

# HORIZONS

## Central Blue Mountains Rotary

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, May 15, 2019



Rotary

### *Pride of Workmanship*

Blackheath, Central Blue Mountains  
Katoomba, Upper Blue Mountains Sunrise

The annual Pride of Workmanship awards night is hosted by Blackheath Rotary at Blackheath Golf and Community Club, Brightlands Ave, Blackheath on Thursday, 16 May, 6.30pm for 7.00pm.

This is a transfer meeting for Central Blue members. There will not be a normal club meeting on Wednesday May 15.



# WhatsOn....

## May

- Wednesday 15:** FoodBank collection/distribution
- Wednesday 15:** NO MEETING... transfer to 16/05
- Thursday 16:** Upper BM Rotary Clubs  
Pride of Workmanship Award Night  
Blackheath Golf Club
- Friday 17:** Lawson Public School Breakfast Club
- Sunday 19:** RSPCA Million Paws Walk - Katoomba
- Wednesday 22:** Guest speaker, Chris Cleary:  
"Street Med"
- Friday 24:** Lawson Public School Breakfast Club
- Saturday 25:** Catering van Woolworths, Katoomba
- Wednesday 29:** Guest speaker, Dr Raymond Yung:  
"Developing new cancer drugs - a long and winding road"
- Friday 31:** Lawson Public School Breakfast Club

## June

- Wednesday 05:** Guest speaker, John Robertson:  
"The story of FoodBank"
- Friday 07:** Lawson Public School Breakfast Club
- Wednesday 12:** Guest speaker, Peter Brooks:  
"My Paralympic journey culminating in Athens Gold"
- Thursday 13:** Board meeting
- Friday 14:** Lawson Public School Breakfast Club
- Friday 14:** BM Grammar School sports day catering
- Wednesday 19:** Guest speaker, Tara Cameron:  
"Conserving now for the future"
- Wednesday 19:** FoodBank collection/distribution
- Friday 21:** Lawson Public School Breakfast Club
- Saturday 22:** Catering van Woolworths, Katoomba
- Wednesday 26:** CBM Rotary changeover
- Friday 28:** Lawson Public School Breakfast Club

## July

- Saturday 06:** District Changeover - Hornsby RSL Club

## Become a Rotary Foundation Centurion



All it takes is a commitment to donate \$100 to the Foundation each year. You know, that's less than a cup of coffee a week!

To make it easy to be a Centurion, the District makes available Centurion money collectors at no cost; each collector will hold exactly \$100 in \$2 coins.

If you add a coin each week you go to Rotary, you will be a Centurion in 50 weeks. If you add the odd extra coin, the time will be even shorter.

Take the completed collector to your Club treasurer ... it's that simple! Then you can start a new collector.

For more information, see your club's Foundation Director, Ian Scott: [ian@scottadr.com](mailto:ian@scottadr.com)



**11 Years in a Row**

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# THE ROTARY CLUB OF SPRINGWOOD INC.



## 2019 COACH TRIP – 14<sup>TH</sup> & 15<sup>TH</sup> SEPTEMBER

Brooklyn (Hawkesbury River) - Hunter Valley

Lunch Cruise - Wine - Beer - Cheese - Chocolate

*\$300 per person (Double/Twin) - Single supplement \$75.00*

Includes: Coach Travel - Accommodation

Morning Tea, Lunch and Dinner (Sat) Lunch (Sun)

Three hour Hawkesbury River Cruise

Wine and Brewery tours and Tastings

Cheese factory - Chocolate factory

Booking and non-refundable deposit \$50 per person due July 31, 2019

Balance payable by August 31, 2019

Direct deposit BSB 112-879 - A/c 098876448

Contact: Norm Kitto 0409 619 548 - normkitto@bigpond.com



**RSPCA**   
**Million Paws Walk**  
Sunday 19 May 2019

Central Blue Mountains Rotary will be at Melrose Park, Katoomba, from 0700 on May 19 for the annual RSPCA Million Paws Walk. We'll have delicious sausage and onions on a roll along with our famous BIG sausage, onion, bacon and egg burger

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# Mountain Ghost

In the US for Mother's Day the flower of choice is white carnations. In Australia it has always been the white chrysanthemum and the Ghost has always wondered why. Well the flowers are sometimes called chrysanthums or mums so I guess no further explanation is required.



*"A mother is your first friend, your best friend, and your forever friend."*

## MOTHERS DAY

The Mountain Ghost was talking to his kids about what they were (or should) be doing for Mother's Day when they suggested that this could be a good topic for the Mountain Ghost.

The grandkids thought it would be a good place to start a petition for Grandkids Day or more accurately more presents for grandkids day. Anyway Mother's Day has an interesting history.

Mother's Day is a celebration honouring the mother of the family. While motherhood has been celebrated in festivals for thousands of years including the ancient Greeks and Romans and even the Christian Mothering Sunday it is only in modern times it has become a holiday and commercialised. In many parts of the world Mother's Day is celebrated in March or May.

Modern Mother's Day began in the US in 1908 by Anna Jarvis as a church service to commemorate all mothers. The US Congress rejected a proposal to make Mother's Day an official holiday saying they would also have to proclaim a "Mother-in-Law day".

Interesting that Anna Jarvis became an opponent of the commercialisation of the holiday. She believed that companies like Hallmark cards selling Mother's Day cards had exploited the original idea of Mother's Day.

