



HORIZONS



Rotary - Central Blue Mountains

Effective - Energetic - Enterprising - Empowered

Rotary District 9685 - Australia

Wednesday, May 10, 2017



Scary stuff at Scenic World Sculpture Exhibition

The Scenic World Sculpture Exhibition has come to an end for another year. The weather has been great and the number of visitors has remained high, exceeding expectations.

Our volunteer commitment and response has been greatly appreciated by Scenic World.

This week, we had a few volunteers go walkabout to explore the landscape and Jurassic wonders in the valley, as shown in the photos.

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May

- Wednesday 10 - Child Protection information
- Sunday 14 - Food van - Grand View Market
- Monday 15 - Board meeting - Grand View Hotel
- Wednesday 17 - Club Assembly
- Sunday 21 - Million Paws Walk - Dog Day
- Tuesday 23 - Pride of Workmanship
- Wednesday 24 - No meeting
- Wednesday 24 - Food van - BMGS Athletic Day
- Sat-Sun 27-28 - Red Shield Appeal
- Sunday 28 - Rotary - MUNA
- Wednesday 31 - Guest speaker TBA

Our Mission

Central Blue Mountains Rotary has a very simple mission; to provide service to others within our local community and overseas, to promote integrity, and to advance goodwill through fellowship.

We have a long and successful history of supporting our local community and assisting overseas. Since being established in 1976 we have achieved, quite simply, nothing less than outstanding results every year. We are proud of our contribution to helping others.

CBM Rotary

- on your PC
- on your Tablet
- on your Phone

Rotary uses virtual reality to inspire others

Rotary is working with Google's virtual reality team to offer an experience that showcases the impact of compassion to a global audience.

We're producing a three-minute virtual reality film that emphasizes the two themes of polio and peace, and how Rotary's work to eradicate the disease is increasing stability across the world.

Through the power of virtual reality, viewers will follow the extraordinary journey of a child whose world has been torn apart by conflict.

The film will immerse viewers in this child's world, and they'll experience for themselves the impact that small acts of compassion, protection, and kindness can have on others.

We'll premiere the film on 13 June at the Rotary International Convention in Atlanta, Georgia, USA. It will be widely released in time for World Polio Day on 24 October.

This isn't Rotary's first experience with virtual reality. With support from the U.S. Fund for UNICEF, Rotary premiered its first virtual reality film, "I Dream of an Empty Ward," in October 2016. In that film, viewers visit India, which has been polio-free since 2011, to follow Alokita, a young woman paralyzed by the disease as a child.

Become a Volunteer



RED SHIELD APPEAL

May 27 and 28

If you would like to volunteer as a doorknocker, driver, or street collector contact Tom Colless 4780 1100 and become part of the happy team helping the Salvos this year.



Half a million students have participated in RYDA - Rotary Youth Driver Awareness

On Wednesday, 10 May at Penrith, RYDA will be celebrating the attendance of the 500,000th student to participate in its program in Sydney over 15 years ago.

Ambassador, Peter Frazer, high ranking police and Government officials will be invited, along with media. The celebrations will include:

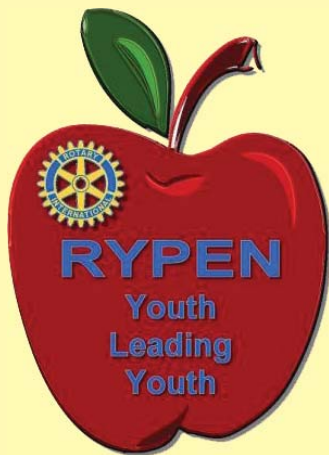
- Recognition of 500,000th student (award for school, gift for individual student)
- Students will form giant human Yellow Ribbon - images will be captured with an aerial shot.
- Students and invited guests will be asked to sign pledge cards committing to slowing down and stick them on a Yellow Ribbon pull up banner promoting their commitment to road safety.

- A student social media competition will be held all week across all venues inviting students to submit a social media post promoting a safety message from RYDA. The best post will be awarded a prize.

- RSE Social Media / Facebook posts during the week will highlight the Yellow Ribbon and RSE's community (including students, teachers, facilitators, Rotarians and corporate partners) making a Commitment to Road Safety holding the UN #slowdown sign boards.

