

Central Blue Mountains Rotary Effective - Energetic - Enterprising - Empowered tary District 9685 - Australia

RAWCS Eastern Region Meeting, Katoomba





Phill Isaacs and PDG Keith Roffey

Communications - Penny Vos

Guest presenter Samual Tokport





At the RAWCS Eastern Region meeting Katoomba, August 17, 2019



Central Blue Mountains Rotarians Past District Governors Ian and Jennifer Scott, Past President Ava Emdin and guest speaker Samual Tokpora.



Representing the Rotary E-Club of Greater Sydney, Lucian Keegel. Aunty Carol Cooper, a Gundungurra – Darug elder, presented Welcome to Country.



PDG Keith Roffey

Donations in Kind (DIK), as we have known it for many years, is being rebadged. It will be known in future as Health & Education Equipment Repurposing Activity (HEERA).

PDG Keith Roffey, HEERA Supervisor Rotary District 9685, says while DIK has been extremely successful, it is tired. It needs a new look.

It needs to involve greater scope and up-todate methods of locating and recycling medical equipment and educational supplies to people in developing countries.

Keith Roffey told the audience at Saturday's RAWCS Eastern Region meeting that HEERA commenced 1 Jan 2019, with the aim of creating a business model, that is sustainable, self-funding and in accordance with RAWCS policies and procedures.

He said the object of HEERA is to enable Rotarians, the public and the corporate sector to deliver humanitarian aid and charitable support through its activities.

HEERA's role is to provide humanitarian aid through the provision of 'end of life' equipment. The focus is health and wellbeing, education and literacy and vocational.

The aid must be effective for the long term, sustainable, enhance people's lives and give Rotarians and others satisfaction for their efforts.

WhatsOn....

August

Wednesday 21 - Foodbank pick up and delivery Wednesday 21 - Phillip Isaacs - RAWCS Thursday 22 - BM Grammar School Athletics Day - catering van Sunday 25 - Waterways Festival catering van - W. Falls Lake Wednesday 28 - Youth night

September

Wednesday 04 - Guest Speaker - Dave Parsons SES Wednesday 18 - Foodbank pick up and delivery Saturday 28 - Catering van at Woolworths, Katoomba

Dick and Pip Smith donate another \$1-million to Rotary



On December 7th 2016, Dick and Pip Smith visited the Rotary Club of Wahroonga. Dick was introduced to the club by Rob Ferguson, they had both been at school together at the Roseville Primary school.

The major surprise of the morning came when Dick produced a cheque and donated \$1 million to Rotary.

The money was used to set up Rotary Australia Compassionate Grants (RACG) with the aim to aid disadvantaged members of the Australian community irrespective of their location within Australia.

Since then, RACG has received matching grants and as a result over \$2-million has delivered numerous projects that have benefited local individuals and communities.

Last Wednesday, 7 August, John Cameron and District Governor Kalma Mc Lellan attended another event with Dick and Pip Smith. Once again Dick produced a check for \$1 million and donated it to Rotary.

Guest Speaker August 21



Phill Isaacs M.Sc. JP.

Phill was born in Sydney and went to Balgowlah Boys High and Sydney University where he studied Molecular Biology.

Employment was in the Scientific Instrument field where he started Beckman Instruments in Australia, finishing employment as Vice President for Asia Pacific. He currently is a Board Director for a start up Public Company Genetic Signatures

He joined North Ryde Rotary in 1973 where he served as President for four years.

He was a member of Tokyo South Rotary Club for four years while working in Japan.

On moving to the Blue Mountains he joined Upper Blue Mountains Sunrise Rotary Club where he currently holds the positions of International Director and Foundation Director.

He was District representative for ROMAC for three years and looked after 25 patients during that time. He was Assistant Governor for one year. His involvement with RAWCS started by working in PNG on school building projects and then into the development of solar power for computers in remote schools. He has now taken part in some 40 RAWCS trips.

He is married to Carol and lives in Leura. We have two children, Kim a surgeon and Mitchell, Stakeholder Manager with the Department of Water.

Hobbies include Bushwalking and Trekking, having been to Nepal on three treks and Bhutan on one trek. Weeding on the Colo River and the South West Coast of Tasmania take up some time in remote areas.

The Rotary Leadership Institute (RLI)



RLI is a general learning and development program for all Rotarians, sharing up-to-date knowledge, skills and information that they can take back and use right away on their Rotary journey. It is based on the principle that all Rotarians are leaders, because they see something that needs to be done and get on with it by *Joining Leaders, Exchanging Ideas and Taking Action* to make the world a better place.

Networking with other Rotarians, and led by experienced facilitators, you are sure to enjoy what others are describing as **the best Rotary training they have had** with the learning delivered through facilitated discussions and small group work.

For \$75 including all materials, tea breaks and lunch, this is great value to Clubs and members. Already an RLI graduate? Encourage fellow Club Members to attend.

Register online now at: <u>rli.rotarydistrict9685.org.au</u> and supercharge your Rotary experience!

Upcoming Dates are: 2019

• RLI 54 October 12-13 (Weekend)

• RLI 55 November 16-17 (Weekend) 2020

- RLI 56 February 22 (Saturday) and part 2 on March 7 (Saturday)
- RLI 57 May 2-3 (Weekend)
- RLI 58 May 30-31 (Weekend)

Courses are run at the District office, 3/7 Sefton Road, Thornleigh.



What is different about RLI Courses from the Presidents Elect Training Seminar and the District Assembly?

