



HORIZONS



Central Blue Mountains Rotary

Effective - Energetic - Enterprising - Empowered

Rotary District 9685 - Australia

Wednesday, September 14, 2016

Invite your friends and associates to our outstanding meetings



CBM Rotarians John Manners, Vanessa Balfour and Pamela Williams

Nice hot cop of coffee was just what our crew needed on Saturday as they collected donations for our latest End Polio campaign outside a polling booth at Leura Public School.

The cold, westerly wind was most unpleasant but members of the voting public were generous when they understood that by giving just \$1 they could save the life of a child by helping to provide vaccine.



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What's On....



September

Wednesday 14 - Guest speaker: PDG Ian Scott

Sat-Sun 17-18 - Garage Sale - 48 Craigend St. Leura

Monday 19 - Board meeting - Greystanes

Wednesday 21 - Guest speaker: Griffin Brown NYSF

Sat 24-Oct 1 - Transplant Games - Penrith, Blacktown

Saturday 24 - Soft toy sales in Leura Mall

Wednesday 28 - Guest speaker: Philip Smith - ROMAC

October

Sat 1 - Sun 9 - Leura Gardens Festival

Sat-Mon 1-3 - Greystanes Open Garden

Sunday 2 - Catering van at Leura School market

Wednesday 5 - Information night

Sat-Sun 8-9 - Leura Village Fair

Wednesday 12 - Guest speaker - to be advised

Friday 14 - Hat Night - Aust'n Rotary Health

Monday 17 - Board meeting - Greystanes

Wednesday 19 - Club assembly

Monday 24 - World Polio Day

Wednesday 26 - RYPEN speaker

Sat-Sun 29-30 - Graffiti removal weekend

“For the
purpose
of doing
good
in the
world”



Guest speaker 17/09 PDG Ian Scott

The 1916-1917 President of Rotary International Arch C. Klumph proposed to set up an endowment in 1917 for the purpose of doing good in the world.

The first contribution to the endowment was from the Rotary Club of Kansas City, Missouri, USA for \$26.50.

The endowment was the precursor to The Rotary Foundation, the not-for-profit philanthropic organization that supports Rotary International.

Some call it our charity, some our bank; some call it the engine of Rotary.

Ian will present an update on how the Rotary Foundation is “Doing Good in the World”.

*Visitors are always welcome
at CBM Rotary*

CBM Rotary

- on your PC
- on your Tablet
- on your Phone

YOUR ATTENDANCE

Ray Wiles - 0409 845 415 - raymar40@bigpond.com.au is our attendance person. Please call before 12.30pm, Wednesday, if you are bringing a guest or you are not able to attend. Letting us know helps with setting up the dining room.

Also, you must order your meal by calling the Grand View Hotel 4757 1001 Wednesday afternoon.



Central Blue Mountains Rotary
pop-up shop will be in Leura Mall
September 24

Interplast... Putting Smiles on Faces



Interplast team leader and surgeon Dr Zac Moaveni with a young patient and his mother after his operation.



Lower Blue Mountains Rotarian Sue Bell, representing Interplast Australia and New Zealand, was guest speaker Wednesday 07/09 at Central Blue Mountains Rotary. Photographed with Vanessa Balfour (left), CBM Rotary's Events Coordinator.

Since 1983, Rotary has sent fully qualified Australian and New Zealand volunteer plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals to the Asia Pacific region to provide free surgical treatment for patients who would otherwise not be able to afford access to such services. Thanks to the support of Rotary, Interplast has sent over 600 volunteers on medical programs, providing over 32,000 consultations and performing over 21,000 life-changing operations.

Earlier this year Interplast sent a volunteer team to Solomon Islands for a 10-day surgical and training program at the National Referral Hospital in the capital, Honiara.

The team leader, Dr Zac Moaveni, said that the visit was a great success.

"In total we did 36 operations; the majority were cleft lip/palate, burns or hand injuries. Surgeries were mostly on children," he said.

"We had a number of repeat patients that came back this year from last year. It's great to be able to build year-on-year, see patients coming back and doing well and thriving. It really does solidify the desire to keep going back and do more of the same."

Patients wait with their families to be seen at the Interplast clinic in Honiara, Solomon Islands.

The program, Interplast's 42nd visit to the Solomon Islands, was made possible thanks to generous funding from Rotary District 9830 in Tasmania, and the Rotary Club of Honiara who has been providing logistical support to visiting Interplast teams for countless years.

During the visit, retiring Interplast volunteer Dr Darrell Nam and nurse Jan Sloan attended a local Rotary meeting to express their gratitude for the ongoing support.

