



HORIZONS



Rotary - Central Blue Mountains

Effective - Energetic - Enterprising - Empowered

Rotary District 9685 - Australia

Wednesday, July 18, 2018

Central Blue GOING GREEN



All of this is explained on page 2



July

Wednesday 18: Planning and business meeting

Wednesday 18: Combined clubs youth planning meeting

Saturday 21: BBQ at Mitre 10

Wednesday 25: Rick's Musical Trivia Night. Come along for fun and laughs. Partners, fellow Rotarians and friends are most welcome to join us. No fundraising, just music, fun and maybe a few prizes to be won.

Friday 27: Lawson Public School Breakfast Club

WHAT DO YOU WANT TO DO?

***Rotary has something for everyone,
and this club has proposed several great
activities it wants to see happen.***

***Now, the question is not
"What are you going to volunteer for?",
but***

"What Do You Want To Do?"

So...In preparation for our business meeting on 18 July, it is time to start thinking about putting parts of our five-year plan into action.

We have programs we are committed to. Some of the activities are already in train. Some need to be planned. Some need to be reviewed.

How do we know what to do to make this an action plan? Each of us should examine where our passions lie.

Check out the Visioning outcomes on Club Runner under "List of Documents" and see what interests you.

If you know what you want to do, and it is on the list (or even happening already) step up to be part of the team putting it into action.

The Club Directors and Committee chairs are not the ones to action all this, but they are the ones who will oversee action on behalf of the club.

They will be the expert or know where to find one, and they can connect us with the right people and sometimes resources to make it happen.

So please, before 18 July, look at the list, see what interests you – either generally or specifically, and let the Presidents, the appropriate chair and myself know your area of interest and we will coordinate your involvement.

Ian Scott
Club Visioning Champion

August

Wednesday 01: Guest Speaker - Tom Brownjohn

Thursday 02: BM Grammar sports day - catering van

Friday 03: Lawson Public School Breakfast Club

Tuesday 07: Breakfast with Upper BM Sunrise Rotary

Wednesday 08: No meeting.

Friday 10: Lawson Public School Breakfast Club

Wednesday 15: Planning and Business meeting

Friday 17: Lawson Public School Breakfast Club

Saturday 18: BBQ at Mitre 10

Wednesday 22: Lisa Gorman managing director of Life Learning will present a light-hearted, lively approach to adult learning.

Friday 24: Lawson Public School Breakfast Club

Saturday 25: Trivia Night with Can Assist
W.Falls Country Club

Wednesday 29: Guest speaker: "Peace Building"
a young person's view of our world.

Friday 31: Lawson Public School Breakfast Club

Central Blue GOING GREEN

It's all about a patch of ground at Scenic World, Katoomba, about 25 metres x 10 metres, alongside a boardwalk which leads down to the Furber Steps towards Jamison Valley.

And because for some time the area has looked tired and unloved, a dedicated team from Central Blue decided to do something about it.

They put on their working gear, grabbed a shovel, a rake and a wheelbarrow and went to work Saturday.

They cleared the area of unwanted stuff, levelled the ground, put in new garden soil, laid out some turf, planted some shrubs and native grasses, and left the area in much better condition than when they started.

Why did they do this?....Well...it's good to get down and dig in the dirt occasionally...but the main reason was because the past president of Rotary International, Ian Riseley, suggested that every Rotarian/Club should plant a tree as part of an environmental project....so there ya go...

"Central Blue Going Green"....NOW see page 3.



Central Blue ***GOING GREEN***



“Kids in Timor-Leste are proud and eager to wear beanies knitted by my mum and a local ladies sewing group.”



KIDS WEARING BEANIES: These kids are in Timor-Leste and the beanies they are wearing have been knitted in Sydney, and by a local ladies knitting group in Timor-Leste.

In the background organising all of this is Libby Bleakley, a member of Rotary Blackheath.

We have spoken before in this newsletter about Libby's ***“Centre of Learning for Youth”*** and the enormous amount of work she does in Timor-Leste on top of her regular job as an Australian Federal Police officer.

The youth centre is a project Libby established several years ago and as founder and a director, she travels to Timor Leste every three months or so to check on the operation.

Crops are grown at the youth centre and clothes are made and resold to support the operation, but Libby is also clever at getting financial support from Rotary clubs, individual Rotary members and the Australian Embassy (DFAT funding).

