



HORIZONS



Rotary - Central Blue Mountains

Effective - Energetic - Enterprising - Empowered

Rotary District 9685 - Australia

Wednesday, July 11, 2018



Stunning local scenery



The Blue Mountains
BOTANIC GARDEN
Mount Tomah

Visioning Outcomes



July

Wednesday 11: David Parsons from the SES will ask the questions “Are you prepared?..What would you do?” Through audience participation let’s see how we would cope in an emergency.

Saturday 14: ScenicWorld garden project - We’re planting native grasses - a wonderful community service environmental project.

Wednesday 18: Combined clubs youth planning meeting

Wednesday 18: Planning and business meeting

Saturday 21: BBQ at Mitre 10

Wednesday 25: Rick’s Musical Trivia Night. Come along for fun and laughs. Partners, fellow Rotarians and friends are most welcome to join us. No fundraising, just music, fun and maybe a few prizes to be won.

Friday 27: Lawson Public School Breakfast Club

August

Wednesday 01: Guest Speaker - Tom Brownjohn

Thursday 02: BM Grammar sports day - catering van

Thursday 02: Board meeting

Friday 03: Lawson Public School Breakfast Club

Wednesday 08: Social meeting.

Thursday 09: Board meeting at Grand View Hotel - 7pm

Friday 10: Lawson Public School Breakfast Club

Wednesday 15: Planning and Business meeting

Friday 17: Lawson Public School Breakfast Club

Saturday 18: BBQ at Mitre 10

Wednesday 22: Lisa Gorman managing director of Life Learning will present a light-hearted, lively approach to adult learning.

Friday 24: Lawson Public School Breakfast Club

Saturday 25: Trivia Night with Can Assist
W.Falls Country Club

Wednesday 29: Guest speaker: “Peace Building”
a young person’s view of our world.

Friday 31: Lawson Public School Breakfast Club

In preparation for our business meeting on 18 July, it is time to start thinking about putting parts of our five-year plan into action.

We have on-going programs we are committed to. Some of the activities are already in train, some need to be planned, and some need to be reviewed. So it is a mix of old and new.

How do we know what to do to make this an action plan? Each of us should examine where our passions lie.

Rotary has something for everyone, and this club has thrown up a number of great activities we want to see happen. So the question is not “What are you going to volunteer for?”, but “What Do You Want To Do?”

Check out the Visioning outcomes on Club Runner under “List of Documents” and see what interests you.

If you know what you want to do, and it is on the list (or even happening already) step up to be part of the team putting it into action.

The Club Directors and Committee chairs are not the ones to action all this, but they are the ones who will oversee action on behalf of the club.

They will be the expert or know where to find one, and they can connect us with the right people and sometimes resources to make it happen.

So please, before 18 July, look at the list, see what interests you – either generally or specifically, and let the Presidents, the appropriate chair and myself know your area of interest and we will coordinate your involvement.

Ian Scott
Club Visioning Champion

Guest Speaker July 11

David Parsons is a Senior Inspector Emergency Management with the NSW Resources Regulator, where he is implementing an emergency management reform program involving the mining industry and emergency services.

David previously managed Sydney Water’s Emergency Management and Counter Terrorism programs. He holds a Masters of Emergency Management and degrees in Social Science and Education.

David’s areas of expertise include emergency response management, crisis decision making, exercise management, risk management, and organisational resilience.

For the past 40 years David has been an active member of the Blue Mountains State Emergency Service.

Timor-Leste kids get schoolbags through Rotary

Students at Millthorpe Public School have been among the first students to raise money to purchase school bags under a new initiative organised by the Rotary Club of Orange Daybreak.

'School in a Bag' is an initiative that delivers rucksacks full of stationery and resources to orphaned, vulnerable and disaster-affected children globally.

John and Lois Willing discovered the project while travelling around England, and they told the students that the bags will be heading to students their age in Timor-Leste.

"In places like Timor the students only get issued one pencil a year, they have no books or any bowls to eat their food out of," Mr Willing said.

"So with the \$300 that you raised we will be able to send about eight of these bags."



Year 4 student Georgia Yates with one of the bags.

Photo and story: MARK LOGAN
from Central Western Daily July 05

Central Blue Mountains Plant Out Saturday, July 14, in association with ScenicWorld

We'll be levelling ground,
spreading soil, rolling out
turf and cutting in.

We'll be planting native
grasses and shrubs along
a boardwalk and applying
mulch to the plants.

Contact Ray Wiles
0409 845 415
and put your name
on the roster.



Rotary Leadership

The Rotary Leadership Institute course is now run over two days, powerpacked with information, learning and skills you can use in your Rotary life straight away.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had. Register online now at rli.rotarydistrict9685.org.au and supercharge your Rotary.