Along with the 36 life-changing surgeries, Solomon Islander surgeons, anaesthetic registrars and nurses received crucial clinical training.

Dr Moaveni particularly paid tribute to Dr Darrell Nam, the former Interplast country co-ordinator for Solomon Islands, who joined his final Interplast trip as an observer. "I do have to say that it was great having Darrell there," said Dr Moaveni. "He has single-handedly provided a plastic surgery service to Solomon Islands over the past decade and left quite a legacy. I really hope that we can do the same. Interplast is held in such high regard. It's a wonderful trust environment to go into."

The work we do has a generational effect, and you never know how different people's lives are affected.

"It's the whole village, family, future generations that are affected by Interplast's work," said Dr Moaveni.

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Mountain Ghost

The Ghost recommends you visit the Paragon Cafe to see what Katoomba was like in the 1920's and 1930's

Recently, the Mountain Ghost was invited to the Paragon Café at Katoomba to see a show. It was the classic Arsenic and Old Lace done as a radio play and everyone was asked to attend in period costume.

Now before you ask there are no pictures of the Ghost available because he couldn't make it. He had to write a column for the Rotary newsletter. This is typical of the shows performed at the Paragon. For example, Tuesday 20th September two local school choirs with orchestra will be performing in the Banquet Hall. This is a freebie.

Last February, there was a Roaring 20's and All that Jazz at the Paragon. The Katoomba Film Society also have matinees every 2nd and 4th Wednesdays showing classic films of the 30's, 40's and 50's.

The Ghost has been waffling on about shows but forgot to mention the Paragon is a historic café and restaurant.

A little bit of history. The Paragon celebrated 100 years old last year. The original owner was Zacharias Simos and called it the Paragon Café and Oyster Palace. The Ghost wonders how fresh the oysters were.

In 1921, Simos advertised the Paragon as a "Sundae and Candy Shop". In 1924, he bought the shop next door in Katoomba Street and doubled the size of the café. He created the Banquet Hall in 1934 and the Blue Room in 1936. Simos married Mary in 1930 and they managed the Paragon until Simos died in 1976. Mary continued to run the café until 1987.

Today the Paragon is considered one of the best preserved Art Deco cafes in Australia. As well as being a café it now boasts a chocolate shop and bakery.

The Ghost recommends you forget the tourist kitch and visit the Paragon to see what Katoomba was like in the 1920's and 1930's



Friday October 7, 2016

HAT DAY

WWW.HATDAY.COM.AU

A cartoon illustration on a yellow background. On the left, a woman with red hair, wearing a green dress and a red headband, holds a yellow megaphone. To her right, four cartoon characters wearing different hats (a cowboy hat, a pug dog, a bull hat, and a crown) hold signs that say "HELP", "HATS", "HELP", and "HEADS!". Below them is the text "Friday October 7, 2016" and "HAT DAY" in large white letters, with the website "WWW.HATDAY.COM.AU" at the bottom.

CBM Rotary Hat Day

Our function will be a cocktail party at Fairways, Leura, on Friday, October 14, 2016.

Proceeds will be donated to Australian Rotary Health



*Dignity -
It's in the bag*

Ryde Area Team

Invites you to join us for a fundraising event to support our team providing dignity & education.

Days for Girls Ryde makes washable sanitary kits for girls & women in Australia and in partnership with Rotary, around the world.

Every Girl • Everywhere • Period •

High Tea

With musical accompaniment by Caroline King
of the Sydney Conservatorium of Music

Saturday 24th September 2016

2:30 - 5pm

Eastwood Uniting Church Hall
14 Lakeside Road, Eastwood

www.trybooking.com/220215

\$35 per person / \$350 for a table of 10
plus a small booking fee



Caroline King

Armidale soprano, Caroline King is currently studying a vocal Performance Degree at the Sydney Conservatorium of Music with vocal teacher Maree Ryan, Chair of Vocal and Opera Studies. Caroline is the winner of the Helen Myers Scholarship (2013).

Join our team!

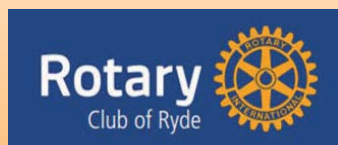
A lively social group, we currently hold sewing workshops twice per month, and we are always on the lookout for sponsorship.

Contact Dennise & Janelle at
rydensw@daysforgirls.org

Thanks to our sponsors & partners



Eastwood
Uniting
Church



.....that's all folks