

Issue 1

1 July 2022

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SPRINGWORD Newsletter



President's report

Well, what a way to start off a new Rotary Year. A magnificent evening of fellowship topped off with some well-deserved awards.

Congratulations to all the Award winners, to Presidents Jenny for an amazing two years of leadership and inventive ways to raise funds during such a difficult era. Thank you also to the "team" who



planned and put on such a wonderful evening.

A big thank you to those who agreed, and were then elected by you the members, to form the Board – the governing body – for the coming year. We have yet to meet to establish and put our plans for the year to the Club however many wonderful ideas have already been floated.

In the absence of any other regular opportunity to raise funds, Bunnings will continue to be the regular monthly event.

I do not have any grand plans for the year however as I've mentioned

establishing a" Defibrillator Awareness" in the Community thru signage advising where one can be found in an emergency and the supply of at least one machine in a suitable venue.

I look forward to a year of fun, fellowship and many successful events supported by some amazing Volunteers.







Planned Meetings

Club Meeting – Ori Café – July 4th 6:30 PM Speaker: Phillip Sen Habitat for Humanity Australia

Club Meeting – Ori Café – July 11th 6:30 PM Board Meeting and Directors Reports

Club Meeting – Ori Café – July 18th 6:30 PM Speaker: Lucian Keegel Dementia Café Project

Club Meeting – Ori Café – July 25th 6:30 PM Committee Meetings - TBC

Club Meeting – Ori Café Aug. 1st 6:30 PM

Events for Rotary

Ronald McDonald House Dinner July 14th 2:30 PM to 8:30 PM

Ellison Primary School Breakfast – July 22nd (Alternate weather day July 29th) Tom Hunter Park Faulconbridge

Bunnings Valley Heights BBQ – July 23rd 8:00 AM – 4:00 PM Volunteers wanted... To be announced

Dogs Day Out – Norman Lindsay Gallery – Aug. 28th 10:00 AM to 2:00 PM Sausage and Hotdog Sizzle AND Parking duty

Springwood Festival – Sept. 3rd 7:30 AM – 2:30 PM Full Menu – 2 Shifts

Ellison Primary School Colour Run Sausage Sizzle – 1:00 PM September 16th (Alternate 23rd)

Buckland Fete Sausage Sizzle – Sept. 17th 9:00 AM to 2:00 PM

A Friendly Reminder about Attendance Notifications From Cheryl Kitto

Just a quick reminder regarding notifying attendance at meetings.

A - list ... must notify me by 5pm on Sunday evenings if you **won't be** attending the meeting by emailing <u>cheryla9@bigpond.net.au</u> or sms: 0448 852 769

B- List ... must notify me by 5pm on Sunday evenings if you **WILL** be attending the meeting by emailing <u>cheryla9@bigpond.net.au</u> or sms: 0448 852 769

Thank you all - please also notify me if you have visitors attending or if you wish to change lists.





Ross	A List Bell Berriman Bowler Bray noted 4 weeks leave Covington Erickson Fuller Glassock noted 4 weeks leave Harrison noted 2 weeks leave Harrison noted 2 weeks leave Kenney C Kenney M Kitto C Kitto N Kroonstuiver Law
Ross	Law Richards
	Ross

Sparkes L Thompson Wood B List Ainslie Atkins Clague Deegan Josey Kaub Pagitz Phillips Roberts Sage Thomas Sparkes P

ADCD Community Hall

Great news - Council voted unanimously last night in favour of the use of 45 Petra Ave as a community facility. Three members of our committee addressed council at the meeting to tell them about the work we have done, the importance of the hall, and of the support of Rotary.

Councillors thanked ABCD Inc for its hard work and commented that our community is the 'gold standard' of what a community should be, for coming together to work towards our recovery and resilience.

The Mayor made special mention of local and International Rotary clubs, thanking you all for your support to our community.





Changeover 2022-2023 Member Award Citations

Bev Waterson – Paul Harris Fellow

Bev Waterson regularly volunteers for BBQ events, raffle events, attends our meetings, and takes personal care of the display plaque in the town square for the historical walk that our Club installed for an anniversary of Rotary in Australia many years ago. As a Friend of Rotary, this service to the Club has extended over many years.



Bev also devotes many hours within her church, and it seems that everyone in Springwood knows her. She seems to have a tireless energy and enthusiasm for everything she does, which is contagious to other members of the Club.

John Fuller – Paul Harris Fellow

John has been a dedicated member for nearly 7 years and is always one of the first to volunteer for our various events, especially events that require physical activity.

He ensures that all his Rotary tasks are completed properly and with care. John first joined the Board a year or so after joining and has been an excellent



Board member on various Boards over his near 7 years, including the current Board. Outside of Rotary John has dedicated his time to the Community in particular volunteering at Ronald McDonald House with his wife Beth. This involves staying overnight at the House and this task has great responsibilities.

He and Beth recently organised the Sensory Garden dedication event, a testimony to his very capable preparation and organisational skills – even down to the weather.





Peter Bray – Paul Harris Fellow

Peter Bray is the Grandson of the late Harry Picket and son of Rotarian Valda Bray, and he receives this award in recognition of his pro-bono work on the accounts and audit for the Rotary Club of Springwood.



At a time when the Club was facing challenges due to breakdown of the MYOB program and transfer to Xero Accounting System, it was a huge task to get this all in order and many hours were spent together with input of documentation by past Board Members and the diligent work of Bill Clague. Peter went above and beyond the 'Service above Self' in his professional attention to detail and for the offer of continuing to carry on with the Audits into the future.

