

PO Box 45 SPRINGWOOD NSW 2777

rotaryclubofspringwood@gmail.com :Email www.springwoodrotary.org.au/ :Web site

SPRINGWORD Newsletter



President's report

What interesting speakers we heard from last Monday. Nina Tzerskikh's presentation on bees was fascinating and she is to be commended for the work she is doing. Similarly, Kalma McLellan's presentation on the R100 projects showed just how much is happening across the District. So many opportunities!

There are several quite different and exciting Club projects in the development stages at present. One of the side effects of COVID has been the need to think differently about what we do and how we do it. There are opportunities for every member to become involved in projects which suit their interests and capabilities and I urge you to contact the project leaders to offer assistance or become involved.

We are nearly ready to commence selling tickets in the Autumn raffle and will soon be looking for ticket sellers – please see separate article.

Congratulations to Deana Atkins who is in the process of preparing her first Mental Health First Aid course – please see separate article.

We have several members travelling (within Australia) at the moment. One of the benefits of Zoom is that they are still able to attend meetings, wherever they

are. We wish them all safe and enjoyable travels.

Bunnings is all organised for tomorrow and looks as if it will be a wet one. Where did summer go? Thanks to all the volunteers.

This coming week is for committee meetings and I look forward to hearing reports.

Have a good week!

Jenny Kroonstuiver President



Thought for the week

Respect is one of life's greatest treasures. I mean, what does it all add up to if you don't have that?

Marilyn Monroe

Planned meetings for February

 22 February - Club Committee meetings

Planned meetings for March

- 1 March Zoom meeting and Director's reports
- 8 March Ori dinner meeting
- **15 March** Zoom meeting with guest speakers
- 22 March Club Committee meetings
- 29 March TBA







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fellow Rotarians and volunteers from the Blue Mountains area.

lan Scott and I will be holding the first of our Mental Health First Aid Courses on 18th and 19th March at "The Old Farm" on Purvines Road. Arrive at 8:30 for a 9am start until approx 4pm both days.

Cost: \$50 (for workbook and lunch both days) (These courses normally cost \$280.00) - We are only requesting funds to cover costs.

Other details like catering etc are yet to be confirmed. Could you please let me know if you are interested in attending and I will be in contact.

Winmalee Neighbourhood Shop – more helpers needed

From Pat Ainslie

I would like to invite any members or friends that could help for a few hours to come and joins us at the Winmalee Neighbourhoodand have some fun. We have been involved since March 2020 and with the help of volunteers we kept going through COVID. I would like to thank all members and friends who have assisted.

Please contact Pat Ainslie on 0409708008 or plcainslie27@gmail.com

Upcoming events

- 20 February Bunnings BBQ
- 13-14 March District Conference
- 18-19 March Mental Health First Aid course
- 20 March BBQ event at Norman Lindsay Gallery
- 20 March Purple Day (for epilepsy) at Bunnings (TBC)
- 24 April R100 breakfast BBQ (TBC)
- 2 May Music Amongst the Autumn Leaves
- 14-16 May Rotary Leadership Institute Course – see DG's e-news

Mental Health First Aid Course 18/19th March

From Deana Atkins deanajatkins@gmail.com

I recently completed my qualification to teach accredited Mental Health First Aid. This course was extremely interesting and beneficial to all those who attended.

Fellow Rotartian, Ian Scott, and his club financed for members of the community to be trained so that we can then pass on this knowledge to the wider community.

It is my hope that I can teach as many members of the community as I can. At this stage I would like to offer a course to







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Springwood Rotary Autumn Handyperson Raffle 2021 – seeking volunteer ticket sellers

Once again we are planning to sell tickets on Fridays and Saturdays at the Winmalie Shopping Centre, commencing on Friday 6 March and continuing each week until the raffle is drawn on 15 May or until all tickets are sold.

I am looking for ticket selling volunteers two people per each of two shifts each day: 9.00 – 12.00 and 12.00-3.00. We sit inside the main area of the shopping centre with close proximity to all necessary facilities.

