



PO Box 45 SPRINGWOOD NSW 2777
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SPRINGWORD
Newsletter

Rotary
Club of Springwood
Above the Smog Below the Fog

Volume Issue 82 5 February 2021

President's report

Last weekend we submitted our Club's short film entry and I would like to thank Sherril Daly for her enthusiastic help and advice during the development process, as well as Fred Thompson who agreed to be filmed. I didn't realise until very late in the day that this was a competition, and our film was developed more as a record and means of club promotion for future use.

We have several people who have been recovering from recent surgery and our thoughts are with Valda Bray, Alan Ainslie, and Yvonne Meehan.

Bunnings BBQs return this weekend, with a few additional COVID restrictions, and we have a full team for Sunday. Our next scheduled BBQ is Saturday March 20 and I will be seeking volunteers soon. A huge thanks to Frank Ross who has taken on management of the Bunnings drinks.

This week's meeting will be our first attempt at having a face-to-face meeting at the Ori, and I hope to see as many members as possible in attendance. Please don't forget to send your RSVP to Bronwyn Berriman by Saturday 5.00pm.

Have a good week!
Jenny Kroonstuiver
President



Thought for the week

Trouble knocked at the door, but, hearing laughter, hurried away.

Benjamin Franklin

Planned meetings for February

- **8 February – Ori dinner meeting**
- 9 February – Board meeting
- 15 February – Zoom meeting with guest speakers
- 22 February - Club Committee meetings

Pick-a-card!

Pick-a-card will return soon!

New addition to the BBQ Trailer

A huge thank you to the Kittos for our new Urn and to Colin Kenney (with Marilyn's supervision) for a great box to protect it while in the trailer.



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Opportunity to purchase discounted wine

Geoff Glasscock still has some wine left which members may like to purchase.

They include:

- 2 cases of Shiraz
- 2 cases of Rose
- 1 case of Semillon.

They are discounted to \$12.00 a bottle; \$65.00 half case; or \$ 130.00 full-case - first come first served.



Upper Blue Mountains Trivia Night – Saturday 20 February 2021, 7-9.30pm

Upper Blue Mountains Sunrise has made a long-term commitment to helping homeless in the Blue Mountains, and this is the third Trivia Night in aid of this cause.

It is run electronically through Zoom and Kahoot. Jenny Kroonstuiwer is interested in putting together a team to meet and compete from her place (nibbles and wine provided!), so please contact her if you are interested. Cost is \$20 per person.

TRIVIA TIME



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District Conference 13-14 March 2021

At last Monday's meeting Marilyn Kenney drew attention to the three options for participating in the conference. These will be discussed at this week's Board meeting and will be featured in next week's Springword.

Registration links were contained in the most recent District Governor's e-news (sent out 4 February). Please take a few minutes to register!

Registration is free!

This week's featured Rotary Action Group

The **Rotary Action Group on Mental Health Initiatives** (RAGMHI) promotes mental health and wellness. Its members address the number one cause of disability worldwide - mental illness - through practical activities and projects that any club can introduce. As a result, communities improve access to treatment, confirm that mental illnesses are treatable, and learn that many cases are preventable.

A current area of focus is disease prevention, and speakers are available to address mental wellness and COVID.

Not part of this group but related is the **Mental Health First Aid program**. Our own Deana Atkins recently completed the instructor training for this program and is currently planning her first course. More to follow!



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Rotary Fellowship Groups – Part 2

Rotary Fellowships began informally in 1928 when Rotarians with a shared interest in the language Esperanto joined together. In 1947, a group of Rotarian boating enthusiasts began flying the Rotary flag from their crafts, calling themselves the International Yachting Fellowship of Rotarians; this fellowship now boasts the longest continuous existence. The scope of Rotary Fellowships has changed much over the years, but today their purpose is still to unite Rotarians in friendship and provide venues for enjoying their favorite recreational or professional activities. Here are some more examples (G-Q):

Genealogists	Magicians
Gin	Magna Graecia
Go	Marathon Running
Golf	Metalhead
Gourmet Cooking	Military Veterans
Healthcare	Motorcycling
Professionals	Music
Hiking	Old and Rare Books
Home Exchange	Palmwine
Honorary Consuls	Past District Governors
Horseback Riding	Peace Fellows
Hunting	Photographers
Internet	Police and Law Enforcement
Italian Culture	Public Health
Jazz	Quilters and Fiber
Latin Culture	Artists
Lawyers	
LGBT	

Some more photos from Australia Day With thanks to Michael Small



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