In a recent report to Rotary Blackheath Libby says: “We were thrilled and extremely thankful to receive donations from my Rotary Club of Blackheath and the Rotary Club of Turrumurra, \$5,890 from the Australian Embassy (DFAT funding), and a total of nearly \$5,000

from individuals.

We also calculated that in the last 12 months we have made over \$3,000 in sewing centre product sales and nearly \$2,000 in Timor that has been put directly back into our Rotary account and our Timor Account.”

As we said earlier, beanies are knitted by Libby's mum, here in Sydney, the sewing group in Timor, and by anyone who likes to knit and make a contribution.

So, if you would like to contribute to the work Libby does in Timor-Leste by knitting, or in any other way, please send her an email at: ebleakley@live.com

She would be delighted to hear from you.



This photograph was taken when Libby was selling hand-made aprons from her sewing group in Timor-Leste at the Blue Mountains Business Expo, Springwood, in May.

Rotary Central Blue - New Members



Rhonda



Justine

Inducted as members recently were Rhonda Steed and Justine Murphy.

Rhonda is manager of the Mitre 10 store, Katoomba. Although new to Rotary, Rhonda's previous experience as chairperson of several work-related committees and a desire to assist in fundraising for local charities will certainly be of value to Central Blue.

Justine comes to us from Rotary Central Melbourne, District 9800.

As a Rotarian for many years and past president of Rotary Central Melbourne, Justine has experience in management, hospitality, retail and real estate.

Now living in the BM, Justine enjoys a management role at Scenic World, Katoomba.



Rotary Leadership

The Rotary Leadership Institute course is now run over two days, powerpacked with information, learning and skills you can use in your Rotary life straight away.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had. Register online now at rli.rotarydistrict9685.org.au and supercharge your Rotary.

There is 1 course available for registration:

RLI 48 - Saturday 4 and 25 August 2018

Contact Ian Scott: ian@scottadr.com

0402 217 915



David Parsons and President Ava Emdin

Our guest speaker last week, David Parsons, a member of the Blue Mountains State Emergency Service, told us in an entertaining and informative way how to survive in a disaster either at home, out and about, or overseas.

In fact, it was a very valuable presentation about self preservation if confronted with an earthquake, a tsunami, a shoot out, a bushfire, or a heavy rain storm.

"Get under a table," he said, if you are caught in an earthquake. If involved in a shoot out "run, hide or fight back." There were lots of other do-it-yourself tips along the way.

And it all made good common sense when you analyse what David had to say to his audience who took home some very valuable information about how to and what to do if caught in a life-threatening situation.



Mountain Ghost

As you know the Ghost loves to give a bit of history. The name Jenolan was adopted in 1884 and is an aboriginal word meaning high mountain. The caves were known to the local aboriginal tribes for thousands of years as Binoomea meaning “Dark Places”.



JENOLAN CAVES

The Mountain Ghost was very upset hearing of the plight of the soccer team trapped in a flooded cave in Northern Thailand. Being in a cave anytime is for bears and bats, but not for human beings.

As usual the Mountain Ghost digresses but he does remember rescues at Jenolan Caves over the years. The Ghost's readers may not know there is a NSW Cave Rescue Squad which as the name suggests rescues people (and pets) trapped in caves and cliffs.

A lot of the members live in the Blue Mountains and train in the Jenolan Caves and Bungonia Caves (near Goulburn). The last big rescue at Jenolan Caves was in August 2016 where 80 people were rescued.

The Ghost was amazed that he had not heard about this and why wasn't this international news. Well it turns out the people were trapped at Jenolan Caves when a heavy snowstorm blocked the road. No one was hurt and all seven tourist buses were able to return to Sydney when the snow melted.

A rescue similar to the Thai rescue, but on a much smaller scale, happened in the Bungonia in February 2014. Three cavers were trapped for 12 hours underground when the caves flooded during heavy rain. The rescue involved swimming underwater. Jenolan Caves has seen many lost explorers over the last 100 years but all have been found.

As you know the Ghost loves to give a bit of history. The name Jenolan was adopted in 1884 and is an aboriginal word meaning high mountain. The caves were known to the local aboriginal tribes for thousands of years as Binoomea meaning “Dark Places”.

The first European to see the caves was James McKeown, an ex convict using the place as a hideout. The first recorded discovery was by a local pastoralist James Whalan in 1838.