The Rotary International Training Programs are job-specific, providing targeted information for incoming Presidents and Committee chairs to prepare them for those positions. The RLI course is for all Rotarians, run over two days and power-packed with information, learning, and skills you can use in your Rotary life straight away.

Contact Details

RLI Coordinator, Ian Scott: <u>rli@rotarydistrict9685.org.au</u>

What RLI Graduates Have Said:

"A great way to build leadership capability among Rotarians"

"The interactions between participants sharing their ideas and experience was very valuable"

"Thank you, a great, informative course ... thought provoking, thinking outside the box, working with like-minded people but with different ideas"

"RLI helped reinvigorate my commitment to making a difference through Rotary"



Mountain Ghost

Last year the Ghost and Mrs Ghost visited Jenolan Caves with some friends from Queensland. The road trip is spectacular but not recommended to travel in fog. There are some very steep drops. The entrance to the Caves through the "Grand Arch" is impressive.





JENOLAN CAVES

Recently the Mountain Ghost was in Blackheath and it was snowing. It was like going back to his childhood, watching kids build snowmen (and snowwomen?).

He also saw on the news about snow at Jenolan Caves. It reminded him of the time he took some visitors to the Caves some years ago and he got "snowed" in.

The visitors who were from England did not realise we had snow in the Mountains and they loved it.

Last year the Ghost and Mrs Ghost visited Jenolan Caves with some friends from Queensland. The road trip is spectacular but not recommended to travel in fog. There are some very steep drops. The entrance to the Caves through the "Grand Arch" is impressive.

The Caves are magnificent. The Ghost did two caves, the Lucas and River Caves. He was exhausted by the time the tour finished, there are a lot of steps. A certain amount of fitness is required for some of the caves.

The Guides are excellent and really make the tour extremely interesting. The price of \$42 or \$105 for a family to visit one cave only is discouraging tourists or so the Ghost believes.

While he was there he visited Jenolan Caves House, the historic hotel built in 1897. The Ghost stayed there 30 years ago and it appears the hotel has not changed much since. Nostalgia is a great thing.

As always the Ghost likes to give a bit of history. The limestone caves are believed to be 340 million years old thereby making the cave complex the world's oldest known and dated open cave system. Another first for the Blue Mountains.

The Caves form part of the UNESCO World Heritage listed Greater Blue Mountains area declared in the year 2000.

The Caves were known to the local Aboriginal people for thousands of years but the first European to see the caves were the brothers Charles and James Whalan in 1838.

The caves were originally known as the Fish River Caves and came under the control of the NSW Government in 1866. It was only the second area in the world at that time to be reserved for the purpose of conservation.



In 1867, Jeremiah Wilson was appointed "Keeper of the Caves". He explored the two known existing caves of Elder and Lucas but later discovered the Imperial, the Chifley, Jersey and Jubilee Caves. The name Jenolan was adopted in 1884.

As the Ghost readers may remember, when the original road was completed in 1884, it became known as The Six Foot Track (26.5 miles from Katoomba) 12 hours walking or five hours by horse. The Ghost reckons only Superman could do it in this time.

If you haven't been to the Caves for some time it is well worth a visit.

An effective way to clean vinyl records



"A quick note of thanks for inviting me to address Central Blue Mountains Rotary last week, I really enjoyed the evening and appreciated how interested everyone was in my topic.

"Rotarians wanting to obtain a vinyl record cleaning system or use my record cleaning service, should give me a call on 0409 286 150."

Stephen Price



easy enough to thoroughly restore LPs, returning them static free and quieter than ever before, almost like new.

Stephen explained that the system is totally effective at removing unwanted contaminants covering anything from nicotine to finger grease, saliva and oils.

"It is so effective," he said. "Quite simply, the slurry dries into a firm skin which is then peeled off, just like a face mask treatment, for complete removal of all dissolved contaminants.

Sometimes noise is wrongly attributed to physical damage which is commonly referred to as 'scratches'.

"While it is true that a scratch on a vinyl record will be audible during playback, each single scratch will be heard as a "pop" just over once every second as the record rotates and the stylus meets the damage on each subsequent rotation.

"The rest of the audible noise, which is usually constant, is unwanted dirt, dust and other contaminants residing in the grooves. It may also be due to static electricity on the record's surface discharging through the stylus.

"It is therefore extremely important for the stylus to follow with extreme exactitude the variations of the impressions on the recording," Stephen Price said.



A FREE, fun event for all ages jam-packed with activities, walks, talks and workshops...10.00am to 2.00pm.

Love our Lake - learn all about swamp critters and find out why they are are so special.

Go on a swamp safari, get up close and personal with crayfish and turtles. Make art and enjoy expert-led walks and talks.

Book in for a specific activity, or just come along for a great day out!

Walking tours include some narrow bush pathways with uneven surfaces. All other activities are suitable for wheelchair or pram access.

Please contact gfitzgerald@bmcc.nsw.gov.au if you have any questions about accessibility.

Central Blue Mountains Rotary will be serving delicious sausage and egg and bacon rolls throughout the day.



JOB DONE!





Central Blue Rotary's Muscle Men were certainly People of Action Sunday, 18 August, when they moved the club's container, in which we store lots of old stuff, from Lawson to a new site at Wentworth Falls.

We do appreciate the Nichols family for their storage support over many years. We now thank Lora Stopic for the use of her land to accommodate our container, into which we can put much more of our old stuff.

Thanks to the truck driver who worked for free, and Steve, Allan and Michael who lent their muscle power, and as you can se we needed a large truck to complete the exercise. ...story and pics Viv Byrnes



...that's all folks