The Ghost finds it hard to believe that people, especially Americans, would exploit Mother's Day. Anyway Mother's Day spread throughout the world. The former Soviet countries celebrated International Women's Day. Some Catholic countries celebrate Virgin Mary Day.

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## White Chrysanthemums for Mothers Day

so I guess no further explanation is required.

Well, what about Father's Day thought the Ghost. His research revealed that Father's Day is a celebration honouring fathers and celebrating fatherhood, paternal bonds and the influence of fathers in society.

In Catholic Europe it has been celebrated on March 19 (Saint Joseph's Day) since the Middle Ages. In the US Father's Day started in a similar fashion to Mother's Day as a church ceremony. It was officially claimed as a special day (3rd Sunday in June).

Harry Meek, a member of Lions Club International claimed he came up with the idea in 1915. The third Sunday in June was his birthday in 1915 so he may be right.

International Men's Day is celebrated in many countries on 19th November in honour of men and boys who are not fathers.

The Ghost was pleased to find there is a Grandparents Day celebration in Australia on the 27th October each year. It is a day to celebrate the contribution people such as the Mountain Ghost and Mrs Ghost make to a family (free babysitting, free grandkids shuttle bus, free helping kids with mortgages, free storage of kids excess property, free gardening service, free this and free that) and don't forget the inheritance – yes, we do deserve a day named after us!

By the way in the US one of the most popular days is the Gorgeous Grandma Day. The Ghost has to hand it to the US for National Days.

There is a Sister's Day, Dog Farting Awareness Day, Brothers and Sisters Day, Aunties Day and even a National Slap your Irritating Co-Workers Day.

Anyway I hope that all our Mothers out there had a great day this weekend.

## What other Rotary clubs are doing

### Rotary's new Lithgow club wants members

People interested in being part of Lithgow's new Rotary club have been invited to a meeting at the Waratah Room at Lithgow Workers Club on Tuesday, May 14 at 6.30pm.

This is a call to community-minded people looking for fun and friendship, which is an integral part of Rotary around the world.

Everyone will be invited to ask questions and share what they want from Lithgow's new Rotary club.

Please call Harry Holzmann on 0412 399 553 for catering, towards which attendees are asked to donate \$5 per person.

### Emergency book could save lives in South Australia



SA  
Ambulance  
Service

**Emergency  
Medical  
Information  
Book.**

[www.emib.org.au](http://www.emib.org.au)



Rotary Clubs of  
Districts  
9500 & 9520

**AMBULANCE 000.**

South Australia's Bordertown Rotary Club has urged residents to be proactive and purchase an Emergency Medical Information Book to make life easier for paramedics.

The small book would contain patient contacts, service or carer provider information, medications and any medical condition, so a paramedic is able to treat and prepare a patient for transport to a hospital.

Bordertown Rotary president Rose Milton said the Emergency Medical Information Book would allow paramedics to easily get relevant information from a patient, during what is usually a stressful situation.

"It is important that people have a completely filled Emergency Medical Information Book in case of an emergency," Rose said.

### Giving back to Port Macquarie community



Rotary members working together overlooking Oxley Beach. PHOTO: Laura Telford.

Public facilities at Oxley Beach are currently undergoing a face lift thanks to the Rotary Club of Port Macquarie West.

As part of a community service project, the club is replacing steel structures and giving new life to wooden benches and seating which are on grassed areas overlooking the ocean.

The project is expected to take a few weeks with Rotarians working in groups to complete the project.

Julie Constable, president of the club, said the project was all about giving back to the community and we wanted to do something that would benefit a lot of people.

"The seating at Oxley Beach is well overdue for a makeover and we have been working closely with the Port Macquarie-Hastings Council to improve the area," Julie said.

### Rotary club's \$20,000 donation

The Rotary Club of Mount Isa South West enjoys a long association with the Mount Isa School of the Air.

The Club hosts a barbecue at the school twice a year establishing strong bonds with the rural community around the region.

So when it came to donating money to help with flood relief, they spoke to the school who put them in touch with the Isolated Children Parents Association.

The Rotary club donated \$17,000 to the Isolated Children Parents Association and another \$3,000 to Salvation Army flying padres.

Rotary president Margaret Bishop said Mount Isa South West Rotary wanted to help people in the bush who are doing it tough with floods and drought.

Isolated Children Parents Association Cloncurry rep. Tara Locke thanked Rotary and said around 50 families would benefit from the funding.



# Rotary

## *Central Blue Mountains Rotary*

*invites*

You, your family and friends

*to*

### *Changeover 2019*

### Wednesday, June 26



BE THE INSPIRATION

Grand View Hotel, Wentworth Falls  
6.30pm for 7.00pm - \$40 per person

Main + Dessert

Tea and Coffee

Drinks at bar prices



ROTARY  
CONNECTS  
THE WORLD

Celebrate the year of Co-Presidents Ava Emdin and Steve Cookson  
and welcome Justine Murphy as President 2019-2020

RSVP: on receipt or by June 16, 2019 to:

Justine Murphy - 0434 621 629 - [rotaryconnected@gmail.com](mailto:rotaryconnected@gmail.com)

or Paul Twigg - 0487 139 381 - [ptwigg@ozemail.com.au](mailto:ptwigg@ozemail.com.au)

Please indicate any special dietary requirements when booking

Dress: Neat casual

*...that's all folks*