



Volume Issue 86 5 March 2021

PO Box 45 SPRINGWOOD NSW 2777
rotaryclubofspringwood@gmail.com :Email
www.springwoodrotary.org.au/ :Web site

SPRINGWORD
Newsletter

Rotary
Club of Springwood
Above the Smog Below the Fog



President's report

After a Monday Zoom meeting where the Directors provided detailed reports of the many events that are happening at the moment, this week continued to be full of Rotary activities.

Some of you will have noticed that the Council has prepared the garden bed at Rotary Park near the Ferguson Road lights for the daffodils to be planted. All the bulbs have been donated by one of our very generous members. Planting will occur over the next couple of weeks, and we look forward to an impressive display.

On Thursday a group of members attended an impromptu High Tea at Wentworth Falls TAFE. It was the students' first day and the service and food was impressive. Thank you to Valda Bray for organizing this event – and it was a good chance to wish happy birthday to Valerie Glasscock.

The Autumn Handyperson Raffle is ready to go with the first day of selling tickets having occurred today. Sincere thanks to Bill Bowler for putting the prize together in preparation and for setting up.

This coming Monday we have a dinner meeting at the Ori. Please RSVP to Bronwyn ASAP if you have not already done so.

Have a good week!

Jenny Kroonstuiver
President



Thought for the week

My mother always used to say: The older you get, the better you get, unless you're a banana.

Rose (Betty White), The Golden Girls

Planned meetings for March

- **8 March** – Ori dinner meeting
- **15 March** – Zoom meeting with guest speakers
- **22 March** - Club Committee meetings
- **29 March** - possible brewery vocational visit

Planned meetings for April

- **5 April** – Easter Monday - no meeting
- **12 April** – Ori dinner meeting
- **19 April** – Zoom meeting with guest speakers
- **26 April** - Club Committee meetings

Upcoming events

- **9 March** – International Women's Day Breakfast
- **13-14 March** – District Conference
- **18-19 March** – Mental Health First Aid course
- **20 March** – BBQ event at Norman Lindsay Gallery



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Upcoming events (continued)

- **20 March** – Purple Day (for epilepsy) at Bunnings
- **24 April** – R100 breakfast BBQ
- **2 May** – Music Amongst the Autumn Leaves
- **7 May** – Variety Club Golf Day
- **14-16 May** – Rotary Leadership Institute Course – see DG's e-news

Sergeant's corner

Who was it who added an extra daub of perfume in preparation for last Monday's Zoom meeting?

Who made the most impressive Grand Entrance to the Wentworth Falls High Tea?



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Wentworth Falls lunches coming up

From Valda Bray

I have booked Wentworth Falls TAFE for 10 people on **Thursday 25 March**, and for 16 people on **Thursday 10 June**. Please contact Valda on valdabray@hotmail.com if you would like to attend on either date.

Mental Health First Aid Course 18/19th

March – 6 places still available

From Deana Atkins

deanajatkins@gmail.com

I recently completed my qualification to teach accredited Mental Health First Aid. This course was extremely interesting and beneficial to all those who attended.

Fellow Rotarian, Ian Scott, and his club financed for members of the community to be trained so that we can then pass on this knowledge to the wider community.

It is my hope that I can teach as many members of the community as I can. At this stage I would like to offer a course to fellow Rotarians and volunteers from the Blue Mountains area.

Ian Scott and I will be holding the first of our Mental Health First Aid Courses on **18th and 19th March at "The Old Farm" on Purvines Road**. Arrive at 8:30 for a 9am start until approx 4pm both days.

Cost : \$50 (for workbook and lunch both days) (These courses normally cost \$280.00) - We are only requesting funds to cover costs.



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Springwood Rotary Autumn Handyperson Raffle 2021 – **Tickets are now available.**

Members are invited to take books of raffle tickets to sell. They are in books of 10, with each ticket worth \$5. Books are available from Jenny Kroonstuiwer (for either collection or dropping off) or can be collected from Lynda Sparkes at the Garden Centre. They will also be available at Monday night's dinner meeting at the Pro.

We are selling tickets on Fridays and Saturdays at the Winmalie Shopping Centre, continuing each week until the raffle is drawn on 15 May or until all tickets are sold. I am looking for ticket selling volunteers - two people per each of two shifts each day: 9.00 – 12.00 and 12.00-3.00. We sit inside the main area of the shopping centre with close proximity to all necessary facilities.

Please email jkroonstuiwer@hotmail.com if you would like to help.



