

HORIZONS

Central Blue Mountains Rotary

We live here - We work here - We give back

Rotary District 9685 - Australia

Wednesday, October 16, 2024

New view over Wentworth Falls Lake

A new viewing platform and pedestrian walkway on the eastern bank of Wentworth Falls Lake was partially opened to the community on Wednesday, 2 October, 2024, providing views over the water and surrounding landscape.

image: Blue Mountains City Council

Comin' up

Stuff you should know about



Happy Birthday to Pres. Lora from your friends in Central Blue Mountains Rotary. We had a fabulous night at the new Lawson restaurant, Datoto Pizzeria. Musician and good friend Pat Drummond added his special musical talents to the night.

Hi Folks

Spring is here. Bring out the beanies and brollies. Last week DGN Michele Ellery addressed our members. She spoke about the Rotary Community Groups, the future of Rotary. There are some very encouraging signs this is working.

This week, District Governor Niranjana will be visiting our Club. This is a great opportunity to ask those important questions.

Last Monday, Central Blue and the E-club had a joint barbecue at Leura. On a cold and windy day we raised \$500 for Polio plus (\$250 each club). We had four volunteers, easy work, and we should have regular barbecues.

Bookings for our Lazy Long Lunch are not good and the question needs to be asked: Do we proceed, or not?

The welfare of our members is paramount. Any updates on this front should be forwarded to our Welfare Officer Tom.

A suggestion which I strongly support is a register of members willing to drive fellow members and their family to hospital or emergency appointments at short notice. Further information to come.

Our next Board Meeting is Tuesday 15 October at Katoomba RSL. Remember all members are welcome to Board Meetings.

That's all from me.

Paul Pixton....And it's over to you Lora.

**Guest Speaker
October 16**



*Niranjana Deodhar
District Governor 9685*

Greetings:

On Friday, 27 September, a group of hikers did the "Great Aussie Hike" this being from Katoomba down to Penrith.

The weather was very cold, misty with intermittent rain, but these people came from the Charles Darwin Walk and then were directed by a marshal (me) to walk to the School of Arts at the end of the road for some "wellness" treats.

This was a fund raiser for Beyond Blue. Elaine Manners was the marshal at the Conservation Hut.

The bitter-sweet news is that \$13,500 was deposited into our Admin account and we waved a sad goodbye to our beautiful van.

Christmas Pamper packs

I have been sourcing goods for our annual Christmas pamper packs – 20 men and 20 women.

This year, I have spent over \$175, and once we have the goods delivered, made up and packed, I will see if we need to buy some more goodies.

Over the past years our seamstress, Dorothy, has made beautiful bags. I also bought some brightly coloured tea towels to be made up as pamper bags. They need minimal sewing, and later could be used as hand towels. We'll need some volunteers to collate these, possibly the first week in December.

regards
Lora



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Club Calendar

Tuesday, 15th October – D'café Board meeting RSL Katoomba

Wednesday 16th October – FoodBank – need volunteers..

Thursday, 17 October -Senior Citizens Expo @ Katoomba Blue mountains Cultural Centre

Friday, 18 October first Lawson School Breakfast club for Term 4

Canada's pledge of \$151 million to achieve global eradication of polio

Global Polio Eradication Initiative

Sep. 23, 2024

The Government of Canada continues to demonstrate its commitment and leadership in the fight to eradicate polio, announcing a new contribution of CAN \$151 million over the next three years to support the work of the Global Polio Eradication Initiative.

Canada's Minister of International Development formally announced the pledge at a Rotary regional conference in Toronto, Ontario on 20 September to an audience of Rotary club members and civic leaders from across Canada and the United States.

Canada has been a leading supporter of the global polio eradication effort since its inception.

Rotary International president (2022-23) Jennifer Jones said Rotary members in Canada and throughout the world are thrilled to welcome this new investment.

Jennifer Jones, a Canadian citizen, said: "ending polio has been Rotary's top priority, and the Canadian government has been with us every step of the way.

With the finish line so close, every contribution to the global effort is a critical step towards a world without polio for children everywhere."



