

# HORIZONS

## Central Blue Mountains Rotary

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, February 13, 2019

*Lawn bowls is not just for grandmas and grandpas, all age groups enjoy this ancient activity— so now we know why people often visit their local bowling club... because lawn bowls is just so much fun.*



*CBM Rotary is  
BAREFOOT BOWLING  
Wednesday, February 27  
Wentworth Falls Bowling Club*

*The Mountain Ghost says he likes lawn bowling because drinks are often cheaper at bowling clubs, and he can get a reasonable Chinese or Thai meal at a very good price...Read his story on page 5.*

# WhatsOn....

## February

**Wednesday 13:** "The Power of One" - a long term plan for Rotary Districts

**Friday 15:** Lawson Public School Breakfast Club

**Wednesday 20:** Early start. Dinner at 6.50pm followed by a potpourri of great presentations. Come along and support our 2019 Summer RYPEN attendee, Klay Healey and get to know Heather Knight who is about to become our newest member.

**Friday 22:** Lawson Public School Breakfast Club

**Saturday 23:** Sausage Sizzle - Woolworths Katoomba

**Wednesday 27:** Social night - Barefoot bowls and dinner Wentworth Falls Bowling Club

## March

**Saturday 02:** Trivia Night, Leura Golf Club

**Sunday 03:** Clean Up Australia Day

**Wednesday 06:** Guest speaker: Bev Cooney "A window to my world -my work in Peru"

**Saturday 16:** President-Elect Training Seminar (PETS)

**Wednesday 20:** Guest speaker: Jeremy Scott - Adventurer

**Wednesday 27:** Central Blue Rotary gets together with Winmalee Lions

**Friday-Sunday 29-31:** District Conference, Newcastle.

## Other important dates

**Sunday April 14:** District Assembly

**Saturday June 29:** District Changeover

# Six Great Reasons to do RLI



The success of Rotary Leadership Institute is because it delivers skills and knowledge that Rotarians can apply straight away in their clubs.

1. It hones leadership skills
2. Builds Rotary knowledge
3. Gives a perspective about where Rotary has been and where it is now
4. Shares a vision of what Rotary can be
5. Networking with Rotarians from other clubs
6. Provides opportunities for partnering in service

The two part course is held on a weekend or separately on Saturdays or Sundays to meet demand.

Morning tea and lunch are provided.

Each day starts at 8:00am and finishes around 4.00pm.

Courses 50, 51 and 52 are open for registration:

- RLI 50 runs over the weekend 2-3 March at the District Office, Thornleigh.
- RLI 51 runs Saturday 4th and 18th of May at the District Office, Thornleigh.
- RLI 52 runs over the weekend of 1-2 June at a location to be decided in the Penrith/Lower Mountains area.

Register at [rli.rotarydistrict9685.org.au](http://rli.rotarydistrict9685.org.au)



**ROTARY CONVENTION**  
**1-5 JUNE 2019**  
**HAMBURG, GERMANY**

*Please turn to the next page*

# Behind the ROTARY BRAND

Rotary clubs blitz  
Brazil with polio and  
measles vaccinations,  
reaching 11 million  
children.



*“.....every Rotary  
club in the country  
participated”*

By Luiz Renato Dantas

Rotary clubs in Brazil mobilized to help stave off a potential polio outbreak after dangerously low vaccination rates were reported by health officials last year. More than 11 million Brazilian children were inoculated during a massive two-month vaccination campaign, reversing a trend of plummeting immunization coverage.

Brazil Rotary clubs held End Polio Now vaccination festivals, which included food, entertainment, local celebrities, games. The government said more than 300 cities in the country had low rates of vaccination against diseases such as influenza, measles, and polio. The Ministry of Health called the situation “extremely serious.”

Measles were spreading in an outbreak that eventually sickened more than 1,500 people in Brazil. Health officials worried that poliovirus could also re-emerge. Brazil’s massive national immunization campaign from 6 August to 28 September aimed to vaccinate at least 95 percent of children ages one to five.

The measles cases were concentrated in the northern states where thousands of Venezuelan refugees have crossed the border to escape economic and political hardships. Many haven’t been immunized, because Venezuela’s health system is in crisis.

Rotary leaders in Brazil found the possibility that poliovirus could resurge frightening, said Marcelo Haick, a regional coordinator for Rotary’s End Polio Now initiative. They knew they had to help health workers reach the millions of children who might be vulnerable to the paralyzing disease.

“The campaign was a success,” says Haick, a member of the Rotary Club of Santos-Praia in São Paulo state. “To our great surprise, clubs throughout the country responded in a way unlike anything we have ever seen.”

More than 11 million children were vaccinated during the initiative, reaching the government’s goal of 95 percent coverage, the target recommended by the World Health Organization.

Rotary members went to events and high-risk communities to announce the vaccination campaign.

According to Haick, every Rotary club in the country participated in the campaign in some way.