- An email campaign will be conducted to over 600 high schools in Australia who participate in the RYDA road safety education program - this will encourage schools to say "We're committed to Road Safety" with messages in school Newsletters and social media posts.

Rotary Youth Program of Enrichment June 16-18 Blue Gum Lodge Springwood



Upper Mountains Rotary clubs have four students attending.

BowelCare is happening again

Central Blue Mountains Rotary is co-ordinating the program at Hazelbrook, Lawson, Wentworth Falls, Leura, Greenwell & Thomas and Blue Mountains Pharmacy Katoomba.

The BowelCare program will run from April 1 to May 31.

This is the 27th year that Rotary will be providing Australians with an affordable annual bowel cancer screening program.

The goal of the project is to increase community awareness of the need to use screening tests in order to detect potential or actual bowel cancer early.

Early detection is important because it leads to leads to an improved outcome and less severe treatment. Over 16,000 cases of Bowel Cancer will occur in Australia in 2017. This accounts for 12% of all cancer cases in Australia.

BowelCare kits are sold for \$15.00 each. This is approximately half the normal retail cost of equivalent screening tests.

The cost includes pathology testing and notification of results to both the participant and their nominated doctor



The Combined Rotary Clubs of the Upper Blue Mountains

invite you (and your partner) to attend the

Pride of Workmanship Dinner

On Tuesday 23rd May 2017

At Carrington Hotel, Katoomba

6:30pm for 7pm

Cost for 2 course dinner

\$50 per head

RSVP to your Rotary Club by 12th May 2017:

Blackheath – Andrew Hancock

Central Blue Mountains – Allan Byrnes

Katoomba – David Arnott

Upper Blue Mountains Sunrise – Joan Hart

Mountain Ghost

Sydney Seafood School - What a great idea for Mother's Day. Mum gets a nice day out and a fantastic meal (which she cooks herself, what's changed!)

SYDNEY SEAFOOD SCHOOL

There are two things the Mountain Ghost likes to do and he does both to excess. He likes to drink and he likes to eat. He also likes to cook.

He has just attended his third Seafood Cooking class at the Sydney Seafood School located at the Sydney Fish Markets at Pyrmont (I know it is a long trip from the Mountains but you will thank the Ghost when you eat the food you have prepared) What a great idea for Mother's Day. Mum gets a nice day out and a fantastic meal (which she cooks herself, what's changed!)

The classes are fantastic. You choose what you feel you are capable of doing – you can extend your ability because there are many trained chefs to help you.

Firstly you go to an auditorium where the chef demonstrates how to cook the seafood. After the demonstration everyone goes off to the state of the art kitchens and in groups of five you recreate the meal that you have just been shown.

The chefs come around and assist you with the preparation and cooking (you are also given the recipe to keep). Then comes the good bit. You take your meal to the restaurant and enjoy it with a bottle of wine. The Ghost was amazed that he had cooked a chilli crab and barbequed sardines for example.

The Ghost recommends going to the school as a group, say a few friends together (remembering you cook in groups of five) or take the kids and grandkids. The courses range from two to four hours depending on the complexity of the meal. Prices range from \$90 a head to \$165 a head for fourhours.

The Ghost has a tip for you if you get on the SSS mailing list they will advise you of upcoming classes and if a class is not filled they offer it at a discount.



A little bit of history

13,000 people attend the SSS each year. The most popular course by far is the Seafood Barbeque Course. We have used Sydney Seafood Gift Vouchers as a different gift for a special occasion. The School has been in operation for almost 30 years.

Good To Know

For Details – www.sydneyfishmarket.com.au

Organize a group to go

Daytime/weekend courses available

Plenty of parking at the Fish Market, Pyrmont

By Public Transport :

Train to Central, Bus to Pyrmont (\$2.50 for seniors)

Ghost Rating – 9/10

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Rotary  Katoomba

Celebrating 80TH BIRTHDAY & CHANGEOVER

MURDER MYSTERY...did the DG really do it?

SAVE THE DATE



Saturday
JUN

17

2017

secretary@

RSVP

[www.katoomba
rotary.com](http://www.katoomba
rotary.com)

Carrington Hotel
*Accommodation Packages
available

\$65pp
6.30 for 7pm

www.katoombaROTARY.com
FOR ALL THE GRISLY DETAILS

Episode

1

....that's all folks