Jennifer Jones (left) with Canadian Rotarians

Copy and images Rotary International

T-Rex race in France raises funds for End Polio

More than a dozen Rotarians and friends in southeastern France donned inflatable dinosaur costumes and stumbled along a 100-metre course in a playful footrace that raised funds and awareness for Rotary's mission to end polio.

Organised by District 1730, the T-Rex Race took place during an International Air Festival, a kite fair that draws thousands of people.

"The idea came to me to create an event to rejuvenate the image of Rotary in the fight against polio," says Dinh Hoan Tran, the district's immediate past governor and member of the Rotary Club of Nice.

Spectators could place bets on the contestants. "We made people laugh and we informed people," says Tran.

More than 40 of the district's 71 clubs participated in the event, as the district motivated clubs to "support PolioPlus to the tune of about \$45,000," he says.



Please turn to the next page

BBQ Team busy week

Our Rotary barbecue team took advantage of the good weather last week on three different days.

Saturday, October 5 at Woolworths, Katoomba - Monday, October 7 at Leura Mall - Thursday, October 10 at Springwood.

Lucian Keegel, E-Club Greater Sydney Michael Sibiriakoff and Chad Adams, Central Blue, were at Katoomba

Lucian Keegel, Paul Pixton, Michael Sibiriakoff and Allan Byrnes were at Leura Mall.

Michael and Lucian were busy at a Senior's Expo, at Springwood on October 10.

The first two events were fundraisers for Rotary projects, but at Springwood the Senior's Expo was sponsored by Blue Mountains City Council.

This event was all about community service. BMCC supplied the products and our team did the cooking. Sausage sandwiches were offered free-of-charge to people attending the expo....all good stuff!



images supplied

At the Senior's Expo

Left:
Michael Sibiriakoff and Lucian Keegel with Trish Doyle MP, Member for Blue Mountains.

Right:
Not to miss a photo op, Springwood Rotarian Geoffrey Glasscock AM met up with Trish, while he was handing out flyers for Rotary Dcafs in the Blue Mountains.



Long *La*ZY Lunch at the View

Relax! We'll take care of everything



Grand View Hotel, Wentworth Falls
Saturday, 26 October, 2024
12.30pm till 3.00pm

Canapés - alternate mains Osso Buco
and Chicken Royale - Dessert
Drinks at bar prices

Entertainment - Raffles - Silent Auction
Lucky Door Prizes

Central Blue Mountains
Rotary
Club



Booking essential
before 17 October

<https://www.trybooking.com/CUXKQ>

\$85

per person - incl. GST
Dress: smart/casual

*Proceeds will be used by Central Blue Mountains Rotary Club
for youth enrichment programs*

Please turn to the next page



The Great Rotary Whitewater Duck Race

Thousands on ducks take on the whitewater on Sunday, 27 October at 1.00pm, and the fastest rubber ducky wins!

The spectacle of thousands of rubber ducks racing down Penrith Whitewater Stadium course attracts people from far and wide, whether they have a chance to win the prize or not.

The Great Rotary Duck Race is one of the Rotary Club of Kurrajong North Richmond major fundraising events that provides much needed funds for non profit organisations and clubs.

Ducks will be available for purchase on the day.

Duck in for some excitable fun by cheering on your \$5 purchase, which could win you \$5,000 or \$1,000 or a Bunnings outdoor setting.

And don't forget to grab something from Rotary's BBQ trailer before settling down to cheer your duck home in the big race.

Free entry.

Starts: 27 October 2024 - 1:00pm

Ends: 27 October 2024 - 2:00pm

Penrith Whitewater Stadium

McCarthys Lane, Cranebrook NSW 2749



Copy and images: Penrith City Council



Rotary
District 9685

DISTRICT CONFERENCE MARCH 2025
THE PULLMAN, PENRITH
FRIDAY 21 AND SATURDAY 22

Register now and save

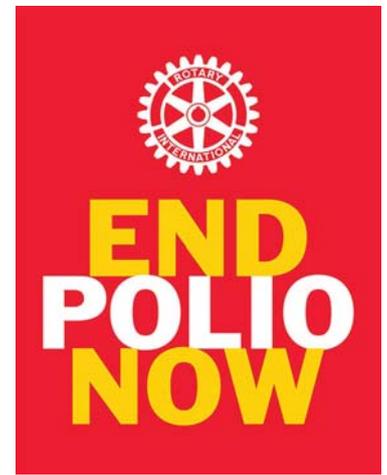
From 1 October the earlybird rate for the District Conference is available until 31 December - \$250.00 instead of \$280.00 after 1 January 2025



