



Issue 40

13 May 2022

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SPRINGWORD
Newsletter



President's Report

With the return of wet and cold weather we had a very small group at our meeting last Monday, but lots of chatter and fun. The meeting was preceded by a Board meeting where we began our preparations for the end of the Rotary year and handover to the incoming Board.

On Tuesday a small group of ladies gathered at Valda's to stuff the Interplast bears – see separate article.

This coming Monday we are off to visit The Life Size Plan Venue in Auburn, so there will be no meeting at the Ori. Thanks to Bronwyn for her behind-the-scenes preparation for this trip, as it should be both very interesting and lots of fun. A reminder to all those attending that the bus leaves from the Valley Heights Railway Station car park at 5.30pm.

This coming week is going to be very busy with the Wentworth Halls lunch on Tuesday, and then two BBQs on Saturday. Thanks to all the organisers.

Have a good week.
Jenny Kroonstuiwer
President



Planned meetings until the end of May 2022

- **16 May** – James Hickey. Life Size Plans. Club visit to workplace in Auburn.
- **23 May** – DG's visit, partners welcome
- **30 May** – no meeting, as there is a vocational event the previous day

Planned meetings to the end of June 2022

- **6 June** – Speaker meeting – Arian Rhodes
- **13 June** – no meeting – Public holiday
- **20 June** – Speaker meeting - Mina Howard
- **27 June** - Changeover

Upcoming events

- **17 May** Wentworth Falls TAFE lunch
- **21 May** – Bunnings BBQ and Ellison election BBQ
- **23 May** – DG visit to our Club
- **29 May** – Vocational Visit Springwood Primary
- **18 June** – Bunnings BBQ
- **27 June** – Club Changeover
- **2 July** – District Changeover
- **14 July** – Ronald McDonald House dinner

Door Prize and Pick-a-card results



There was no draw this week



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Thought for the week



The first Black Friday occurred in 1869 after two Americans, financier Jay Gould and railway businessman James Fisk, attempted to corner the gold market, which ultimately resulted in financial panic and the collapse of the market. A little over 60 years later, on October 29, 1929, another stock market crash referred to as Black Tuesday marked the onset of the Great Depression.

Sergeant's corner

Whoever knew there could be so many *double entendres* when it came to putting stuffing into knitted bears!

Who was the gallant male Rotary Friend who escorted 13 lovely ladies on a recent outing?



Interplast Teddies Stuffing Day

Last week 6 ladies met to stuff the Interplast bears. For several months, Deborah Wood and Bev Waterson have been busily knitting to the pattern provided by Kian Safei after her presentation to our Club in November last year.

We stuffed 23 bears, all brightly coloured and ready for distribution. We kept one aside for Bill Clague and this was delivered to him on Thursday.

Interplast sends teams of volunteer plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals to provide life-changing surgery and medical training in 17 countries across the Asia Pacific region.

The Teddies, made to Interplast specifications, are given to Interplast's youngest patients.

A huge thanks to Deborah and Bev for such a massive knitting effort, and to Valda for hosting Stuffing Day.

See the back page for additional photos.



Winter raffle

We will sell all remaining tickets at the May Bunnings BBQ. Just a reminder that if you are transferring funds for raffle tickets, to please put them into the Community Account and clearly label them 'raffle'. Thank you!



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Vocational visit to Springwood Primary School Sunday 29 May.

From John Fuller, Vocational Director
I hope everyone is looking forward to our next Vocational Visit.

This time we will be having afternoon tea at Springwood Public School to see how our donation helped to construct the Sensory Garden and also to unveil the plaque dedicating the Gardens to Alan Cameron.

Hopefully the weather will be kind to us, but if not, we will have plenty of area undercover.

Here are the details:

Date: 29th May

Location: Springwood Public School

Time: 2:00pm to approx 4:00pm

Cost: \$10.00

Food: Afternoon tea with cake.

Drinks: will not be supplied but you are welcome to bring along either soft drinks (no alcohol) or hot drinks.

Once again it is necessary to **RSVP by the 15th May** so that we can invoice those who will be attending.

Final details will be sent out before the event.



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GLOW at the Zoo Bus Trip

From Norm Kitto, Secretary

It is proposed to run a Blue Mountains Clubs 'Big Red Bus' to the Glow at the Zoo event on **Wednesday 1st June**. Departing from Katooma (more details later) and picking up on way down the mountain to arrive at Western Sydney Zoo for the 6.30pm entry slot.

