mountains.

The Rotary Club of Springwood has supported this project with funds for which I am most grateful. I am also most grateful for the support given to us by our local Members, Susan Templeman and Trish Doyle.

Although it was a project of mine during my year as Rotary Club President in 2016-2017, firstly it has taken four years, and secondly, this is not a Rotary Shed. That was never the intention. The Men's Shed members, particularly Bill Crossan and Gordon Shearston took ownership as was needed.



RYLA celebrates 10 years

We went for the 10th Anniversary of RYLA (Rotary Youth Leadership Award) in Timor Leste. It was first established in 2009. The Conference is now totally organised by the East Timorese young people, who are all past RYLArrians. It receives sponsorship from Rotary Clubs, Woodside Petroleum, Osaka Gas and Timor GAP (a Government organisation) which has taken over the business of Shell and Conoco Phillips in Timor Leste. Colin and I attended in 2015 and 2016. Part of our role was to assist in the preparatory organisation for, and the running of, the RYLA Camp as it was called then. We also presented seminars on business management, project proposal writing, recycling, and teaching English to young people. This time, we were not required to present seminars, but one off-the-cuff seminar in the small village of Hera occurred anyway.

Over 3000 young people applied for the 85 places at the Conference this year. It has become a highly recognised, highly sought after opportunity.

The 3000 applications went through a two stage vetting process to reach 1500 applications, then 300 applications. All 300 applicants were then interviewed by the Facilitator team to produce the final 85.

In addition to RYLA, RYPEN (Rotary Youth Program of Enrichment) had also been established in Timor Leste. It was timed to coincide with RYLA this year. The RYPENians also joined in the Celebrations for the 10

year anniversary. These programs in such a young country are examples of Rotary programs that are totally self sustainable and ongoing. Approximately 900 young people have been trained at RYLA so far, and the impact is being felt throughout leadership positions in business, the Government and in the country as a whole.

The 10 Year Anniversary Conference, Concert and party were all organised by the Past RYLArrians and with Government Leaders being part of the celebrations, was an outstanding success. The 2009 RYLArrians were there in force, and just as enthusiastic as ever.

By Marilyn Kenney—Past President of The Rotary Club of Springwood Inc.



BBQ volunteers are needed for the Falconbridge Twilight Markets On Friday November 1. We need about 15 people for the one shift between 4.30pm to 8.30pm. Volunteers are asked to contact Geoff Glassock, Community Services Director on 0408 436 676



Guess the name of Noelle's koala and you could win! \$1 per guess, to be made on the night of our Combined Rotary Clubs Dinner on 21 October.





Melbourne Cup trifecta tix

President David is looking for help with a great fundraiser for Rotary - selling trifecta tickets for the 2019 Melbourne Cup event. This is a great way to have a flutter on the cup, even if you don't know anything about the runners. You never know, you could be a winner! Talk to David if you can help out and keep an eye out for your chance to buy a lucky trifecta ticket.



Get social for Rotary...

facebook



Facebook is an easy way for the Club to reach the community, attract new members and share information about public events and fundraisers. The more "likes, comments and shares" we get, the more people can see our news and updates. It's easy - make sure you have "liked" The Rotary Club of Springwood on Facebook. When you see a new post, click "like" or share it - the more activity a post gets, the more likely it is to pop up in other people's news feeds. Sharing our activities and promoting upcoming events will introduce more people to the good work of Rotary in our local community. A recent promotion on Facebook for our Lift the Lid fundraising BBQ was seen by more than 2000 people! Even those that don't attend the events still hear about Rotary's great work!

CR ClubRunner App

Are you using the ClubRunner app? The app is available in the App Store (iPhone) and Google play for Android devices. It's an easy way to check the upcoming event calendar and also contact Club members directly anytime.

The ClubRunner Mobile App is your key to connect to your club and district on the go!

Completely, free to download and use, this app will let you access the key info you need while you're on the go. Password protected just like your website, the ClubRunner Mobile app allows you to view your member directory, contact your members and executives, learn more about your upcoming events and speakers, view your meeting details and track your attendance statistics, right from your smartphone or tablet!

Club Events	
Q Search	11
Springwood	
06 Oct 2019	Bunnings Extra BBQ Sun Oct 06, 2019 at 8:30 AM - 3:30 PM
07 Oct 2019	Public Holiday Oct 07, 2019
07 Oct 2019	Club Meeting Mon Oct 07, 2019 at 6:30 PM
10 Oct 2019	Lift the Lid Bunnings BBQ & Cake stall Thu Oct 10, 2019 at 10:30 AM - 2:30 PM
12 Oct 2019	Bunnings Extra BBQ Sat Oct 12, 2019 at 8:30 AM - 3:30 PM
14 Oct 2019	TBA Oct 14, 2019
14 Oct 2019	Club Meeting Mon Oct 14, 2019 at 6:30 PM
14 Oct 2019	Bunnings BBQ

Apologies





Please contact for Apologies, Additional Guest, Dietary Changes ETC.

Peter Sparkes peege@bigpond.com **or phone** 0417 244 829 **by 5pm on Sunday.**

Speak clearly and leave your name and contact number with the message.

Remember **you** will be required to pay for any meals not cancelled *after 5pm on Sunday*

The Rotary Club of Springwood 2 month Calendar

October 2019	
6	Buttenshaw Park Gardening
6	Additional Bunnings BBQ 
7	No Meeting - Public Holiday
10	<u>Thursday</u> Additional Bunnings BBQ and Cake Stall - Lift the Lid <i>Hat Day</i> 
12	Additional Bunnings BBQ 
14	Rotary Meeting
19	Bunnings BBQ 
21	Rotary Meeting— <i>Combined Mountains Rotary Clubs meeting</i> <i>Lis Bastion</i> Community Communication <i>Robert Brand</i> Aerospace Industries - Apollo 11 Anniversary
28	Rotary Meeting— <i>Pride of Workmanship</i>
November 2019	
1	Twilight Markets - Faulconbridge Public, Rotary BBQ
2	Buttenshaw Park Gardening
4	Social Meeting <i>Foundation Fundraiser</i> Pot of Luck Dinner
11	Club Assembly—Update on By-Laws /Constitution
16	Bunnings BBQ 
18	Rotary Meeting—District Governor Kalm McLellan <i>Official Visit</i>
23	<i>Etsy Markets</i> - <i>Norman Lindsay Gallery, Parking & BBQ</i>
25	AGM—Club Business

Reminders

- ◆ Please keep collecting all your bread tags and bottle tops
- ◆ Thank you to all that have started to use the bar code for the Return and Earn we have already starting to see the benefits. This is an easy fundraiser for the Club. If you want a laminated copy of the barcode please see Norm.