There is 1 course available for registration:

RLI 48 - Saturday 4 and 25 August 2018

Contact Ian Scott: ian@scottadr.com

0402 217 915

Rotary Fitness Initiative Puts ARH 'Top of Mind'



It's possible you may have seen a group of people active in your local community, wearing vibrant blue Rotary polo shirts. If you haven't yet, you may come across these people very soon.

Australian Rotary Health Ambassador Chris Edwards came up with the Rotary Fitness initiative in an attempt to address the perception that Rotary is an 'old men's club'. His idea was to try to shift perceptions of Rotary to one of a more 'vibrant' and 'active' organisation through the use of these sporting shirt designs. At the same time, spreading the Australian Rotary Health message of "healthy minds, bodies and communities".

"To achieve this, I came up with the idea of using bold graphics in Rotary colours depicting different sports. It's really an outdoor advertising campaign in the form of shirts," Chris said.

"We designed these sports graphics for the shirts so that they stand out in a crowd and draw attention. So far, in testing, the designs seem to have the desired result."

"It is easy to mistake the Rotary Fitness initiative as simply a business venture selling shirts. It isn't. The shirts are just the advertising medium. This is really a self-funded outdoor advertising campaign for Rotary, and specifically, Australian Rotary Health, that we hope will inspire more people to get active."

To start the project, Chris put his money where his mouth was and personally funded the design and development of the shirts. He then garnered the support for the concept from fellow Rotarians and Rotary District 9710.

The project is fully self-funded by Rotarians and the profit from the shirts goes into an Australian Rotary Health Fitness Fund, to be used to create new medical research scholarships. No Rotarians profit from the activity at all.

Most of all, Chris hopes the campaign will inspire Rotarians



Chris Edwards (right) with Terry Davies, corporate manager and Joy Gillett chief executive officer, Australian Rotary Health, donating another \$2,080 from shirt sales.

to think seriously about looking after themselves, "Health is something people of all ages should be conscious of."

"It is one thing to put 'Service above Self', but if you don't look after yourself, you won't be much good to anyone," Chris said.

"Another objective of the shirts is to help attract attention and start conversations with people of all ages. These shirts use sport to help break down generational communication barriers."

Already, the Rotary Fitness initiative has donated over \$4,500 to Australian Rotary Health from the sales of Rotary Fitness shirts and Chris hopes to raise enough to fund a new scholarship by this time next year.

The range of designs cover 12 sports so far. To find out more about Rotary Fitness, or purchase your own polo shirt or cycling jersey, **visit the Rotary Fitness website.**

Lower Blue Rotary Charity Night Movie

'Mamma Mia – Here We Go Again' will premiere at Glenbrook Cinema on Friday, July 20, as the feature attraction in another of the popular Rotary Charity night screenings

Bookings open today with Rotarian Gaye Van Der Meer on 0430 433 717 and regular patrons of the nights are urged to book early as the movie will be booked out quickly.

Doors will open at 7pm and the screening commences at 8 pm.

In keeping with the successful theme night history of the Rotary charity nights, the theme for 'Mamma Mia – Here We Go Again' will be a Greek Island Beach Picnic.

A superb beach picnic hamper will be offered as the major prize in the traditional movie night raffle.

Rotarians provide refreshments and finger food – and Lower Blue adds a small margin to the tickets to raise funds for local youth projects, Australian Rotary Health and The Rotary Foundation.

This special night continues the cinema's long history of supporting the local community as it celebrates the 50th anniversary of its operation at Glenbrook.



MAMMA MIA!
— HERE WE GO AGAIN —

50th
Glenbrook Cinema

MammaMiaMovie.com
SOLADBACK ON POLAROID RECORDS

ANOTHER ROTARY CHARITY SCREENING
FRIDAY, JULY 20, 2018

7 pm refreshments; 8 pm movie commences
Tickets \$20. Bookings: Gaye Van Der Meer – 0430 433 717
Profits to support Australia Rotary Health Research and local Rotary youth projects.

After booking with Gaye, payment can be made in cash or on line via the
Lower Blue Mountains Rotary Service Account - BSB: 062 640 ACC #: 00901 789

GLENBROOK CINEMA – SUPPORTING THE LOWER MOUNTAINS COMMUNITY



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INVICTUSGAMES2018.ORG SYDNEY 2018 OCTOBER 20-27



The Snow Ball

Divia de Court modelling The Darnell Collection. Photography by Bogitta Grant

Saturday 18 August
From 7pm till 11pm in the Ballroom
FAIRMONT RESORT BLUE MOUNTAINS
Fine dining - 1958 theme - Live music

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..that's all folks