Science and Engineering Challenge - Rotarian Volunteers Needed

From Joan Hart

The Science and Engineering challenge for year 10 is on again this year after a year in hiatus. They are looking for Rotary volunteers for **Thursday 25th March and/or Friday 26th March**. The venue is Sydney Olympic Park – parking is provided and lunch.

David and I have done this mentoring several times now and it is a fantastic day to work and supervise the kids while they do the challenges.

I thoroughly recommend this as a way for Rotary to serve our school kids and encourage them to undertake Science Subjects in Years 11 and 12.

To volunteer please contact David Ellyard on david@davidellyard.com

Rotary BowelCare Reminder: 1 March – 31 May 2021

From Lynda Sparkes

There are major changes to the Rotary BowelCare Program this year.

The BowelCare kits will no longer be available for purchase in pharmacies. All sales will now be conducted through the BowelCare office, for the three month period, by phone or using the Mail Order form. The purchase price of \$25 is inclusive of postage and fees, pathology



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testing and notification of your result to yourself and your nominated doctor.

The kits will be available to purchase from 1st March 2021 until 31st May 2021 by using the Mail Order form or by phoning the BowelCare office Tuesday to Thursday 9am – 3pm on (02) 4341 6695. If you are purchasing through Mail Order, please complete, sign and return the Mail Order form printed on the back of this letter using the instructions provided.

BowelCare Australia is a division of Cancercare Australia Limited ABN 35 154 219 057 (CAL). CAL is a Health Promotion Charity and Deductible Gift Recipient (DGR) endorsed from 11th November 2011 by the Australian Taxation Office and is registered as a charity with the Australian Charities and Not-for-Profit Commission (ACNC). Donations to CAL of Two Dollars or more are tax deductible for the donor. All donations received are used by the Rotary Volunteer Directors of CAL to care for people affected by cancer, including bowel cancer. Should you choose to make a donation now, or at any time in the future, a form is available for that purpose.

Continue to look after your health by participating in the annual Rotary BowelCare Program.

forms will be added to Springword during the BowelCare month. Lynda Sparkes is our Club Coordinator.

District Conference 13-14 March 2021

The District Conference Program has been released and there really is an inspiring line-up of speakers – see last week's Springword.



Participation options for our club are either to gather as small groups at someone's home, or join on Zoom from your own home, or to join the group at Penrith RSL.

The RSL option for the 13 March runs from 8.30 – 3.00 will cost \$54 (covering morning tea, lunch & afternoon tea. Please RSVP ASAP to Peter Agar on pagar@tpg.com.au if interested.

Registration links were contained in the most recent District Governor's e-news. Please take a few minutes to register!

Registration is free!



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District Assembly for Incoming Board members

From Rotary District 9685 eNews

This is the training program for all incoming Boards of your Clubs. It is essential that incoming Board members, or a representative participate in these broadcasts.

This will be held on-line as it was in 2020. Conditions are still somewhat uncertain and having groups as large a District Assembly (ie. 600-700 attendees) makes it inconceivable to find a venue that would be safe.

The District Assembly will occur over 5 non-consecutive Saturdays commencing 18.4.21, then 2.5.21, 16.5.21, 23.5.21 and 30.5.21.

District Assembly Part A

Zoom

Apr 18, 2021

8:00 AM – 4:00 PM

District Assembly Part B

Zoom

Apr 24, 2021

8:00 AM – 9:35 PM

Meet our members - Jenny Kroonstuiver

This is a new section of the newsletter, in which one of our members will be featured each week. I've taken the plunge by being the first!



Born in the 1950s, I spent my childhood living on remote pastoral stations firstly in western Queensland and then on the Nullarbor Plain in Western Australia. I trained as a teacher in Perth and spent several years teaching in country areas of the Northern Territory and Queensland, before returning to Kalgoorlie in the 1980s.

After a short-lived marriage, I raised my four children alone, continuing to work in both TAFE and Higher Education through Curtin University in Kalgoorlie. This is also where I first joined the Hannans Rotary Club.

From 2004, I took up a challenging role managing the national training system for the Australian meat industry, a role I held until retirement in 2020. This required a move to Sydney, and in 2007 I bought my home in the Blue Mountains – and love it here!



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Since retiring, I have become a writer, mostly of family history and am about to publish my third book.

I now have ten grandchildren, all living in northern Queensland and WA.

Photos from the Wentworth Falls TAFE High Tea



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