The Elder Cave was discovered in 1848 by Whalan. In 1860 the Lucas Cave (the largest of the current show caves) was discovered by Nicholas Irwin. Jeremiah Wilson, perhaps



the greatest cave explorer, discovered the Imperial Cave and the Chifley Cave. In 1891 he found the Jersey Cave and in 1893 the glorious Jubilee Cave.

What really impressed the Ghost was that these discoveries were made using candles for illumination and little equipment except a rope. The last major discovery was the Spider Cave in 1975 by Bruce Welch. Experts agree that there are more caves to discover at Jenolan.

Some further highlights. Electric light was introduced to some caves in 1887. This was the first cave in the world to have lighting and considering that Thomas Edison had only invented the electric light bulbs in 1879. To power the lights Australia's first hydro power scheme was introduced using a water driven turbine (called the Leffel Wheel).

Jenolan Caves, the Grand Arch and Caves House attract 250,000 visitors a year and are considered NSW best regional tourist attraction. It is in the Blue Mountains National Park (near Oberon) and is a UNESCO World Heritage area.

The Ghost really recommends a visit but do not travel the Jenolan road in the mist or you will end up with grey hair similar to the Ghost.

Please turn to the next page

Lower Blue Rotary Charity Night Movie

'Mamma Mia – Here We Go Again' will premiere at Glenbrook Cinema on Friday, July 20, as the feature attraction in another of the popular Rotary Charity night screenings

Bookings open today with Rotarian Gaye Van Der Meer on 0430 433 717 and regular patrons of the nights are urged to book early as the movie will be booked out quickly.

Doors will open at 7pm and the screening commences at 8 pm.

In keeping with the successful theme night history of the Rotary charity nights, the theme for 'Mamma Mia – Here We Go Again' will be a Greek Island Beach Picnic.

A superb beach picnic hamper will be offered as the major prize in the traditional movie night raffle.

Rotarians provide refreshments and finger food – and Lower Blue adds a small margin to the tickets to raise funds for local youth projects, Australian Rotary Health and The Rotary Foundation.

This special night continues the cinema's long history of supporting the local community as it celebrates the 50th anniversary of its operation at Glenbrook.



MAMMA MIA!
— HERE WE GO AGAIN —

50th
Glenbrook Cinema

MammaMiaMovie.com
SOLADBACK ON POLAROID RECORDS

ANOTHER ROTARY CHARITY SCREENING
FRIDAY, JULY 20, 2018

7 pm refreshments; 8 pm movie commences
Tickets \$20. Bookings: Gaye Van Der Meer – 0430 433 717
Profits to support Australia Rotary Health Research and local Rotary youth projects.

After booking with Gaye, payment can be made in cash or on line via the
Lower Blue Mountains Rotary Service Account - BSB: 062 640 ACC #: 00901 789

GLENBROOK CINEMA – SUPPORTING THE LOWER MOUNTAINS COMMUNITY



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INVICTUSGAMES2018.ORG SYDNEY 2018 OCTOBER 20-27



The Snow Ball

Divia de Court modelling The Darnell Collection. Photography by Bogitta Grant

Saturday 18 August

From 7pm till 11pm in the Ballroom
**FAIRMONT
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Fine dining - 1958 theme - Live music

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Dinner with Dr Nicholson Vocational Excellence Awardee

Pennant Hills Golf Club
Burns Road South
Beecroft

Monday August 13, 2018
6.30pm - 9.30pm
\$40 per person
Book on line
<http://bit.ly/2Kahtpx>

You are invited to join us for a fun and inspiring evening to celebrate the Rotary concept of "Service Above Self."

This event is a joint initiative of several clubs located in District 9685 including the Rotary clubs of Norwest Sunrise, Pennant Hills, and Lower Blue Mountains. Rotarians and Non-Rotarians welcome.

Tickets (including dinner) are \$40 per person.

Guest speaker on the night will be Dr Ian Nicholson, a leading specialist in Adult and Paediatric Cardiothoracic Surgery. Dr Nicholson is actively involved in outreach programs through Rotary and Open Heart International, performing Cardiac Surgery in developing countries of the Pacific region, South America and Africa.

Dr Nicholson will share some of his amazing life experiences and why he believes in the concept of Community Service to improve quality of life, develop stronger communities and to build a better world.

Seats are limited, so RSVP today so you don't miss out. Tables of 10 are available.