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THROUGH PEOPLE & ROTARY

a sustainability & humanitarian summit

POLIO Pushups & Paces



3 to 23 October, 2024
**Join us this year with your
preferred style of exercise**
Pushups or Paces



Challenge yourself and raise money
Help Rotary's fight against Polio
Copy the link below or scan the QR code:

<https://raise.rotary.org/poliopushups/challenge952>

Central Blue Mountains
Rotary
Club



TOGETHER LET'S END POLIO NOW

Mountain Ghost

An adult cicada's sole purpose is to find a mate hence the "noise" and each cicada has its own distinct 'song' to attract the right partner to mate with. The cicadas' main enemy are birds.

The Ghost's theory is that the birds eat them not necessarily as food but so they can get a good night's sleep as well.



CICADAS

The Mountain Ghost has never seen so many cicadas. His garden and fruit trees are full of cicada shells and live cicadas. They are even coming into the house.

The Ghost predicts this will be the best (loudest) cicada season since the Great Invasion of 2003.

Seeing he can't sleep, he may as well do some research on his steam-powered computer.

Well, Australia is the cicada capital of the world with between 700 – 1000 species. North America has 170 species, South Africa 150 species and UK has only one.

A cicada begins its life as a nymph living underground for 6 – 10 years depending on the species. The cicada nymph emerges in the warmer months especially as overnight temperatures increase. But they also need a rainfall event to trigger an emergence.

When they emerge they can be seen squeezing out of their shell but stuck by their rear, and it looks as if they are

riding a pony bouncing around before they actually disengage themselves from their shell altogether.

The life of the cicada can be summarised as 'Sing' 'Fly' 'Mate' 'Die'

An adult cicada only lives for 1 to 4 weeks. Their sole purpose is to find a mate hence the "noise" and each cicada has its own distinct 'song' to attract the right partner. The cicadas' main enemy are birds.

The Ghost's theory is that birds eat them not necessarily as food but so they can get a good night's sleep as well.

Cicada season in Sydney starts in September (perhaps a little later in the Mountains) and continues until April with the noisiest months being November to end of January.

The Ghost should have mentioned that cicadas are the loudest insects in the world.

The Ghost had heard that cicadas only emerge every seven years which he knows is not true, but there are some species where the adults all emerge together after seven

years so then it is a good time to have a holiday in the Northern hemisphere.

Some of the most common species in the Mountains are the Black Prince, Double Drummer, Floury Baker and the Green Grocer (also known as Yellow Monday).

The Ghost remembers when he was a kid, other kids would swap cicadas in jars for what purpose he can't remember. The Ghost would rather have root canal surgery than pick up insects.

Another thing the Ghost remembers is his mates would collect the shells of the cicadas and throw them at each other as they were sticky and would stick to your body.

Males generate the sound by repeatedly flexing drum-like organs in the abdomen which is largely hollow, intensifying the sound.

In fact, the cicada is the loudest insect in the world. The "Brevisana Brevis (an African cicada) produced an amazing 106.7 decibels at a distance of 50cm. This is about as loud as a small plane. Mrs Ghost still thinks the Ghost's snoring is louder than a cicada.

Also the larger the cicada the louder the volume which is interesting because in South East Asia there is a cicada the size of a small bird.

But are cicada numbers decreasing in Sydney and the Blue Mountains? It is true that insect numbers are decreasing at an alarming rate across the globe.

The Ghost remembers his dad stopping the car many times on a trip just to clear the bugs off of the windscreen. When was the last time that happened?

There does not appear to be any evidence that cicada numbers have dropped in Australia.

What is probably an explanation is that as a youth the Ghost's hearing was a lot better than it is today, hence he thinks cicada numbers have dropped, it's just an illusion.....The Ghost had better make that hearing appointment with an audiologist.