The terrific prize (see the last two pages of this newsletter) means that the tickets should be popular,

Please email <u>jkroonstuiver@hotmail.com</u> if you would like to help.



District Conference 13-14 March 2021

There are only a few weeks to go before the Virtual District 9685 Conference. This is now a two-day Virtual Conference online, as outlined below.

District Assembly Part A

Zoom Apr 18, 2021 8:00 AM – 4:00 PM

District Assembly Part B

Zoom Apr 24, 2021 8:00 AM – 9:35 PM

Participation options for our club are either to gather as small groups at someone's home or join on Zoom from your own home.

Registration links were contained in the most recent District Governor's e-news. Please take a few minutes to register!

Registration is free!

This week's featured Rotary Action Group

- the Global Network for Blood Donations
The aim of the Global Network for Blood
Donations (GNBD) is to develop a
worldwide network of Rotary Clubs,
Rotary Districts and individual Rotarians,
Rotaractors and friends with a common
interest in promoting voluntary blood
donation.







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If the estimation is correct, blood donor projects within Rotary International save or improve the lives of more than two million people annually.

GNBD has about 700 members in about 50 countries (by July 2008). As a member, you will receive our Newsletter, published about four times a year. There is no fee or other obligations.

(This was the final article on Rotary Action Groups – there are many more, which can be viewed through My Rotary)

Seniors Community lunches - helpers needed

The Winmalee Neighbourhood Centre resumed Community lunches on Monday 15 February. Helpers are still being sought – if interested, please contact Morna Colbran at wnccoord@tpg.com.au



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More about Nina's Bees

https://www.ninasbees.com.au/ After that terrific presentation last Monday, I thought I'd add a bit of information from the website: Welcome to Nina's Bees, a boutique apiary in the Blue Mountains. A few years back, my life took an unexpected turn after listening to an intriguing podcast that revealed the secret life of bees. On that same day, I made the decision to give these clever buzzing creatures a sanctuary in my own backyard, and my apiary has been growing ever since.

I use only organic beekeeping methods with no Queen excluders, letting bees build and manage their hives the way they want. The harvested beeswax is gently steamed and cleaned at our apiary. Nina's Bees balms and soaps are lovingly handcrafted in small batches, using only the finest organic and/or cold pressed oils, butters, botanicals, beeswax and essential oils. Each balm is stored in resealable, recyclable aluminium container and soaps are packaged into cardboard boxes made of recycled paper.









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Autumn Handyperson Raffle 2021

All Tickets \$5 Each

1st Prize: Tool Box filled with lots of Hand Tools and Trolley (App. \$600 value) plus \$500 Bunnings Gift Card.



2nd Prize: \$200 Bunnings Gift Card. 3rd Prize: \$100 Bunnings Gift Card.

Drawn at 1.00 pm on Saturday 15th May 2021 at Bunnings Valley Heights.



All prizes have been generously donated by Bunnings.
All proceeds will be directed to Rotary Projects. Maximum 1000 tickets to be sold.

Winners will be contacted and Results printed in The Gazette.







Autumn Handyperson Raffle 2021

1ST PRIZE - Approx. \$1100 value - INCLUSIONS:

\$500 Bunnings Gift Voucher

Hand Trolley / Dolly
Checkerplate Tool Box (610 x280 x270)
Pegboard (1220 x 915 x 4.5) & Hooks
Spirit Level (900mm)
Tape Measure (8m)
Screwdriver Set - 20 pce
Spanner Set - 22 pce
Plier Set - 3 pce
Rivet Gun Set
File Set - 9 pce
For the Drill :-

Drill Bits Set -19 pce / Screwdriver Set - 32 pce / Spade bits Set - 8 pce / Masonry bits Set - 4 pce / Fastener Drive Set - 3 pce / Fastener Drive 89mm - 10 pce

2nd Prize - \$200 Bunnings Voucher **** 3rd Prize - \$100 Bunnings Voucher