Cost will be \$35.00 which is entry of \$25.00 (No concessions available), bus fuel cost (bus hire has been donated by Fantastic Aussie Tours) and donation to Polio Plus.

Numbers will be limited to 75. As I am not prepared to pre-purchase that many tickets can you please advise me ASAP if you wish to attend and I will purchase tickets progressively. **Cut off date for bookings will be Friday 27th May.**

Information on the event can be found at www.sydneyzoo.com/glow



Our new pull-up banner

Thanks to the Government Community grant accessed through Susan Templeman's office, we have recently been able to replace our damaged pull-up banner. The new banner is pictured below:



The \$1,000 grant money is also being used to add some improvements to our BQ trailer.

May Celebrations



This month's birthday wishes go to:
Allen Smith
Marilyn Kenney
Deana Atkins
Valda Bray (it's a biggie!)

There are no wedding anniversaries this month.

Bronwyn celebrates a very productive 15 years in Rotary this month.



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Reminder - Ori dinner attendance notifications

Under the new system, all members fall into two groups:

- **Group A:** you need to advise if you **are not** attending.
- **Group B:** you need to advise if you **are** attending.

Not sure which group you are in?

Unless you have already asked to be recorded as a regular attendee unless otherwise notified, you are automatically in Group B.

Until Peter Sparkes is back on deck, please send notifications to Jenny Kroonstuiwer on jkroonstuiwer@hotmail.com or phone 0400760094

The Santos Science Experience

Dates for STEM programs are NOW live and ready for your Yr 9 & 10 student to apply!

<https://www.scienceexperience.com.au/programs/apply>

THE Santos SCIENCE EXPERIENCE

A nationwide STEM outreach program for year 9 and 10 students in 2022

2022 PROGRAM

State/Territory	Program Dates
Australian Capital Territory	21-23 September
New South Wales	4-6 October
Queensland	18-20 October
South Australia	19-21 October
Tasmania	22-24 October
Victoria	25-27 October
Western Australia	28-30 October
Northern Territory	31 October - 2 November

Registration Fees

- 1 day program: \$150 (incl GST) - Government
- 2 day program: \$300 (incl GST) - Government
- 3 day program: \$450 (incl GST) - Government
- Private rates: \$150 (incl GST) - Private
- Private rates: \$300 (incl GST) - Private
- Private rates: \$450 (incl GST) - Private

For more information, visit www.scienceexperience.com.au



Upcoming Mental Health First Aid course – last chance to apply

From Ian Scott

We are running a Mental Health First Aid course at Katoomba RSL on two consecutive **Tuesdays the 17th and 24th of May.**

The course teaches you about the signs of common mental illnesses, how to appropriately support someone experiencing mental health problems, and then assist them to connect with professional help. Having this knowledge and skill, you can help reduce the stigma over mental health problems and build mental health awareness in the community. This course is for adults over 18 years of age.

Running from 8:45 am to 4 pm on Tuesdays the 17th and 24th, the cost is only \$30 for the two days. Family and friends welcome, and for those of you who have completed the course already, you might pass this on.

Please call or email Ian to register, but by the 9th of May please, so we can organise course materials.

ian@scottadr.com 0402217915.

Shelter Box update on Ukraine conflict

Throughout February, March and April our teams worked in Moldova, Poland and western Ukraine, establishing our response. We are coordinating with trusted partners, like Relief Aid, and other organisations to ensure we help as many people as possible.

Project 3 has been confirmed. With our partner ACTED, we will be supporting thousands of refugees in

Moldova with hygiene kits and cash assistance.

Director of International Programmes at ShelterBox, Euan Crawshaw said: "The number of people that have fled Ukraine, becoming refugees, has topped five million. It's a grim milestone that does little to capture the devastating impact this conflict is having on families who, day after day, are being uprooted from their homes with little idea of when they may be able to return.

"ShelterBox continues to be part of the massive humanitarian effort to help those in need.

We have mattresses being used in collective centres, shelter kits helping people repair their damaged homes, and thermal blankets, water carriers and solar lights helping people to survive."



ShelterBox and ReliefAid working with community representatives to distribute aid to communities in Kyiv

A note about images used in this newsletter

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Photo Gallery

Interplast Bears stuffing day