Melanie Ross – Paul Harris Fellow

Melanie is a friend of the Rotary Club of Springwood who works as a Clinical Nurse Specialist in the Intensive Care Ward at the Nepean Hospital where she has been working for many years. The advent of COVID was a sharp reminder of the need for active and efficient ICU's. These past few years have been challenging for all the staff in the hospitals and working in ICU has been particularly challenging. Melanie has maintained her professional approach to nursing of COVID patients and their families, especially those in endof-life situations. It is a difficult



task, caring for this group of patients as there are requirements such as the wearing of the Personal Protective Equipment (PPE) when providing care. Melanie has managed the care of these patients very effectively and this has meant there was a high quality of end-of-life treatment, which takes a toll on the nursing staff. Melanie has always displayed an empathetic approach to all the patients in her care. She





has displayed a very professional approach to the care of all her patients and is very aware of the needs of the families of those in her care.

As the COVID crises seems to be abating, it is appropriate that a 'front liner' such as Melanie is recognised for her passion, understanding, empathy and professionalism during this emotionally charged time. This award is a just and fitting 'thank you'.

Nyree Waterson – Achievement Award

Nyree has resisted becoming a member of Rotary for many years, but as a Friend of Rotary she has actively supported so many events. Nyree can always be relied upon as a lastminute fill in for BBQs and played a key role in the organisation of the Music Amongst the Autumn Leaves Event.



Congratulations Nyree and thank you for your many years of support to our Club.

Deborah Wood – Achievement Award

Since November of last year, Deborah Wood has turned her lounge room into a knitting paradise as she knitted nearly 30 bears for Interplast. Her unending enthusiasm and sense of humour made this such a fun project, including the infamous 'Stuffing Day', hosted by Valda. The bears, along with those also



knitted by Beverley Waterson, will be sent on to Interplast next week,





and will make their way overseas later this year. Thank you Deborah for an outstanding effort.

Valda Bray – Duncan Berriman Award

This award is presented in memory of Past President and long-standing member, Duncan Berriman. Each year it is presented to a member who has demonstrated outstanding club service and achievement. Previous winners have been Adam Law, Robin Cooper, Bronwyn Berriman, Valda Bray and Bill Clague.



This year it goes to a person who is winning the award for a second time, Valda Bray. There is not a person in the Club who has not been touched by Valda's care and generosity throughout the COVID period. This past two years have also seen an unusually high number of deaths of members and spouses, as well as significant health problems among our members. Somehow Valda always seems to know just what to do and say, and it is no accident that she is held is such high regard by all members of our Club. As Welfare Officer she has gone above and beyond in providing support for each and every member.

Roza Sage – Ross Ingram Award

The Ross Ingram Award is and presented to a member for outstanding Community Service. PP Ross Ingram was an exceptional community member who provided extensive service to or community over many, many years. He will







always be remembered for his exceptional support to bushfire victims, the seniors' community lunches, and to so many people in need in the community.

The inaugural winners of this award in 2021 were Norm and Cheryl Kitto.

The 2022 winner is Roza Sage. One of the quieter members of our Club, few members are aware of the scope of Community service she achieves. Currently these achievements are mainly in her role in charge of the support unit for the NSW Rural Fire Service, and as a Blue Mountains City Councillor.

Rosa joined the NSW RFS Blue Mountains District as a Member of the Group Support Brigade in late 2015 assisting with weekend operations and large incident communications. Together with a significant number of RFS Members, she received a Premiers' citation for her efforts during the 2019/2020 bush fires. She was elected President of the Support Brigade in 2021 and again in 2022.

Roza is also a member of the RSL in Springwood, and has previously filled roles as area chair for the Red Shield Appeal, and Board Director of the Greystanes Foundation, and of course, former Member of Parliament. As a Rotary member, she is a great ambassador through her voluntary work in the wider community, and we congratulate her for her efforts.

Thanks to Raffle Prizes donors

On Monday night, six luck raffle winners left with the spectacular bottles of champagne donated by Carrie Graham. Another lucky person won the chocolate shoe donated by Bronwyn Berriman, and yet another the jewellery donated by Roza Sage. Thank you so much to all our donors! The raffle was a fitting end to a great night and raised \$210.









DAYS FOR GIRLS AUSTRALIA LIMITED ABN 77 599 800 484 PO BOX 179 TATURA VIC 3616 DAYSFORGIRLS.ORG/AUSTRALIA @DAYSFORGIRLSAUSTRALIA australia@daysforgirls.org

Tax Deductible Receipt

Date:	28th June 2022
From:	Days for Girls Australia Ltd
To:	The Rotary Club of Springwood Inc

Thank you for your recent donation of \$1000.00.

DfGAL is dedicated to shattering stigma and limitations associated with menstruation for improved health. education and livelihood outcomes by partnering with others to break the silence and deprivation that accompanies lack of girl's menstrual health needs. This is done with a simple, direct and effective solution available to girls' month after month – Days for Girls (DfG) washable menstrual health Kits.

For every \$50 donated, three girls/women are helped with the provision of a standard washable menstrual kit.

Thanks to each DfG Kit a young girl will have more freedom to participate in education. A mother will be able to work to help provide for her family. A girl will be more active in her community. This good can be multiplied hundreds of thousands of times!

Once again, we thank you for considering DfGAL as the recipient of your donation.

Yours sincerely, Days for Girls Australia Ltd

President Robyn Payens

Chief Operating Officer Mary Connelly-Gale



