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SPRINGWORD
Newsletter



Issue 39

6 May 2022

President's Report

I have just returned from the Variety Golf Day BBQ – as always efficiently organised by Bill, Adam, Norm and their team. This year they managed to turn on beautiful sunshine for a perfect Autumn day. Thanks to the many volunteers who fronted up to help out – what a team!

At last Monday's meeting Phil Greenwich spoke about the LEEP program (see below), as well as managing Spam. What an interesting presentation! I think everyone picked up a few tips.

Several of the incoming Board members attended District Assembly last Sunday. It was a pretty intensive three-hour session, with our own Marilyn Kenney among the many very able presenters.

I am pleased to report that Peter Sparkes is now home again, and that Bill Clague continues to progress slowly. Geoff Glassock is currently unwell. Our thoughts are with them all.

Yesterday I collected another \$100 voucher donated by Bunnings. This is part of our raffle prizes, and my grateful thanks to Bunnings for their generous support.

We have a couple of bus trips coming up – please see separate articles for details.

This coming Monday there is a Board meeting at 6.00pm, and Committee meetings will be held after dinner. Please advise Jenny K of any changes to attendance or guests.

Happy Mother's Day to all the Mums this coming Sunday.

Have a good week.
Jenny Kroonstuiver
President



leap Understand Technology

FREE
COMMUNITY
SERVICE

TECH LESSONS

Call us for free* one-on-one tech lessons on your phone, laptop or tablet with a friendly Leep volunteer Tech Mate.

Funding provided by: Australian Government Department of Health

*We welcome voluntary contributions to show our appreciation for our Tech Mates.

For bookings and enquiries call 1300 163 106



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Planned meetings until the end of May 2022

- **9 May** – Board meeting and Committees
- **16 May** – James Hickey. Life Size Plans. Club visit to workplace in Auburn.
- **23 May** – DG's visit, partners welcome
- **30 May** – no meeting, as there is a vocational event the previous day

Upcoming events

- **10 May** – Stuffing Day
- **21 May** – Bunnings BBQ and Ellison election BBQ
- **23 May** – DG visit to our Club
- **29 May** – Vocational Visit Springwood Primary
- **18 June** – Bunnings BBQ
- **27 June** – Club Changeover
- **2 July** – District Changeover
- **July** – Ronald McDonald House dinner

Reminder - Ori dinner attendance notifications

Under the new system, all members fall into two groups:

- **Group A:** you need to advise if you **are not** attending.
- **Group B:** you need to advise if you **are** attending.

Not sure which group you are in?

Unless you have already asked to be recorded as a regular attendee unless otherwise notified, you are automatically in Group B.

Until Peter Sparkes is back on deck, please send notifications to Jenny Kroonstuiver on

jkroonstuiver@hotmail.com or phone 0400760094



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Thought for the week

The most remarkable thing about my mother is that for thirty years she served the family nothing but leftovers. The original meal has never been found.

Calvin Trillin

Door Prize and Pick-a-card results



Bronwyn Berriman won the wine this week.

There were multiple unsuccessful card draws as follows:

- 18 April Norm 8 Clubs
- 25 April Marilyn Ace Spades
- 2 May Cheryl King Clubs
- 9 May Bronwyn 5 Clubs
- 16 May Rachel 5 spades.

9 May and 16 May were drawn in advance as Bill may not be able to attend on 9 May and is away 16 May. The last round of 10 weeks finishes on 16 May.

Pick a card jackpot now \$725.

Sergeant's corner



Winter raffle

All future raffle ticket selling rosters have now been cancelled, as we have very few tickets left.

If any member has taken tickets which they do not expect to sell, please return them to Jenny K as soon as possible.

We will sell all remaining tickets at the May Bunnings BBQ. Just a reminder that if you are transferring funds for raffle tickets, to please put them into the Community Account and clearly label them 'raffle'. Thank you!

Monday 16 May visit to The Life Size Plan Venue in Auburn - please RSVP by 9 May

From Bronwyn Berriman, Club Administration Director

An invitation is extended to all Springwood Rotary Club Members, Partners and Friends of Rotary to our Meeting on Monday the 16th of May which will be a tour and talk. We will be travelling to The Life Size Plan Venue in Auburn, which is owned and run by local Winmalee Resident James Hickey, for a fascinating talk and tour to see how this interesting facility works.

We will be leaving Valley Heights, by bus at 5.30pm and the cost of \$30 per head will cover our return bus fare and a Pizza meal and soft drinks or water.

Numbers will need to be phoned or emailed no later than Monday 9 May to:

- Bronwyn Berriman on bronberri@yahoo.com.au (to collect numbers) **AND**

- Bill Bowler on tbowler55@yahoo.com.au (for issuing of invoices).