# TRIVIA NIGHT

Trivia Master Paul Eastment

We're raising money for  
Central Blue Mountains Rotary  
and Can Assist Blue Mountains



**SATURDAY MARCH 2**

**6.30pm for 7.00pm  
\$10 per person**

**Leura Golf Club  
1 Sublime Point  
Road, Leura**

**BOOK NOW**

[ptwigg@ozemail.com.au](mailto:ptwigg@ozemail.com.au)  
T: 0487 139 381

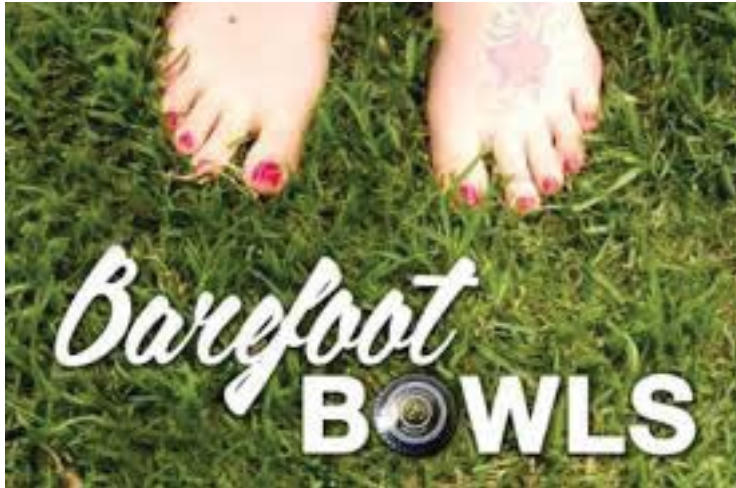
Bring some gold coins for  
games and to win raffle prizes



- Tables of 10 maximum
- Individual players welcome
- Food available to order
- Drinks at bar prices
- Definitely NO BYO

# Mountain Ghost

What the Ghost likes about bowling is that alcohol seems to be cheaper at bowling clubs and he can get a reasonable Chinese or Thai meal at very good prices. He will get his exercise at the bar.



The Mountain Ghost has put on a few kilos in recent years. "Why don't you take up a sport, suggested Mrs. Ghost. What about bowling – a lot of people your age go bowling."

Well a lot of people the Ghost's age get all the sport they need from the comfort of a couch. They get their exercise going from the couch to the fridge and using a bottle opener.

Anyway the Ghost thought he would give it a go. He turned up at his local bowling club in his whites expecting to see fellow oldies also in their whites.

To his surprise, the bowling green was full of young people dressed in T shirts and shorts, NO shoes and



having a great time. It is called Barefoot Bowls.

The Ghost had great delight going back to Mrs Ghost and telling her that bowling is now a young person's sport – so back to the drawing board to find a suitable sport.

The Blue Mountains area is well catered for bowling greens although there is pressure to close them. What the Ghost likes about bowling is that alcohol seems to be cheaper at bowling clubs and he can get a reasonable Chinese or Thai meal at very good prices. He will get his exercise at the bar.

The Ghost was intrigued how the game of lawn bowls originated. As you know the Ghost likes a bit of history. Historians believe the game originated in ancient Egypt. The oldest lawn bowls site is in Southampton, England. Records show the green has been in operation since 1299AD!.... AD does not stand for Admiral Drake.

Sir Francis Drake was playing bowls at Plymouth Hoe in July 1588, when told the Spanish Armada has been sighted. He famously said: "We have time to finish this game and to finish the Spaniards as well". The Ghost believes Drake must have had a bet on the game and been ahead at the time. King Henry VIII was also a keen bowler.

Originally, bowls were round stones and probably thrown rather than rolled. There are many derivations of bowls around the world. There is bocce (Italy) boules (France) bolle (Denmark).

The first lawn bowls game in Australia was at Sandy Bay in Hobart in 1845. Interestingly, the invention that

made lawn bowls possible was the patenting of the first lawn mowed in 1830 in Britain.

The Ghost wondered how "bias" originated? All he could find was that originally weights were added to the side of the bowl to make it curve.

So.....what's the best bowling club in the Blue Mountains?..... You will have to try them all.

# Use your time and talent to help others

Story by:

Younis Sebagala, professional leadership and development chair and president-elect of the Rotaract Club of Kampala North, Uganda



*Younis Sebagala talks about the importance of service during a Rotary meeting in Uganda*

Common wisdom tells us that when you help someone else, you help yourself. But what does that mean? What does it mean to find yourself, or for that matter lose yourself?

In the busy world we live in, we are becoming more and more isolated from our friends, neighbours, and family.

I believe that by using our time and talents to help people, we can reverse that trend. I believe that there is value in being connected to other people. And the volunteers I meet professionally, and every day through my Rotaract club, continuously strengthen this belief.

The happiness that I see radiating out of our volunteers when I meet them is beautiful. They have a glow from doing something that makes a difference in other people's lives that you could never achieve by living only for yourself. Connecting with others is ultimately how we learn about who we really are ourselves, it's what guides us to find ourselves.

Volunteering to benefit the people around you, in my mind, is the ultimate way to connect with others. Through using your time and talents to serve others you can gain many benefits, both tangible and intangible.

You gain valuable work experience, learn new skills, earn job references, have opportunities to explore career possibilities, improve communication skills, earn academic credit, and broaden your personal and professional networks.

In addition to this, the intangible benefits you can gain are endless. You will increase your understanding of your communities and the people in them and you will begin to feel that you are truly making a difference in the lives of others.

Whatever it is that you are looking for in your volunteering experience, Rotaract is a great place to use your gifts and talents.