(Please note that those who confirmed their attendance at last Monday's meeting need not respond again)

This will be a wonderful night and we hope to see as many of you there as possible.



12:09 am Thu 5 May hipages.com.au 62%

About Gallery Recommendations Credentials

Bringing your architectural plans and your future house to a real life size before you put \$1 on building your home.

ABOUT US

- **High Tech solution**
We utilise the latest in engineering technology to deliver a seamless solution.
- **Forward Thinking**
Don't wait till it's too late, be pro-active in your building process.
- **Problem Solvers**
You will be able to identify any potential future issues before its too late.
- **Customer Support**
Our engineers and consultants are on hand to help you and your architect go through their designs.

With the use of state of the art technology and tailored programs we are able to show your complete dwelling, including upper and lower floors, backyards, swimming pools and entertainment areas along with drive ways and parking spaces to a "true" scale.

You can park your car in the garage and walk around your whole property without annoying glasses or goggles.

Your whole family can experience this all at the same time.

We incorporate the use of real furniture and house hold items as well as partition walls and decorations to give you the best chance possible of perfecting your design.

OUR SERVICES

- **Lifesize Plan Viewing**
View your plans in true 1:1 scale. Literally walk through your plans.
- **Building Tender Services**
We can help you procure the sharpest prices, quality products and services by tendering your needs to our network of suppliers and trades people.
- **Virtual & Mixed Reality / 3D Modelling Services**
If you would like to see even more of your house or renovation before you build. We can assist you by providing you with Virtual Reality, Mixed (Augmented) Reality or even 3d modelling services.
- **Project Marketing Services**
If you require services for "Selling off the Plan" , we can not only provide your clients with True Scale walkthrough, but we can also provide brochures, websites and all aspects of associated media.

Contact us for more information.

help us improve



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Paul Harris Fellow Nominations – last chance

Club members are invited to submit nominations for Paul Harris Fellow (PHF) awards, which will be considered by a committee and then awarded at changeover at the end of June. Nominations are made confidentially and are known only to the President and the Committee.

Following are the criteria:

- Nominees can be club members, or community members who have provided distinctive service to the club or local community
- The awards are for recognition of effort and service in excess of what would normally be expected for their given role
- Nominations can relate to service in a specific event/project, or to service provision in general over a period of time
- Service provided must reflect the principles of the four-way-test
- All nominations are to be sent to me, and I will pass them on to the Committee.

Nominations must be made in writing and received no later than **Wednesday 11 May 2022.**

GLOW at the Zoo Bus Trip

From Norm Kitto, Secretary

It is proposed to run a Blue Mountains Clubs 'Big Red Bus' to the Glow at the Zoo event on **Wednesday 1st June.** Departing from Katooma (more details later) and picking up on way down the mountain to arrive at Western Sydney Zoo for the 6.30pm entry slot.



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Cost will be \$35.00 which is entry of \$25.00 (No concessions available), bus fuel cost (bus hire has been donated by Fantastic Aussie Tours) and donation to Polio Plus.

Numbers will be limited to 75. As I am not prepared to pre-purchase that many tickets can you please advise me ASAP if you wish to attend and I will purchase tickets progressively. **Cut off date for bookings will be Friday 27th May.**

Information on the event can be found at www.sydneyzoo.com/glow



The Santos Science Experience

Dates for STEM programs are NOW live and ready for your Yr 9 & 10 student to apply!

<https://www.scienceexperience.com.au/programs/apply>

THE Santos SCIENCE EXPERIENCE

A nationwide STEM outreach program for year 9 and 10 students in 2022

2022 PROGRAM	
Australian Capital Territory	21-23 September
New South Wales	21-23 September
University of Sydney	21-23 September
University of Sydney	21-23 September
University of Sydney	21-23 September
University of Sydney	21-23 September
University of Sydney	21-23 September
Queensland	21-23 September
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University of Queensland	21-23 September
University of Queensland	21-23 September
South Australia	21-23 September
University of Adelaide	21-23 September
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University of Adelaide	21-23 September
Tasmania	21-23 September
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University of Tasmania	21-23 September
Victoria	21-23 September
University of Melbourne	21-23 September
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University of Melbourne	21-23 September
Western Australia	21-23 September
University of Western Australia	21-23 September
University of Western Australia	21-23 September
University of Western Australia	21-23 September
University of Western Australia	21-23 September
University of Western Australia	21-23 September

THE Santos SCIENCE EXPERIENCE

700 Box Hill Road, Box Hill, VIC 3083

03 9594 1111

www.scienceexperience.com.au

Registration Fee

- Year 9 and 10: \$100 (incl GST)
- Year 11 and 12: \$150 (incl GST)
- Non-student: \$200 (incl GST)
- Please note: these fees do not cover any transport, meals or accommodation costs.
- Refunds are available from \$100 (incl GST) onwards.



Upcoming Mental Health First Aid course

From Ian Scott

We are running a Mental Health First Aid course at Katoomba RSL on two consecutive **Tuesdays the 17th and 24th of May.**

The course teaches you about the signs of common mental illnesses, how to appropriately support someone experiencing mental health problems, and then assist them to connect with professional help. Having this knowledge and skill, you can help reduce the stigma over mental health problems and build mental health awareness in the community. This course is for adults over 18 years of age.

Running from 8:45 am to 4 pm on Tuesdays the 17th and 24th, the cost is only \$30 for the two days. Family and friends welcome, and for those of you who have completed the course already, you might pass this on.

Please call or email Ian to register, but by the 9th of May please, so we can organise course materials.

ian@scottadr.com 0402217915.

BowelCare Program 2022 1 April 2022 - 30 June 2022

*From Rod Chippindale, Director
Cancercare Australia Limited*

You can place your order by phoning or using the Mail Order form at the back of this Springword. The

purchase price of \$25 is inclusive of postage and fees, pathology testing and notification of your result to yourself and your nominated doctor.

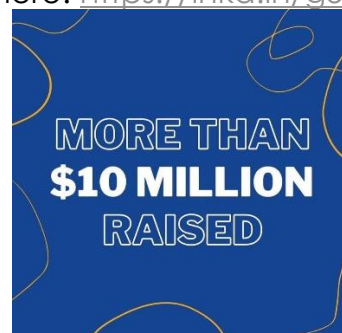
The kits will be available to purchase from 1st April 2022 until 30th June 2022 by using the Mail Order form or by phoning the BowelCare office Tuesday to Thursday 9am – 3pm on (02) 4341 6695.

Full details are available in previous newsletters.

Rotary Foundation Ukraine Appeal

Because of our generous donors around the world, The Rotary Foundation has raised more than \$10 million dollars to provide food, medicine, clothing and shelter for the people forced to leave their homes in #Ukraine. So far these donations have funded 64 disaster response grants and counting.

Learn more: <https://lnkd.in/g5thdWiu>



A note about images used in this newsletter

All images used in this newsletter are licensed under Creative Commons. Photos are taken from Rotary club collections.



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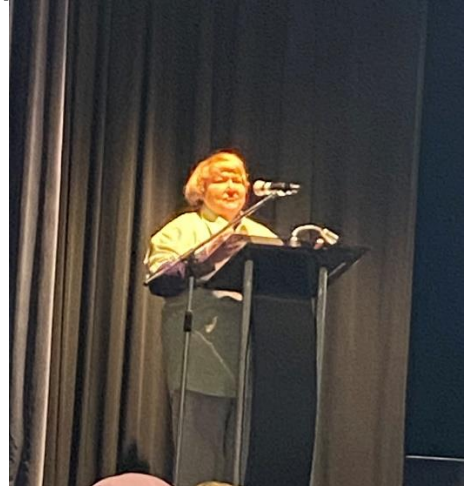


Photo Gallery

Ellison Rd PS Welcome Back Breakfast



District Assembly



Variety Club Golf Day breakfast



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Variety Club Golf Day breakfast (continued)



The supervisor



The gofers



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Mail Order and or Donation Form



BowelCare Kits x <input type="text"/> @ \$25 per kit:	<input type="text"/>	Donations of \$2 or more are tax deductible for the donor.
I would like to donate:	<input type="text"/>	
TOTAL AMOUNT:	<input type="text"/>	

My Details

TITLE	FIRST NAME	SURNAME	
STREET ADDRESS			
SUBURB		STATE	POSTCODE
POSTAL ADDRESS (if different to above)			
SUBURB		STATE	POSTCODE
PHONE		EMAIL	

Payment Details

<input type="checkbox"/> Donate by cheque – please make it out to Cancercare Australia Limited and post with your details above to the reply paid address provided below		
<input type="checkbox"/> Mail Order by cheque – please make it out to Cancercare Australia Limited and post with your details above to the reply paid address provided below		
<input type="checkbox"/> Donate/Mail Order by credit card	Card type:	<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard
CARDHOLDER NAME		
CARD NUMBER ____ / ____ / ____ / ____		
CARD EXPIRY	CARDHOLDERS SIGNATURE	DATE SIGNED

Return this form: E-Mail: admin.bowelcare@bigpond.com or Post: No postage stamp required, Cancercare Australia Limited. Reply Paid 89801 Woy Woy NSW 2256



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